

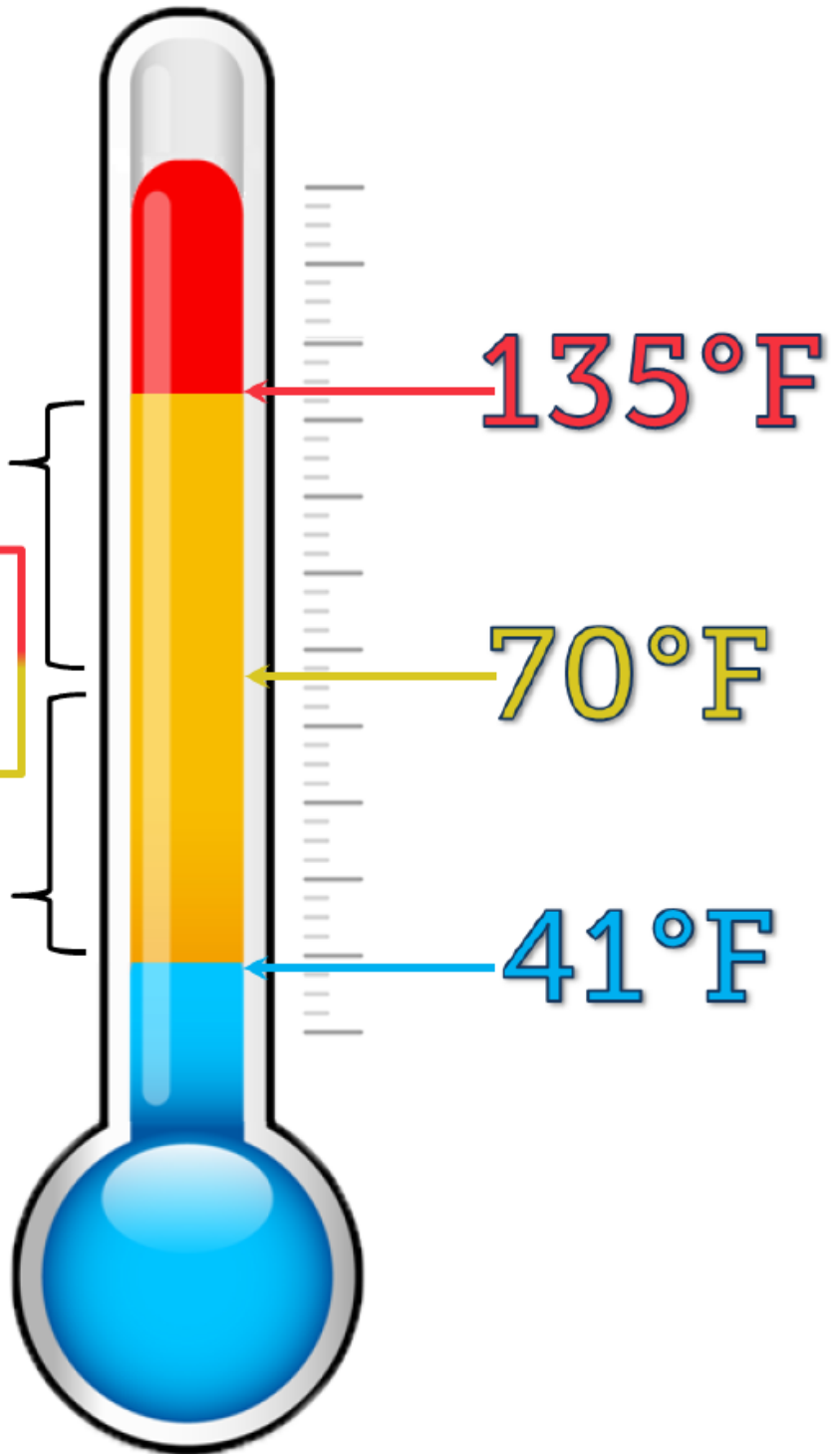
# Cooling



2 hrs

Foods must be rapidly cooled from 135 °F in six hours, provided that within the first two hours the food is cooled from 135 °F to 70 °F.

4 hrs

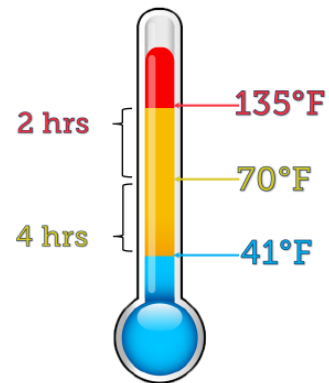


# Cooling Methods



## ✔ Approved

- ◆ Use shallow containers
- ◆ Stir frequently!



## ✘ Not Approved

