

Hartford Senior Center  
 119 N Main Ave - Hartford  
 605-528-3999  
 (Lois cell) 605-941-1294

**Wooden Nickel**  
 Hartford - Crooks - Lennox Monthly Menu  
**JULY 2023**

Wooden Nickel  
 306 N West Ave , Crooks  
 605-543-5686

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> CHICKEN ALFREDO GARLIC TOAST VEGETABLE FRUIT	<b>4</b> CLOSED  <b>HAPPY 4TH OF JULY!</b>	<b>5</b> CHICKEN SALAD ON CROSSIANT POTATO SALAD BROCCOLI FRUIT	<b>6</b> HAMBURGER GRAVY OVER MASHED POTATO PEAS & CARROTS JELLO WITH FRUIT	<b>7</b> BBQ RIBS AU GRATIN POTATO CORN FRUIT DESSERT
<b>10</b> CRISPY CHICKEN SANDWICH FRIES VEGETABLE FRUIT	<b>11</b> HAMBURGER STROGANOFF OVER NOODLES VEGETABLES FRUIT	<b>12</b> INDIAN TACO REFRIED BEANS FRUIT	<b>13</b> CHILI CINNAMON ROLL CRACKERS LETTUCE SALAD FRUIT	<b>14</b> PORK CHOP MASHED POTATO & GRAVY CARROTS FRUIT DESSERT
<b>17</b> TATOR TOT CASSEROLE BROCCOLI FRUIT	<b>18</b> GRILLED CHICKEN BREAST CHEESY HASHBROWNS CARROTS FRUIT	<b>19</b> HAMBURGER ON BUN FRIES BAKED BEANS FRUIT	<b>20</b> MEATLOAF MASHED POTATO & GRAVY CARROTS FRUIT	<b>21</b> SMOTHERED CHICKEN BREAST STUFFING VEGETABLE FRUIT DESSERT
<b>24</b> PORK FRITTER ON BUN MASHED POTATO & COUNTRY GRAVY PEAS FRUIT	<b>25</b> GRILLED CHICKEN BREAST SCALLOPED POTATO BROCCOLI & CARROTS FRUIT	<b>26</b> SPAGHETTI & MEATSAUCE VEGETABLES GARLIC TOAST FRUIT	<b>27</b> TURKEY SUB MACARONI SALAD VEGETABLE FRUIT	<b>28</b> HOT HAMBURGER OVER MASHED POTATO VEGETABLE FRUIT DESSERT
<b>31</b> GOULASH LETTUCE SALAD WITH TOMATO FRUIT			<i>Crooks location only 2nd option is a burger &amp; fries Dine in only</i>	

Lennox American Legion  
 117 S Main St - Lennox  
 605-647-2225

**All menus are subject to change.**