

Heights Happenings

RECREATION SUMMER 2014

Columbia Heights

2014 JAMBOREE EVENTS

The 58th Annual Columbia Heights Lion's Club Jamboree & carnival will be held from Wednesday, June 25th - Sunday, June 29th at Huset Park.

Sunday, June 22 • CH Queen Candidates Meet & Greet 1 - 3 p.m. @ Tasty Pizza

Wednesday, June 25 • Tasty Pizza Medallion Hunt - Clues posted twice daily, 11:00 a.m. & 5:00 p.m. @ Tasty Pizza. \$1,000 prize!

Thursday, June 26 • Lion's Beer Garden 5 p.m. - close
• Carnival 5 p.m. - close

Friday, June 27 • Jamboree Parade 6 - 8 p.m., The Parade begins at 45th & Central Ave., and proceeds south to 40th Ave., ending at 5th St.

- Lion's Beer Garden 5 p.m. - 12 midnight
- Carnival 1 p.m. - close

Saturday, June 28 • Adult Softball Tournament all day & the Home-Run Derby @ 7 p.m.

- Athletic Boosters Heights Hustle 5K Run/Walk 7 a.m. check in @ CHHS Track - register at www.active.com
- Climbing Rock Tower 10 a.m. - 2 p.m. @ Huset West
- "Heart of the Beast" FREE puppet show performance - 2:30 p.m. on the Heights Idol Stage at Murzyn Hall
- "Bikes4Kids" special event @ 4 p.m. on the Heights Idol Stage outside of Murzyn Hall
- Erverators (Local Band) 5:00 - 6:15 p.m. Heights Idol Stage (if inclement weather, inside Murzyn Hall)
- Heights Idol @ 6:30 p.m. outside of Murzyn Hall
- Lion's Beer Garden 12 noon - 12 midnight
- Carnival 1 p.m. - 12 midnight
- Fireworks dusk (if rain, Sunday at dusk)

Sunday, June 29 • Adult Softball Tournament
• CH Royalty Coronation 1 p.m. @ Murzyn Hall
• Carnival 1 p.m. - 6 p.m.
• Lion's Beer Garden 12 noon - 6 p.m.

JAMBOREE Hotline
763-706-3789



NEW JAMBOREE EVENT DETAILS

YOUTH ROCK CLIMBING TOWER

sponsored by the CH Recreation Department and the CH Lions Club. From 10:00 a.m. to 2:00 p.m. in Huset Park West just outside of Murzyn Hall. Only \$1! Parent/Guardian must be present and sign a waiver.



IN THE HEART OF THE BEAST PUPPET AND MASK THEATER

FREE Puppet Show Performance "Are you Thirsty" on the Heights Idol Stage outside of Murzyn Hall at 2:30 p.m. Bring chairs or a blanket for your family. Sponsored by the CH Recreation Department.

LOOK INSIDE FOR EXCITING SUMMER PROGRAMS STARTING SOON!



Youth Park Programs, Youth Theater, Puppet Wagon, Wild Wednesday Trips grades 4-9, Tae Kwon Do, Gymnastics, Football, Soccer. Sports clinics for; Football, Tennis, Volleyball, Basketball, and Soccer. Adult classes for Zumba, Aerobics, Crochet, Senior Citizen activities, trips, and exercise.

Sign up online at www.chreconline.org

**FOOTBALL & SOCCER SIGN UP
Now!!! PAGE 7 & 10**

C.H. Recreation Department
 530 Mill Street N.E.
 John P. Murzyn Hall
 763-706-3730
 Office Hours:
 Monday through Friday,
 8:00 a.m. to 4:45 p.m.
 The office will be closed on
 May 26 & July 4, 2014

Recreation Hotline

To better serve the residents of Columbia Heights, the Recreation Department maintains an information and weather phone line. Call (763) 706-3737 anytime, twenty-four hours a day, for a recorded message regarding recreation programs and activities. In the event of inclement weather, facility closure and program cancellation information will also be presented. A decision will not be made for evening programs until 4:30 p.m. Call our information line at (763) 706-3737.

Park & Recreation Commission

Chair: Eileen Evans

Commission Members:

Sean Clerkin, Jr., Tom Greenhalgh,
 Stan Hoium, Kevin McDonald,
 David Payne, Marsha Stroik

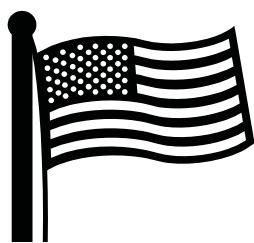
Council Representative:

Gary Peterson

Summertime

Photo Policy:

Photographs and videos are periodically taken of participants while they are engaged in programs, special events, or enjoying the parks. Please be aware that these photos may appear in the local newspapers, on local cable television, and/or Recreation Department publications.



Recreation Information

Columbia Heights Recreation Mission Statement

The mission of the Columbia Heights Recreation Department is to provide recreational and service opportunities for all ages.

REGISTRATION INFORMATION

***New Online Registration at www.chreconline.org.** Registrations accepted in person or via mail at Columbia Heights Recreation, John P. Murzyn Hall, 530 Mill Street N.E., Columbia Heights, MN 55421. Drop box for after hours on east side of building. You may also register over the phone for most activities with a Discover, Visa, or Master Card payment by calling 763-706-3730.

- Please fill out a separate registration form for each participant.
- Please make checks payable to: City of Columbia Heights.
- Confirmation: Assume registration is confirmed. You will be notified only if the class is canceled or already filled.

Participants Scholarship:

Apply at the office for assistance if unable to pay for an activity. The scholarship will cover 75% of the program fee (maximum discount is \$25); the remaining 25 percent needs to be covered by the participant's parent or guardian. Please bring a copy of your Federal income tax or school district free lunch form for verification. Only one scholarship per child per newsletter.

John P. Murzyn Hall Rental Information

John P. Murzyn Hall (JPM), operated by the Recreation Dept., is available for rental by the general public during non-programmed times. Reserve JPM for wedding receptions, meetings, parties, banquets, etc.

Our facility offers a spacious banquet hall that comfortably accommodates groups of up to 375 people. Several meeting rooms are also available for rentals. See more photos of Murzyn Hall on our website at:

www.ci.columbia-heights.mn.us.



Also located at JPM is the C.H. Senior Center and Recreation Office.

We invite you to tour our facility or call 763-706-3737 for the Murzyn Hall information line. Reservations may be made Monday through Friday from 8:00 a.m. to 4:45 p.m. at 763-706-3734, or in person at the Recreation Office located in Murzyn Hall.

Recreation Programs

3

HYLANDER CENTER

City Fitness Facility



WHAT: The exercise room contains 2 treadmills, 3 elliptical machines and various weight machines. Open gym when not in use for programming.

WHO: Adults & Youth, Residents/Non-Residents

WHEN: Monday - Friday 9:00 - 11:00 a.m.

Mondays - Thursdays 6:00 - 8:30 p.m.

Saturdays 9:00 - 12:00 p.m.

Sundays 11:30 - 2:30 p.m.

**Closed if hosting a tournament and on holidays*

Calendar available at www.ci.columbia-heights.mn.us

WHERE: Hylander Center - East Door #38
1300 49th Avenue, located on the North side of the swimming pool at the CH High School.

COST: \$1 Daily drop in
\$10 monthly pass for adult Residents
\$20 monthly pass for adult Non-Residents

Calendar available at www.ci.columbia-heights.mn.us,
the Hylander Office 763-528-4495 & CH Recreation Dept., 763-706-3730.



FREE - Youth After School Open Gym

MONDAYS: COLUMBIA ACADEMY 3:30-5:30 P.M.

****ENDS MONDAY JUNE 9**

THURSDAYS: CH HIGH SCHOOL 3:30-5:30 P.M.

****ENDS THURSDAY JUNE 5**

Golden Gloves Amateur

Boxing Program

Registration @ Firehouse Gym \$25

Saturday, June 21 3:30 - 5:30 p.m.

Monday, June 23 5:00 p.m.

555 Mill St. (763)706-3659

email: firehousegymgg@gmail.com

Open to boys and girls. Jr Golden Gloves 8 to 15, Senior Boxers 16 to 25. Golden Gloves has an outstanding reputation for developing discipline, team work, leadership, physical fitness, self defense and confidence.



8th Annual HEIGHTS IDOL

Join the Heights Idol Round 1 participants for a FREE performance on **May 15th** at Murzyn Hall-please be apart of our audience! Cheer on your favorite contestant.

HEIGHTS IDOL JAMBOREE Round 2

Saturday June 28 at 6:30 p.m., FREE performance on the outdoor stage @ Murzyn Hall.

New youth & adult acts are welcome! Cash Prizes & Trophies will be awarded. More info, call 763-706-3730.



Miss Columbia Heights 2014

It could be you!! The Columbia Heights Royalty Program is back. We will be participating in local parades this summer, come join the fun. Applications are now being accepted for girls and young ladies who live or work in Columbia Heights School District

Boundaries. Ages: **Little**

Miss 6 - 8 years

Junior Miss 5th grade - 9th grade

Miss Columbia Heights
ages 17 - 22

Please call Sue at 763-789-2334 or find an application on the City Web site. Applications due by May 19th.

Summer Theater & Park Programs

- Mini Safety Camp -
- Kids Summer Spectacular!
- Kick off the start of summer, come hang out with your friends & meet the summer park program leaders! Join us for a great day with CH Police & Fire safety camp, the **National Army Guard Obstacle Course**, lunch provided by Rec Dept., and soccer fun with the Sanneh Foundation. Canceled if inclement weather.
- **Who:** Youth entering 1st - 8th grades
- **Where:** Check in at Murzyn Hall at 10:00 a.m.
- **When:** Friday, June 13th
- **Time:** 10:00 a.m. - 3:00 p.m. outside in Huset Park
- **Fee:** Only \$5.00 !! Preregistration is required
- **Session #** 1144-14



Register @ www.chreconline.org

Puppet Wagon Puppeteers 4th - 8th Grade

**Mondays, Tuesdays, Thursdays & Fridays
9:00 - 11:30 a.m.**

*Become a puppeteer for the Traveling Puppet Wagon. Monday & Tuesday rehearse for the puppet show. Thursday & Friday you will perform the puppet show for kids at local parks. Min 3/Max 5. You may sign up for one or more weeks. Registration deadline is two weeks prior to the week(s) of choice.

