

THE NUTRITION CENTER AT LAKE ISLE

Peter Basha, Director

JUNE MENU 2023

TOWN OF EASTCHESTER

Supervisor Anthony S. Colavita

<p>660 White Plains Road Eastchester, NY 10709 Information and Reservations Call: 337-0390 www.eastchester.org/seniorservices</p>			<p>THURSDAY 1 EGG SALAD SANDWICH CARROT & RASIN SALAD</p>	<p>Friday 2 GERMAN STYLE PORK CUTLET SAUERKRAUT HARVARD BEETS GREEN BEANS</p>
<p>MONDAY 5 STUFFED PEPPERS MASHED POTATOES & GRAVY KALE & ONIONS</p>	<p>TUESDAY 6 CHICKEN SALAD SANDWICH BLACK BEAN & CORN SALSA</p>	<p>WEDNESDAY 7 SPAGHETTI & MEATBALLS BROCCOLI FLORETS TOSSED SALAD</p>	<p>THURSDAY 8 HONEY GARLIC CHICKEN BROWN RICE CARROTS</p>	<p>Friday 9 PASTRAMI SANDWICH POTATO SALAD</p>
<p>MONDAY 12 CHEESE LASAGNA TOMATO SAUCE BROCCOLI FLORETS</p>	<p>TUESDAY 13 BAKED HAM MASHED POTATOES & GRAVY GREEN BEANS</p>	<p>WEDNESDAY 14 TUNA SALAD SANDWICH COLESLAW</p>	<p>THURSDAY 15 MEATLOAF & GRAVY BAKED SWEET POTATO PEAS & ONIONS</p>	<p>Friday 16 CHICKEN A LA KING BROWN RICE SPINACH</p>
<p>MONDAY 19 KNOCKWURST & SAUERKRAUT POTATOES PEPPERS & ONIONS</p>	<p>TUESDAY 20 TUNA SALAD SANDWICH CUCUMBER SALAD</p>	<p>WEDNESDAY 21 BBQ CHICKEN BAKED BEANS CARROT & RASIN SALAD</p>	<p>THURSDAY 22 FLOUNDER PICCATA LENTIL PILAF TOSSED SALAD</p>	<p>Friday 23 EGG SALAD SANDWICH GREEN BEAN SALAD</p>
<p>MONDAY 26 SALISBURY STEAK W/GRAVY MASHED SWEET POTATOES CAULIFLOWER</p>	<p>TUESDAY 27 SEAFOOD NEWBURG BUTTERED NOODLES HONEY CITRUS CARROTS</p>	<p>WEDNESDAY 28 REUBEN WRAP THREE BEANS SALAD</p>	<p>THURSDAY 29 CHICKEN SALAD SANDWICH BLACK BEAN & CORN SALSA</p>	<p>Friday 30 CHICKEN PARMIGIANA PENNE & TOMATO SAUCE BROCCOLI FLORETS</p>

Funded by the Town of Eastchester, Westchester County Department of Senior Programs and Services, New York State Office for Aging and the U.S. Administration on Aging.
Suggested voluntary contribution: Residents \$3.00, Non-Residents \$4.00. Contributions are made anonymously. No one 60 years or older is denied lunch due to inability to pay.
If you are unable to meet the suggested amount, we ask that you contribute whatever amount you feel you can afford.
All contributions go directly back into the nutritional program to help pay for meals and other meal program expenses to pay.



Bronxville Eastchester Tuckahoe