Decatur Housing Authority Newsletter



JULY 2022

Terri Goodman, Executive Director

*STAY COOL

Wear Appropriate Clothing: Choose lightweight, light-colored, loose-fitting clothing.

Stay Cool Indoors: Stay in an airconditioned place as much as possible. Call your local health department to see if there are any heat-relief shelters in your area.

- Electric fans may provide comfort, but when the temperature is in the high 90s, they will not prevent heat-related illness.
- Taking a cool shower or bath or moving to an air-conditioned place is a much better way to cool off.
- Use your stove and oven less to maintain a cooler temperature in your home.

Pace Yourself: Cut down on exercise during the heat. If your heart pounds & leaves you gasping for breath when you exert yourself, STOP all activity, especially if you become lightheaded, confused, weak, or faint.

Wear Sunscreen: Sunburn affects your body's ability to cool down and can make you dehydrated. Look for sunscreens that say "broad spectrum" or "UVA/UVB protection" on their labelsthese products work best.

Do Not Leave Children in Cars: Cars can quickly heat up to dangerous temperatures, even with a window cracked open. Children are especially at risk of getting a heat stroke or dying. When traveling with children, remember to do the following:

- Never leave infants, children or pets in a parked car, even if the windows are cracked open.
- To remind yourself that a child is in the car, keep a stuffed animal in the car seat. When the child is buckled in, place the stuffed animal in the front with the driver.
- When leaving your car, check to be sure everyone is out of the car. Do not overlook any children who have fallen asleep in the car.

Avoid Hot and Heavy Meals: They add
 heat to your body!

DATES TO REMEMBER

EQUAL HOUSING OPPORTUNITY

July 1 - Rent Due*

July 4 - Independence Day (DHA Closed)

*Please Do Not Slide Your Rent Payment Under Office Door at The High-rises. You can pay rent by mail, drop box at main office (1808 E Locust St.) or pay at Busey Bank. Just a reminder, if paying at Busey Bank, you must pay full amount and have your statement with you.

~Rent payment is #1 PRIORITY!~



SCATTERED SITES – TAGGED LAWNS

Please note if your lawn has been tagged Monday, you have until <u>Thursday</u> <u>evening</u> to mow your lawn. If your lawn isn't mowed by Thursday, maintenance is mowing your lawn on Friday with no exceptions, and you will be charged \$75.00 for mowing and \$10.00 for any trimming. If you have any questions or concerns, please contact Tracey at (217) 423-7745, ext. 3019.

Decatur Housing Authority

1808 E. Locust Street Phone: 217-423-7745 Fax: 217-423-7771 www.decaturhousing.com

DHA Public Housing Staff:

Diane Hackert, ext. 3038 Facilities Director

Jassmin Hobbs, ext. 3016Property Manager

Tracey Green, ext. 3019DHA ROSS Service Coordinator

Carolyn Foster, ext. 3024
Public Housing Leasing Specialist

Colby Dearing, ext. 3039 Accounting Specialist

Jeff Calvert, ext. 3030 Maintenance Superintendent

Rebecca Hutchinson, 217-423-7711 Receptionist/Office Assistant



Emergency Number: 217-423-3400*

*after 4:30pm M-F & during weekends & holidays

HI-RISES – A/C UNITS

Please note, DHA is only required to provide, replace, repair, or service one (1) A/C unit that is in your Livingroom. If you happen to have an A/C unit in the bedroom, it most likely was purchased and left behind by the previous tenant and not by DHA so therefore, it is the tenant's responsibility for the upkeep of that A/C unit, not DHA. If you have any questions, you can contact Jeff Calvert at 423-7745, ext. 3030.

Tracey Green Ross Coordinator (217) 423-7745, ext. 3019



Jassmin Hobbs Project Manager (217) 423-7745, ext. 3016

EVENTS AROUND DECATUR:

Farmers Market – June 4-October 29 Central Park, Downtown Decatur. Fresh produce grown by local farmers, Sat. 8am-12pm, \$ to purchase goods, 217-428-3380 or 217-520-5098

Finders Summer Market – July 11
Decatur Conference Center & Hotel,
Popup marketplace event, shopping at
more than 80 booths and tents with
vintage, handmade, salvage, boutique
and artisan goods, live music, food
trucks, 9am-3pm, \$, 217-454-6365.

Nelson Park Fireworks Over Lake Decatur 7/4 – *free*. The fireworks show is open to the public and begins at dusk from a barge over Lake Decatur in the Nelson Park basin, lasting approximately 25 minutes

Midstate Soccer Complex - (near Stephen Decatur Middle School) will start at dusk, or <u>roughly 8:45 pm</u>. Tickets are required for all attendees aged 2 and up and are available for just \$2.

July 3 – Grease July 17 – (TBD)

Movie Night at The Devon – July 9 7:30 pm – 9:30 pm.

The Devon Lakeshore Amphitheater Movies in the Park series. **free**.

July 9 - Goonies

*Guests are encouraged to bring camp chairs or blankets to sit on while viewing the movies. Concessions will be available for purchase and outside food or drink

FIREWORKS SAFETY TIPS

- ✓ Kids should never play with fireworks. Things like firecrackers, rockets, and sparklers are just too dangerous. If you give kids sparklers, make sure they keep them outside and away from the face, clothing, and hair. Sparklers can reach 1,800°F (982°C) hot enough to melt gold.
- ✓ Buy only legal fireworks and store them in a cool, dry place.
- ✓ Never try to make your own fireworks.
- ✓ Always use fireworks outside and have a bucket of water and a hose nearby in case of accidents.
- ✓ Steer clear of others setting off fireworks. They can backfire or shoot off in the wrong direction.
- Never throw or point fireworks at someone, even as a joke.
- ✓ Don't hold fireworks in your hand or have any part of your body over them while lighting. Wear eye protection, and don't carry fireworks in your pocket the friction could set them off.
- ✓ Point fireworks away from homes and keep away from brush and leaves and flammable substances.
- ✓ Light one firework at a time (not in glass or metal containers), and **never** relight a dud.
- ✓ Don't allow kids to pick up pieces of fireworks after an event. Some may still be ignited and can explode at any time.
- ✓ Soak all fireworks in a bucket of water before throwing them in the trash can.
- ✓ Think about your pet. Animals have sensitive ears and can be very frightened or stressed by the Fourth of July and other big celebrations. Keep pets indoors to reduce the risk that they'll run loose or get injured.

SCOVILL ZOO EVENTS CALENDAR

Independence Day - July 4

Free carousel rides with a paid admission, 217-421-7435.

Free Admission Thursdays 9:30am-5:00pm

Ice Cream Safari - July 17

Free ice cream served while supplies last, 1-4pm, \$ for zoo admission, 217-421-7435.

Twilight Tuesdays –July 26

Find out how the zoo animals spend their evenings, extended hours until 8pm (last admission 7pm), \$, 217-421-7435.

JULY IS NATIONAL MINORITY MENTAL HEALTH AWARENESS MONTH

July is *Minority Mental Health Month* which is a nationwide effort developed by Mental Health America to "shed light on the multitude of mental health experiences within BIPOC

(Black, Indigenous, People of Color) communities and others that face disproportionate inequities due to systemic barriers and historical adversity."

The following are available if you need support: **Heritage Behavioral** - Support is available 24 hours a day, seven days a week, Call (217) 362-6262

Memorial Behavioral Health - Call from 8 a.m.-8 p.m. seven days a week, Crisis Line (217) 588-5509