Who: Youth entering 5th - 8th gr. **Fee:** \$5 per week

Dates:

Week 1	June 16 - 20	Session # 1160-14
Week 2	June 23 - 27	Session # 1161-14
Week 3	June 30 - Thr. July 3	Session # 1162-14
Week 4	July 7 - 11	Session # 1163-14
Week 5	July 14 - 18	Session # 1164-14
Week 6	July 21 - 25	Session # 1165-14
Week 7	July 28 - Aug 1	Session # 1166-14

Time: 9:00 - 11:30 a.m. **Location:** Meet at Murzyn Hall, Preschool Room (use back entrance)

The Glitter-Bugs

Children 4 yrs old & Kindergarten

Mondays, Tuesdays, Thursdays & Fridays

June 16 - August 8

Join us at this exciting summer playground program for children 4 years old & entering Kindergarten. Participate in games, arts & crafts, swimming, music, Blooming Hites edible garden, storytelling, and special events! Fee includes supervision, supplies and equipment. Min 10/Max 25. **Register early - sessions fill quickly!**

Who: Children 4 years old & entering Kindergarten

When: Mon., Tues., Thr., & Fri.

Time: 9:15 - 11:15 a.m. **Fee:** \$35 per session

***Sign up for both sessions by May 23rd only \$65

Dates: No session July 4th

Session I: June 16 - July 11

Location: Session # Ramsdell Park- # 1106-14

Session II: July 14 - Aug. 8

Location: Session # Ramsdell Park- # 1108-14



Dyno-Hites

**1st - 3rd Grade Mondays, Tuesdays,
Thursdays & Fridays June 16 - August 8**

*This fun-filled summer playground program is offered to children entering 1st, 2nd & 3rd grades. Activities include arts & crafts, group games, swimming, sports, Blooming Hites edible garden, and special events! Fee includes supervision, supplies & equipment. Min 12/Max 30.

Register early - sessions fill quickly!

Who: Youth entering 1st - 3rd gr.

When: Mon., Tues., Thr., & Fri.

Time: 9:00 - 11:30 a.m. **Fee:** \$35 per session

***Sign up for both sessions by May 23rd only \$65

Dates:

Session I: June 16 - July 11 * No session July 4

Location: Session # Huset Park- # 1109-14

Session II: July 14 - August 8

Location: Session # Huset Park- # 1111-14

Summer Theater & Park Programs

5

S.P.A.R.K.S (Summer Parks & Recreation Kids Spectacular) 4th & 5th Grade

Mondays, Tuesdays, Thursdays, Fridays
June 16 - August 8

*The S.P.A.R.K.S program is full of fun, excitement, adventure and friends! This afternoon program for youth entering 4th & 5th grade includes participation in all types of sports, group games, arts & crafts, community service projects, swimming, frequent **DAY TRIPS** and more! **Back for the 9th year Tag Rugby on Tuesdays, Open Gym Time at the City Gym, FREE Lunch Fridays at Community United Methodist Church.** Fee includes supervision, supplies & equipment. Min 8/Max 20. **Register early - sessions fill quickly!**
Sign up both sessions by May 23rd \$80



Who: Youth entering 4th & 5th grade
When: Monday, Tuesday, Thursday & Friday
Time: 1:00 - 4:00 p.m. **Location:** McKenna Park
Fee: \$45 per session

Session I: # 1115-14

Dates: June 16 - July 11 *No July 4

Session II: # 1117-14

Dates: July 14 - August 8



**SUMMER
ADVENTURE**

* These initiatives are funded in part with a grant from the MN Department of Education using federal funding, CFDA 84.287c, 21st Century Community Learning Centers.

T.N.T. (Teens-N-Togetherness) 6th - 8th grade

Mondays, Tuesdays, Thursdays, Fridays
June 16 - August 8

*T.N.T. youth entering 6th, 7th & 8th grades will enjoy afternoons filled with all types of sports, group games, arts & crafts, community service projects, swimming, **FREQUENT DAY TRIPS** to near by beaches and more! We strive for a positive environment incorporating sportsmanship, teamwork and an appreciation for diversity. **Back for the 9th year, Tag Rugby on Tuesdays, Open Gym Time at the City Gym, FREE Lunch Fridays at Community United Methodist Church.** Special canoe day at Silverwood Park, Three Rivers Park District. Opportunities to be a part of the Moonshoe Dessert Theater, and Session II the Mill Street Players Dinner Theater. Fee includes supervision, supplies and equipment. Min 15/Max 40. **Register early - sessions fill quickly!**
Sign up both sessions by May 23rd \$80

Who: Youth entering 6th, 7th & 8th grade
When: Monday, Tuesday, Thursday & Friday
Time: 1:00 - 4:00 p.m.
Location: Murzyn Hall, Prestemon Room, please use the back entrance.
Fee: \$45 per session

Session I: # 1119-14

Dates: June 16 - July 11 *No July 4

Session II: # 1120-14

Dates: July 14 - August 8

TRAVELING PUPPET WAGON PERFORMANCES

*Join the traveling puppet wagon for it's 12th season! Performances are approximately 30 minutes long and will include a puppet play, jokes, story telling, and time to meet the puppeteers and puppets. Bring your friends, family, especially children under the age of 7, and a comfy blanket to watch the show. In case of rain please call the Rec. Dept. at 763-706-3730 to check on show status. **FREE** shows, open to the public.

JUNE 19 - AUGUST 1 (NO SHOW JULY 4)

JUNE 28TH SPECIAL PERFORMANCE BY HEART OF THE BEAST FOR THE JAMBOREE FESTIVAL AT 2:30 PM HEIGHTS IDOL STAGE AT MURZYN HALL

<u>Day</u>	<u>Park</u>	<u>Address</u>	<u>Time</u>
Thursday	Huset Park	3965 Jefferson St. NE (at the pavilion)	9:45 a.m.
Thursday	Ramsdell Park	4956 Johnson St. NE (near shelter)	10:45 a.m.
Friday	McKenna Park	4757 7th St. NE (near shelter)	9:45 a.m.
Friday	Ostrander Park	1500 40th Ave. NE (near shelter)	10:45 a.m.

Theater in the Park

3rd - 6th Grade

Tues. June 3 & Wed. June 4, 5-7 p.m.

Tues., Thur. & Fri, June 12 - 25

*We proudly present the 15th season of

Theater in the Park

with Ryan Haenze & Patrick McNamer, for youth entering 3rd-6th grades. All that is

required for participants is the commitment to do your best! This program is a great introduction in an informal setting to theater, incorporated with team building skills, creative thinking, building self-confidence, having fun and making new friends! Note: additional dress rehearsals may be added. Min 8/Max 20. Reg. deadline: May 23. **Dress rehearsal:** Tuesday June 24th, 4:30-6:30 p.m.

Who: Youth entering 3rd - 6th gr.

Dates: June 3 & 4, 5:00 - 7:00 pm,
June 12 - 25, Tuesdays, Thursdays & Fridays

Time: 1:00 - 3:30 p.m.

Location: Murzyn Hall, Theater room (please use back entrance)

Fee: \$35 **Session #** 1150-14

Performance: Wednesday, June 25th, at 7:00 p.m.
Murzyn Hall Stage



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Moonshoe Players

6th - 8th Grade

Tuesdays, Thursdays & Fridays

June 12 - July 10

*Join us for the 10th season of the Moonshoe Players dessert theater experience. This acting group is made up of youth entering 6th-8th grade. The program is an excellent opportunity for middle school youth to have fun, learn new theater skills, practice existing skills, build self-confidence and make new friends! If you aren't quite into the acting part of Moonshoe, please consider being a part of our very important stage, lighting and sound crew. *Note: additional rehearsals may be added prior to performance dates, upon director's discretion.* Reg. deadline: Wednesday, May 21

Also, the Moonshoe Players & TNT will be a part of the Mill Street Dinner Theater wait staff performance on Thurs., Aug. 14 at 7:00 p.m.

Dress rehearsals: July 7 & 8, 4:30 - 6:30 p.m.

Who: Youth entering 6th - 8th gr.

Dates: June 12 - July 10 *No July 4

Time: 1:00 - 4:00 p.m.

Location: Murzyn Hall, M & M room (please use back entrance)

Fee: \$40 **Session #** 1152-14

Dessert Theater Performance: Thursday, July 10 at 7:00 p.m. Murzyn Hall Stage

* High School Volunteers Welcome & Wait staff needed!



The Mill Street Players

9th Grade & Up

Tuesdays, Thursdays & Fridays

July 15 - August 14

*Back for the 5th year "The Mill Street Players." This summer class is being offered to our returning theater buffs and also to anyone new! This troupe will be doing a murder mystery dinner theater performance open to the public for \$10 per ticket. *Note: additional rehearsals may be added prior to performance date.*

Min 8/Max 15. Reg. deadline: Tues. June 24th

The Mill Street Players will be part of the wait staff for the Moonshoe Players Dinner Theater performance on Thur., July 10 at 7:00 p.m.

Who: Youth entering 9th gr. & up

Dates: July 15 - August 14 **Time:** 1:00 - 4:00 p.m.

Location: Murzyn Hall, Theater room (use back entrance)

Fee: \$40 **Session #** 1153-14

Dress Rehearsals: August 11 & 13 **Time:** 4:30-6:30 p.m.

Dinner Theater Performance: Thurs. Aug. 14 at 7:00 p.m.
Murzyn Hall Stage



Youth Athletics & Clinics

7

Hylander Football Clinic

Youth entering 1st - 8th grade

Students entering 1st through 8th grades will learn the basic fundamentals of football. CH Varsity Football Coaching Staff will teach proper stance, passing techniques, receiving techniques, pass patterns, kicking and form running. Camp participants will also be instructed on the various offensive and defensive positions on the football field. This is a "Non-Padded" football camp.

Where: CH High School Football Field

When: Tuesday - Thursday, July 29 - 31

Time: 6:00 - 7:30 p.m. **Who:** 1st - 8th Grade

Session # 2075-14

Fee: Early Bird Special \$25, After June 20th \$35

Girls & Boys Basketball Clinic

EARLY BIRD REGISTRATION ... SAVE \$10!

CHHS Boys Varsity Coach Troy Russell, staff and players will lead participants through fundamentals and techniques of the game. Instruction will be given on shooting, offensive skills, passing, dribbling, free throws, as well as other basketball skills.

Who: Girls & Boys 3rd - 8th grade

Where: Hylander Center City Gym

When: Monday, July 7 - Thursday, July 10

Time: 6:30 - 8:30 p.m. **Session #** 1596-14

Fee: Early Bird Special \$30 After June 9, \$40

Spring Tennis Clinic

May 12, 14, 19, 21, Tues 27, Wed 28

Where: C.H. Middle School Tennis Courts

Session # 2201-14 **Grades** 3-5, 5:00 - 6:00 p.m.

