



HIKE AND BIKE ON DESIGNATED TRAILS ONLY. MOUNTAIN BIKES MUST OBEY THE NORBA CODE. BE AWARE OF MOUNTAIN FIRE DANGER. BE PREPARED, WEATHER CONDITIONS CHANGE.

BIKING TRAILS

- Eagle's Loop** – Great for the beginner biker with access from the Eagle Bahn Gondola. 1 mile (1.6 km)
- Upper Fireweed** – A beautiful bike trail for beginners from Adventure Ridge to Mid-Vail. 1.2 miles (1.9 km)
- Gitalong Road** – High volume of traffic throughout the summer. An alternate route to Village Trail with a pleasant winding gravel road most of the way. 5 miles (8 km)
- Cub's Way** – Gravel road connecting Fred's Lunch to Lion Down. 1.5 miles (2.4 km)
- Village Trail** – Longest and most pleasant route on the mountain—a winding gravel road that traverses the mountain in descent. 7 miles (11.3 km)
- Fred's Lunch** – A challenging single-track path that leads from Mid-Vail down the mountain, providing spectacular views. 2.4 miles (3.6 km)
- Grand Traverse** – Vail's signature trail crossing the Back Bowls, starts easy and becomes more difficult, accessed from Adventure Ridge or the Wildwood connector. 5.3 miles (8.5 km)

- South 6 Escape** – This single track off Village Trail is a challenging option for intermediate bikers. .75 miles (1.2 km)
- Lion Down** – Downhill all the way from Adventure Ridge on this beautiful, winding gravel road through groves of Aspen trees. There are single- and double-track options at the Gitalong Road intersection. 6 miles (9.7 km)
- Mid-Vail Escape** – Challenging single track that takes you from the top of Kloser's Klumb to Mid-Vail with spectacular views of the Gore Range. 2.2 miles (3.5 km)
- Kloser's Klumb** – A grueling 1,000-foot climb from Adventure Ridge to Patrol Headquarters. 2.4 miles (3.9 km)
- Onza Alley** – Most difficult loop with single track, steep descents and a 1,000-foot climb. .5 miles (.8 km)



DOWNHILL BIKING TRAILS

- WARNING!**
Downhill bike trails are not for hiking and cross-country biking. Downhill bikes, downhill equipment and pads are highly recommended for use on downhill-specific trails. These are not the same as cross-country trails. They are more technical and require the use of different equipment and skills.
- Old Nine Line** – Very steep and technical with varied terrain and lots of rhythm. Downhill gear necessary. .75 miles (1.25 km)
 - Lower Fred's Lunch** – Single- and double-track free-ride experience. .8 miles (1.2 km)
 - Magic Forest** – Starts at Adventure Ridge and works its way down to Cubs Way. This single track winds its way through the woods with several drop-offs and challenging terrain features. 1.2 miles (1.9 km)
 - Mane Lane** – Nice challenging single track with some technical elements. .6 miles (1 km)

HIKING TRAILS

- Eagle's Loop** – Short ridge-top loop with great views of Mount of the Holy Cross. 1 mile (1.6 km), 15–20 minutes.
- Lower Fireweed** – Beautiful wooded trail between Adventure Ridge and Mid-Vail. 1 mile (1.6 km), 30–40 minutes.
- Berrypicker** – Starting at Lower Fireweed, this intermediate trail winds down from Mid-Vail or Adventure Ridge to Vail Village or LionsHead. Picnic at Minnie's Deck along the way. 4.6 miles (7.4 km), 2–3 hours one way.
- Grand Escape** – This trail offers an alternative hiking experience with spectacular views and makes a great loop with Ridge Route. 1.5 miles (2.4 km), 1.5–2 hours one way.
- Kinnickinnick** – A wooded trail connecting Ridge Route at Wildwood and heads to Mid-Vail. 2 miles (3.2 km), 2 hours. Combine with Ridge Route: 3.4 miles (5.5 km), 3.5–4 hours one way.
- Ptarmigan Loop** – Scenic trail through shaded woods connecting with Ridge Route at Wildwood to Ptarmigan Point and back. 1.2 miles (1.9 km), 30–40 minutes. Loop with Ridge Route: 4 miles (4.2 km), 2.5–3 hours.

- Ridge Route** – Intermediate ridge climb from Adventure Ridge to Wildwood and back with spectacular views. 1.4 miles (2.3 km), 1.5–2 hours one way.
- Sunlight** – Beautiful trail connecting Ridge Route and Kinnickinnick at Wildwood, finishing at Patrol Headquarters. 1.5 miles (2.4 km), 1 hour. Length with connecting trails varies: 3.5–4.5 miles (5.6–7.2 km), 2.5–3 hours one way.
- Bad Simba** – Steep single track trail with switchbacks winding through trees and meadows, eventually meeting up with Berry Picker. .75 miles (1.2 km), 1–1.5 hours one way.



