

Heights Happenings

RECREATION SUMMER 2015

Columbia Heights

2015 JAMBOREE EVENTS

The 59th Annual Columbia Heights Lion's Club Jamboree & carnival will be held from Wednesday, June 24th - Sunday, June 28th at Huset Park.

Sunday, June 14 • CH Queen Candidates Meet & Greet 1 - 3 p.m. @ Tasty Pizza, gift basket raffle

Wednesday, June 24 • Tasty Pizza Medallion Hunt - Clues posted twice daily, 11:00 a.m. & 5:00 p.m. @ Tasty Pizza and on Facebook. \$1,000 prize!

Thursday, June 25 • Lion's Beer Garden 5 p.m. - close
• Carnival 5 p.m. - close
• In The Heart of the Beast Mask Making class 6 - 7 p.m. @ Murzyn Hall Edgemoor Rm

Friday, June 26 • Jamboree Parade 6 - 8 p.m., The Parade begins at 45th & Central Ave., and proceeds south to 40th Ave., ending at 5th St.

• Lion's Beer Garden 5 p.m. - 12 midnight
• Carnival 1 p.m. - close

Saturday, June 27 • Adult Softball Tournament all day & the Home-Run Derby @ 7 p.m.

• Climbing Rock Tower 10 a.m. - 2 p.m. @ Huset Park
• 1 p.m. matinee, "Wrongfully Accused", written, produced, & directed by CH native Pat Proft @ Heights Theater \$5, proceeds CHHS Alumni Scholarship.
• The Best Band in Baseball (Local Band with Scott Skaja) 5:30 - 6:15 p.m. Heights Idol Stage (if inclement weather, inside Murzyn Hall)
• Heights Idol @ 6:30 p.m. outside of Murzyn Hall
• Lion's Beer Garden 12 noon - 12 midnight
• Carnival 1 p.m. - 12 midnight
• Fireworks dusk (if rain, Sunday at dusk)

Sunday, June 28 • Adult Softball Tournament

• CH Royalty Coronation 1 p.m. @ CH High School Admission: \$5 adults. \$3 students, 5 & under free.
• Carnival 1 p.m. - 6 p.m.
• Lion's Beer Garden 12 noon - 6 p.m.

JAMBOREE Hotline 763-706-3789



FREE JAMBOREE EVENTS

IN THE HEART OF THE BEAST PUPPET AND MASK THEATER

FREE Animal Mask Making Class
6-7 p.m. June 25 in the Edgemoor Room, lower level at Murzyn Hall. PRE-REGISTRATION required, limited space. You're invited to stay after class for the Theater In The Park youth performance at 7 p.m. inside Murzyn Hall. Participants are invited to walk in the parade with their masks.



YOUTH ROCK CLIMBING TOWER



FREE! June 27, 10 a.m. - 2 p.m. overlooking Huset Park just outside of City Hall in the parking lot on Mill Street. Parent/Guardian must be present and sign a waiver.

Both events are sponsored by the CH Recreation Department, CH Lions Club, and the CH Athletic Boosters. Mask Making Class sponsored in part by the CH Public Art Commission.

HEIGHTS IDOL JAMBOREE

New acts welcome! Be the next voice of Heights. Call 763-706-3733 for auditions. Fee: \$10

SIGN UP NIGHT MAY 26, 6-8 P.M. @ THE HYLANDER GYM

Questions on summer programs? Need to get registered? Join us to sign up for summer recreation programs and get a piece of pizza! Or sign up online at www.chreconline.org

Youth Park Programs, Youth Theater, Puppet Wagon, Wild Wednesday Trips grades 4-9, Gymnastics, Football, Soccer. Sports clinics for; Football, Tennis, Volleyball, Basketball, and Soccer. Adult classes for Body Conditioning, Aerobics, Crochet. Senior Citizen activities, trips, and exercise.

**FOOTBALL & SOCCER SIGN UP
Now!!! PAGE 7 & 10**

C.H. Recreation Department
 530 Mill Street N.E.
 John P. Murzyn Hall
 763-706-3730
 Office Hours:
 Monday through Friday,
 8:00 a.m. to 4:45 p.m.
 The office will be closed on
 May 25 & July 3, 2015

Recreation Hotline

To better serve the residents of Columbia Heights, the Recreation Department maintains an information and weather phone line. Call (763) 706-3737 anytime, twenty-four hours a day, for a recorded message regarding recreation programs and activities. In the event of inclement weather, facility closure and program cancellation information will also be presented. A decision will not be made for evening programs until 4:30 p.m. Call our information line at (763) 706-3737.

Park & Recreation Commission

Chair: David Payne

Commission Members:

Sean Clerkin, Jr., Bruce Evans, Tom Greenhalgh, Stan Hoium, Kevin McDonald, Marsha Stroik

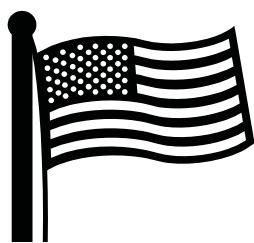
Council Representative:

Gary Peterson

Summertime

Photo Policy:

Photographs and videos are periodically taken of participants while they are engaged in programs, special events, or enjoying the parks. Please be aware that these photos may appear in the local newspapers, on local cable television, and/or Recreation Department publications.



Recreation Information

Columbia Heights Recreation Mission Statement

The mission of the Columbia Heights Recreation Department is to provide recreational and service opportunities for all ages.

REGISTRATION INFORMATION

***New Online Registration at www.chreconline.org.** Registrations accepted in person or via mail at Columbia Heights Recreation, John P. Murzyn Hall, 530 Mill Street N.E., Columbia Heights, MN 55421. Drop box for after hours on east side of building. You may also register over the phone for most activities with a Discover, Visa, or Master Card payment by calling 763-706-3730.

