



Garth Road Center
 235 Garth Road 725-6406 or 771-3340
 Wednesdays and Fridays, 10:00AM-2:00PM
 Director, Maureen Casey



JUNE 2023

Reservations Required the day before to attend center & also for exercise class (No walk-ins)
Call 771-3340 the Day before Between 10:00am -1:00pm

REVISED 6/5/23

Temperature Checks
 Masks Optional

Friday, June 2

- 10:00 Cards & Games
- 11:00 **"The Plan for Aging" with Guest Speaker Gina Gallo, Sana Senior Solutions**
- 11:45 Pizza Lunch (Order & Pay by 10:30)
- 12:00 **Summer Birthday Social (Sign up by 6/1)**



Wednesday, June 7

- 10:00 Yoga with Peggy (Yoga participants only)
- 11:00 Cards & Games
- 12:00 Lunch (bring your own)
- 12:30 **Bingo for Bucks**



Friday, June 9

- 10:00 Cards & Games
- 11:00 Bookmark Craft for the Library
- 10:45 Pizza Lunch (Order & Pay by 10:30)
- 12:00 **Library News with Tracy Wright, Eastchester Public Library**
- 12:30 Cards



Wednesday, June 14

- Flag Day-Wear red, white & blue**
- * **NO YOGA TODAY**
- 10:00 Cards
- 11:30 Lunch (bring your own)
- 12:00 **Jewelry Making Workshop with Joan Loyd**
*Workshop for a good cause - Learn to make Earrings;
 Make one pair for yourself & make and donate a pair for the Battered Women's Shelter*



Friday, June 16

- 10:00 Cards & Games
- 11:00 **Beach Party-Luncheon (Paid Lunch reservations required by 6/9)**
- 12:30 **Beach Chair Volleyball**



Wednesday, June 21

- Summer Begins**
- 10:00 Yoga with Peggy (Yoga participants only)
- 11:00 **Medicare Update with Sharon**
- 12:00 Lunch (Bring you own)
- 12:30 Cards & Games

Friday, June 23

- 10:00 Cards & Games
- 11:00 Bookmarks Craft
- 12:00 Pizza Lunch (Order & Pay by 10:30)
- 12:30 Cards



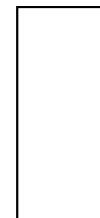
Wednesday, June 28

- 10:00 Yoga with Peggy (Yoga Participants Only)
- 11:00 Cards & Games
- 12:00 Lunch (Bring your own)
- 12:15 **Bingo for Big Bucks**



Friday, June 30

- 10:00 Cards & Games
- 11:00 Sewing Craft
- 11:45 Pizza Lunch (Order & Pay by 10:30)
- 12:15 **Ice Cream Social**



Center is Closed for the Summer Months of July & August
Have a Wonderful Summer & Be Well.
See you in the September



The Garth Road Center is a Program of
 Eastchester Senior Programs and Services
 Open to Seniors (60+) who are Residents of Town of Eastchester
 (Including Villages of Tuckahoe & Bronxville)