Session # 2202-14 **Grades** 6-8, 4:00 - 5:00 p.m.

Fee: \$35 Bring your own racket and tennis shoes



SOCCER & GYMNASTICS

SIGN UP ON PAGE 10

Little Tigers - Martial Arts Kids ages 3-6

Who: Youth Ages 3 - 6 years old **Time:** 5:30 - 6:00 pm

Where: Edgemoor Rm, lower level Murzyn Hall

When: Summer 6 week **Session:** Thursdays, June 19 - July 31 *No July 3

Session # 2234-su14 **Fee:** \$45

Tae Kwon Do Ages 6 & up

Who: Ages 6 years old & up **Where:** Edgemoor Rm, lower level Murzyn Hall

When: Summer 8 week **Session:** Thursdays, June 12 - August 7 *No class July 3

Level 1: No belt or White belt **Time:** 6:00 - 6:45 pm **Fee:** \$54 **Session #** 2235-su14

Level 2: Yellow belt & higher **Time:** 6:45 - 7:30 pm **Fee:** \$54 **Session #** 2236-su14

YOUTH FOOTBALL

The CH Youth Football program will be playing in the Twin Cities North Youth Football League. Grades 2 & 3, 4, 5, 6 are assigned to a team based on grade level, regardless of weight. Weight restrictions enforced for: quarterback, running back, wide receiver and tight end. **Volunteer Coaches Needed (clinic with Varsity Coach)

Dates: Practices start the week of August 4th. Games are in early September through October. There are approximately 2 practices and 2 games a week.

Fee: \$60 per participant and \$100 uniform deposit fee. Helmet, shoulder pads, game & practice jersey and pants provided by the Rec. Dept. **Players buy their own shoes and mouth guard.**

Session # 2005-14 - 2nd & 3rd Grade

Session # 2010-14 - 4th Grade

Session # 2015-14 - 5th Grade

Session # 2020-14 - 6th Grade

*7th & 8th Grade Football register at the CH High School Activities Office - Hylander Center or online (www.colheights.k12.mn.us/activities/athletics) June - August. Questions call 763-528-4511. Equipment provided. Practices start the week of August 11th.



FOOTBALL VOLUNTEER COACHES CLINIC

with Varsity Coach Townsend and staff. Date to be announced. Instruction will include common formations on the field and the Varsity Playbook adapted for youth.

Girls Volleyball!

Coach Melissa Franzen will instruct on setting, hitting, passing, serving, & teamwork. **Where:** Hylander Center City Gym

When: Tues. & Thur., May 13, 15, 20, 22 **Fee:** \$35 **Grades** 3-8, 7:00 - 9:00 p.m. **Activity #** 1307-14



Wild Wednesday Trips 4th - 9th Gr.

EACH CHILD IS REQUIRED TO WEAR A PROGRAM T-SHIRT ON EVERY TRIP.
Purchase shirts for \$8 at the Rec. Dept. T-shirts given out on trip days will be billed to parent/guardian. Student Minimum of 35/Maximum of 50 on each Wild Wednesday Trip.

Valleyfair

Wednesday June 18

*Don't miss the thrill & chills of Valleyfair! It's sure to be a day filled with fun, rides, games, IMAX shows and sun. Experience 7 roller coasters and don't miss Power Tower - 275 feet of extreme scream. Bring a **Bag Lunch** or purchase lunch at the park. **Reg. deadline June 11**

Pick up/Drop off site:	Depart	Return
Murzyn Hall	9:25	4:35
McKenna Park	9:35	4:25
Keyes Park	9:45	4:15
Fee: \$18 what a deal! Session # 1136-14		

MN ZOO & IMAX

Wednesday June 25

*Start the day off with the 3D IMAX movie "Lemurs" and explore the zoo with more than 2,000 animals, representing more than 350 species. **Bring a bag lunch or buy concessions. Reg. deadline June 18**

Pick-up/Drop off site:	Depart	Return
Murzyn Hall	9:00	4:30
McKenna Park	9:10	4:20
Keyes Park	9:20	4:10
Fee: Only \$6! Session # 1135-14		

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MN TWINS VS. Royals

Wednesday, July 2



*Take part in the deal of the summer! Cheer on the TWINS for a great afternoon of MN Baseball at Target Field! Participants must wear their CH Wild Wednesday T-shirts. *Eat lunch before coming, group concession visits will be limited.* Game starts at 12:10 p.m. **Reg. deadline June 25**

Pick-up/Drop off site:	Depart	*Return
Murzyn Hall	10:40	4:20
McKenna Park	10:50	4:10
Keyes Park	11:00	4:00

***Return approximately 45 min after game ending**
Fee: Only \$5! **Activity #** 1137-14

Edina Aquatic Center

Wednesday July 9

*Don't miss the fun at this pirate-themed aquatic center. Glide over the water on a high-flying cable and ride the twisting water flume. Pirate's Plunge features a 207 ft body slide and 300 ft tube flume for single, double & triple riders! **Bring a Bag Lunch**, swimsuit, towel and money for snacks if you wish! **Reg. deadline July 2**

Pick up/Drop off site:	Depart	Return
Murzyn Hall	10:40	4:20
McKenna Park	10:50	4:10
Keyes Park	11:00	4:00
Fee: \$7 Session # 1139-14		

Cascade Bay Water Park

Wednesday July 16

*Spend the day at one of Minnesota's largest outdoor water parks. Cascade Bay has two water slides, two body flumes, a lazy river and more. **Bring a Bag Lunch**, swimsuit, towel and money for snacks if you wish! We will eat lunch before we enter the park at 11:45.

Reg. deadline July 9

Pick up/Drop off site:	Depart	Return
Murzyn Hall	10:40	4:30
McKenna Park	10:50	4:20
Keyes Park	11:00	4:10
Fee: \$8 Session # 1140-14		

Register at www.CHRECONLINE.ORG

Wild Wednesday Trips 4th - 9th Gr.

9

AUGUST ADVENTURE DAYS

Bunker Beach

Wednesday July 23

*Bunker now features 6 towering water slides, 900 ft lazy river, activity pool & climbing wall, a zero-entry pool with a water play structure, a creative sand play area, and as always, Minnesota's largest outdoor wave pool! Ride the waves on a tube for a \$2 rental fee for 2 hours. **Bring a BAG LUNCH**, or money for concessions if desired, swimsuit & towel. **Reg. deadline July 16**

Pick up/Drop off site:	Depart	Return
Murzyn Hall	10:10	4:20
McKenna Park	10:20	4:10
Keyes Park	10:30	4:00
Fee: \$10 Session # 1138-14		

Wild Mountain

Wednesday July 30

*Spend a day in Taylors Falls with a Super Day Pass, an unlimited ride pass for all water and dry rides. Ride the Hydro-Tube, Super-Chute, Hydro-Whip, Wild Rapids, Alpine Slide, Go-Karts and more! Bring a swimsuit, towel and a **Bag Lunch** or purchase lunch at the concession stand. **Reg. deadline July 23**

Pick up/Drop off site:	Depart	Return
Murzyn Hall	9:10	4:30
McKenna Park	9:20	4:20
Keyes Park	9:30	4:10
Fee: \$16 Session # 1141-14		



NICKELODEON UNIVERSE

Wednesday August 6

*Enjoy a day of thrills and chills at Nickelodeon Universe, the largest indoor amusement park in the nation. The park is home to 7 acres of fun with more than 30 remarkable rides and attractions. Each participant will receive a 5-hour unlimited ride pass! **Bring a bag lunch or money for the foodcourt. Reg deadline July 30**

Pick up/Drop off site:	Depart	Return
Murzyn Hall	9:40	4:20
McKenna Park	9:50	4:10
Keyes Park	10:00	4:00
Fee: \$14 Session # 4160-14		

Lilli Putt Miniature Golf & Go Carts

Monday, August 11 4th - 9th grade

*Lilli Putt is the hottest mini golf course in the Twin Cities, complete with mini castles and river obstacles. We have 18 holes to test your putting skills. Cool off on our bumper boats (with built in water squirts!) and race your friends on our go kart track! **Bring a bag lunch** and extra \$ if you like. Min 8/Max 24. **Registration deadline July 28**



Who: Youth entering 4th - 9th Grade

Drop Off: 10:15 **Van leaves:** 10:30 **Pick-Up:** 2:00

Fee: \$7 **Session #** 1142-14

Zero Gravity

Tuesday, August 12 4th - 9th grade

*Jump, spin & flip and this elite indoor trampoline park. Gravity Zone has multiple trampolines connected together to experience free jumping where you can bounce off the walls. Gravity Force dodge ball, Slam Dunk basketball and Gravity Cavity foam squares pit. Wear comfortable clothing. **EAT BEFORE you come!!!** Min 8/Max 24. **A waiver must be signed by parent/guardian. Registration deadline July 29**



Who: Youth entering 4th - 9th Grade

Drop off: 12:50 **Van leaves:** 1:05 **Pick up:** 3:50

Fee: \$11 **Session #** 2408-14

Cheap Skate

Wednesday, August 13 3rd - 6th grade

*Join us for an afternoon of roller skating fun for first timers or those who have done it before. Hot dog, chips, and beverage included for lunch. Bring extra money for more food or any arcade games. Min 8/Max 24. **Registration deadline July 30.**

Who: Youth entering 3rd - 6th grades

Drop off: 11:15 **Van leaves:** 11:30 **Pick up:** 3:00

Fee: \$6 **Session #** 1143-14

Jr. Hylander Soccer Clinic - Boys and Girls 1st - 8th Grade

The SANNEH Foundation will lead boys and girls, grades 1st - 8th in soccer basics. Their goal is to work in partnership with schools & communities utilizing soccer as a tool to cultivate leadership, fight racism, serve the community and prepare youth for success. *****Take advantage of this special price for your soccer player to develop their skills!***

Where: Huset Park **When:** Mon. - Thur. July 21 - 24

Who: 1st - 8th grade **Time:** 6:00 - 7:30 p.m.

Fee: \$5 !!! **Session #** 1820-14

Fall Co-Ed Soccer

The focus of this soccer program is skill development and fun for boys and girls entering grades 1-6. Games will be played against the communities of St. Anthony and New Brighton.



Volunteer coaches needed!

Fee: \$35 **Dates:** Starting the week of Aug. 11.