- Please fill out a separate registration form for each participant.
- Please make checks payable to: City of Columbia Heights.
- Confirmation: Assume registration is confirmed. You will be notified only if the class is canceled or already filled.

Participants Scholarship:

Apply at the office for assistance if unable to pay for an activity. The scholarship will cover 75% of the program fee (maximum discount is \$25); the remaining 25 percent needs to be covered by the participant's parent or guardian. Please bring a copy of your Federal income tax or school district free lunch form for verification. Only one scholarship per child per newsletter.

John P. Murzyn Hall Rental Information

John P. Murzyn Hall (JPM), operated by the Recreation Dept., is available for rental by the general public during non-programmed times. Reserve JPM for wedding receptions, meetings, parties, banquets, etc.

Our facility offers a spacious banquet hall that comfortably accommodates groups of up to 375 people. Several meeting rooms are also available for rentals. See more photos of Murzyn Hall on our website at:

www.ci.columbia-heights.mn.us.



Also located at JPM is the C.H. Senior Center and Recreation Office.

We invite you to tour our facility or call 763-706-3737 for the Murzyn Hall information line. Reservations may be made Monday through Friday from 8:00 a.m. to 4:45 p.m. at 763-706-3734, or in person at the Recreation Office located in Murzyn Hall.

Recreation Programs

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HYLANDER CENTER

City Fitness Facility



WHAT: The exercise room contains 2 treadmills, 3 elliptical machines and various weight machines. Open gym when not in use for programming.

WHO: Adults & Youth, Residents/Non-Residents

WHEN: Monday - Friday 9:00 - 11:00 a.m.

Mondays - Thursdays 6:00 - 8:30 p.m.

Saturdays 9:00 - 12:00 p.m.

Sundays 11:30 - 2:30 p.m.

**Closed if hosting a tournament and on holidays*

Calendar available at www.ci.columbia-heights.mn.us

WHERE: Hylander Center - East Door #38

1300 49th Avenue, located on the North side of the swimming pool at the CH High School.

COST: \$1 Daily drop in

\$10 monthly pass for adult Residents

\$20 monthly pass for adult Non-Residents

Calendar available at www.ci.columbia-heights.mn.us, the Hylander Office 763-528-4495 & CH Recreation Dept., 763-706-3730.



FREE - Youth After School Open Gym

MONDAYS: COLUMBIA ACADEMY 3:30-5:30 P.M.

****ENDS MONDAY JUNE 1**

THURSDAYS: CH HIGH SCHOOL 3:30-5:30 P.M.

****ENDS JUNE 4**

Golden Gloves Amateur

Boxing Program

Registration @ Firehouse Gym \$25

Saturday, June 21 3:30 - 5:30 p.m.

Monday, June 23 5:00 p.m.

555 Mill St. (763)706-3659

email: firehousegymgg@gmail.com

Open to boys and girls. Jr Golden Gloves 8 to 15, Senior Boxers 16 to 25. Golden Gloves has an outstanding reputation for developing discipline, team work, leadership, physical fitness, self defense and confidence.

9th Annual HEIGHTS IDOL JAMBOREE

Saturday June 27 at 6:30 p.m., FREE performance on the outdoor stage @ Murzyn Hall.

Are you the next voice of Columbia Heights? New youth & adult acts are welcome! Cash Prizes & Trophies will be awarded. More info or to audition, call 763-706-3733. Sponsored by the CH Rec. Dept., Financial One, Guitar Center, and the CH Activity Fund.



Miss Columbia Heights 2015

It could be you!! The Columbia Heights Royalty Program is back. We will be participating in local parades this summer, come join the fun. Applications are now being accepted for girls and young ladies who live or work in Columbia Heights School District Boundaries. Ages: **Little Miss** 6 - 8 years

Junior Miss 5th grade - 9th grade

Miss Columbia Heights ages 17 - 22

Please call Sue at 763-789-2334 or find an application on the City Web site. Applications due by May 19th.



Summer Theater & Park Programs

● **HELP WANTED**

- -Summer Program Leaders-Mondays-Fridays
- -Hylander Center Gym Facility Supervisors-part-time hours, evenings, weekend days, some
- weekday morning.
- Must be 18 years and older. Call CH Recreation
- for details 763-706-3733.



Register @ www.chreconline.org

The Glitter-Bugs

Children 4 yrs old & Kindergarten

Mondays, Tuesdays, Thursdays & Fridays

June 15 - August 7 Join us at this exciting summer playground program for children 4 years old & entering Kindergarten. Participate in games, arts & crafts, swimming, music, Blooming Hites edible garden, storytelling, and special events! Fee includes supervision, supplies and equipment. Min 10/Max 25. **Register early - sessions fill quickly!**

Who: Children 4 years old & entering Kindergarten

When: Mon., Tues., Thr, & Fri.

Time: 9:15 - 11:15 a.m. **Fee:** \$35 per session

***Sign up for both sessions by May 22nd only \$65

Dates: No session July 3rd

Session I: June 15 - July 10

Location: Session # Ramsdell Park- # 1106-15

Session II: July 13 - Aug. 7

Location: Session # Ramsdell Park- # 1108-15



Puppet Wagon Puppeteers **4th - 8th Grade**

Mondays, Tuesdays, Thursdays & Fridays
9:00 - 11:30 a.m.

*Become a puppeteer for the Traveling Puppet Wagon. Monday & Tuesday rehearse for the puppet show. Thursday & Friday you will perform the puppet show for kids at local parks. Min 3/Max 5. You may sign up for one or more weeks. Registration deadline is two weeks prior to the week(s) of choice.

