

July 2021



COVINGTON HOUSING AUTHORITY PRESENTS <b>2021 -2022 BACK 2 SCHOOL          ALCOVY BLOCK PARTY</b>		CHA WELCOME HOME PASS 
<b>July 29</b> 2021 6pm-8pm	 A Ticket for Fun, Food, Fellowship	

<b>Picnic Dinner</b> <b>DJ</b> <b>Book Bag Giveaway</b> <b>3 on 3 Basketball</b> <b>Tournament w'Prizes</b>	<b>Giant Sized Inflatable</b> <b>6 Pack Hershey Candy Bar</b> <b>Giveaway</b> <b>Kickball with Newton</b> <b>County Rec Dept</b>
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This event is open to all residents in Taylor Jackson, Holmes Court, Fowler and Alcovy Neighborhoods. Come by the event Registration Table to receive your wristbands for Book Bags (student must be present at the event/limited supply), Picnic Dinner and candy bar giveaway.

2021  
REGIONAL  
JOB FAIR

Hosted by Georgia Piedmont  
Technical College, Newton  
and Walton County partners

SAVE THE DATE  
JULY 22

10 AM - 2 PM

Newton D Conference Center  
8100 Bob Williams Parkway  
Covington, Ga. 30014

Make sure your resume gets an employer's attention!  
 Call Josephine at Resident Services  
 PH 404-304-0581 for an appointment  
 to update your resume

Lunch and Breakfast  
Packs

July 20 – July 29

Breakfast and Lunch  
Multi-Packs are now being  
given out on  
Tuesday and Wednesday

They will be given out  
from 12 – 2 pm at the  
**Community Room Door**

# HEALTH & WELLNESS

Are you looking for resources to support a healthy life style?

**Gwinnett, Newton Rockdale Health Department** is ready to help!

Come by and meet the staff at the **Back 2 School event**. You will get to meet Jazmine who coordinates the SNAP education program and Carolyn Callaway Client Navigator for BCCP/Breast and Cervical Cancer Program.



1 out of 3 American adults has prediabetes. If you have prediabetes, **you can make changes now to improve your health and prevent type 2 diabetes.**

The PreventT2 lifestyle change program can help you lose weight, become more physically active, and reduce stress.

With PreventT2, you get:

- A proven program to prevent or delay type 2 diabetes.
- A CDC-approved curriculum and trained lifestyle coach
- A year-long program with weekly meetings for the first 6 months, then once or twice a month for the second 6 months
- Support from others like you as you learn new skills

Join the PreventT2 program -- so you can keep doing the things you love.

Classes start in August 2021.

CALL OR VISIT US ON THE WEB TODAY. Visit [www.gnrhealth.com/services/community-health/dpp/](http://www.gnrhealth.com/services/community-health/dpp/) to learn how to sign up.



## Health & Wellness

### Reminders

#### School Immunization Requirements

##### Rising 7<sup>th</sup> graders:

- Tdap booster (Tetanus, Diphtheria, and Pertussis (whooping cough))
- MCV4 (Meningococcal ACWY)

##### Rising 11<sup>th</sup> graders (ages 16 years and older):

- MCV4 booster (Meningococcal ACWY)

All vaccines are available at the Newton Public Health Office on Floyd St.

#### COVID-19 Update

Cases are increasing again

It is just as important to follow all CDC directions

- 1) Continue to maintain social distance.
2. Continue mask in indoor public places.
3. FREE COVID-19 Vaccines are available at your doctor's office, the public health department and drug stores for anyone 12 years and over.

### Resident Reminders

1. **Please notify the Housing Authority immediately if there is a change of income, expenses, or household composition. Failure to do this is a violation of the HUD regulations and the House Rules.**

2. Do you think you are having an issue with bed bugs or any pest issue? Please call the CHA office 770-786-7739 and make a service request. Staff are here to help get this situation taken care of. Your well-being and enjoyment of your home is important to us.

3, **Recertification begins in August.** You have been provided with a check list to make sure that you have all required information. Extra copies are available at the CHA entrance. Your cooperation in being prepared will be greatly appreciated by the staff. Recertification packets will be posted

4. CHA staff cannot take work orders from anyone other than the head of household

5. If a key request is entered, the key must be picked up by the head of household. You must show your ID.

6. If a lockout occurs, the door will not be opened for anyone other than the head of household

7. If a resident or their guest's car is towed for being illegally or improperly parked, the charges can range from Light Towing \$175 to \$850 Combo Tow plus Per Day Storage.



**LET'S STAY IN CONTACT AND BE CONNECTED.**

The Covington Housing Authority is on

<https://www.facebook.com/covingtonhousingauthority> FACEBOOK &

<https://www.instagram.com/covingtonhousingauthority> INSTAGRAM