



2019 Drinking Water Report

This report contains important information about your drinking water. Have someone translate it for you, or speak with someone who understands it.

Información importante. Si no la entiende, haga que alguien se la traduzca ahora.

Warbixintan waxay wadataa macluumaad muhiim ah ee la xiriira biyaha aad cabtid. Cid ha kuu tarjunto ama la hadl cid fahmaysa.

Making Safe Drinking Water

Your drinking water comes from a surface water source: purchased water from Minneapolis.

Columbia Heights works hard to provide you with safe and reliable drinking water that meets federal and state water quality requirements. The purpose of this report is to provide you with information about your drinking water and how to protect our precious water resources.

Contact Jim Hauth at 763 706-3711 or jhauth@columbiaheightsmn.gov if you have questions about Columbia Heights' drinking water. You can also ask for information about how you can take part in decisions that may affect water quality.

The U.S. Environmental Protection Agency sets safe drinking water standards. These standards limit the amounts of specific contaminants allowed in drinking water. This ensures that tap water is safe to drink for most people. The U.S. Food and Drug Administration regulates the amount of certain contaminants in bottled water. Bottled water must provide the same public health protection as public tap water.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

Drinking Water Sources

Minnesota's primary drinking water sources are ground-water and surface water. Groundwater is the water found in aquifers beneath the surface of the land. Groundwater supplies 75 percent of Minnesota's drinking water. Surface water is the water in lakes, rivers, and streams above the surface of the land. Surface water supplies 25 percent of Minnesota's drinking water.

Contaminants can get in drinking water sources from the natural environment and from people's daily activities. There are five main types of contaminants in drinking water sources.

Microbial contaminants such as viruses, bacteria, and parasites. Sources include sewage treatment plants, septic systems, agricultural livestock operations, pets, and wildlife.

Inorganic contaminants include salts and metals from natural sources (e.g. rock and soil), oil and gas production, mining and farming operations, urban stormwater runoff, and wastewater discharges.

Pesticides and herbicides are chemicals used to reduce or kill unwanted plants and pests. Sources include agriculture, urban stormwater runoff, and commercial and residential properties.

Organic chemical contaminants include synthetic and volatile organic compounds. Sources include industrial processes and petroleum production, gas stations, urban stormwater runoff, and septic systems.

Radioactive contaminants such as radium, thorium, and uranium isotopes come from natural sources (e.g. radon gas from soils and rock), mining operations, and oil and gas production.

Lead in Drinking Water

You may be in contact with lead through paint, water, dust, soil, food, hobbies, or your job. Coming in contact with lead can cause serious health problems for everyone. There is no safe level of lead. Babies, children under six years, and pregnant women are at the highest risk.

Lead is rarely in a drinking water source, but it can get in your drinking water as it passes through lead service lines and your household plumbing system. Columbia Heights is responsible for providing high quality drinking water, but it cannot control the plumbing materials used in private buildings.

Read below to learn how you can protect yourself from lead in drinking water.

1. **Let the water** run for 30-60 seconds before using it for drinking or cooking if the water has not been turned on in over six hours. If you have a lead service line, you may need to let the water run longer. A service line is the underground pipe that brings water from the main water pipe under the street to your home.
2. **Use cold water** for drinking, making food and making baby formula. Hot water releases more lead from pipes than cold water.
3. **Test your water.** If you are still concerned about lead arrange a laboratory test of your tap water. Testing your water is important if young children or pregnant women drink tap water.
4. **Treat your water** if a test shows your water has high levels of lead after you let it run.

MN Department of Health provides information about your drinking water source in a source water assessment, including:

How Columbia Heights is protecting your drinking water source;

Nearby threats to your drinking water source;

How easily water and pollution can move from the surface of the land into drinking water sources, based on natural geology and the way wells are constructed.

Find your [Source Water Assessment](http://www.health.state.mn.us/communities/environment/water/swp/swa) at www.health.state.mn.us/communities/environment/water/swp/swa or call 651-201-4700 or 1-800-818-9318 between 8:00 a.m. and 4:30 p.m., Monday through Friday.

Resources

You can find out if you have a lead service line by contacting your public water system, or you can check by following the steps at:

<https://www.mprnews.org/story/2016/06/24/npr-find-lead-pipes-in-your-home>.

The only way to know if lead has been reduced by letting the water run is to check with a test. If letting the water run does not reduce lead, consider other options to reduce your exposure.

Contact a Minnesota Department of Health accredited laboratory to get a sample container and instructions on how to submit a sample:

[Environmental Laboratory Accreditation Program](https://eldo.web.health.state.mn.us/public/accreditedlabs/labsearch.seam)
(<https://eldo.web.health.state.mn.us/public/accreditedlabs/labsearch.seam>)

The Minnesota Department of Health can help you understand your test results.

