



## **Jo Daviess County Community Health Engagement and Assessment Event**

**Galena, Illinois  
April 5, 2017**

### **SUMMARY REPORT**

**Prepared by the  
National Association of County and City Health Officials**



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## Executive Summary

Approximately sixty community members from across Jo Daviess County participated in a Health Engagement and Assessment Event, hosted by the Jo Daviess County Health Department (JDCHD) on April 5<sup>th</sup>, 2017, at the Eagle Ridge Resort in Galena, Illinois. The purpose of the 3-hour event was twofold: 1) to communicate to county residents the services that Jo Daviess County Health Department offers, and 2) to gather community input to help identify health concerns and gaps in services in the county. See Appendix 1 for the event agenda.

Participants were given a brief survey (Appendix 2) to complete upon arrival to the event. A summary of responses from the 40 submitted surveys is found in Appendix 3. The top reasons for attending the event were to learn about the county department, including services/resources and partnership opportunities, followed by interest in/concern for improving the county's health needs. Participants were also asked to identify services that they felt were most needed in the county, and mental health/substance abuse was the top category identified, with many suggestions also made for increasing medical, dental, social and environmental services.

In order to prepare participants for a discussion of community health concerns and service needs, staff from the Department presented an overview of county services (Appendix 4). Consultants with the National Association of County and City Health Officials (NACCHO) then presented a health profile of Jo Daviess County, compiled from national data sources (Appendix 5). Participants, seated in groups, brainstormed health concerns and needed services, then voted in groups to select the highest priorities for the county. The greatest health needs identified through this process were mental health and substance abuse, child nutrition and social services, senior services, and oral health. Similarly, the health services of greatest interest shared were also in the areas of mental health and substance abuse, oral health and social services, along with clinical services and improving the county's high speed Internet and transportation infrastructure, particularly in terms of ease of access to receiving preventative services and clinical care.

Findings from the community event will be shared with key stakeholders, including health department staff, Jo Daviess County Board of Health, and Jo Daviess County Board of Directors. A summary of findings will be distributed through local media and available on the health department website. The Board of Health and Public Health Administrator for Jo Daviess County Health Department will determine what program(s) to offer based on funding resources, sustainability and need. Some of these program changes may be reflected in the proposed FY2018 Health Department Budgets.

### Table discussions and prioritization exercise

Participants were seated in tables of six to eight participants. Each table was charged with brainstorming and prioritizing as a group the top health concerns and services most needed in Jo Daviess County. Each table was facilitated by a JDCHD employee or a NACCHO consultant who asked participants first to brainstorm health concerns that are important to them or other Jo Daviess County residents. Once a list of health concerns was generated, participants were asked to vote up to three times for the health concerns they believed were most important in Jo Daviess County. They repeated the same process of brainstorming and voting to generate a list of health services that were most needed in Jo Daviess County. The table facilitators submitted the list of health concerns and health services brainstormed, highlighting the top 3 services and top 3 health concerns. Attached is a full list of ideas generated for both health concerns (Table 1) and services (Table 2).

#### Priority health concerns

Five prioritized **mental health and substance abuse** concerns:

- Access to mental health services—in and out-patient
- Awareness of mental health services
- Child and adolescent mental health: anxiety, behavioral problems
- Substance abuse—drugs/opiates, alcohol (teens, grade school, and older adults)

Three prioritized **child and adolescent health** concerns:

- Kids and healthy meals-education needed and resources available
- WIC, child services
- Children with special needs

Three prioritized **senior health** concerns:

- Toenail care and foot care for elderly
- Transportation--to doctor, store, social needs, isolation
- Small group home for elderly

Two prioritized **oral health** suggestions:

- Dental care-state aid or uninsured--urgent evaluation

Additional prioritized health issues:

- Women's health services--referral resources
- Veteran health needs
- Water issues--unsealed wells, groundwater concerns, unmaintained septic systems
- Communication across non-English-speaking population
- Health department extension of hours

## Priority Health Services:

### **Mental health and substance abuse**

- Inpatient mental health
- Affordable counseling

### **Clinical services**

- Pediatric outpatient services
- Preventive screening (mammograms, etc.)
- Mobile clinics--screening, mental health, dentistry

### **Oral health**

- Dental care clinics--kids
- Free/ low fee dental clinic

### **Infrastructure**

- Infrastructure (high-speed internet)
- Transportation; non-emergency transportation

### **Social services**

- Credible senior agencies
- WIC programs
- Veteran ombudsman (case manager)

### **Other services**

- Advertise Radon
- Paid EMS
- Emergency preparedness-countywide/coordinate

**Table 1. Roundtable Feedback: Health Concerns in Jo Daviess County**

Prioritized concerns in bold.

