



Gunnison Parks and Recreation

PLAYERS & PARENTS

COVID-19 Protocols and Guidelines

Summer 2020 Programs

Participants:

- Procedures will be in place for monitoring participant wellness upon arrival
 - Temperatures will be taken for all programming at the time of arrival
 - Participants with a temperature of 100.4 or higher will be excluded until the temperature has been resolved without medication for 72 hours
- Participants will wash or sanitize hands numerous times throughout the session using sanitizer provided by GPRD at the activity location
 - Upon arrival and at the conclusion of practice
 - After sneezing, coughing, and touching face
 - After using the toilet
- It is strongly recommended that players wear face coverings at all times
 - Health concerns will be taken into consideration when wearing face coverings during cardio activities and if there are any medical conditions
- Any personal equipment is NOT to be shared between participants.
- Participants are strongly encouraged to bring their own water bottles to sessions to avoid using public water fountains
 - Participants will not be allowed to share water bottles
- Participants will be asked to vacate the activity location immediately at the conclusion of sessions.
- Participants will be asked to wash and disinfect uniforms, practice clothes and personal equipment after each training session at their own residence (not at activity locations).
- High fives, spitting, handshaking, shoulder bumps, and all other unnecessary physical contact will be discouraged

Parents/Guardians:

- Parents/Guardians will be required to keep their child(ren) home if they, or anyone in their household, are showing any signs or symptoms of illness. An email or phone call to GPRD will be greatly appreciated to provide us with a current update.
- Parents/Guardians and non-participants are not allowed to be at practice unless they view practice from their vehicle.
- Any communication with coaches will be done via email whenever possible. If in-person communication is necessary, face coverings must be worn
- We must have a COVID waiver signed for each participant, waiver located at www.Gunnisonrec.com

What we expect from you:

Before class:

- Self-monitor symptoms. Do not come to practice/class unless you have no symptoms.
- Bring your own water bottle.
- Wear a mask during transition times and times when there is no cardio activity
- Wash hands before arriving at practice/class.

During class:

- Maintain 6 feet social distancing as much as possible.
- Refrain from high fives and any unnecessary touching of others.
- Use hand sanitizer during class if you sneeze, cough, touch face, use the restroom, etc.

After class:

- Leave the class area promptly so that the instructor can complete their closing duties.
- If you need to communicate with the instructor, do so by email.
- Make sure you take all your belongings (and any trash) with you.
- Wash/Disinfect your mask, practice clothes, personal equipment.

Exposure Protocols:

- **Local Hotline to report symptoms and ask advice on testing: 970.641.7660**
- If a participant or family/household member is experiencing symptoms of COVID, they need to call the local hotline to report symptoms and get advice on possible testing
- If program participant or family/household member is going to be tested for COVID, GPRD would greatly appreciate a phone call or email to the program coordinator so we can monitor the situation
 - The participant MUST isolate and cannot attend practices even if they are not the one displaying symptoms
- **A positive test result**
 - If the participant, or GPRD Staff (coach/instructor) is positive for COVID – 1st Generation Exposure
 - GPRD will work with Public Health using the symptom & temperature logs to notify others in the program in possible close contact with the positive participant/ GPRD Staff
 - The Program will be cancelled until appropriate isolation periods for GPRD Staff and participants is reached – This varies and will be dependent on the type of program and location as well as if other program participants develop symptoms. Public Health Officials will help in determining this length of time.
 - If a family/household member of a participant or GPRD Staff is positive for COVID – 2nd Generation Exposure
 - The participant or GPRD Staff must isolate for 14 days and cannot attend the program
 - Continue program with all other COVID protocols in place

- GPRD staff will ensure that if they are not feeling well themselves, or have reports of participants not feeling well, they need to call the hotline and immediately isolate.
- A negative test result
 - No changes to the program 😊 Participant is welcome to attend as long as they are not displaying any symptoms