2007 SUMMER LIFT SCHEDULE

Eagle Bahn Gondola at LionsHead
June 22, 2007–September 3, 2007, seven days a week; September 7–9, September 14–16, and September 21–23, 2007.
Sunday through Wednesday, 10 a.m.–4 p.m.
Thursday through Saturday, 10 a.m.–9 p.m.
Evening service is from June 28–September 1, 2007.
Gondola free to foot passengers after 4 p.m., Thursday–Saturday.
Vista Bahn at Vail Village
Vista Bahn Chairlift and ticket office will be closed summer 2007.

	Lift Ticket Rates*		
	Child (Ages 5-12)	Adult (Ages 13-64)	Senior (Ages 65+)
I-Day	\$11	\$18	\$11
I-Day Bike Haul & Lift Ticket	\$16	\$23	\$16
*Biking and hiking activities availability based on construction and mountain conditions. Please check with the LionsHead Ticket Office or Resort Information and Activities Center at 970-476-9090 for daily operations. Includes all-day unlimited rides; children under 4 ride free. All lift-transported mountain bikers must sign a liability and code of use agreement prior to use at ticket sales location. Anyone under 18 must have a parent/guardian sign release.			

ADVENTURE RIDGE—A MOUNTAIN IN MOTION

Guided Nature Hikes
Explore Vail Mountain on a guided hike with Gore Range Natural Science School and learn about the area’s flora, fauna and wildlife. One-hour hikes leave at 11 a.m. and 2 p.m. from the Discovery Center.
Rebound Trampoline
Come test your aerial skills on a modified trampoline with a waist harness attached to bungee cords—it’s quite the experience for those looking to catch some air. **\$10** per session.
Dino Dig
Children will love this interactive learning experience as little ones, ages 4 and up, uncover dinosaur bones and learn about these prehistoric creatures. Digging tools are provided. **\$7** per half-hour session.
Disc Golf
Tee up for this spectacular, self-guided 18-hole Disc Golf Course at the top of the mountain. Front nine is beginner/intermediate and the back nine is intermediate/advanced. Allow 1–2 hours per nine holes. **\$8** disc rental.
Lawn Sports—Volleyball, Bocce & Horseshoes
Ride the Eagle Bahn Gondola to the top of Vail Mountain for an afternoon of fun in the sand and sun with your friends. All lawn sports are FREE!
Discovery Center
Stop by the Discovery Center at the top of the Eagle Bahn Gondola and learn about the environment through fun, interactive displays, or join a guided morning or afternoon nature hike. The center is a cooperative arrangement between Vail Resorts, the Gore Range Natural Science School and the U.S. Forest Service. To customize an environmental program for your group, call 970-754-4675. Open daily 10 a.m.–4 p.m. Visit www.gorangerange.org for more information.



TV8

Start Your Day and Plan Your Play with the #1 Source of Vail Valley Information
Watch TV8’s live “Good Morning Vail” show daily at 7 a.m. for current local weather, events and information. You’ll find resort information and entertaining sports programming throughout the day on TV8 and TV17.



MOUNTAIN DINING

Talon’s Outdoor Deck
Relax on Vail’s largest deck and soak up Adventure Ridge’s amazing views while enjoying delicious barbecue and daily specials. Open for lunch daily, 11 a.m.–3 p.m.
Blue Moon Restaurant and Bar
The Blue Moon is a convenient, full-service restaurant at the top of the Gondola. The casual-upscale dinner menu features salads, sandwiches, entrees and Coors’ finest brews. It’s the perfect stop before and after experiencing the fun at Adventure Ridge. Open for dinner Thursday through Saturday, 5–9 p.m. (June 28–September 1, 2007). Gondola rides are free after 4 p.m.
Game Creek Restaurant
Let our Gondola carry you to new culinary heights. Make your summer trip to Vail even more special by dining at the Game Creek Restaurant. Enjoy distinctive American cuisine, complemented by an extensive wine list and superior service. Much more than a restaurant high above Vail, Game Creek has emerged as a true dining destination. Dinner Thursday through Saturday, 6–8:30 p.m. (June 28–September 1, 2007), and Sunday Brunch, 10:30 a.m.–1:30 p.m. (July 8–September 2, 2007). For reservations, call 970-754-4275.
Friday Afternoon Club
It’s a mountaintop rendezvous every Friday evening with drink specials, lawn sports and free live music at Adventure Ridge, June 29–August 31, 2007. Gondola rides are free after 4 p.m. For updates and schedule, call 970-476-9090. (Weather permitting.)