Topic area	General	Maternal and child health (including adolescents)	Seniors
<b>Wellness/ prevention</b>	Obesity	Childhood obesity--physical activity, families not good role models	
	Fitness education	<b>Kids and healthy meals-education needed and resources available</b>	
	Smoking		
	Nutrition		
	Cleanliness of individuals--education		
<b>Mental health and substance abuse</b>	<b>Access to mental health services--in and out-patient, distance</b>	<b>Child and adolescent mental health: anxiety, behavioral problems</b>	
	<b>Awareness of mental health services</b>	Underage drinking	
	<b>Increase mental health services (2)</b>		
	<b>Substance abuse-drugs and alcohol (2)</b>		
	<b>Substance abuse-opiates, alcohol (teens, grade school, and older adults)</b>		
<b>Chronic disease</b>	AA groups, Al-Anon--lack of funding		
	Opiate abuse-prescription abuse (2)		
	High cholesterol		<b>Toenail care and foot care for elderly</b>
	Chronic health education		
	Diabetes (2)		
<b>Oral health</b>	Foot care		
	Oral health -too few providers, few accept Medicaid, too expensive (out of pocket costs), State aid or uninsured (4)		
	<b>Dental care-state aid or uninsured--urgent evaluation</b>		
<b>Social services</b>	<b>Dental care</b>		
	Adult dental services-lack of providers		

Topic area	General	Maternal and child health (including adolescents)	Seniors
Clinical services	<b>Communication across non-English speaking population</b>	OB care lack of availability	Dementia
	STD testing	<b>Women's health services--referral resources</b>	Senior services-medical services
	Short staffing in health department	Breast cancer	Elder abuse
Infrastructure	<b>Health department extension of hours</b>		Home health services (2)
	Lack of specialists in area		
	Affordable housing	Schools	
	<b>Transportation--to Doctor, store, social needs, isolation</b>		
	Transportation--food and healthcare access, to services (3)		
	Separation of population-east to west of county		
	Attracting young people to county		
	Economic development		
Social services	Food insecurity (food pantries w/ high caloric foods)	<b>Children with special needs</b>	<b>Small group home for elderly</b>
	Public aid	<b>WIC, child services</b>	Meals on wheels--senior meals
	Hoarding		Adult day care
	<b>Veteran health needs</b>		Residential care for seniors
Environmental health	Climate change		
	Lead testing		
	Radon		
	Abandoned homes clean-up		
	West Nile Virus		
	Food inspections--poor conditions in some establishments		
	<b>Water issues--unsealed wells, groundwater concerns, unmaintained septic systems</b>		
	Sharps/old medication disposal		
Animal control	Feral cats--need to spay and neuter but too expensive		

**Table 2. Roundtable feedback: Services needed in Jo Daviess County.**

Prioritized concerns in bold.

Topic area	General	Maternal and child health (including adolescents)	Seniors
<b>Wellness/ prevention</b>	Fitness centers	Obesity-more attention to teens	
	Community gardens	School-based education classes; hygiene, sex education	
	Extension program food classes		
	Evening classes-dental, mental, substance abuse		
<b>Mental health and substance use</b>	AA groups--lack of funding		
	<b>Mental health services; inpatient mental health; affordable counseling (3)</b>		
	Substance abuse treatment-counseling, education, e.g. In Plain Site program		
<b>Chronic disease</b>	Chronic disease self-management		
	Diabetes education, incl. dieticians		
<b>Oral health</b>	More specialists	<b>Dental care clinics--kids</b>	
	<b>Free/ low fee dental clinic (3)</b>		
<b>Clinical services</b>	<b>Mobile clinics--screening, mental health, dentistry</b>	<b>Pediatric outpatient services</b>	Home visits-falls, screening @ clinics, PCPs, medication reviews, transitional care management
	Adult immunization	Women's health services	Home health care
	<b>Preventive screening (mammograms, etc.)</b>	Planned parenthood--maternal parenting classes	
<b>Infrastructure</b>	Confidential STD testing		
	Economic development		
	<b>Infrastructure (high-speed internet)</b>		
	<b>Transportation; non-emergency transportation (2)</b>		