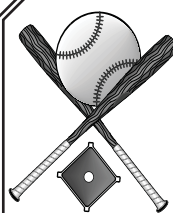
Practices once or twice a week, games Saturday mornings.

Time: Games vary between 8:00 a.m. and 12:00 noon on Saturdays.

Session # 1825-14 Mites 1st - 2nd grades, Max 33

Session # 1835-14 Squirrels 3rd - 4th grades, Max 28

Session # 1845-14 Pee Wees 5th - 6th grades, Max 32



COLUMBIA HEIGHTS JAMBOREE TOURNAMENT

MEN'S SLOW PITCH SOFTBALL

Double Elimination - 16 Teams

JUNE 28th - 29th

1st Place - \$250 and trophy 2nd Place - \$150

Entry Fee of \$150 Session #5099-14

Contact Keith for details 763-706-3732.

ZUMBA™

Ditch the workout and join the party! Zumba™ involves dance and aerobic elements derived from latin steps such as Salsa, Merengue, Reggaeton, Cumbia, and much more. This party will help build strength, improve motion and posture, socialize, and most of all have fun while burning anywhere from 500-1000 calories! Anna has been teaching for over 3 years & can't wait to see you in class!

When: Sat: May 10, 17, 31, June 7, 14, 28, July 12, 19

Who: Adults **Time:** 9:30-10:30 a.m.

Where: Edgemoor Room, lower level Murzyn Hall

Fee: \$40 **Activity #** 5100-su14



GYMNASTICS @ MURZYN HALL

Jolene Miske is the Varsity Gymnastics Coach. Class Rules - Attire: leotard or tank top and fitted athletic shorts, hair neatly pulled back, Please No gum or street shoes/socks. Parents are to wait in the waiting area. Parents will be able to watch the First and Last Class! 4 weeks.

Where: All classes are held in the Edgemoor Room, lower level Murzyn Hall

WEDNESDAY SESSIONS - May 28 - June 25 (No class June 11)

Mommy & Me 18 mo. - 2 1/2 Year Olds | 30 Min Class | 4:00-4:30 Wednesdays | Fee: \$18 | Activity # 1199-su14

Mighty Tykes 3 Year Olds | 30 Min Class | 4:30-5:00 Wednesdays | Fee: \$18 | Activity # 1200-su14

Mighty Tykes 4 & 5 Year Olds | 45 Min Class | 5:00-5:45 Wednesdays | Fee: \$20 | Activity # 1201-su14

TUESDAY SESSIONS - May 27 - June 24 (No class June 10)

Shooting Stars (lvl 1) Ages around 5-8 | 45 Min Class | 4:30-5:15 Tuesdays | Fee: \$20 | Activity # 1202-su14

Starting cartwheels, support on the bars, and the beginnings of walking certain ways and jump on the balance beams.

Springers (lvl 2) Ages around 5-9 | 45 Min Class | 5:15-6:00 Tuesdays | Fee: \$20 | Activity # 1203-su14

In this class the kids will learn the following skills without assistance or the use of mats to aid them before they can move up. Forward and backward rolls on floor, small handstand and cartwheels, pulling over and under on the bars. Rolls and cartwheels on low/floor beams, and run and hurdling into beginner vaults.

Leapers (lvl 3) Ages around 6-10 | 60 Min Class | 6:00-7:00 Tuesdays | Fee: \$20 | Activity # 1204-su14

Work on some of the following skills: handstands, front to back cartwheels, rolls with straight arms and legs, backhip circles and underswings on bars, cartwheel and easy jumps on beam, and running into rolls and handstand on vault.

REGISTRATION INFORMATION

11

PARTICIPANT INFORMATION *Use a separate form for each participant* Please print & complete all information
Mail or Bring to: **Columbia Heights Recreation, 530 Mill Street N.E., Columbia Heights, MN 55421 ph: 763-706-3730**

Participant Last Name: _____ First Name: _____
Grade: _____ Birthdate: _____ Male or Female: _____ Email Address: _____ State: _____ Zip: _____
Address: _____ City: _____ Home Phone: _____ Work Phone: _____
Parent/Guardian: _____ Cell Phone: _____
Additional Info/Special Needs: _____ School: _____
Emergency Name & Phone #: _____

ACTIVITY / PROGRAM INFORMATION

Activity Name	Activity Location	Activity #	Fee
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
*Make Checks payable to "City of Columbia Heights"			Total Due =

DATA PRIVACY ADVISORY: By signing below, I understand that this information will only be made available to program staff, the City's insurer and attorney, and to others connected with the program for the purposes of administering the activity and providing me with the notice of scheduling changes.

I, The Undersigned, participant, do hereby agree to participate in the aforementioned activity(ies), and I further agree to indemnify, and hold the City of Columbia Heights harmless from and against any and all liability for any injury which may be suffered by the aforementioned individual(s) arising out of, or in any way connected with, participation in this activity.

Parent/Guardian or Adult Participant Signature: _____

FOR OFFICE USE ONLY

Amt. Paid _____ Date _____ Cash _____ Check # _____ Charge _____ Initial _____
Uniform Deposit (if needed) Cash _____ Check # _____
Notes: _____

Crochet Fun May - August

Learn to crochet, get some new ideas, patterns or just visit while you crochet. Join the fun, bring your own projects or try some quick, easy kits that can be purchased from instructor, Beth Ann. Free "how to" sheets and patterns available. Come to learn or just to set time aside to crochet.

Who: Adults 18 & over

Where: Keyes Rm, Murzyn Hall

Time: Thursdays, 6:30 - 8:00 p.m.

When: May 1 - June 19 No May 22

Session # 2653-su14

When: July 10 - Aug. 28

Session # 2654 **Fee:** \$10

**ADULT AEROBIC DANCE**

Enjoy this vigorous and fun exercise class that will help you get in shape and stay in shape. Class uses low impact dance steps for a motivating workout. Wear aerobic shoes and loose, comfortable clothes. Bring a mat or blanket for floor exercises. Class is held at Murzyn Hall, Main Hall.

Tuesdays

Date: June 17 - Aug. 26

***No Class July 8,
Aug 12**

Time: 6:30 - 7:30 p.m.

Session# 8206-su14

Costs: \$ 24.75 - 9 classes

Thursdays

June 19 - Aug. 28

***No Class July 10
July 31, Aug 14**

Time: 6:30 - 7:30 p.m.

Session# 8207-su14

Costs: \$ 22.00 - 8 classes

SENIOR CENTER

The CH Senior Center, (lower level of Murzyn Hall, 530 Mill Street NE.) provides educational, social and recreational programs to those 55 years and older in the community. The center is open Monday - Friday from 9:00 a.m. to 4:00 p.m. and is handicapped accessible. • For more information 763-706-3735.

SENIOR HIGHLIGHTS

This monthly newsletter informs seniors of the programs, classes & special events being offered. Available at the Senior Center, Recreation Office, CH Public Library, City Hall and city website www.ci.columbia-heights.mn.us.

GOLDEN AGE CLUB

The Golden Age Club is a social group that meets the first and third Thursday of every month, 11:45 a.m. to 1:30 p.m. Yearly membership fee = \$20.

BOCCE BALL

Our outdoor bocce ball group meets on Monday mornings at 9:30 a.m. on the courts located behind Murzyn Hall. No experienced needed, we play for fun. Be at the courts by 9:20 a.m. so we can organize the teams.

WALKING CLUB

We've added some new walking groups along with the original, please call to find out details on each one.

CHORES & MORE

Senior citizen household services (sliding fee) including house cleaning, lawn raking and minor repairs, call 763-502-5151 Monday through Friday.

SENIOR OUTREACH

Anoka County resources assistance 763-783-4741.

**STOMPIN' AT THE HALL
55 YEARS AND OLDER**

Increase your energy! Improve your flexibility and circulation through walking, stretching, and exercising at a level that is safe for you. Wear aerobic shoes and loose, comfortable clothes. Bring a mat or blanket for floor exercises. You may choose one, two or all three sessions. Men and women welcome. Classes are held at Murzyn Hall, Main Hall.

Mondays

Date: June 16 - Aug 25

***No Class July 7,
Aug. 11**

Time: 9:00 - 10:00 a.m.

Session# 8202-su14

Cost: \$ 24.75 - 9 classes

Thursdays

June 19 - Aug. 28

***No Class July 10,
July 31, Aug. 14**

Time: 9:00 - 10:00 a.m.

Session# 8204-su14

Cost: \$ 22.00 - 8 classes

BLOOD PRESSURE

Blood Pressure is checked free of charge on the second Friday of every month in the Senior Center from 9:00 a.m. to 10:00 a.m. Provided by the CH Fire Department.

TRIPS AND OUTINGS

Enjoy the exciting sights and sounds of the metro and surrounding areas. Theaters, concerts, luncheons, tours and special places of interest will be visited. If you are interested in being on our mailing list, please call 763-706-3730 to leave your name and address.



Information

12

Please register early for all Recreation programs so that we can ensure each program will be a success!



Register for all programs:
www.chreconline.org
Columbia Heights Recreation
530 Mill Street 763-706-3730



Benvenido

INFORMACION DE LA INSCRIPCION

*Inscripción en línea al www.chreconline.org. Las Inscripciones son aceptadas en persona o a través de correo regular dirigido a Columbia Heights Recreation, John P. Murzyn Hall, 530 Mill Street N.E., Columbia Heights, MN 55421. Puede pagar en efectivo o con cheque. La caja de correos para depositarlo después de las horas de atención esta localizado en la parte este del edificio. También puede inscribirse a través del teléfono llamando al 763-706-3730, y puede pagar con tarjeta de crédito: Discover, Visa, o Master Card.

Los Participantes de la beca: Aplique en nuestra oficina para la ayuda si es que no puede pagar una de las actividades. La beca cubrirá el 75% del costo del programa (descuento máximo es de \$25); el 25% restante tiene que ser cubierto por los padres del participante o tutor. Por favor traiga una copia de la declaración de impuestos Federal o la carta de verificación de que su hijo(a) recibe almuerzo gratuito en el Distrito Escolar. Solo una beca por niño(a) por cada carta informativa.

*Esta iniciativa se financia en parte con una subvención del Departamento de Educación de MN usando fondos federales, 21st Century Community Learning Centers.

Heights Happenings

Columbia Heights



SUMMER 2014

News and information about your neighbors and your city.

Get a rebate or loan to fix up your home



Planning some home maintenance repairs this spring? The City of Columbia Heights offers two programs that provide financial assistance to homeowners in maintaining and improving their current housing.