Who: Youth entering 4th grade & up **Fee:** \$5 per week

Dates:

Week 1 June 22 - 26 Session # 1160-15

Week 2 June 29 - Thr July 2 Session # 1161-15

Week 3 July 6 - 10 Session # 1162-15

Week 4 July 13 - 17 Session # 1163-15

Week 5 July 20 - 24 Session # 1164-15

Week 6 July 27 - 31 Session # 1165-15

Week 7 Aug 3 - 7 Session # 1166-15

Time: 9:00 - 11:30 a.m. **Location:** Meet at Murzyn Hall, Preschool Room (use back entrance)

Dyno-Hites

1st - 3rd Grade Mondays, Tuesdays, Thursdays & Fridays June 15 - August 7

*This fun-filled summer playground program is offered to children entering 1st, 2nd & 3rd grades. Activities include arts & crafts, group games, swimming, sports, Blooming Hites edible garden, and special events! Fee includes supervision, supplies & equipment. Min 12/Max 30.

Register early - sessions fill quickly!

Who: Youth entering 1st - 3rd gr.

When: Mon., Tues., Thr., & Fri.

Time: 9:00 - 11:30 a.m. **Fee:** \$35 per session

***Sign up for both sessions by May 22nd only \$65

Dates:

Session I: June 15 - July 10 * No session July 3

Location: Session # Huset Park-# 1109-15

Session II: July 13 - August 7

Location: Session # Huset Park- # 1111-15

Summer Theater & Park Programs

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S.P.A.R.K.S (Summer Parks & Recreation Kids Spectacular) 4th & 5th Grade

Mondays, Tuesdays, Thursdays, Fridays
June 15 - August 7

*The S.P.A.R.K.S program is full of fun, excitement, adventure and friends! This afternoon program for youth entering 4th & 5th grade includes participation in all types of sports, group games, arts & crafts, community service projects, swimming, frequent **DAY TRIPS** and more! **Open Gym Time at the City Gym, FREE Lunch Fridays at Community United Methodist Church, Sanneh Foundation Soccer.** Fee includes supervision, supplies & equipment. Min 8/Max 20. **Register early - sessions fill quickly! ***Sign up both sessions by May 22nd \$80*****

Who: Youth entering 4th & 5th grade
When: Monday, Tuesday, Thursday & Friday
Time: 1:00 - 4:00 p.m. **Location:** Ramsdell Park
Fee: \$45 per session

Session I: # 1115-15
Dates: June 15 - July 10 *No July 3

Session II: # 1117-15
Dates: July 13 - August 7



T.N.T. (Teens-N-Togetherness) 6th - 8th grade

Mondays, Tuesdays, Thursdays, Fridays
June 15 - August 7

*T.N.T. youth entering 6th, 7th & 8th grades will enjoy afternoons filled with all types of sports, group games, arts & crafts, community service projects, swimming, **FREQUENT DAY TRIPS** to near by beaches and more! We strive for a positive environment incorporating sportsmanship, teamwork and an appreciation for diversity. **Open Gym Time at the City Gym, FREE Lunch Fridays at Community United Methodist Church, Sanneh Foundation Soccer.** Special canoe day at Silverwood Park, Three Rivers Park District. "Coose Respect" presentations by Alexandra House. Opportunities to be a part of the Moonshoe Dessert Theater, and Session II the Mill Street Players Dinner Theater. Fee includes supervision, supplies and equipment. Min 15/Max 40. **Register early - sessions fill quickly! ***Sign up both sessions by May 22nd \$80*****

Who: Youth entering 6th, 7th & 8th grade
When: Monday, Tuesday, Thursday & Friday
Time: 1:00 - 4:00 p.m.
Location: Murzyn Hall, Prestemon Rm, please use the back entrance.
Fee: \$45 per session

Session I: # 1119-15
Dates: June 15 - July 10 *No July 3

Session II: # 1120-15
Dates: July 13 - August 7

**SUMMER
ADVENTURE**



TRAVELING PUPPET WAGON PERFORMANCES

*Join the traveling puppet wagon for it's 13th season! Performances are approximately 30 minutes long and will include a puppet play, jokes, story telling, and time to meet the puppeteers and puppets. Bring your friends, family, especially children under the age of 7, and a comfy blanket to watch the show. In case of rain please call the Rec. Dept. at 763-706-3730 to check on show status. **FREE** shows, open to the public.

JUNE 25 - AUGUST 7 (NO SHOW JULY 3)

<u>Day</u>	<u>Park</u>	<u>Address</u>	<u>Time</u>
Thursday	Huset Park	3965 Jefferson St. NE (at the pavilion)	9:45 a.m.
Thursday	Ramsdell Park	4956 Johnson St. NE (near shelter)	10:45 a.m.
Friday	McKenna Park	4757 7th St. NE (near shelter)	9:45 a.m.
Friday	Ostrander Park	1500 40th Ave. NE (near shelter)	10:45 a.m.

Theater in the Park

3rd - 6th Grade

Tues., Thur. & Fri, June 9 - 25

*We proudly present the 16th season of *Theater in the Park* with Ryan Haenze, for youth entering 3rd-6th grades. All that is required for participants is the



commitment to do your best! This program is a great introduction in an informal setting to theater, incorporated with team building skills, creative thinking, building self-confidence, having fun and making new friends! *Note:* additional dress rehearsals may be added. Min 8/Max 20. Reg. deadline: May 22. **Dress rehearsal:** Wednesday June 24th, 4:30-6:30 p.m.

Who: Youth entering 3rd - 6th gr.

Dates: June 9 - 25, Tuesdays, Thursdays & Fridays

Time: 1:00 - 3:30 p.m.

Location: Murzyn Hall, Theater room (please use back entrance)

Fee: \$35 **Session #** 1150-15

Performance: Thursday, June 25th, at 7:00 p.m.
Murzyn Hall Stage

Moonshoe Players

6th - 8th Grade

Tuesdays, Thursdays & Fridays

June 9 - July 9

*Join us for the 11th season of the Moonshoe Players dessert theater experience. This acting group is made up of youth entering 6th-8th grade. The program is an excellent opportunity for middle school youth to have fun, learn new theater skills, practice existing skills, build self-confidence and make new friends! If you aren't quite into the acting part of Moonshoe, please consider being a part of our very important stage, lighting and sound crew. *Note: additional rehearsals may be added prior to performance dates, upon director's discretion.* Reg. deadline: Wednesday, May 22

Also, the Moonshoe Players & TNT will be a part of the Mill Street Dinner Theater wait staff performance on Thurs., Aug. 13 at 7:00 p.m.