Topic area	General	Maternal and child health (including adolescents)	Seniors
<b>Social services</b>	Social services	Childcare, esp. w/ special needs--screening	Senior nutrition services (2)
	Advanced directives education	Affordable childcare	Meals on Wheels
	Delivering medications	Child advocacy	<b>Credible senior agencies</b>
	Low cost medications office	<b>WIC programs (2)</b>	Trained caregivers
	<b>Veteran ombudsman (case manager)</b>		
	Health insurance and Medicaid navigation		
<b>Environmental health</b>	Bridging local food supplies w/ food shelters		
	Vector services--tick education		
	More environmental health promotion		
<b>Emergency/ preparedness</b>	<b>Advertise Radon</b>		
	<b>Pay EMS</b>		
	<b>Emergency preparedness-countywide/coordinated</b>		
<b>Animal control</b>	EMS services--home health needed		
	Animal adoption		
	Feral cat problem		
	Animal control--after hours needed and more than dogs		
<b>Other</b>	Countywide resource for all ages--one location		
	Bilingual services		
	Coalition building across borders		
	Explore other states programs		
	Get into community more		



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Jo Daviess County Health Department

# *Community Health Engagement & Assessment Dinner*

WEDNESDAY, APRIL 05, 2017

## AGENDA

Registration 4:30PM-5:00PM

Welcome 5:00PM-5:15PM

Our County's Health 5:15PM-5:30PM

Q&A 5:30PM-5:54PM

Dinner 5:45PM-6:30PM

Building a Healthier County 6:30PM-7:15PM

Dessert 7:15PM-7:40PM

Next Steps 7:40PM-7:50PM

Raffle 7:50PM-8:00PM

## Appendix 2: Jo Daviess County Health Department Community Health Pre-event Survey

Thank you for coming! We appreciate your taking a few minutes to fill out this short survey before this evening's event begins.

1. How did you hear about this event? (check all that apply)

- ☐ Health department invitation
- ☐ Word-of-mouth
- ☐ Newspaper
- ☐ Flyer
- ☐ Other (specify):

2. What motivated you to attend today's event? What are you hoping to learn?

3. How satisfied have you been with the following services offered by Jo Daviess County Health Department?

Please place a check in the applicable box. If you do not have experience with that particular service, please check "not applicable"

	Very dissatisfied	Dissatisfied	Neutral	Satisfied	Very satisfied	Not applicable
Animal Control Services						
Clinical Services						
Environmental Health services						
Wellness Coalition						
Emergency preparedness						

4. Please provide a brief explanation for any services with which you are "very dissatisfied" or "dissatisfied."

5. Where do you receive your services for: (check all that apply)

- a) Primary care:
  - ☐ Doctor's office
  - ☐ Hospital
  - ☐ Community Health Center
  - ☐ Other:

b) Dental care:

- ☐ Dentist office
- ☐ Mobile Dental Provider
- ☐ Community Dental Center
- ☐ Other:

c) Where else do you go for your health needs (name of organization and for what services)?

6. In your opinion, what other health-related services does Jo Daviess County need more of? (check all that apply)

- ☐ Mental Health Services
- ☐ Substance Abuse Services
- ☐ Increased access to healthcare
- ☐ Increased access to dental care
- ☐ Senior Services
- ☐ Nutrition Services
- ☐ Environmental Health Services
- ☐ Other:

7. Please briefly explain why you feel the county needs more of the services you selected above.

8. What else would you like Jo Daviess County Health Department to know?

### Appendix 3: Participant Survey Results

n=40

#### Q1 - How did you hear about this event? Check all that apply.

Response	%
Health department invitation	63%
Word-of-mouth	8%
Newspaper	25%
Flyer	3%
Other: <ul style="list-style-type: none"><li>• Board of Health member</li><li>• East Dubuque Schools</li><li>• Guest of a friend</li><li>• Husband of employee</li></ul>	10%

#### Q2 - What motivated you to attend today's event? What are you hoping to learn?

##### Themes

1. Learn about the county department, including services/resources and partnership opportunities (15)
  - a. Mental health (2)
  - b. Animal control/welfare (2)
  - c. Medicaid
2. Learn about/concern about/interest in improving county's health needs (8)
  - a. Data sources
  - b. Public perceptions
3. Free dinner/food (3)
4. Social engagement: networking, live in the community, joining a friend (3)
5. Looking for ways to enhance students' lifelong health habits
6. Work: love of the health department

##### All Responses

1. A friend brought me who thought I would be interested
2. About the health profile of the county
3. Always looking for ways to enhance students' lifelong health habits.
4. Concern for public wellness in Jo Daviess County. Hope to learn concerns and priorities of county residents.
5. Curiosity? What is available?
6. Currently partner with JDCHD on programs. Hope to learn more about the dept. and collaborations.
7. Free dinner and learn about good health
8. Free dinner and learn more about what the health dept. does.
9. Good stuff--very important to our community.
10. Health professional shortage and mental health. Services possibly being discontinued.
11. How we can partner with you to reach more individuals (to promote) nutrition and wellness programs within the county and provide because from a financial standpoint group nutrition education programs are successful when provided by qualified healthcare providers.
12. I am a board member of Safe Haven and we hope to work with animal control for the benefit of Jo Daviess homeless dogs and cats.