The Rehab Incentive Program offers a 10%, 12% or 15% rebate of the total project costs depending on household income, with a maximum rebate of \$3,000. Eligible improvements include: mechanical, plumbing, electrical, exterior (roofing, siding, windows, and doors), general remodeling, additions and sewer/water improvements.

The Single Family Deferred Loan Program offers a loan for half the total improvement costs, depending on household income with a maximum loan of \$7,500. The loan program is strictly for exterior home improvements including: doors, windows, steps, painting, fences, garages, decks, ramps, retaining walls, roofing and siding.

continued on page 2

New way to stay informed about crime

The Columbia Heights Police Department and BAIR Analytics Inc. are providing a new way for community members to stay informed about crime in Columbia Heights. Using technology by BAIR Analytics, crime data is made public using the mapping program, which is available for free via the Internet and on mobile apps for iPhone and iPad.

Columbia Heights residents can view a map with crimes in their area and even sign up for neighborhood watch reports that automatically email a breakdown of recent crime activity. RAIDS Online automatically syncs with the CHPD's records system to keep crime information updated online and in the mobile app. Anyone can visit the Columbia Heights crime map at raidsonline.com and then search under Columbia Heights.

Candidates can file beginning May 20

Are you interesting in serving as mayor or as a member of the Columbia Heights City Council? If yes, you can file for office from May 20 through June 3 with the Columbia Heights City Clerk's Office.

Residents can file for the office of mayor, which is a two-year term, or two city council positions, which are four-year terms. To file, please contact the City Clerk at (763) 706-3611 or stop by City Hall between 8 a.m. and 4:45 p.m. Monday through Friday.

Terms of Mayor Gary Peterson and Council Members Tami Diehm and Donna Schmitt are expiring. The Primary Election is on Aug. 12 and the General Election is Nov. 4.

Jamboree celebration begins June 25

Let the countdown begin to the 58th Annual Columbia Heights Lions Club Jamboree & Carnival!

New events are being added to long-time favorites for this summer's community celebration, which takes place from June 25 through June 29.

For a full schedule, go to the flip side of this newsletter, go to the city's website at www.ci.columbia-heights.mn.us or the Jamboree Hotline at (763) 706-3789.

continued on page 2



Children learn safety skills in Bikes4Kids in 2013.

IN THIS ISSUE

- Free green consulting Page 2
- Crime prevention advice Page 3
- Summer learning at the library Page 5
- Summer fire safety Page 6
- Nominate a Citizen of the Year Page 7
- Young Artists and Authors Page 8



www.ci.columbia-heights.mn.us

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Jamboree, continued from page 1



Columbia Heights Recreation's "Flash Mob" moment at the Jamboree parade in 2013.

Most events take place at Huset Park and many events are free. Tasty Pizza will kick off the week by sponsoring a Medalion Hunt with a \$1,000 prize!

New Jamboree events will include a performance by the Heart of the Beast puppet theater and a climbing wall. Traditional favorites will also take place including the carnival, parade, beer garden and fireworks.

Sean Clerkin reports that the parade will be larger than it has been in recent years and that more high school bands will participate. "Everyone enjoys the marching bands," he said. Other parade highlights will be the Shriners in their little boats and go-carts, the unicycle club, and the horsemen, which were added last year and generated a lot of positive buzz.

Jamboree musical events include the Heights Idol competition and a performance by the Erverators, a local band.

Athletic activities for adults will include a 5K run/walk and a softball tournament. Kiddies can enjoy a fishing tournament and a bike safety event.

The Columbia Heights Lions Club works with city staffers, other civic organizations and local business to plan and implement the Jamboree. "It's truly a community event," said Clerkin.



Heights Idol judges in 2013 were, from left, Don Shelby, former WCCO news anchor; Meisha Johnson of Fox9, and Pat Proft, Columbia Heights High School graduate and Hollywood screen writer.

Free consulting for businesses on recycling and composting

Is your business interested in reducing waste, improving recycling, and saving money? Minnesota Waste Wise can provide free assistance to help you find the best and most cost-effective waste and recycling options.

Through a partnership with Anoka County, businesses in Columbia Heights can benefit during the next couple of months from free professional consulting on ways to go greener.



"We can help businesses develop plans and connect the dots to get a program up and running," said Sam Hanson, a program manager with Waste Wise. "Recycling and composting programs most often save money for local businesses."

"This is a great opportunity for local businesses to receive a free waste audit and detailed advice on reducing waste expenses through recycling and commercial composting," said Jesse Davies of the city's Public Works Department. "I encourage businesses to take advantage of this program."

For more information or to schedule a free site visit, contact Hannah Swee at (651) 292.4662 or hswee@mnchamber.com. You may also visit Waste Wise online at www.mnwastewise.org. Representatives of Waste Wise will be calling on business in Columbia Heights in May and June.

Davies reminds businesses that the city's recycling center is a way for area businesses to drop off recyclables at no charge.

Increased recycling will help city reach goal

Thanks to Columbia Heights residents, a total of 338 tons was recycled through March, which saved the city's refuse fund over \$19,000 in trash disposal fees so far this year. This is notable, although it is 17% less than anticipated for the first quarter of the year. Keep in mind, the SCORE (Select Committee on Recycling and the Environment) goal increased to 1,818 tons for 2014. The good news is that each household only needs to recycle 54 pounds every month to get back on track.

Home loans, continued from page 1

For more information, please contact Community Development Associate Elizabeth Holmbeck at (763) 706-3673 or Elizabeth.Holmbeck@ci.columbia-heights.mn.us.

Also, the Minnesota Housing Finance Agency has three loan programs for low to moderate-income households: First Time Home Buyer Loan, Non-First Time Home Buyer Loan, and Home Improvement Loans. For more information, please contact the Minnesota Housing Finance Agency at (651) 296-8315 or www.mnhousing.gov or mn.housing@state.mn.us.

Police department office hours

The Columbia Heights Police Department office is open Monday through Friday, 8 a.m. to 4:45 p.m.

The telephone number is (763)

706-8100. The office is located in the Public Safety building, **825 41st**

Avenue NE. The police department is closed on weekends and holidays. A telephone is located inside the entry doors that can be used after hours to request assistance.



For general information, activities, ordinances, and services, visit www.chpolice.com, find us on Facebook.com/chpolice, and follow us at twitter.com/colhgtspolice.



Spotlight on Karen Olson



Karen Olson

A life-long resident of Columbia Heights, Karen Olson has been the police department's office manager since 2010. Her family has roots in Columbia Heights under the DeBruin family tree. While Olson was attending Columbia Heights High School, then city manager Malcolm Watson approached the teacher in one of Olson's business classes looking for someone to work as his secretary. She

applied for the job and was hired. According to Olson, that first job gave her a real appreciation for working in public service. She left city employment for awhile when she started a family and now has two married daughters and four grandchildren.

Olson returned to city employment in October 1985 as a clerk-typist for the police department, becoming the police chief's secretary in 2007. She currently supervises the records function with its four support services employees.

As the CHPD increased its outreach to the community in recent years, Olson became involved as a volunteer with a reading program in district elementary schools. Anti-bullying books are read to kindergarten through second grade students with follow-up discussions. She is also a big sister to a second-grade girl in the school-based Big Brothers-Big Sisters program at Highland Elementary. Olson cites her involvement in this program as fun and rewarding. She also volunteers for department-sponsored community picnics and open house fundraisers. "Columbia Heights is a special place to me," she said. "My grandparents, parents and I all raised our families here, and I'm proud to serve the community alongside the officers and others who work for the Police Department."

Karen Olson is married to Len Olson who also worked with the CHPD until retiring at the rank of captain after a 30-year career. In her non-work hours, Olson enjoys spending time with family, bicycling and travel.

Crime Prevention Ounce

By Terry Nightingale

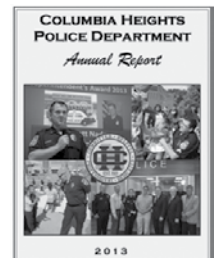
An ounce of prevention is worth a pound of cure. That phrase has never been more true. Putting it into practice here in Columbia Heights is the responsibility of all of us. From my side of the police/community partnership, I can tell you that we're doing what we can to reduce and prevent crime. I can also tell you that our department is as engaged with our community as I have ever seen it in my 29 years as an officer here. But, prevention efforts should never stop.

In March 2014, we saw an increase in reports of resident's cars and garages being entered during the overnight hours. Purses, electronics, tools, and even the change in the cup holder are items that have been taken. In almost all of these incidents, the doors allowing access were unlocked. These thieves have it too easy! We all need to put forth that "ounce of prevention" by locking doors, removing or hiding valuables, and reporting suspicious people. It can be that simple to get us closer to that "pound of cure."

Another frustrating crime we see too much of is fraud targeted against our senior citizens. A common scam is the one where the resident receives a phone call from someone pretending to be their grandson. The fraudster gains the confidence of the grandparent and soon the resident sends money to a far away and untraceable place. A recent case here in April talked about the grandson being in an accident and desperately needing \$2,800 to be wired to Panama. Fortunately, the employee at the wire transfer store convinced the resident that this was a scam, which the resident later confirmed with the real grandson. We all know a relative, a friend, a neighbor who could possibly fall victim to this type of predator. We need to talk to these potential victims and frequently remind them to verify the caller's identity. Develop a "password" and resist the pressure to act quickly. If ever in doubt, call police to assist. See the website of the Minnesota Attorney General for further ways to keep our seniors safe from this and other financial scams at www.ag.state.mn.us.

CHPD annual report is now available

The Columbia Heights Police Department's 2013 Annual Report is currently available for viewing at the Columbia Heights Public Library, and on the department's website at www.chpolice.com. A limited number of copies are available for purchase at the CHPD office for \$5 each.



The Annual Report details the important work done by the CHPD during the past year, including information on how officers use Problem Oriented Policies strategies such as crime analysis, statistical analysis and crime mapping to quickly identify crime problems, and then work with stakeholders to address the issues that are found. Also outlined are the Community Oriented Policing (COP) efforts in which the department forms partnerships with community members, schools, businesses, civic groups and other entities to work cooperatively to solve crime and community problems. The new "Coffee with a Cop" program is an example of COP programs instituted in 2013.

COLUMBIA HEIGHTS PUBLIC LIBRARY

820 40th Ave. NE

Reference/Information: (763) 706-3690

Renewal: (763) 717-3261

Fax: (763) 706-3691

TDD: (763) 706-3692 (Hearing impaired only)

www.anoka.lib.mn.us

www.ci.columbia-heights.mn.us

Cable Channel 19

Library Hours beginning June 9

Monday – Wednesday: 9 a.m. to 8 p.m.

