

Whether they live near or far, remind your parents and parents-in-law that they can call Health Advocate too! You can also reach out to us on their behalf. There's no cost to use the program; it's paid for by your employer or plan sponsor.

## The many ways we can help

Your Health Advocate program provides your family with experts who can:

- Find doctors and specialists including those who accept Medicare
- Locate the right health facilities
- Clearly explain Medicare, Medicare Advantage and supplemental plans
- Help schedule appointments
- Prepare questions for doctor visits

- Address medication issues
- Resolve claims and billing issues
- Answer questions about health conditions, research latest treatment options
- Clarify medical bills
- Secure second opinions and help transfer records



## **HealthAdvocate**<sup>®</sup>