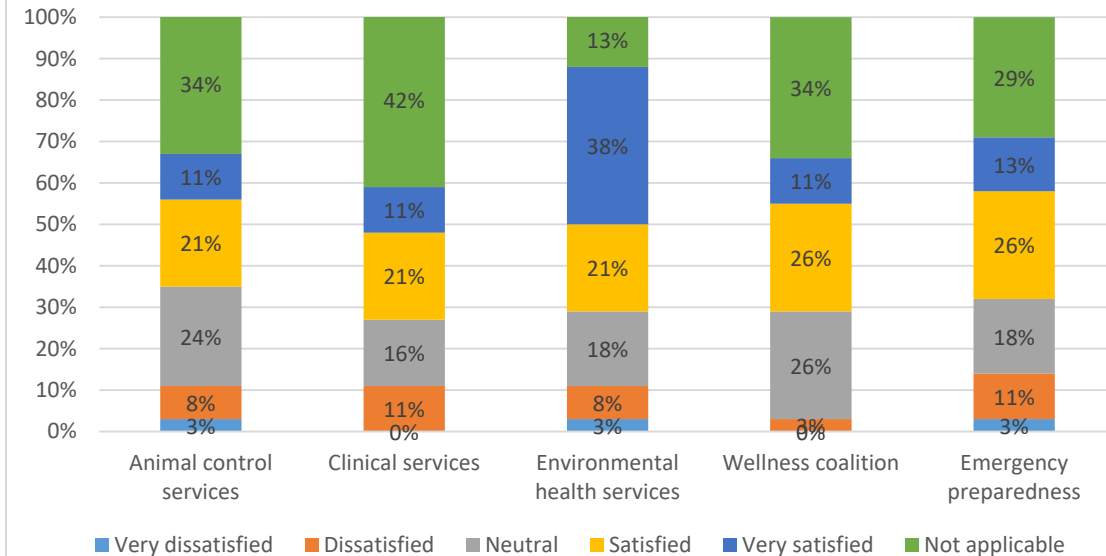
13. I feel the health department provides great value for our county. I am hoping to learn about potential services the health department can provide.
14. I live in the community
15. I want to learn what services may benefit me as a senior citizen on Medicare.
16. Information and to listen to other problems and concerns
17. Interest in improving county
18. Interest in the needs identified and how I might work with others (people and organizations)
19. Learn more about Jo Daviess County's animal control and any plans for dealing with the feral cat population
20. Learn more about the services of the county and health department. Share information and exchange ideas.
21. More regarding health needs in Jo Daviess Co. Data sources to support need for services.
22. Possible networking
23. The food. Update on programs.
24. The health needs of the county
25. The public's perception of our community needs
26. The work on water issues we've (The League of Women Voters) shared with the health dept. Interest in mental health.
27. To learn about our county health department
28. To learn more about the resources that are available.
29. Wanted to learn more about our health department
30. Wanted to see what's available
31. What services we need in the county
32. Work: love of the health department

**Q3 - How satisfied have you been with the following services offered by Jo Daviess County Health Department? Please place a check in the appropriate box. If you do not have experience with that particular service, please check "not applicable" (n=38)**

Service	Very dissatisfied	Dissatisfied	Neutral	Satisfied	Very satisfied	Not applicable
Animal control services	3%	8%	24%	21%	11%	34%
Clinical services	0%	11%	16%	21%	11%	42%
Environmental health services	3%	8%	18%	21%	38%	13%
Wellness coalition	0%	3%	26%	26%	11%	34%
Emergency preparedness	3%	11%	18%	26%	13%	29%

Note: Some total percentages may sum to over 100% due to rounding.

