

# March – April 2021



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[www.instagram.com/covingtonhousingauthority](https://www.instagram.com/covingtonhousingauthority)



## HEALTH & WELLNESS

### IT'S TIME GET REGISTERED!

- 1 COMMIT TO WELLNESS!
- 2 JOIN US ON THURSDAYS APRIL – THROUGH THE 1<sup>st</sup> WEEK OF JUNE .
- 3 YOU WILL ❤️ THE RESOURCES & SUPPORT YOU GET
- 4 CONNECT & BUILD RELATIONSHIPS



#### GNR Public Health Presents **Eating Smart • Being Active**

Free SNAP-Ed Nutrition Classes

Join us at 10:00 a.m. each Thursday  
April 13 through June 1  
We'll discuss:

- \*Planning meals on a budget.
- \*Making healthy food choices.
- \*Becoming more physically active.

For more information or to sign up, please call 770-339-4286  
or email [jasmine.Lewis@gnrhealth.com](mailto:jasmine.Lewis@gnrhealth.com).

This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP).  
This institution is an equal opportunity provider.



## THANK YOU CITY OF COVINGTON

The City of Covington received a Georgia Forestry Grant to do plantings in CHA neighborhoods. On Thursday March 16 close to 30 trees were planted in the Fowler Ct and Taylor Jackson neighborhoods. This green infrastructure is important in promoting clean air and assists in cooling down the air temperatures in neighborhoods. Thank you to CHA Facilities Maintenance Manager, Sonya Rowe and Executive Director, Shamica Tucker, for coordinating the plantings with the City.



## COMMUNITY EVENTS

### SAVE THE DATE

## LIVE AT LEGION

LEGION FIELD | COVINGTON, GA  
CONCERTS BEGIN AT 7PM | FREE!

# 2023



JUNE  
9

SEPTEMBER IN THE PARK  
Earth, Wind & Fire / Chicago Tribute

ROOTS CONCERT  
Featuring Local Talent

AUG  
11



SEPT  
8

PURPLE XPERIENCE  
Prince Tribute / Fuzz Run Kick-Off Concert

PRISCA & FRIENDS  
Singer & Songwriter / Annual Pink-Out Concert

OCT  
13



arts association  
exposure education engagement entertainment



COVINGTON  
georgia



## Panther Peers

Coming Back to Alcovy

At the Alcovy  
Basketball Court  
at 3:30 PM  
March 1  
March 8  
March 29  
April 5



SNACKS  
SPORTS  
BOARD GAMES  
CRAFTS

The PANTHER PEERS  
will even help you  
with your Homework!



## EASTER EGG

## EXTRAVAGANZA

FOR CHA RESIDENTS

When Sunday April 9

Where: The Alcovy Neighborhood

Time: 3:00 PM – 5:00 PM



**WOW!** Thanks to Betty White who wanted to do this for CHA families and the awesome team of volunteers and partners who are hosting this event.

**See you there!**

# RESIDENT UPDATES

## 2023 Senior Graduates

The CHA Senior Banners will be going to print on **May 1, 2023**

Email [jkelly@covha.com](mailto:jkelly@covha.com) or phone the office with name of your graduate by this date.

## Filter Change Notification

CHA will be moving to a new program for filter change notifications. There will be ONE (1) notification for all the dates in 2023 in your next newsletter

## Be the Solution!

Your assistance in keeping the commons areas free of litter and the area around the dumpsters clean and tidy is appreciated by our Facilities Maintenance Staff. Support them in their work taking care of your neighborhood.

Thanks Tiana, CHA resident & Panther Peers attendee, for creating this public service announcement.



## RESIDENT INPUT NEEDED



Do you walk to the grocery store, drug store, your job, or other destinations.

**We would love to talk with you.**

The Covington Housing Authority is partnering with the City of Covington and other local groups to make walking along Alcovy Rd. and Elm St.

- Safer
- Easier
- Pleasant.

To participate in our project please contact Josephine – Community Relations  
PH. 770-786-7739  
Email [jkelly@covha.com](mailto:jkelly@covha.com)

A time for residents to meet, ask questions, share concerns and offer input to CHA staff.

## RESIDENT ROUND TABLE @ CHA OFFICE



**Tuesday March 28  
4:30 PM – 5:30 PM**

As we head into the summer Josephine, Community Relations Dept., would like spend time with families discussing the activities for the summer. Bring the kids, we want to hear from them and get your input.

## GIVING HANDS - Food Pantry

Reminder you can make an appointment to

**March 2023**

(770) 786-7305 ext. 120 [foodpantryadm@covingtonfirst.org](mailto:foodpantryadm@covingtonfirst.org)  
Follow us on Facebook: [givinghandsfoodpantry](https://www.facebook.com/givinghandsfoodpantry)  
2160 Church St. Covington 30014  
"At my darkest, God is my light." – 2 Corinthians 4:6



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm Appointments Opens for April Humana Visit	21 Senior Deliveries Senior Indoor Shopping! Sign up Needed Registration Opens for April	22 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm	23 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm Humana Visit	24	25
***For any questions, please contact Casey at 770-786-7305***						
2	3 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm Humana Visit	4 Senior Deliveries Sign up Needed	5 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm	6 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm Humana Visit	7	8
9 Easter Sunday	10 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm Humana Visit	11 Senior Deliveries Sign up Needed	12 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm	13 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm Humana Visit	14	15 mobile food pantry 10-12pm
16	17 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm Humana Visit	18 Senior Deliveries Senior Indoor Shopping! Sign up Needed	19 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm	20 Indoor & Boxes Food Pantry By Appt 2:00-4:30pm Humana Visit	21	22

## Low Income Home Energy Assistance Program(LIHEAP) Heating

### Special Notice to Residents

1. If you have been denied assistance and want to appeal. Please bring your denial notice to the office. Staff will make a copy and send your request to appeal to the Partnership for Community Action.
2. Staff is in communication with the Partnership for those who are already notified CHA staff they wish to appeal.

### Cooling 2023 Applications

Open April 3, 2023, for senior citizens and medically homebound households ages 65 and older.

Open May 1, 2023, for general public households.

Look for updates from the Partnership on CHA Community Noticeboards, CHA Facebook and Instagram.