MOUNTAIN BIKE RENTALS

	I-Hour Rentals	4-Hour Rentals
Front Suspension	\$12	\$25
Full Suspension	\$17	\$30
Junior	\$8	\$15
For lift ticket/bike rental packages, please call 970-476-9090.		
Above rates do not include tax. Junior bike renters must be taller than 4’8”. All lift-transported mountain bikers must sign a liability and code of use agreement prior to use at a ticket sales location. Riders younger than 18 must have a parent or guardian sign their forms. Biking on-mountain is based on construction and conditions. Please check with the LionsHead ticket office or the Resort Information and Activities Center.		

RETAIL SHOPS

Vail Sports
Vail Sports has the most complete selection of summer casual, outerwear and technical clothing to prepare you for all the VAIL SPORTS varying conditions you’ll experience in the outdoors. In addition, we offer top-of-the-line summer sports equipment and footwear. Vail Village 970-479-0600 and LionsHead Village 970-476-3600.
One Track Mind
Located in LionsHead Village, One Track Mind has a solid reputation for stocking great casual and outerwear from Volcom, Roxy and Element. One Track Mind also carries all the accessories and gear for your summer and lifestyle needs. LionsHead Village 970-476-1397.
Gore Creek Flyfisherman
Eagle Valley’s oldest and most experienced fishing-guide service. Our shop has a U.S. Forest Service permit, allowing guides access to high alpine creeks and rivers such as Homestake, Piney River and Cross Creek. This translates into unparalleled accessibility to the best fishing in the Vail Valley. We have FREE daily casting clinics at 10:30 a.m. We also offer the finest equipment and apparel. Gore Creek Flyfisherman operates under a special use permit from the White River National Forest and is an equal opportunity service provider. Vail Village 970-476-3296.
Burton at Vail
Located in the heart of Vail Village on Bridge Street, Burton offers the latest in summer fashions and accessories, including Analog Board Shorts, Gravis Footwear, hats, T-shirts and more. Burton also carries disc golf equipment. Vail Village 970-479-1935.



SUMMER ADVENTURE MAP 2007



EXTEND YOUR EXPERIENCE

Unique Settings, Unforgettable Events—Designed Just for You
Whether you come for business or pleasure, our knowledgeable staff can create memorable, customized events for groups of 20 or more, including lodging, meeting space and activities. For a summer wedding, our mountaintop wedding deck and dining venues offer breathtaking views of the surrounding 14,000-foot peaks, including Mount of the Holy Cross. To start planning your group getaway, call 866-231-VAIL or contact vailgroups@vailresorts.com.
Summer Fun—Members-only Discounts, Convenience and Rewards
PEAKS at Vail Resorts is the best way to make the most of a vacation at Vail, Beaver Creek, Breckenridge, Keystone and Heavenly resorts. As a PEAKS member, you’ll earn points toward great rewards. Plus, your membership card gives you convenient on-mountain charging privileges and the ability to purchase winter lift tickets online—you’ll get the best prices and be ready to hit the slopes as soon as you arrive at the resort. PEAKS is free and easy join. Visit www.snow.com/peaks, call 800-842-8062 or stop by any ticket office.
RockResorts
RockResorts features a variety of luxury hotels—from snug mountain hideaways to dazzling seaside escapes to colorful high-desert sanctuaries—in spectacular destinations throughout the U.S. Combining informal elegance and lavish authenticity, RockResorts offers exceptional accommodations, state-of-the-art RockResorts Spas®, renowned golf courses, award-winning dining and a variety of exciting outdoor activities. For more information, visit www.rockresorts.com or call 888-FOR-ROCK (7625).
Red Sky Ranch & Golf Club
North America’s #1 Mountain Golf Experience
Vail Valley’s premier golf destination, Red Sky Ranch and Golf Club is a private golf club with a separate guest clubhouse for partnering resort properties. The exclusive golf club offers two award-winning golf courses by Tom Fazio and Greg Norman. It also features the David Leadbetter Golf Academy, luxurious private and guest club facilities and stunning views of Vail’s Back Bowls. To learn more about membership opportunities, please call 866-873-3759. To reserve a tee time or private lesson, please contact your lodging concierge. www.redskygolfclub.com.

SAFETY INFORMATION

- In Case of an Accident or if You Get Lost**
Retrace your steps or proceed downhill until you come to a working emergency phone located in a bright red box. Call 1111 or call 970-479-3049 from a cell phone. Wait for someone to answer; do not hang up until all pertinent information has been gathered.
- Construction Warning**
Major improvements and repairs are made on Vail Mountain during the summer. Please be aware of construction, maintenance vehicles and heavy equipment, and obey any posted warnings. You may encounter construction vehicles on any mountain road. When using these routes, be very cautious and yield the right-of-way.
- Fire Danger [Reminder from Smokey]**
Due to variable fire hazards and to protect our environment, smoking is prohibited on Vail Mountain. Report fires from any on-mountain emergency phone.
- Sun Protection**
At 10,000 feet, exposure to the sun is 40% greater than it is at sea level. We recommend sunscreen with a sun protection factor of 15 or higher, as well as eye protection.