### Q3. Satisfaction with JDCHD Services



#### Q4 - Please provide a brief explanation for any services with which you are "very dissatisfied" or "dissatisfied."

1. Charge people at farmer's markets for selling honey and nuts when I don't think by law they should be; Charge churches to have meals in church when by law I don't think they should.
2. Interpretation of sanitation laws seems to be overdone, with charging a fee for things such as vendors at the farmers' market and Red Cross blood drive.
3. I think more needs to be done in emergency preparedness.
4. I just do not know what the department does. This is why I am here tonight.
5. Working families do not have the ability to access services from 8a-4:30p. I would like to see extended hours and possibly coordinate with other "like services."
6. Had a crazy raccoon on my porch, called animal control and they told me they didn't take care of that kind of stuff :(
7. I would like the health dept. to offer more clinical services.
8. Clinic services are very limited. Share services with other counties.
9. Do not feel enough attention is given to inspections. Transportation for food, medical, etc.
10. I have heard Dubuque Regional Humane Society euthanizes JDC dogs immediately upon arrival. I would like to see animal control working with Safe Haven or other dog rescue groups in placing dogs which would be adoptable. Not all adoptable dogs are claimed at Dubuque. My own experience in finding owners of stray dogs through animal control has been good.
11. No continuity between the other groups in the county.
12. I feel the county can benefit from centralized emergency preparedness. However, we have had a silo approach. We need to do it together. I am also dissatisfied with the clinical services as we have lost so much. We need to bring these back to the health department.
13. I am currently servicing on a(n) ad hoc committee for JDC regarding lack of EMS services/volunteers decreasing.
14. I think the county has a need for more health promotion and services for under-insured and uninsured.

**Q5a - Where do you receive your primary care services? (n=38)**

Response	%
Doctor's office	94.7%
Hospital	23.7%
Community health center	2.6%
Other	5.3%
• Health Dept. for TB test	
• CHC in the past	

**Q5b- Where do you receive your dental services? (n=38)**

Response	%
Dentist office	94.7%
Mobile dental provider	0.00%
Community dental center	2.6%
Other	5.3%

**Q5c - Where else do you go for your health needs (name of organization and what services)**

By Location

1. Illinois

- a. Chicago (2)
  - i. Cardiology, urology, sleep apnea and dental needs
  - ii. Specialty services
- b. Freeport (2)
  - i. Monroe Clinic
  - ii. Stephenson County Health Department - kids dental
- c. Galena (8)
  - i. Primary care
  - ii. Jo Daviess County Health Department (2)
    1. Preventative care
  - iii. Medical Associates (3)
    1. Preventive care
  - iv. Midwest Medical Center (2)
    1. Screenings, yearly physical and blood tests, mammogram, and 5 year colon exam, eye exam
- d. Stockton – dental care

2. Iowa

- a. Dubuque (6)
  - i. Medical (3)
    1. Medical Associates
    2. Throat and esophageal matters
  - ii. Mercy hospital – care and presentations (2)



- iii. Finley Hospital – specialty services
- 3. Location not specified (6)
  - a. Eye doctor (2)
    - i. Vision for Less
  - b. Physical therapy
  - c. "Holistic" various private and NGO sources
  - d. Stroke detection
  - e. VA

**Q6 - In your opinion, what other health-related services does Jo Daviess County need more of? (check all that apply) (n=35)**

Response	%
Mental health services	71%
Substance abuse services	63%
Senior services	49%
Increased access to dental care	43%
Nutrition services	43%
Increased access to healthcare	37%
Environmental health services	29%
Other <ul style="list-style-type: none"> <li>• Emergency preparedness</li> <li>• Parenting</li> <li>• Childcare, speech therapy/occupational therapy for pediatrics</li> <li>• Animal welfare</li> </ul>	11%

**Q7 – Please briefly explain why you feel the county needs more of the services you selected above.**

#### Themes

1. Mental health and substance abuse services
  - a. Shortage of providers
  - b. Lack of inpatient services
  - c. Stigma reduction and awareness of mental health diagnoses
  - d. Prevention
  - e. Alcohol use among adolescents; community and family norms
  - f. Substance use among adolescents (closest treatment center in Rockford)
  - g. AA and al-anon groups
2. Medical services needed
  - a. Lack of options for uninsured and underinsured
  - b. Lack of providers, specialists
  - c. OB care and ED
  - d. Affordable dental care for uninsured/Medicaid population
3. Environmental health
  - a. Property maintenance
  - b. West Nile
  - c. Water quality concerns

- d. Toxic waste disposal (computers, hypodermic needles, paint)
- 4. Social services
  - a. Senior services (transportation, toenail care)
  - b. WIC; Child care; All pediatric services are referred to Dubuque, IA or Freeport/Rockford, IL
  - c. Economic assistance
  - d. Food insecurity
- 5. Emergency preparedness/services