Dress rehearsals: July 6, 7 & 8, 4:30 - 6:30 p.m.

Who: Youth entering 6th - 8th gr.

Dates: June 9 - July 9 *No July 3

Time: 1:00 - 4:00 p.m.

Location: Murzyn Hall, M & M room (please use back entrance)

Fee: \$40 **Session #** 1152-15

Dessert Theater Performance: Thursday, July 9 at 7:00 p.m. Murzyn Hall Stage

The Mill Street Players

9th Grade & Up

Tuesdays, Thursdays & Fridays

July 14 - August 13

*Back for the 6th year "The Mill Street Players." This summer class is being offered to our returning theater buffs and also to anyone new! This troupe will be doing a murder mystery dinner theater performance open to the public for \$10 per ticket. *Note: additional rehearsals may be added prior to performance date.* Min 8/Max 15.

Reg. deadline: Tues. June 21st

The Mill Street Players are invited to be a part of the wait staff for the Moonshoe Players Dessert Theater performance on Thur., July 9 at 7:00 p.m.

Who: Youth entering 9th gr. & up

Dates: July 14 - August 13 **Time:** 1:00 - 4:00 p.m.

Location: Murzyn Hall, Theater room (use back entrance)

Fee: \$40 **Session #** 1153-15

Dress Rehearsals: August 10, 11 & 12 **Time:** 4:30-6:30 p.m.

Dinner Theater Performance: Thurs. Aug. 13 at 7:00 p.m. Murzyn Hall Stage



Youth Athletics & Clinics

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Hylander Football Clinic

Youth entering 1st - 8th grade

Students entering 1st through 8th grades will learn the basic fundamentals of football. CH Varsity Football Coaching Staff will teach proper stance, passing techniques, receiving techniques, pass patterns, kicking and form running. Camp participants will also be instructed on the various offensive and defensive positions on the football field. This is a "Non-Padded" football camp.

Where: CH High School Football Field

When: Tuesday - Thursday, July 28 - 30

Time: 6:00 - 7:30 p.m. **Who:** 1st - 8th Grade

Session # 2075-15

Fee: Early Bird Special \$25, After June 26th \$35



Spring Tennis Clinic

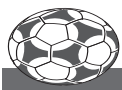
May 11, 13, 18, 20, Tues 26, Wed 27

Where: C.H. Middle School Tennis Courts

Session # 2201-15 **Grades** 3-5, 5:00 - 6:00 p.m.

Session # 2202-15 **Grades** 6-8, 4:00 - 5:00 p.m.

Fee: \$35 Bring your own racket and tennis shoes



SOCCKER & GYMNASTICS SIGN UP ON PAGE 10

Tae Kwon Do & Little Tigers

There will be no Tae Kwon Do or Little Tigers for the Summer. Dan will be taking the summer off to catch up on things and spend time with his family. Dan says, "Remember to practice forms, one steps, and grab defenses. Have a safe, fun summer and I will see everyone back in the fall."

Fall preview dates: TKD September 17 - October 22
Little Tigers sep 24 - October 15

YOUTH FOOTBALL

The CH Youth Football program will be playing in the Twin Cities North Youth Football League. Grades 2 & 3, 4, 5, 6 are assigned to a team based on grade level, regardless of weight. Weight restrictions enforced for: quarterback, running back, wide receiver and tight end. ****Volunteer Coaches Needed (clinic with Varsity Coach)**

Dates: Practices start the week of August 4th. Games are in early September through October. There are approximately 2 practices and 2 games a week.

Fee: \$60 per participant and \$100 uniform deposit fee. Helmet, shoulder pads, game & practice jersey and pants provided by the Rec. Dept. **Players buy their own shoes and mouth guard.**

Session # 2005-15 - 2nd & 3rd Grade

Session # 2010-15 - 4th Grade

Session # 2015-15 - 5th Grade

Session # 2020-15 - 6th Grade

*7th & 8th Grade Football register at the CH High School Activities Office - Hylander Center or online (www.colheights.k12.mn.us/activities/athletics) June - August. Questions call 763-528-4511. Equipment provided. Practices start the week of August 11th.



FOOTBALL VOLUNTEER COACHES CLINIC

with Varsity Coach Townsend and staff. Date to be announced. Instruction will include common formations on the field and the Varsity Playbook adapted for youth.

Girls Volleyball!

Coach Brenna Kittleson will instruct on setting, hitting, passing, serving, & teamwork. **Where:** Hylander Center City Gym

When: Tues. & Thur., May 12, 14, 19, 21 **Fee:** \$35 **Grades** 3-8, 6:00 - 7:30 p.m. **Activity #** 1307-15

Girls & Boys Basketball Clinic

EARLY BIRD REGISTRATION ... SAVE \$10!

CHHS Boys Varsity Coach Troy Russell, staff and players will lead participants through fundamentals and techniques of the game. Instruction will be given on shooting, offensive skills, passing, dribbling, free throws, as well as other basketball skills.

Who: Girls & Boys 3rd - 8th grade

Where: Hylander Center City Gym

When: Monday, July 6 - Thursday, July 9

Time: 6:30 - 8:30 p.m. **Session #** 1596-15

Fee: Early Bird Special \$30 After June 9, \$40

Wild Wednesday Trips 4th - 9th Gr.

EACH CHILD IS REQUIRED TO WEAR A PROGRAM T-SHIRT ON EVERY TRIP.
Purchase shirts for \$8 at the Rec. Dept. T-shirts given out on trip days will be billed to parent/guardian. Student Minimum of 35/Maximum of 50 on each Wild Wednesday Trip.