Thursday: 10 a.m. to 6 p.m.

Friday: 9 a.m. to 5 p.m.

Saturday: 10 a.m. to 2 p.m.

Sunday: CLOSED

Library Closed

Memorial Day Weekend, May 24-26

Independence Day, Friday, July 4

Labor Day Weekend, Aug. 30-Sept. 1

Adult Programs

Nonfiction Book Club: *What are you reading now?*

Friday, June 20 at 2 p.m.

Friday, July 18 at 2 p.m.

Friday, Aug. 15 at 2 p.m.

Bring along a nonfiction book that you are currently reading or recently finished, and share your thoughts and recommendations with the group. Meet other interested readers and get ideas for new titles to add to your reading list. The nonfiction book club meets the third Friday of each month.

Book club for adults

Drop in for a favorite book discussion or become a regular member. Book Club meets in the library at 10 a.m. on the last Wednesday of each month. Upcoming titles include:

“Eleanor and Park” by Rainbow Rowell

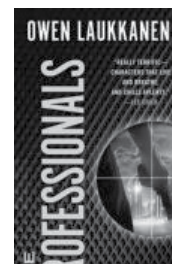
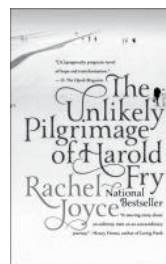
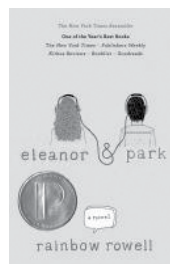
Wednesday, June 25, 10 a.m.

“The Unlikely Pilgrimage of Harold Fry” by Rachel Joyce

Wednesday, July 30, 10 a.m.

“The Professionals” by Owen Laukkanen

Wednesday, Aug. 27, 10 a.m.



Visit the Virtual Library



Gale Virtual Reference Library, available online, is a collection of full text reference sources in eBook format. It gives you quick access to nonfiction eBooks in the areas of business, careers, U.S. and world history, humanities, science, sports and

the world. These trusted, authoritative titles are available 24/7, whenever and wherever you need them. Purchased by Columbia Heights Public Library and Anoka County Library, using local tax money. Visit: www.anoka.lib.mn.us

Sample books available through the Gale Virtual Reference Library include:



Computer accessories are for sale at the library

For \$5 each, the Columbia Heights Public Library is selling:

- Earbud headphones
- USB 1GB flash drives



Senior Surf

Wednesday, June 4, 9:30 to 11:30 a.m.

Learn computer basics, how to navigate and search the Internet and how to access websites of interest to seniors. Get hands-on computer experience with help from representatives of the Senior LinkAge Line. To register, call Barb at (763) 706-3690. Presented in collaboration with Minnesota Board on Aging and Metropolitan Area Agency on Aging.



Pancake breakfast will benefit library

A pancake breakfast will take place from 8:30 to 10 a.m. on Friday, June 20, at the Lighthouse of Columbia Heights, 3801 Hart Blvd. Pancakes, sausage, juice and coffee will be served. All proceeds will benefit the Friends of Columbia Heights Library. The cost is \$3 per person.

Children's Programs

Wacky Wednesdays

June 18 to July 23 at 2 p.m.

Come to the library each Wednesday for a free, live performance. Programs are open to all, but geared towards children grades K-6. Come early to sign in.

June 18 – Dazzling Dave: National Yo-Yo Master

June 25 – Magical Mia: A Dazzling Magic Show

July 2 – Reptile & Amphibian Discovery Zoo

July 9 – Wendy's Wiggle, Jiggle and Jam

July 16 – Mad Science: Mystery of Chemistry

July 23 – Rich Wieber's Bicycle Stunt Show

Storytime @ the Library

June 16 to July 22

Join us for songs, books, rhymes and fun! No registration required.

Toddler story time

(Geared for ages 18 months to 3 years)

Mondays, 10:30 to 10:50 a.m.

Preschool story time

(Geared for ages 3-5)

Tuesdays, 10:30 to 11 a.m.

Family story time

(For all ages)

Second Tuesday of each month 6:30 to 7 p.m. (June 10 and July 8)

Special summer events

Mark your calendars! Registration begins June 1. Stop in or call (763) 706-3690 to register or for more information.

READ Dogs

Real dogs in the library?! Participants may register for a 15-minute one-on-one session with a therapy animal. Registration required.

The Great Outdoors

Thursday, June 12 at 2 p.m.

Draw with sidewalk chalk, blow bubbles, jump rope, play spray bottle tag and other games, and take a story walk.

Heavy Equipment Encounter

Tuesday, June 17 at 10:30 a.m.

An all-ages storytime about the big machines that build, bulldoze and move our world. Meet in the parking lot afterward to get up close and personal with some of the equipment from our own Public Works Department.

Star Wars

Thurs., June 19 & Fri., June 20 at 2 p.m.

Make a light saber or an origami Podracer. Create your own X-Wing and learn to create Star Wars characters with your fingerprints. May the force be with you!

Diary of a Wimpy Kid Book Day

Monday, June 23 at 2 p.m.

Join us as we celebrate this popular book series with games and crafts.

Tae Kwon Do Demonstration

Monday, July 14 at 6:30 p.m.

Hi-yah! Watch Dan Malone and his students demonstrate Tae Kwon Do and learn some basic moves.

Glow in the Dark

Friday, July 18 at 2 p.m.

Turn your room into a nighttime wonderland with luminescent glow-in-the-dark materials. Registration required.

Mo Willems Book Day

Monday, July 21 at 2 p.m.

Should Pigeon be allowed to drive? Celebrate Mo Willems Book Day with crafts, books and continuous readings of his books by Library Teen Volunteers.

American Girl Tea Party

Wednesday, July 30 at 11 a.m.

Wednesday, July 30 at 2:30 p.m.

Dress up and bring your favorite doll as we celebrate American Girl Josefina Montoya. Registration required.

Steampunk Mystery Mayhem

Saturday, Aug. 2 at 11 a.m.

Be transported back to the year 1893 and discover who sabotaged the Tesla Hydroelectric Generator! Grades 4-6. Registration required.

Teen Programs

VolunTeens @ the Library

Learn more about the library, help your community, meet new people, and earn community service hours for school. Register online or at the library by May 15. Ages 13 and older.

BEST BOOK EVER Teen Reading Program

June 2 to Aug. 29

Review the books you've read this summer and earn books, event passes and more. Sign up and let the reading begin!

Inflation 101: A Workshop on Balloon Sculpting

Thursday, July 10 at 2 p.m.

Learn to make cool balloon sculptures. Grades 6-12. Registration required

Crafternoons

Tuesdays, June 17 to July 1, 3 to 5 p.m.

Create a different craft each week. All supplies provided.

June 17: Duct Tape Crafts

June 24: Glove Monsters

July 1: Yarn Creatures

Anime and Manga Club

July 17 & July 31 from 2-5 p.m.

Calling all anime and manga fans! Join us to read manga, watch anime, do crafts, and eat snacks. Grades 6-12.

Recycled Runway

Thursday, July 24 at 2 p.m.

Start with thrift store treasures that you alter, embellish, and remake in to something one-of-a-kind. Bring a t-shirt that you don't mind cutting up. Grades 6-12. Registration required.

Midsummer Magic

Saturday, Aug. 9 at 11 a.m.

Join an artist and create your own fairy or elf costume to celebrate the magic of midsummer. Registration required.

Schiffelly Puppets

Tuesday, Aug. 12 at 2 p.m.

Join us for some great storytelling, audience participation and the mystery of what Rupunzel does with all that hair!

FIRE DEPARTMENT

825 41st Ave. NE,
Columbia Heights, MN 55421

fire@ci.columbia-heights.mn.us

Non-Emergency.....(763) 706-8150

EmergencyCall 9-1-1

Fax.....(763) 706-8151

Housing Maintenance

Inspections.....(763) 706-8156

fireinspections@

ci.columbia-heights.mn.us

Access to the Fire Department during city business hours is through the main lobby. During evenings and weekends, staff members can be accessed by ringing the night bell outside the Fire Department service door by the overhead garage doors. Fire Department information can be found at www.ci.columbia-heights.mn.us under the fire department heading.

Recreational fire permits

As the season of recreational fires begins, the Columbia Heights Fire Department reminds residents that a permit is required for recreational fires within the Columbia Heights city limits. Permits can



be obtained in person at the fire department by an adult 18 years and older, seven days a week

from 8 a.m. to

8 p.m. Up to nine free daily permits can be obtained or an annual permit may be purchased for a small fee. Daily fire permits may be obtained up to one week in advance from the date of the recreational fire. Recreational fire rules are listed on the permit and are strictly enforced.

Free blood pressure checks

The Columbia Heights Fire

Department offers free blood pressure checks every day from 8 a.m. to 6 p.m. at the station, located at 825 41st Ave. NE. Please remember that any time you have an emergency, dial 9-1-1.



Follow these safety tips to enjoy summer

Enjoy the upcoming summer, but remember to be safe. Here is information from the U.S. Fire Administration on ways to keep yourself and your family safe this summer.

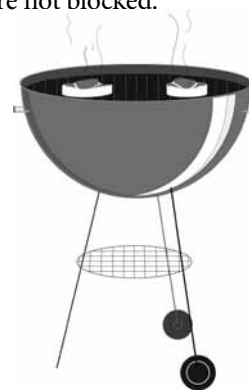
Fireworks safety



The best way to protect your family is not to use fireworks at home. The U.S. Fire Administration recommends attending public fireworks displays and leaving the lighting to the professionals. Fireworks were involved in an estimated 9,600 injuries treated in U.S. hospital emergency departments in 2011, according to a study by the U.S. Consumer and Product Safety commission. Fireworks are dangerous! For more information and safety tips, please visit the CPSC's website.

Barbecue safety

- Before using a grill, check the connection between the propane tank and the fuel line. Make sure the venturi tubes — where the air and gas mix — are not blocked.
- Do not overfill the propane tank.
- Do not wear loose clothing while cooking at a barbecue.
- Be careful when using lighter fluid. Do not add fluid to an already lit fire because the flames can flashback up into the container and explode.
- Keep all matches and lighters away from children. Teach your children to report any loose matches or lighters to an adult immediately.
- Dispose of hot coals properly by dousing them with plenty of water, and stirring them to ensure that the fire is out. Never place them in plastic, paper or wooden containers.
- Never grill/barbecue in enclosed areas because carbon monoxide could be produced.
- Make sure everyone knows to Stop, Drop and Roll in case a piece of clothing does catch fire. Call 911 or your local emergency number if a burn warrants serious medical attention.