#### **All comments**

1. I am very concerned funding will decrease in all areas indicated above-mental health/food insecurity (lack of resources) for concerning citizens. What will happen to area resources for our population?
2. We are understaffed in these services.
3. There is a general lack of access to most
4. Cost effective for seniors and others. Increased access with better services for less wealthy groups.
5. There are people in this county both identified and not identified, who need a variety of services.
6. Uninsured, less educated, transportation barriers, physical fitness activities are limited
7. Healthcare-Mainly for OB care in Galena and ED. Adult dental is needed for those uninsured or have Medicaid
8. The need exists without enough providers.
9. Our community needs so many services not available for the uninsured and the underinsured. Specialized clinics made available monthly and PRN for the Jo Daviess population
10. We have minimal of all.
11. Aging population
12. Seniors have a very difficult time with nail care (toenails). Mental health is not taken care of! Low income people can't afford dental care-very expensive!
13. I have a family member who cannot drive, on a limited income, who would be interested in many services. I am a senior on limited income and also have an interest in senior services.
14. Property maintenance, West Nile
15. As indicated in the JDC health profile, there is a growing need. Water quality concerns and the need for environmental health services.
16. Would like to have a place to dispose of computers, paint and other dangerous materials, including hypodermic needles.
17. Minimal child care resources. All pediatric services are referred to Dubuque, IA or Freeport/Rockford, IL
18. Dental care is very expensive and out of reach of lower income families; Emergency preparedness needs more involvement throughout the community; WIC
19. In general, I think there is poor access to dental care especially for uninsured. Mental health services could be more available for outpatient and inpatient does not exist
20. Although I've been retired as a mental health therapist for almost 10 years, I'm pretty sure that mental health services in rural IL are lacking
21. Having worked with other health departments in other counties, mental health and substance abuse services have always been in high demand with minimal services.
22. Served on mental health board. Aware of the need and lack of funds even with the levy. Much related to state budget woes.
23. Working with 2016 IYS data 50% (approximate) of 12th graders report having drank alcohol in past 30 days. Community and family norms enable this, as well as social and parental access.
24. Starting al-anon family groups would be beneficial and an AA group

25. I think in rural areas there is less of an awareness related to the need for and the availability of mental health and substance abuse services. There is also additional barriers facing a rural community such as transportation.
26. I think mental health awareness is very important. Defining mental illness so that with education people know that mental illness does not equal crazy and more people would get preventative care. Substance abuse services for adolescents b/c the closest treatment center is Rockford.
27. Population getting older-more options needed. Services available closer than Freeport/Rockford for economically disadvantaged. Numbers of different mental diagnoses is increasing-where to get help.
28. Too many mental walking the streets
29. There is a nationwide need for substance and mental health issues, often related. One need only read the Galena Gazette to verify this.
30. mental health, emergency services assistance

**Q8 - What else would you like Jo Daviess County Health Department to know?**

1. That the league of Women Voters continues to be interested in working with health dept. to educate on and advocate for adequate funding for our public services.
2. It would be interesting if you were to aggregate the data and separate the demographics from Galena territory and Apple Canyon to see what the demographics would be without the more affluent, second-home owners compared to the rest of the county.
3. Navigation services to health services in and around Jo Daviess County. Transportation services and contact info for county residents. Emergency preparedness needs sign up.
4. Oppose NRA.
5. Public aid office
6. Maybe have a couple nights open on Saturdays? And provide transportation for those who have none.
7. Thanks for the event!
8. We want them to succeed.
9. The county needs to see the benefits the health department can and will provide. The value has been lost.
10. Elizabeth Townsend does a great job!

## Appendix 4: Jo Daviess County Health Profile



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### General demographics

- Population of 22,427<sup>1</sup>
- 23% aged 65 and older, compared with 14% of Illinois and 14% of the US population.<sup>1</sup>
- The median household income was \$53,221. Nine percent of the population was living in poverty, including 11% of children under 18 and 6% of people 65 and over, lower than the corresponding national and state poverty rates.<sup>1</sup>
- 10% of Jo Daviess residents are food insecure, or lack access, at times, to enough food for an active, healthy life for all household members and limited or uncertain availability of nutritionally adequate food, compared to the 12.9% food insecurity reported across Illinois.<sup>6</sup>
- 12% of the population has a disability, compared to the Illinois rate of 11% the U.S. rate of 12%.<sup>1</sup>
- 6% of households do not have an automobile, compared to 11% of Illinois households.<sup>1</sup>