Read about water treatment units: [Point of Use Water Treatment Units for Lead Reduction](https://www.health.state.mn.us/communities/environment/water/factsheet/hometreatment.html)
(<https://www.health.state.mn.us/communities/environment/water/factsheet/hometreatment.html>)

Learn more

Visit [Lead in Drinking Water](https://www.health.state.mn.us/communities/environment/water/contaminants/lead.html)
(<https://www.health.state.mn.us/communities/environment/water/contaminants/lead.html>)

Visit [Basic Information about Lead in Drinking Water](http://www.epa.gov/safewater/lead)
(<http://www.epa.gov/safewater/lead>)

Call the EPA Safe Drinking Water Hotline at 1-800-426-4791. To learn about how to reduce your contact with lead from sources other than your drinking water, visit [Lead Poisoning Prevention](https://www.health.state.mn.us/communities/environment/lead/sources.html):

(<https://www.health.state.mn.us/communities/environment/lead/sources.html>)

Learn more by visiting the Minnesota Department of Health's webpage [Basics of Monitoring and Testing of Drinking Water in Minnesota](https://www.health.state.mn.us/communities/environment/water/factsheet/sampling.html)
(<https://www.health.state.mn.us/communities/environment/water/factsheet/sampling.html>)

Columbia Heights Monitoring Results

This report contains our monitoring results from January 1 to December 31, 2019.

We work with the Minnesota Department of Health to test drinking water for more than 100 contaminants. It is not unusual to detect contaminants in small amounts. No water supply is ever completely free of contaminants. Drinking water standards protect Minnesotans from substances that may be harmful to their health.

How to Read the Water Quality Data Tables

The tables show the contaminants we found last year or the most recent time we sampled for that contaminant. They also show the levels of those contaminants and the EPA's limits. Substances that we tested for but did not find are not included in the tables.

We sample for some contaminants less than once a year because their levels in water are not expected to change from year to year. If we found any of these contaminants the last time we sampled for them, we included them in the tables with the detection date.

We may have done additional monitoring for contaminants that are not included in the Safe Drinking Water Act. To request a copy of these results, call the MN Department of Health at 651-201-4700 or 1-800-818-9318 between 8:00 a.m. and 4:30 p.m., Monday through Friday.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. The developing fetus and therefore pregnant women may also be more vulnerable to contaminants in drinking water. These people or their caregivers should seek advice about drinking water from their health care providers. EPA/Centers for Disease Control guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at 1-800-426-4791.

Water Quality Data Tables

LEAD AND COPPER - Tested at Customer Taps						
Contaminant (Date if sampled in previous year)	EPA's Action Level	EPA's Ideal Goal (MCLG)	90% of Results were less than	# of homes with High Levels	Violation	Typical Sources
Copper	90% of homes less than 1.3 ppm	0 ppm	0.04 ppm	0 out of 30	NO	Corrosion of household plumbing.
Lead	90% of homes less than 15 ppb	0 ppb	2 ppb	0 out of 30	NO	Corrosion of household plumbing.

CONTAMINANTS RELATED TO DISINFECTION - Tested in Drinking Water						
Substance	EPA's Limit (MCL or MRDL)	EPA's Ideal Goal (MCLG or MRDLG)	Highest Average or Highest Single Test Result	Range of Detected Test Results	Violation	Typical Sources
Total Trihalo-methanes (TTHMs)	80 ppb	N/A	19.1 ppb	5.8-15.70 ppb	NO	By-product of drinking water disinfection.
Total Chlorine	4.0 ppm	4.0 ppm	2.38 ppm	1.41-2.85 ppm	NO	Water additive used to control microbes.
Total Haloacetic Acids (HAA)	60 ppb	N/A	20.7 ppb	7.60-30.70 ppb	NO	By-product of drinking water disinfection.

Total HHA refers to HAA5

Definitions

AL (Action Level): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

EPA: Environmental Protection Agency

MCL (Maximum contaminant level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum contaminant level goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum residual disinfectant level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum residual disinfectant level goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

N/A (Not applicable): Does not apply

ppb (parts per billion): One part per billion in water is like one drop in one billion drops of water, or about one drop in a swimming pool. ppb is the same as micrograms per liter (µg/l).

ppm (parts per million): One part per million is like one drop in one million drops of water, or about one cup in a swimming pool. ppm is the same as milligrams per liter (mg/l).

PWSID: Public water system identification.