Campfire safety

- Build campfires where they will not spread, and away from dry grass and leaves.
- Keep campfires small, and don't let them get out of hand.
- Keep plenty of water and a shovel around to douse the fire when you're done.
- Never leave campfires unattended.

Ways to stay safe in hotels and motels

When traveling and staying in hotels or motels, it is important to become familiar with your surroundings so that you know what to do in case of fire or other emergency. The U.S. Fire Administration offers the following safety tips:

- When making reservations, ask if the hotel or motel has smoke alarms and an automatic fire sprinkler system.
- When traveling, take a flashlight with you.
- Read the fire evacuation plan carefully. If one is not posted in your room, request one from the front desk.
- Locate the two exits nearest your room.
- Count the number of doors between your room and the exits. This will assist you in the need of an emergency evacuation.
- Locate the fire alarms on your floor.

**Gary Peterson****Tami Diehm****Bruce Nawrocki****Donna Schmitt****Bobby Williams**

The Mayor and City Council members are your elected representatives. City Council meetings take place at 7 p.m. on the second and fourth Mondays of each month in the council chambers at city hall. Meetings are broadcast live on Channel 16 and are rebroadcast on other days.

For more information, including agendas and minutes, go to www.ci.columbia-heights.mn.us.

Gary Peterson, Mayor (763) 788-7517

(c) (612) 978-9858

Gary.Peterson@ci.columbia-heights.mn.us

Tami Diehm, Council Member (763) 574-2122

Tami.Ericson-Diehm@ci.columbia-heights.mn.us

Bruce Nawrocki, Council Member (763) 571-1311

Bruce.Nawrocki@ci.columbia-heights.mn.us

Donna Schmitt, Council Member (763) 634-1356

Donna.Schmitt@ci.columbia-heights.mn.us

Bobby Williams, Council Member (763) 788-1113

(c) (612) 414-3981

Robert.Williams@ci.columbia-heights.mn.us

Nominate a resident for Citizen of the Year

Nominations are being accepted for the thirty-ninth Citizen of the Year Humanitarian Award.

The award was established to give public recognition to one resident of Columbia Heights who has unselfishly contributed his/her time and effort to helping people and promoting better understanding between people.

There is no age limit for this award and the only requirement is that the nominee must live in the City of Columbia Heights. We are particularly seeking persons who have not otherwise been publicly recognized.

(Public officials, current candidates for public office, and past award recipients are not eligible for this award).

Nomination forms are available at the Receptionist's Window at City Hall and at the city's website at www.ci.columbia-heights.mn.us. Nomination forms from previous years are NOT retained. Submit applications to: City of Columbia Heights, Attn: Linda Magee, 590 40th Avenue NE, Columbia Heights, MN 55421.

The award recipient will be honored with a reception at City Hall. All nomination forms must be received by May 17, 2014.

IMPORTANT PHONE NUMBERS

Police/Fire/Medical Response 911
If you cannot complete your call
using 911..... (763) 427-1212

CITY OFFICES (763) 706-3600
TTY/TDD..... (763) 706-3692
Mayor & City Council ... (763) 706-3607
City Clerk..... (763) 706-3611
City Manager..... (763) 706-3610
Personnel-General (763) 706-3606
Personnel-Job line (763) 706-3616
Assessing..... (763) 706-3618
Garbage/Refuse
Pick-up/Recycling
(Veolia ES)..... (763) 225-8705
Utility Billing..... (763) 706-3640

Public Works Dept. (763) 706-3700
Engineering/Maintenance Operations
Emergency After Hours 911

Fire Dept. Administration & Information/
Emergency
Management (763) 706-8150
Fire Chief..... (763) 706-8152
Assistant Fire Chief (763) 706-8154
Rental Housing/
Property Maintenance
Inspections..... (763) 706-8156

Police Administration & Information
Records & Info., Patrol,
Investigations (763) 706-8100
Crime Prevention..... (763) 706-8100
Police Chief (763) 706-8100
Community Policing
Coordinator (763) 706-8128

Community
Development (763) 706-3670
Comm. Dev. Director.... (763) 706-3672
City Planner (763) 706-3673

Parkview Villa..... (763) 706-3800
Bldg. Permits/
Licenses (763) 706-3678
Recreation Dept. (763) 706-3730
Recreation Director (763) 706-3732
Senior Programs (763) 706-3735
Athletics Coordinator ... (763) 706-3733
CHASE & Youth Enrichment
Coordinator..... (763) 706-3733
24-Hour Info. Line-Murzyn
Hall info., Cancellations,
Directions..... (763) 706-3737
Murzyn Hall Rental (763) 706-3734
Hall After Hours..... (763) 706-3732

Columbia Heights
Public Library..... (763) 706-3690

U.S. Post Office,
940 44th Ave. N.E.800-275-8777

Sister City group has been involved in many events, activities

Members of the Columbia Heights Sister City International (SCI) organization have been involved in many activities related to Poland and its culture.

One member, Mary Jerde, spent several weeks in Poland at an orphanage near Katowice helping children learn to speak English. She also visited the primary school classroom in which English lessons were taught.

Another member, Greg Logacz, recently spent a month in Poland involved in social projects that will honor the memory of his brother, Wally Logacz. He presented a \$1,000 check to a children's hospital with funds donated by SCI in memory of Wally, in addition to the donations received at Walter's memorial service. Logacz also learned more about his own Polish ancestors and helped with the teaching of English in two schools. He will share information about this trip to Poland at an upcoming SCI meeting.

SCI members have been meeting with Columbia Heights police officers to discuss the international exchange that will take place in September 2015. Some officers from Columbia Heights will travel to Sister City Lomianki, Poland, to share information on law enforcement philosophies and programs. Then at some future time, Columbia Heights will host a visit from police officers from Lomianki. Fund-raisers will be taking place to pay the cost of this exchange.

Some members dressed in traditional Polish clothing and served food at the Festival of Nations in St. Paul in early May. SCI participation was coordinated by volunteer John Bieniek.

SCI members heard from Dr. Joseph Hughes of Missouri State University talking about "Kaszubian and Pommern Cultures in Poland." Over fifty people attended the program in March and gained an understanding of the history of Poland.

SCI awards Young Artists and Authors in annual competition

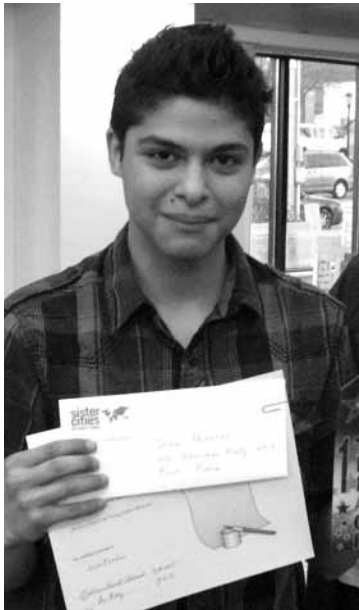
The Columbia Heights Sister City International (SCI) group sponsored the annual Showcase for Young Artists and Authors reception at Murzyn Hall on April 9. Fifty-one students submitted poems addressing this year's theme, "Connect Globally. Thrive Locally."

"We thank everyone who participated," said Dolores Strand of SCI. "You all did a wonderful job."

Seven judges read and discussed the entries and awarded the following students, all from Columbia Heights High School.

The first place winners each received \$100; the four runners-up each received \$50 (thanks to a donation from the Columbia Heights office of Financial One Credit Union).

SCI members thank the volunteers who made the event possible including the judges who donated their time and expertise. SCI members arranged and dismantled the art displays, and served refreshments. They would also like to acknowledge the teachers who encouraged their students to participate and so beautifully express themselves.



Young Writers winner Jose Perales.



Young Artists winner Lorryn Scott with her artwork.

Winners in the Young Writers category are:

- 1st place: Jose Perales for "Fun, Fast and Easy"
- Runners-up: Samuel Stockwell for "Mixing," and James Greenfield for "Blue Prints of the Earth"
- Honorable mentions to Stephanie Avalos for "Puzzle Pieces," and Lizzy Lent for "Newspaper"

Winners in Young Artists category are:

- 1st place: Lorryn Scott
- Runners-up: Michelle Johnson and Jackie Anderson

Tips for controlling Canada geese

The key to controlling Canada geese populations in the city is to make their preferred environment less attractive. Urban areas with mowed fertilized lawns and open spaces are ideal habitats for geese.



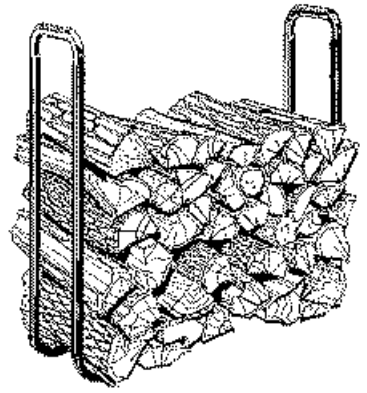
The following tips may help control populations.

- Don't feed the geese – Feeding the geese will concentrate populations, reduce effectiveness of other measures, and make them more aggressive to people as they expect to be fed. Hand feeding makes geese more susceptible to diseases and rarely provides proper nutrients they require.
- Manage grass and plants – Geese prefer to eat grass, especially young shoots that can be found in abundance on mowed fertilized lawns. Eliminate mowing at least 20 feet from shorelines or plant prairie grasses in these areas, as they are less palatable to geese. Reduce fertilizer use, as geese prefer fertilized grass.
- Vegetative barrier – Geese prefer to walk from land to water and because they feel safe in open areas where they can see predators. A tall grass buffer (minimum of 30") will discourage the geese from established feeding areas as they will be unable to physically walk to the area and the high grasses will impair their sightlines.
- Fencing and rock – Large rocks (2 feet in diameter or greater) or a fence will also discourage geese from an area. Fences should be at least 30" tall and have no openings larger than 3 feet.

Invasive pests can spread via firewood

Many invasive pest species live on or in trees, lumber and firewood. Moving untreated firewood can spread pests such as Emerald ash borer which has been found in Minnesota. Quarantines are now in place for counties affected by emerald ash borer to help prevent new infestations within the state. For more information visit <http://www.dnr.state.mn.us/invasives/terrestrialanimals/eab/index.html>.