### Health rankings

- Ranks 5<sup>th</sup> in all Illinois counties on overall health<sup>2</sup>
- Comparatively low rates of uninsurance (13%) vs. Illinois (15%)<sup>2</sup>
- Jo Daviess County is a designated medically underserved area and a health professional shortage area for primary care and mental health providers<sup>3</sup>

Resident to provider ratio	Jo Daviess County	Illinois
Primary care physicians	2,490:1	1,240:1
Dentists	2,230:1	1,410:1
Mental health providers	2,230:1	560:1

### Health indicators

- Jo Daviess County has a higher rate of obesity at 29% compared to the state's 27%, and this rate has trended upward from 2004 to 2012.<sup>2</sup>
- 81% of adults ages 18-70 report never having been tested for HIV, as compared to 68.86% of Illinois adults and 63% of U.S. adults.<sup>7</sup>
- 10% have diabetes, as compared to 9% of Illinois adults and 9% of U.S. adults.<sup>7</sup>
- 41% of Jo Daviess residents over the age of 45 reported a fall in the past 12 months, compared with the state rate of 27%.<sup>8</sup>
- 24% of adults self-reported that they receive insufficient social and emotional support all or most of the time, as compared to 20% of Illinois adults and 21% of U.S. adults.<sup>7</sup>

## Health Behaviors

- Jo Daviess residents report physical inactivity at a rate of 28%, higher than the state rate of 22%. Only 56% of residents have access to exercise opportunities, as compared to the Illinois rate of 89%.<sup>2</sup> **In rural areas, access to exercise opportunities is measured by proximity of less than half a mile to a park or less than 3 miles to a recreational facility.**
- **The rate of** excessive drinking is 20% in Jo Daviess County, comparable to 21% in Illinois. This is the percentage of adults that report either binge drinking, or consuming more than 4 (women) or 5 (men) alcoholic beverages on a single occasion in the past 30 days, or heavy drinking, defined as drinking more than one (women) or 2 (men) drinks per day on average. 36% of traffic fatalities involve alcohol, which is equal to the Illinois state rate.<sup>2</sup>
- The percentage of adults ever smoking 100 or more cigarettes was higher in Jo Daviess County (46%) compared to Illinois (44%) and the U.S. (44%). The percentage of smokers with a quit attempt in past 12 Months was lower in Jo Daviess County (47%), compared to Illinois (61%) and the U.S. (60%).<sup>7</sup>

## Oral Health

- 15% report that that six or more permanent teeth have been removed due to tooth decay, gum disease, or infection, as compared to 15% of Illinois adults and 16% of US adults.<sup>7</sup>
- Poor dental health is one indicator of poor access to preventive dental services, and is also relevant as a predictor of greater cardiac risk.

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**Public Health**  
Prevent. Promote. Protect.

**Jo Daviess County Health Department**

**Community Health Engagement & Assessment Dinner Event**

April 5, 2017

4:30pm-8:00pm

**Welcome!**



# Housekeeping



## Purpose of this Event

- Health Department wants to do more for County Residents and is in search of public health related programs and services to provide in Jo Daviess County.
- Health Department began working with National Association of County and City Health Officials in November 2016 to hold a County-wide community event to share information and to explore ideas for possible programs and services through feedback from County Residents.
- Input from Jo Daviess County Residents combined with data for Jo Daviess County will help the Board of Health and the Public Health Administrator determine if additional programs and services are needed and what those programs/services might be.

## Mission

The mission of the Jo Daviess County Health Department is to prevent disease, promote a healthy environment & protect the citizens of Jo Daviess County through an organized, comprehensive, county-wide health effort.

## Vision

The Jo Daviess County Health Department will offer quality public health services through dedicated, professional staff who want to be leaders in public health issues in Illinois. The agency will learn from the past, set the building blocks of the industry today & strive for the healthiest possible community outcome, for the future.



# Health Department History

- Established in November 1948 under referendum by 69% of the registered voters
- Started with only 4 staff members
- First public health issues that were faced in the County included Tuberculosis, Diphtheria, Polio and Rat Control.