Reduce Backflow at Cross Connections

Bacteria and chemicals can enter the drinking water supply from polluted water sources in a process called backflow. Backflow occurs at connection points between drinking water and non-drinking water supplies (cross connections) due to water pressure differences.

For example, if a person sprays a herbicide with a garden hose, the herbicide could enter the home's plumbing and then enter the drinking water supply. This could happen if the water pressure in the hose is greater than the water pressure in the home's pipes. Property owners can help prevent backflow. Pay attention to cross connections, such as garden hoses.

The Minnesota Department of Health and American Water Works Association recommend the following:

- Do not submerge hoses in buckets, pools, tubs, or sinks.
- Keep the end of hoses clear of possible contaminants.
- Do not use spray attachments without a backflow prevention device. Attach these devices to threaded faucets. Such devices are inexpensive and available at hardware stores.
- Use a licensed plumber to install backflow prevention devices.
- Maintain air gaps between hose outlets and liquids. An air gap is a vertical space between the water outlet and the flood level of a fixture (e.g. the space between a wall-mounted faucet and the sink rim). It must be at least twice the diameter of the water supply outlet, and at least one inch.
- Commercial property owners should develop a plan for flushing or cleaning water systems to minimize the risk of drawing contaminants into uncontaminated areas.

2019 City of Minneapolis CCR link:

www.minneapolismn.gov/publicworks/water/2020waterquality

Unregulated Substances Monitoring Results

In addition to testing drinking water for contaminants regulated under the Safe Drinking Water Act, we sometimes also monitor for contaminants that are not regulated. Unregulated contaminants do not have legal limits for drinking water.

Detection alone of a regulated or unregulated contaminant should not cause concern. The meaning of a detection should be determined considering current health effects information. We are often still learning about the health effects, so this information can change over time.

The following table shows the unregulated contaminants we detected last year, as well as human-health based guidance values for comparison, where available. The comparison values are based only on potential health impacts and do not consider our ability to measure contaminants at very low concentrations or the cost and technology of prevention and/or treatment. They may be set at levels that are costly, challenging, or impossible for water systems to meet (for example, large-scale treatment technology may not exist for a given contaminant).

A person drinking water with a contaminant at or below the comparison value would be at little or no risk for harmful health effects. If the level of a contaminant is above the comparison value, people of a certain age or with special health conditions - like a fetus, infants, children, elderly, and people with impaired immunity - may need to take extra precautions. Because these contaminants are unregulated, EPA and MDH require no particular action based on detection of an unregulated contaminant. We are notifying you of the unregulated contaminants we have detected as a public education opportunity.

More information is available on MDH's
A-Z List of Contaminants in Water

(<https://www.health.state.mn.us/communities/environment/water/contaminants/index.html>)

Unregulated Contaminant Monitoring Rule (UCMR 4)

(<https://www.health.state.mn.us/communities/environment/water/com/ucmr4.html>)

UNREGULATED CONTAMINANTS – Tested in Drinking Water			
Contaminant	Comparison Value	Highest Average Result or Highest Single Test Result	Range of Detected Test Results
Group of 6 Haloacetic Acids (HAA6Br)	N/A	0.89 ppb	0.58 - 1.64 ppb
Group of 9 Haloacetic Acids (HAA9)	N/A	20.17 ppb	16.44 - 22.20 ppb

Beware of Water Treatment Scams

False claims, deceptive sales pitches, or scare tactics have been used by some water treatment companies. Every person has a right to decide what is best for themselves and their family, and you may choose to install additional water treatment to further lower the levels of contaminants of emerging concern, chlorine, and other chemicals in your water. However, you should be cautious about purchasing a water treatment system. If you are considering the purchase of a home water treatment system, please read the Minnesota Department of Health's recommendations online at Warning: Beware of Water Treatment Scams <https://www.health.state.mn.us/communities/environment/water/factsheet/beware.html>

Help Protect Our Most Precious Resource

The Value of Water

Drinking water is a precious resource, yet we often take it for granted.

Throughout history, civilizations have risen and fallen based on access to a plentiful, safe water supply. That's still the case today. Water is key to healthy people and healthy communities.

Water is also vital to our economy. We need water for manufacturing, agriculture, energy production, and more. One-fifth of the U.S. economy would come to a stop without a reliable and clean source of water.

Systems are in place to provide you with safe drinking water. The state of Minnesota and local water systems work to protect drinking water sources. For example, we might work to seal an unused well to prevent contamination of the groundwater. We treat water to remove harmful contaminants. And we do extensive testing to ensure the safety of drinking water.

If we detect a problem, we take corrective action and notify the public. Water from a public water system like yours is tested more thoroughly and regulated more closely than water from any other source, including bottled water.