Firewood in quarantined counties – which does not include Anoka County, at this time – cannot be moved without a certificate. The United States Department of Agriculture has issued a parallel federal quarantine for interstate movement of regulated articles. For questions about invasive species and firewood regulations contact the Minnesota Department of Agriculture, Plant Protection Division, at (651) 201-6684 or via email at arrest.the.pest@state.mn.us.



Prevent grease from damaging your home and the environment

Sewer backups can cause health hazards, damage home interiors, and threaten the environment. A common cause of backups is sewers blocked by grease. Grease gets into the sewer system from household drains as well as from poorly maintained grease traps in restaurants and other businesses.

Grease is a byproduct of cooking that comes from meat fats, lard, oil, shortening, butter, margarine, food scraps, baked goods, sauces, and dairy products. When washed down the sink, grease sticks to the inside of sewer pipes (both on your property and in the street). Over time, it can build up and block an entire pipe.

Home garbage disposals do not keep grease out of the plumbing system. Also, hot water and products that claim to dissolve grease only pass it further down the line where it causes problems elsewhere.

HELP PREVENT SEWER BACKUPS:

- Never pour grease down the sink drain or garbage disposal or flush it down the toilet.
- Put strainers in sink drains to catch food scraps and other solids and then empty in the trash.
- Pour or scrape grease and food scraps into a can or the trash for disposal.

Water quality report is online

A copy of the Consumer Confidence Report on water quality will no longer be included with the newsletter. Beginning this year, an electronic version is available on the city's website at www.ci.columbia-heights.mn.us/DocumentCenter/View/1338. Customers can call (763) 706-3700 to request a paper copy.

Volunteer to adopt a park

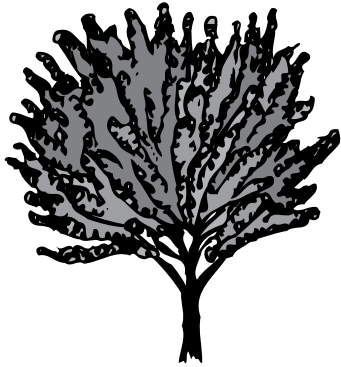
The City of Columbia Heights Adopt-A-Park Program is looking for volunteers to adopt Ostrander Park and Wargo Court. If your organization is interested in this opportunity, please contact the Public Works Department at (763) 706-3700.

Please report diseased trees

Public and private trees are inspected three times a year during June, July and August for Dutch Elm disease, Oak Wilt, and Emerald Ash Borer.

If you suspect a tree(s) in Columbia Heights may be diseased, please call (763) 706-3700. A tree inspector will examine the tree(s) and mark it with a red "T" for removal if it is deemed to be diseased. Visit www.MNtrees.org for information on ways to keep trees healthy.

Water is essential for tree health



Providing adequate water is one of the most important things you can do to establish and maintain the health of your trees. Watering newly planted or transplanted trees regularly for the first 3 to 5 years is critical in establishing healthy trees.

Yearly rainfall may or may not be adequate for trees; therefore pay particular attention dur-

ing the summer or periods of drought. Established trees only need to be watered during drought-like conditions. Continue to water trees until the ground freezes to protect them through the winter. For more information visit, www.mymnnesotawoods.umn.edu/2008/04/seasonal-care-of-trees-shrubs-watering.

Lawn tips:

- The best time to water is in the morning, before 10 a.m., because rising heat during the day tends to evaporate a lot of water.
- A lush green lawn requires 1 to 1-1/2 inches of water per week.
- Avoid watering when windy.
- Lawns that are frequently aerated absorb water better.
- Mulch shrubs and other plants so the soil holds moisture longer.

How you can protect your environment

In your house:

- Buy less toxic or non-toxic cleaning materials.
- Properly dispose of all hazardous household materials, from cleansers to fluorescent bulbs to paints.
- Recycle your recyclables!
- Don't waste water.
- Don't waste energy. Turn off lights when they're not in use. Turn your thermostat down when you're not at home.

In your yard:

- Follow the directions for use on all lawn and garden chemicals.
- Properly dispose of all lawn and garden chemicals and their containers.
- Use non-toxic fertilizers and weed control products.

In your garage

- Keep your motorized garden equipment well-tuned and in good operating condition. Small engines can add a lot of air pollutants, especially when they're not properly tuned up.
- Avoid using motorized lawn and garden equipment when possible. Use a push mower and hand operated trimmers and rakes. It's quieter, less smelly, and you get a good workout at the same time.
- Do not pour used oil or antifreeze down your sewer drain! One pint of used motor oil can contaminate thousands of gallons of water, making it unfit to drink.

In your car

- Purchase and use the most fuel efficient vehicle that meets your needs.
- Keep your car tuned up and in good working condition.
- Don't drive more than you need to. Most air pollutants that we breathe come from cars!
- Carpool, take the bus, ride your bike and walk whenever you can.

At your cabin

- Keep your septic system well maintained and regularly cleaned.
- Be careful when you fill your boat engine with gas so you don't spill any into the lake.
- Avoid using lawn chemicals near lakes.
- Don't spray for mosquitoes. Use citronella candles and other non-toxic repellants, or build a screened-in porch.

REFUSE, RECYCLING AND YARD WASTE

Advanced Disposal Services, Inc.

(formerly Veolia ES)

Customer Service Phone: (763) 225-8705

E-mail: columbiaheights-ads@advanceddisposal.com

Website: www.advanceddisposal.com/mn/saint-paul/saint-paul-collection/guideline/columbia-heights-mn

Anoka County Integrated Waste Management

Phone: (763) 323-5730

Website: www.anokacounty.us/355/Integrated-Waste-Management

City Refuse/Recycling website

www.ci.columbia-heights.mn.us/index.aspx?nid=223

Public Works Department Phone: (763) 706-3700

Holiday Schedule

Memorial Day, May 26: Monday through Friday service delayed by one day

Independence Day, July 4: Friday service delayed by one day

Labor Day, Sept. 1: Monday through Friday service delayed by one day

Recycling

- Plastic bottles, jugs and tubs #1-7 now accepted.
- Single-sort recycling collection is every other week. Please check the Advanced Disposal Services website or call (763) 225-8705 for your collection day.
- Please do not place recycling materials in plastic bags; dump the items loosely in the cart or use paper bags. Plastic bags cause problems with the sorting system at the processing plant.
- Rinse out cans, bottles and jars.

Yard Waste

- Bag (ASTMD6400 compostable only) or bundle branches.
- Place on the street curb.
- Anoka County compost at Bunker Hills site (763) 767-7964.
- Yard waste carts are available to residents. Order by calling (763) 706-3700.

Computers/Electronics Disposal

Electronics with cathode ray tubes (old style monitors and televisions) must be properly disposed due to the hazardous nature of the material. Call Advanced Disposal Services at (763) 225-8705 to schedule a pickup. Disposal charges vary depending on item. You may also drop items off at various disposal sites (to avoid pickup charges). Lists of approved sites are located on the County and State web pages:

- www.anokacounty.us/1653/Search-the-Recycling-and-Disposal-Direct. Type electronics in the search box.
- www.pca.state.mn.us

The drop-off site may charge a disposal fee.

Bulk Collection

To ensure timely pickup of bulky items such as furniture and mattresses, please call 763-225-8705 to arrange for collection. Items must have come from the property.

Appliance Disposal

Call Advanced Disposal Services at (763) 225-8705 to arrange for a pickup at your home. Remove doors from freezers and refrigerators. Each property is offered one free appliance pickup per calendar year. Call Advanced Disposal Services or visit their website for additional appliance collection costs. It is illegal to haul items into the city for disposal.

Online Refuse and Recycling Survey

Feel free to complete the Columbia Heights Refuse and Recycling online survey at <http://www.ci.columbia-heights.mn.us/forms.aspx?FD=91> to provide feedback regarding current service and ideas to reduce trash disposal and increase recycling.

Anoka County Household Hazardous Waste Facility (763) 323-5730

It is illegal to dispose of hazardous waste in the garbage. This includes such items as aerosol cans that have contents remaining, antifreeze, driveway sealer, gasoline and other fuels, mercury, liquid paint, paint stripper, paint thinner, pesticides, varnish, wood preservatives and other household products that are corrosive, flammable, combustible or poisonous. Take these items to the Anoka County HHW facility located at 3230 101st Ave. NE in Blaine. There is no charge for disposal of these items at the facility. For more information, visit: www.anokacounty.us/369/Household-Hazardous-Waste-Facility

Columbia Heights Recycling/Drop Off Center for area residents and businesses

Location and hours:

- Madison St. and 38th Place NE
- Saturday, 9 a.m. to 1 p.m.
- Closed holiday weekends.

Items accepted:

Paper Cans Oil filters Cardboard Antifreeze
Tires Used oil Glass bottles Scrap metal
NO garbage, NO hazardous materials, NO furniture
NO appliances, NO trash, NO lumber, NO electronics

Tires: Cannot be taken with trash. Leave old tires at the store when purchasing new ones. Residents may bring four car or light truck tires per year. MUST be off the rims.

Used motor oil and oil filters: Accepted only during hours
Recycling Center is open for non-business purposes only.

Fluorescent bulb collection days:

Saturday, Oct. 4, 2014

RECYCLING TIP:

Recycling cart overflowing? Order a large 96-gallon recycling container with no increase in service charges. Recycle as much as you can at the same flat rate. Call (763) 706-3700 for more information.

Share Your Story

Why do you think it is important to recycle? Does your household recycle on a regular basis? Have you developed a good system for recycling? We'd like to share your story in a future newsletter. Please call Sue at (763) 706-3700. A household recycling basket will be offered to those whose stories are published.

TOP VALU LIQUOR

TOP VALU STORE I: (763) 706-3819 • TOP VALU STORE II: (763) 706-3813 • HEIGHTS LIQUOR (763) 572-9730

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



**Schell's
12 pack
bottles**

\$10.97



Coupon expires 6/28/14. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



**Malibu
Spiced Rum
1.75 liter**

\$13.97



Coupon expires 6/28/14. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



**Dos Equis
12 pack
bottles**

\$11.97



Coupon expires 6/28/14. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



**Cherry On Top
Sweet Wines,
Red & White**

\$6.97



Coupon expires 6/28/14. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



**High Life
24 pack
cans**

\$13.97



Coupon expires 6/28/14 While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



**Starling Riesling
1.5 liter**

\$13.97



Coupon expires 6/28/14. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



**Seagram's Vodka
1.75 liter**

\$12.97



Coupon expires 6/28/14. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



**Chocolate Rouge
750 ml**

\$7.97



Coupon expires 6/28/14. While supply lasts. No further discount. Store not responsible for typographical errors.