



# DON'T SPREAD GERMS AT WORK

**If you're sick, stay home, rest, and remember to:**



Cover your coughs and sneezes with a tissue or your sleeve.



Wash your hands often with soap and water.



Talk to your supervisor about working from home.



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

***Employers: Consider offering flexible leave and telework policies. Make it easier for your staff to stay home when they're sick or caring for a sick family member***