Valleyfair

Wednesday June 17

*Don't miss the thrill & chills of Valleyfair! It's sure to be a day filled with fun, rides, games, IMAX shows and sun. Experience 7 roller coasters and don't miss Power Tower - 275 feet of extreme scream. Bring a **Bag Lunch** or purchase lunch at the park. **Reg. deadline June 10**

Pick up/Drop off site:	<u>Depart</u>	<u>Return</u>
Murzyn Hall	9:25	4:35
McKenna Park	9:35	4:25
Keyes Park	9:45	4:15
Fee: \$18 what a deal!	Session # 1136-15	

MN ZOO & IMAX

Wednesday June 24

*Start the day off with the IMAX movie "Butterflies" and explore the zoo with more than 2,000 animals, representing more than 350 species. **Bring a bag lunch or buy concessions. Reg. deadline June 17**

Pick-up/Drop off site:	<u>Depart</u>	<u>Return</u>
Murzyn Hall	9:00	4:30
McKenna Park	9:10	4:20
Keyes Park	9:20	4:10
Fee: Only \$6!	Session # 1135-15	

Edina Aquatic Center

Wednesday July 1

*Don't miss the fun at this pirate-themed aquatic center. Glide over the water on a high-flying cable and ride the twisting water flume. Pirate's Plunge features a 207 ft body slide and 300 ft tube flume for single, double & triple riders! **Bring a Bag Lunch**, swimsuit, towel and money for snacks if you wish! **Reg. deadline June 24**

Pick up/Drop off site:	<u>Depart</u>	<u>Return</u>
Murzyn Hall	10:40	4:20
McKenna Park	10:50	4:10
Keyes Park	11:00	4:00
Fee: \$7	Session # 1139-15	

MN TWINS VS. Baltimore Orioles

Wednesday, July 8



*Take part in the deal of the summer! Cheer on the TWINS for a great afternoon of MN Baseball at Target Field! Participants must wear their CH Wild Wednesday T-shirts. *Eat lunch before coming, group concession visits will be limited.* Game starts at 12:10 p.m. **Reg. deadline July 1**

Pick-up/Drop off site:	<u>Depart</u>	<u>*Return</u>
Murzyn Hall	10:40	4:20
McKenna Park	10:50	4:10
Keyes Park	11:00	4:00

***Return approximately 45 min after game ending**
Fee: Only \$5! **Activity # 1137-15**

Cascade Bay Water Park

Wednesday July 15

*Spend the day at one of Minnesota's largest outdoor water parks. Cascade Bay has two water slides, two body flumes, a lazy river and more. **Bring a Bag Lunch**, swimsuit, towel and money for snacks if you wish! We will eat lunch before we enter the park at 11:45.

Reg. deadline July 8

Pick up/Drop off site:	<u>Depart</u>	<u>Return</u>
Murzyn Hall	10:40	4:30
McKenna Park	10:50	4:20
Keyes Park	11:00	4:10
Fee: \$8	Session # 1140-15	



Register at www.CHRECONLINE.ORG

Wild Wednesday Trips 4th - 9th Gr.

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AUGUST ADVENTURE DAYS

Bunker Beach

Wednesday July 22

*Bunker now features 6 towering water slides, 900 ft lazy river, activity pool & climbing wall, a zero-entry pool with a water play structure, a creative sand play area, and as always, Minnesota's largest outdoor wave pool! Ride the waves on a tube for a \$2 rental fee for 2 hours. **Bring a BAG LUNCH**, or money for concessions if desired, swimsuit & towel. **Reg. deadline July 15**

Pick up/Drop off site:	Depart	Return
Murzyn Hall	10:10	4:20
McKenna Park	10:20	4:10
Keyes Park	10:30	4:00
Fee: \$10 Session # 1138-15		

Wild Mountain

Wednesday July 29

*Spend a day in Taylors Falls with a Super Day Pass, an unlimited ride pass for all water and dry rides. Ride the Hydro-Tube, Super-Chute, Hydro-Whip, Wild Rapids, Alpine Slide, Go-Karts and more! Bring a swimsuit, towel and a **Bag Lunch** or purchase lunch at the concession stand. **Reg. deadline July 22**

Pick up/Drop off site:	Depart	Return
Murzyn Hall	9:10	4:30
McKenna Park	9:20	4:20
Keyes Park	9:30	4:10
Fee: \$16 Session # 1141-15		



NICKELODEON UNIVERSE

Wednesday August 5

*Enjoy a day of thrills and chills at Nickelodeon Universe, the largest indoor amusement park in the nation. The park is home to 7 acres of fun with more than 30 remarkable rides and attractions. Each participant will receive a 5-hour unlimited ride pass! **Bring a bag lunch or money for the foodcourt. Reg deadline July 29**

Pick up/Drop off site:	Depart	Return
Murzyn Hall	9:40	4:20
McKenna Park	9:50	4:10
Keyes Park	10:00	4:00
Fee: \$14 Session # 4160-15		

Lilli Putt Miniature Golf & Go Carts

Monday, August 10 4th - 9th grade

*Lilli Putt is the hottest mini golf course in the Twin Cities, complete with mini castles and river obstacles. We have 18 holes to test your putting skills. Cool off on our bumper boats (with built in water squirts!) and race your friends on our go kart track! **Bring a bag lunch** and extra \$ if you like. Min 8/Max 24. **Registration deadline July 27**



Who: Youth entering 4th - 9th Grade
Drop Off: 10:15 **Van leaves:** 10:30 **Pick-Up:** 2:00
Fee: \$7 **Session #** 1142-15

