



## WHAT IS A COMMUNITY DINING CENTER?

A Community Dining Center is a place where more active seniors can come together and enjoy a hot, nutritious lunch, as well as opportunities to socialize and participate in a variety of activities.

### Sites are located in:

**ADDISON**  
**LOMBARD**  
**AURORA**  
**NAPERVILLE**  
**BENSENVILLE**  
**WESTMONT**  
**BLOOMINGDALE**  
**WHEATON**  
**DOWNERS GROVE**  
**VILLA PARK**  
**GLENDALE HEIGHTS**



# DUPAGE COUNTY

## DUPAGE COUNTY SENIOR SERVICES

421 N. County Farm Road  
Wheaton, IL 60187

(630) 407-6500

1-800-942-9412 (Toll-Free)

(630) 407-6502 (TDD)

**FOR MORE INFORMATION ON  
COMMUNITY DINING CENTERS,  
PLEASE CALL:**

DuPage Senior Citizens Council

**(630) 620-0804**

[dupageseniorcouncil.org](http://dupageseniorcouncil.org)

DuPage County Senior Citizens Council and DuPage County Community Services do not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department on Aging. For information call: 1-800-252-8966 (Voice and TDD)

<https://www.dupageco.org/seniorsvcs/>



# DUPAGE COUNTY

COMMUNITY SERVICES



**2.1.1**

Get Connected. Get Help.™

## HOME DELIVERED MEALS PROGRAM

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# WHAT IS A HOME DELIVERED MEAL?

A ready to eat complete meal delivered to the home of an eligible senior. In addition to the meal each person is receiving a well-being check which is an important benefit of the program.



## WHAT IS INCLUDED IN A MEAL?

Each hot meal contains one third or more of an older person's needed nutrients and calories. Servings include a meat or protein entree, potato or starch, salad, vegetable, fruit or dessert, 2% or skim milk and bread. In some areas, an evening meal can be delivered with the hot meal. Frozen meals may also be available for the weekend.

## WHO CAN RECEIVE HOME DELIVERED MEALS?

A person must be 60 or older and homebound because of:

- Acute illness
- Chronic illness/disability
- Unable to participate in the Community Dining Center program
- No adult is available or willing to prepare meals
- The person agrees to cooperate in the delivery of service

The spouse of the eligible older person, regardless of age or condition, may also be eligible to receive a home delivered meal.

## WHAT DOES THE PROGRAM COST?

The person eligible for meals pays what he/she can afford toward the meal cost. Guidelines are given at the time of intake.

## HOW DOES ONE OBTAIN HOME DELIVERED MEALS?

Initial information is taken by phone. Every effort is made to provide service as soon as possible. After the meals begin, a worker will schedule an appointment to visit the person at home. The purpose of the visit is to discuss the meal program and other services available for senior citizens.

Call DuPage County Senior Services at  
**(630) 407-6500**

## WHEN ARE MEALS DELIVERED?

Deliveries are generally made by volunteers close to the noon hour, Monday through Friday. It is EXTREMELY important that the person receiving home delivered meals notify the meal provider if he/she is going to be away at delivery time. If the person receiving meals is away from home, volunteers are instructed NOT to leave a meal due to possible food spoilage or contamination.

## WHO PROVIDES THE MEALS?

DuPage Senior Citizens Council, a not-for-profit organization serving senior citizens in DuPage County, provides the meals. Funds for the meals are received from Title III of the Older Americans Act through the Northeastern Illinois Area Agency on Aging, the United Way, local government, and other contributors.

## FUNDED AND ADMINISTERED BY:

- DuPage Senior Citizens Council
- DuPage County Community Services, Senior Citizen Services
- Northeastern Illinois Area Agency on Aging