Health Advocate’s digital experience has the resources you need to improve your health and well-being.

Health Advocate is available to employees, spouses/partners, dependents, parents and parents-in-law at no cost to you.

Through our website and mobile app, you can:

- Learn about your Health Advocate services and the many ways we can help
- View important news alerts and timely tips to improve your well-being
- Use our Symptom Checker for information about a variety of conditions to help you decide when you should call the doctor and what you can do at home
- Quickly connect with a Health Advocate expert through live chat, one-touch calling, web message or email
- Open a case for our experts to assist you, check the status of your cases and direct message the expert working on your issue
- Access a Medical Visit Checklist so you know what questions to ask your doctor at your next appointment

Plus, enter for a chance to win a Fitbit Charge 4!

Get started today!
Log in or register with the steps below:
1. Visit the website or download the mobile app
2. Click “Register Now”
3. Enter the required information, confirm your registration, and then log in

866.695.8622
Email: answers@HealthAdvocate.com
Web: HealthAdvocate.com/Members