Zero Gravity

Tuesday, August 11 4th - 9th grade

*Jump, spin & flip and this elite indoor trampoline park. Gravity Zone has multiple trampolines connected together to experience free jumping where you can bounce off the walls. Gravity Force dodge ball, Slam Dunk basketball and Gravity Cavity foam squares pit. Wear comfortable clothing. **EAT BEFORE you come!!!** Min 8/Max 24. **A waiver must be signed by parent/guardian. Registration deadline July 28**



Who: Youth entering 4th - 9th Grade
Drop off: 12:50 **Van leaves:** 1:05 **Pick up:** 3:50
Fee: \$11 **Session #** 2408-15

Cheap Skate

Wednesday, August 12 3rd - 6th grade

*Join us for an afternoon of roller skating fun for first timers or those who have done it before. Hot dog, chips, and beverage included for lunch. Bring extra money for more food or any arcade games. Min 8/Max 24. **Registration deadline July 29.**

Who: Youth entering 3rd - 6th grades
Drop off: 11:15 **Van leaves:** 11:30 **Pick up:** 3:00
Fee: \$6 **Session #** 1143-15

Jr. Hylander Soccer Clinic - Boys and Girls 1st - 8th Grade

The SANNEH Foundation will lead boys and girls, grades 1st - 8th in soccer basics. Their goal is to work in partnership with schools & communities utilizing soccer as a tool to cultivate leadership, fight racism, serve the community and prepare youth for success. *****Take advantage of this special price for your soccer player to develop their skills!***

Where: Huset Park **When:** Mon. - Thur. July 13-16

Who: 1st - 8th grade **Time:** 6:00 - 7:30 p.m.

Fee: \$5 !!! **Session #** 1820-15

Fall Co-Ed Soccer

The focus of this soccer program is skill development and fun for boys and girls entering grades 1-6. Games will be played against the communities of St. Anthony and New Brighton.



Volunteer coaches needed!

Fee: \$35 **Dates:** Starting the week of Aug. 10.

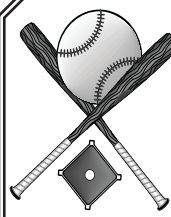
Practices once or twice a week, games Saturday mornings.

Time: Games vary between 8:00 a.m. and 12:00 noon on Saturdays.

Session # 1825-15 Mites 1st - 2nd grades, Max 33

Session # 1835-15 Squirrels 3rd - 4th grades, Max 28

Session # 1845-15 Pee Wees 5th - 6th grades, Max 32



COLUMBIA HEIGHTS JAMBOREE TOURNAMENT

MEN'S SLOW PITCH SOFTBALL

Double Elimination - 16 Teams

JUNE 27th - 28th

1st Place - \$250 and trophy 2nd Place - \$150

Entry Fee of \$150 Session #5099-15

Contact Keith for details 763-706-3732.

Total Body Conditioning

Taught by Donna, AFAA certified group fitness instructor & personal trainer. Improve posture, balance and core strength through a variety of body conditioning exercises and stretching for flexibility. We will lunge, squat, and sculpt in a motivating atmosphere. All fitness levels are encouraged. Bring a set of 2 lbs and/or 5 lbs weights, ankle or wrist weights 1lb optional, water bottle, a yoga mat or towel, and tennis shoes.

Who: Adults, all ages & skill levels

When: Wed. May 6 - July 1 *No class May 20

Time: 6:00-7:00 p.m.

Where: Edgemoor Rm, lower level Murzyn Hall

Fee: \$40 **Activity #** 5102-Sp15

When: Wed. July 8 - Aug 26

Fee: \$40 **Activity #** 5101-su15

GYMNASTICS @ MURZYN HALL

Jolene Miske is the Varsity Gymnastics Coach. Class Rules - Attire: leotard or tank top and fitted athletic shorts, hair neatly pulled back, Please No gum or street shoes/socks. Parents will be able to watch the First and Last Class! 8 weeks.

Where: All classes are held in the Edgemoor Room, lower level Murzyn Hall

WEDNESDAY SESSIONS - May 13 - July 8 - NO Class May 20

Mommy & Me 18 mo. - 2 1/2 Year Olds | 30 Min Class | 4:00-4:30 Wednesdays | Fee: \$35 | Activity # 1199-su15

Mighty Tykes 3 Year Olds | 30 Min Class | 4:30-5:00 Wednesdays | Fee: \$35 | Activity # 1200-su15

Mighty Tykes 4 & 5 Year Olds | 45 Min Class | 5:00-5:45 Wednesdays | Fee: \$40 | Activity # 1201-su15 MAX 15

TUESDAY SESSIONS - May 12 - July 7 - NO Class May 19

Shooting Stars (lvl 1) Ages around 5-8 | 45 Min Class | 4:30-5:15 Tuesdays | Fee: \$40 | Activity # 1202-su15

Starting cartwheels, support on the bars, and the beginnings of walking certain ways and jump on the balance beams.

Springers (lvl 2) Ages around 5-9 | 45 Min Class | 5:15-6:00 Tuesdays | Fee: \$40 | Activity # 1203-su15

In this class the kids will learn the following skills without assistance or the use of mats to aid them before they can move up. Forward and backward rolls on floor, small handstand and cartwheels, pulling over and under on the bars. Rolls and cartwheels on low/floor beams, and run and hurdling into beginner vaults.

Leapers (lvl 3) Ages around 6-10 | 60 Min Class | 6:00-7:00 Tuesdays | Fee: \$40 | Activity # 1204-su15

Work on some of the following skills: handstands, front to back cartwheels, rolls with straight arms and legs, backhip circles and underswings on bars, cartwheel and easy jumps on beam, and running into rolls and handstand on vault.

