



Hempstead Recreation Center

635 Business Hwy 290 East

Hempstead, Texas 77445

Hours: Monday-Thursday 7 a.m. to 9 p.m.

Friday 8:00 a.m. to 5 p.m.

Monday

8:00 a.m. Walking

8:30 a.m. Sit and Be Fit

10:00 a.m. Open Gym

11:00 a.m. Computer Class (Seniors)

6:00 p.m. to 9:00 p.m. Basketball

Tuesday

8:00 a.m. Walking

9:00 a.m. Open Gym

10:00 a.m. Sewing Class

5:30 p.m. to 8:30 p.m. Thunder Elite Absolute

6:00 p.m. to 8:30 p.m. Rainbow 4H

Friday

8:00 a.m. Walking

8:30 a.m. Sit and Be Fit

10:00 a.m. Open Gym

Wednesday

8:00 a.m. Walking

8:30 a.m. Sit and Be Fit

10:00 a.m. Open Gym

3:15 p.m. to 4:15 p.m. Girl Scouts

6:30 p.m. to 9:00 p.m. Volleyball

Thursday

8:00 a.m. Walking

9:00 a.m. Open Gym

5:30 p.m. to 8:30 p.m. Thunder Elite Absolute

6:00 p.m. 8:00 p.m. Senior Citizens Bingo Third

Thursday's each month (seasonal)

6:00 p.m. to 8:00p.m. Team Fisher Dance Team

Saturday and Sunday

External Program Events