- Lightning and Thunderstorms**
Brief afternoon thunderstorms are common in the mountains. Seek shelter when you see a storm developing. You are responsible for taking proper precautions, which includes keeping off ridgelines and staying clear of chairlift houses and towers, power lines, open spaces, lone trees and signposts. Lifts may close on occasion, causing delays. Please take this into consideration when planning on-mountain activities.
- High-Altitude Environment**
If you live at a lower elevation, you may tire more easily. Take it easy at first, plan short trips until you are acclimated and drink plenty of water. Some visitors may experience symptoms associated with Vail Mountain’s high altitude. Symptoms may include headaches, nausea, loss of appetite, restless sleep, coughing and difficulty breathing. If symptoms persist, or if you have a concern about your health, you should seek medical attention.
- Adequate Clothing**
Beware: Mountain weather changes quickly, and there is usually at least a 10-degree temperature difference from the bottom to the top of the lifts. Bring a raincoat and consider a sweater or fleece.
- Multi-Use**
Be aware that trails and roads on Vail Mountain are used for many purposes during the summer. Mountain bikes, hikers, horses, motorized vehicles, construction equipment and others may be encountered at any time.

- Lift Safety**
Under Colorado law, you cannot board a lift unless you have sufficient physical dexterity, ability and knowledge to negotiate or to use such a lift safely, or until you have asked for and received information sufficient to enable you to use the lift safely. You may not use a lift when under the influence of drugs or alcohol.
- Mountain Biking**
Helmets and sturdy shoes with good tread are recommended at all times. Child carriers or tow-behind bikes are not permitted, and all bikes must have two working brakes. All loose clothing, bags or packs should be firmly secured so they do not interfere with the bicycle’s moving parts. Mountain bikers must always yield to other non-motorized trail users. Should you encounter hikers or horses on any trail, you must yield the right-of-way. Ride on designated trails only and obey all posted signs and warnings. Failure to do so may result in lift ticket and/or pass revocation.



NORBA CODE

- All Mountain Bikers Must Obey the National Off-Road Bicycle Association (NORBA) Code:**
- I will yield the right-of-way to other non-motorized trail users.
 - I will use caution when overtaking another and will make my presence known well in advance.
 - I will maintain control of my speed at all times.
 - I will stay on designated trails.
 - I will not disturb wildlife or livestock.
 - I will not litter.
 - I will respect public and private property.
 - I will always be self-sufficient.
 - I will not travel solo in remote areas.
 - I will observe the practice of minimum impact bicycling.
 - I will always wear a helmet whenever I ride.

THE ENVIRONMENT

Vail Mountain—100% Powered by Wind
Vail Resorts is leading the travel industry in reducing its dependence on fossil fuels by choosing wind power. Our long-standing commitment to environmental stewardship encompasses multiple initiatives such as energy and water conservation, water quality management, waste reduction and recycling, air and visual quality, wildlife habitat management, and education and outreach. We encourage our guests to also be good stewards of the environment and respect the mountains in which we all recreate and enjoy.
Caring for Our National Forests
Vail Resorts and the National Forest Foundation, a nonprofit partner of the U.S. Forest Service, have joined in a partnership to raise money for local conservation projects that improve and enhance the White River National Forest. These projects include trail and forest recreation improvements, wildlife habitat and watershed restoration and community-based forestry programs. Each dollar raised by Vail Resorts will be matched with 50 cents by the National Forest Foundation.
Vail Resorts, the United States Forest Service and the Colorado Division of Wildlife are committed to protecting our environment and depend on your cooperation to help maintain the fragile ecosystems on Vail Mountain.

Please hike and bike on designated trails only. Deviating from these trails destroys animal habitats and delicate foliage.
Please leave wildflowers for others to enjoy. There is a fine for picking wildflowers. Please carry out garbage and dispose of it properly in designated refuse or recycling containers.
Wild animals, including bears and mountain lions, may live in the area. Be knowledgeable and aware of your surroundings. Do not feed or attempt to make contact with wildlife. It is your responsibility to know what to do in case you encounter a wild animal. We encourage you to carefully read the Colorado Division of Wildlife pamphlets that offer other helpful suggestions.
All dogs in Vail must be on a leash. Dogs are not permitted on lifts.

Forest Closure

Blue Sky Basin™ and all of Vail’s Back Bowls™ are closed to human use during elk calving season, which is May 6–July 1, 2007. There are no biking trails in Blue Sky Basin.

TOGETHER WE’RE BETTER