NEXT session dates: August 18/19 - Oct 6/7

PARTICIPANT INFORMATION *Use a separate form for each participant* Please print & complete all information
 Mail or Bring to: **Columbia Heights Recreation, 530 Mill Street N.E., Columbia Heights, MN 55421 ph: 763-706-3730**

Participant Last Name: _____ First Name: _____
 Grade: _____ Birthdate: _____ Male or Female: _____ Email Address: _____ State: _____ Zip: _____
 Address: _____ City: _____ Home Phone: _____ Work Phone: _____
 Parent/Guardian: _____ Cell Phone: _____
 Additional Info/Special Needs: _____ School: _____
 Emergency Name & Phone #: _____

ACTIVITY / PROGRAM INFORMATION

Activity Name	Activity Location	Activity #	Fee
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
*Make Checks payable to "City of Columbia Heights"			Total Due =

DATA PRIVACY ADVISORY: By signing below, I understand that this information will only be made available to program staff, the City's insurer and attorney, and to others connected with the program for the purposes of administering the activity and providing me with the notice of scheduling changes.

I, The Undersigned, participant, do hereby agree to participate in the aforementioned activity(ies), and I further agree to indemnify, and hold the City of Columbia Heights harmless from and against any and all liability for any injury which may be suffered by the aforementioned individual(s) arising out of, or in any way connected with, participation in this activity.

Parent/Guardian or Adult Participant Signature: _____

FOR OFFICE USE ONLY

Amt. Paid _____ Date _____ Cash _____ Check # _____ Charge _____ Initial _____
 Uniform Deposit (if needed) Cash _____ Check # _____
 Notes: _____

Crochet Fun May - August

Learn to crochet, get some new ideas, patterns or just visit while you crochet. Join the fun, bring your own projects or try some quick, easy kits that can be purchased from instructor, Beth Ann. Free "how to" sheets and patterns available. Come to learn or just to set time aside to crochet.



Who: Adults 18 & over

Where: Keyes Rm, Murzyn Hall

Time: Thursdays, 6:30 - 8:00 p.m.

When: Apr 30 - June 25 No May 21

Session # 2654-sp15

When: July 2 - Aug. 27

Session # 2653-su15 Fee: \$10

SENIOR CENTER

The CH Senior Center, (lower level of Murzyn Hall, 530 Mill Street NE.) provides educational, social and recreational programs to those 55 years and older in the community. The center is open Monday - Friday from 9:00 a.m. to 4:00 p.m. and is handicapped accessible. • For more information 763-706-3735.

SENIOR HIGHLIGHTS

This monthly newsletter informs seniors of the programs, classes & special events being offered. Available at the Senior Center, Recreation Office, CH Public Library, City Hall and city website www.ci.columbia-heights.mn.us.

GOLDEN AGE CLUB

The Golden Age Club is a social group that meets the first and third Thursday of every month, 11:45 a.m. to 1:30 p.m. Yearly membership fee = \$20.

BOCCE BALL

Our outdoor bocce ball group meets on Monday mornings at 9:30 a.m. on the courts located behind Murzyn Hall. No experienced needed, we play for fun. Be at the courts by 9:20 a.m. so we can organize the teams.

WALKING CLUB

We've added some new walking groups along with the original, please call to find out details on each one.

CHORES & MORE

Senior citizen household services (sliding fee) including house cleaning, lawn raking and minor repairs, call 763-502-5151 Monday through Friday.

SENIOR OUTREACH

Anoka County resources assistance 763-783-4741.

ADULT AEROBIC DANCE

Enjoy this vigorous and fun exercise class that will help you get in shape and stay in shape. Class uses low impact dance steps for a motivating workout. Wear aerobic shoes and loose, comfortable clothes.



Bring a mat or blanket for floor exercises. Class is held at Murzyn Hall, Main Hall.

Tuesdays

Date: June 30 - Aug. 25

***No Class Aug. 4**

Thursdays

July 2 - Aug. 27

***No Class Aug. 6
(July 9 & 13 @ 6-7 pm)**

Time: 6:30 - 7:30 p.m.

6:30 - 7:30 p.m.

Session# 8206-su15

8207-su15

Costs: \$ 22.00 - 8 classes

\$ 22.00 - 8 classes

**STOMPIN' AT THE HALL
55 YEARS AND OLDER**

Increase your energy! Improve your flexibility and circulation through walking, stretching, and exercising at a level that is safe for you. Wear aerobic shoes and loose, comfortable clothes. Bring a mat or blanket for floor exercises. You may choose one, two or all three sessions. Men and women welcome. Classes are held at Murzyn Hall, Main Hall.

Mondays

Date: June 29 - Aug. 24

***No Class Aug. 3,**

Thursdays

July 2 - Aug. 27

***No Class Aug. 6**

Time: 9:00 - 10:00 a.m.

9:00 - 10:00 a.m.

Session# 8202-su14

8204-su14

Cost: \$ 22.00 - 8 classes

\$ 22.00 - 8 classes

Beginners start June 30 and then join another class

BLOOD PRESSURE

Blood Pressure is checked free of charge on the second Friday of every month in the Senior Center from 9:00 a.m. to 10:00 a.m. Provided by the CH Fire Department.

TRIPS AND OUTINGS Enjoy the exciting sights and sounds of the metro and surrounding areas. Theaters, concerts, luncheons, tours and special places of interest will be visited.

If you are interested in being on our mailing list, please call 763-706-3730 to leave your name and address.



Information

12

**Please register early for
all Recreation programs
so that we can ensure each
program will be a success!**



Register for all programs:
www.chreconline.org
Columbia Heights Recreation
530 Mill Street 763-706-3730



Benvenido

INFORMACION DE LA INSCRIPCION

*Inscripción en línea al www.chreconline.org. Las Inscripciones son aceptadas en persona o a través de correo regular dirigido a Columbia Heights Recreation, John P. Murzyn Hall, 530 Mill Street N.E., Columbia Heights, MN 55421. Puede pagar en efectivo o con cheque. La caja de correos para depositarlo después de las horas de atención esta localizado en la parte este del edificio. También puede inscribirse a través del teléfono llamando al 763-706-3730, y puede pagar con tarjeta de crédito: Discover, Visa, o Master Card.