## 66 Years of Services Provided

- |  |  |  |
|--|--|--|
| • Communicable Disease Surveillance                | • Public Health Emergency Preparedness | • Kid Care   |
| • Solid Waste Removal                              | • Prevention and Wellness              | • Medicaid Presumptive Tests                         |
| • Nuisance Control                                 | • Immunizations                        | • Teen Parent Services                               |
| • Sewage Disposal                                  | • Vital Statistics                     | • Healthworks  |
| • Food Sanitation/Protection                       | • Potable Water Supplies               | • Adverse Pregnancy Outcome Reporting System (APORS) |
| • Child Health                                     | • Infectious Disease Education         | • Foot Care Clinics                                  |
| • Maternal Health                                  | • Tuberculosis Testing                 | • Cholesterol/Hypertension Screening                 |
| • Family Planning Medical Services                 | • International Travel                 |  |
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| • Home Health Care                                 | • Tanning Inspections                  |  |
| • WIC (Women, Infants and Children)                | • Vector Control                       |  |
| • Dental Health                                    | • GIS                                  |  |
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| • Affordable Care Act Open Enrollment Registration | • Quality Assurance                    |  |
| • Occupant Safety                                  | • HIPAA                                |  |
|  | • Family Case Management               |  |

Many of these programs have come and gone over the years based on the needs of the County Residents, recommendations from the Illinois Department of Public Health, and funding resource availability.

## Required Programs

The Health Department is charged with implementing the health protection programs that are required for certification by the Illinois Department of Public Health. Those programs are water quality, food sanitation, private sewage disposal, and communicable disease.

## IPLAN

(Illinois Project for Local Assessment of Needs)

- Needs Assessments are conducted every 5 years.
- Review of the priority health issues in the County
- Identify and document current health issues
- Jo Daviess County Needs Assessment committee are then evaluate to determine the relevance and the impact that these health concerns have on the County as a whole
- Priorities are then adopted and a 5 year IPLAN is set in place
- The Health Department is accountable to ensure the needs of the priorities are met

***The three health priorities adopted for 2015-2020 are: Obesity, Cardiovascular, and Diabetes.***

## Our Programs

- Animal Control
- Clinical Services
- Environmental Health
- Wellness Coalition and Wellness Coalition Website
- Medical Reserve Corps (MRC)
- Public Health Emergency Preparedness (PHEP)

## *Animal Control*

- A mandated County enforcement agency
- Protects the County from rabies
- Enforces leash laws, vaccinations and dog tag requirements
- Patrols and controls dangerous and vicious dogs or dogs running at large
- Protects the community from biting dogs through education, fines and impoundments

## *Animal Control Statistics 2016*

- Estimated 7,000 dogs in Jo Daviess County
  - Estimated 1,450 not sterilized
  - Estimated 5,600 sterilized
- Animal Control registers an average of 4,500 dogs per year
- No current data for the number of cats in Jo Daviess County
- Average of 70 animal bites/exposures reported per year in the County
- IDPH confirmed 3 positive Rabies cases since 2012 in the County
- IDPH reported a cat in an adjoining county tested positive for Rabies last year. This was the first cat to test positive for Rabies in the State of Illinois since 1996.

## *Clinical Services*

- Communicable Disease Program investigates all infectious diseases that are identified in the Communicable Disease Codes of the Illinois Department of Public Health (IDPH).
- Immunization Program offers the Vaccine for Children (VFC) to provide immunization to children 0-18 that meet eligibility guidelines. In addition to the program, adult seasonal influenza vaccines are also available.

### *Jo Daviess County Wellness Coalition*

- The mission of the coalition is to advocate for healthy initiatives and enhanced quality of life in Jo Daviess County through research, education, and public engagement with individuals and organizations.
- Currently over 13 active members
- The Wellness Coalition hosts a wellness resources website for County Residents and visitors

<http://www.jodaviesscountywellnesscoalition.com/>

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- The MRC is a program to create local volunteers to provide assistance to the health department during a public health emergency or disaster. Volunteers come from medical or non-medical backgrounds.
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The Public Health Emergency Preparedness Program (PHEP) works in collaboration with other agencies to provide public health planning and response for all hazard disasters within Jo Daviess County. These disasters include natural or man-made.

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- Issues permits and licenses; performs plan reviews and compliance inspections; provides education services and consultations; and oversees code enforcement.



~Thank You~



## Results

- Results from this evening will be available on the County Website at [www.jodaviess.org/health](http://www.jodaviess.org/health) on/after June 1st, 2017.
- Press releases will be sent to the Galena Gazette, The Scoop, and the Telegraph Herald on/after June 1<sup>st</sup>, 2017.
- Results will be shared with the Board of Health and the County Board in May 2017 at their regularly scheduled meetings.
- Contact the Jo Daviess County Administrator's Office at 815-777-0263 or by emailing [publichealth@jodaviess.org](mailto:publichealth@jodaviess.org) with any questions or feedback.

# Volunteer Opportunities

- Medical Reserve Corps (MRC)



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# Raffle Drawing





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