Los Participantes de la beca: Aplique en nuestra oficina para la ayuda si es que no puede pagar una de las actividades. La beca cubrirá el 75% del costo del programa (descuento máximo es de \$25); el 25% restante tiene que ser cubierto por los padres del participante o tutor. Por favor traiga una copia de la declaración de impuestos Federal o la carta de verificación de que su hijo(a) recibe almuerzo gratuito en el Distrito Escolar. Solo una beca por niño(a) por cada carta informativa.

*Esta iniciativa se financia en parte con una subvención del Departamento de Educación de MN usando fondos federales, 21st Century Community Learning Centers.

Heights Happenings

SUMMER 2015 · News and information about your neighbors and your city.



Process begins to create new city library for 21st Century

Members of the Library Design Task Force and city staff members have been meeting with architects and engineers from Hammel Green and Abrahamson (HGA) since February to develop a design for the new city library which will meet the needs of Columbia Heights for the next fifty years.

The new library will be located at 3939 Central Avenue, between 39th Avenue and Gould Street, just south of the Heights Theatre.

A 3-D model and preliminary images of the interior and exterior of the building are now on display at the current library, located at 820 40th Ave. NE.



An architect's drawing of what the new Columbia Heights Library will look like when built on Central Avenue.

continued on page 2

Jamboree will feature parade, carnival, fireworks and much more

It's a summer highlight for many, a community reunion for others and an all-round good time for everyone!

The 59th Annual Columbia Heights Lion's Club Jamboree and Carnival takes place from Wednesday, June 24, through Sunday, June 28.

Most events will take place at Huset Park including the popular carnival and Lion's Beer Garden. Tasty Pizza will kick off the week by sponsoring a Medallion Hunt with a \$1,000 prize.

The Jamboree parade will be 6 to 8 p.m. on Friday, June 26. It begins at 45th and Central, proceeds south to 40th, ending at 5th Street. Look for floats, marching bands, fire engines, people you know and some surprises.

continued on page 2

City has new promotional brand, logo

Columbia Heights is set to reveal its new logo and brand on May 14. In 2014, The City's Economic Development Authority (EDA) began developing a new brand for the community that built upon Columbia Heights' positive aspects, history and unique character. Replace, a Minneapolis design firm, was selected to help create the new logo and design (see new logo above in the newsletter masthead).

Last fall, residents were encouraged to provide input into the new brand identity at a community gathering, online and at City Hall. Ultimately, a "heritage" concept was selected which included a graphic of the locally iconic Clock Tower of Peace.

Residents can immediately anticipate seeing the new logo and brand on written and electronic communication from the City. Over time, the new logo will be incorporated onto city vehicles, identification signs, park signs, water tower and other local infrastructure. Changes will be made over time as equipment is replaced.

This new tool to promote and display the positive aspects and unique character of Columbia Heights is exciting. It is time to rediscover the Heights!

IN THIS ISSUE

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Create rain gardens Page 3

Apartment recycling success Page 3

Free programs for kids Page 4

Meet new police officers Page 6

Stay safe this summer Page 8

Look for complete Jamboree schedule on flip side of newsletter



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50th reunion will include Proft at benefit for CHHS scholarships

The Columbia Heights High School Class of 1965 is planning its 50th reunion during this year's Jamboree community celebration that will include a fundraiser that benefits future graduates.

"Wrongfully Accused," which was written, produced and directed by Columbia Heights native Pat Proft, will be shown at 1 p.m. Saturday, June 27, at the Heights Theater, 3951 Central Avenue NE. The 1998 movie about a fugitive on the run stars comedy icon Leslie Nielsen. Proft will speak before and after the movie.

Tickets are \$5. All proceeds will benefit the Columbia Heights High School Alumni Scholarship Foundation. Tax deductible donations are also welcome.

"We hope to have a really good time at our reunion weekend, and also give back to the community with our fundraiser at the Heights Theater," said Barb Berzak Ritter, a member of the 50th Reunion Committee.

Other reunion events will include:

- Golf at Columbia at 10 a.m. on Friday, June 26;
- Riding in the Golden Hylanders unit in the Jamboree parade at 6 p.m. on Friday, June 26;
- Tour and presentation at Columbia Heights High School at 10 a.m. on Saturday, June 27, and
- Celebration at the Mermaid in Mounds View on Saturday, June 27, beginning at 5:30 p.m. with social hour, dinner and dancing.

Make a mask and march in parade

A FREE mask making class taught by In The Heart of the Beast Puppet and Mask Theater will be offered to children, entering grade 3 and up, from 6 to 7 p.m. on Thursday, June 25 at Murzyn Hall.

All youth will have the opportunity to walk with their masks in the Columbia Heights Jamboree parade on Friday, June 26, along with the city's Traveling Puppet Wagon.

Class sponsors are the Columbia Heights Lions, Columbia Heights Boosters, city's Recreation Department and Public Arts Commission.

To register, call Columbia Heights Recreation at (763) 706-3730 or register online www.chrecoline.org

Jamboree, continued from page 1

Who will be the next voice of Columbia Heights? The 9th annual Heights Idol competition will be at 6:30 p.m. on Saturday, June 27, on an outdoor stage on the east side of Murzyn Hall. Watch talented community members perform!

The Columbia Heights Coronation will take at Columbia Heights High School at 1 p.m. on Sunday, June 28. Royalty will be selected from three categories: Queen (ages 17-22), Junior Royalty (ages 11-13) and Little Miss (ages 6-8). A generous scholarship of \$2,500 will go to the newly-crowned queen.

Whether this is your first Jamboree, or the 59th one you've

Free expert advice is available for prospective entrepreneurs

Need a trusted advisor?

A free business consultant?

Or funding to start or expand your business?

Open to Business provides one-on-one business counseling to current and prospective entrepreneurs in Columbia Heights. Consultants can work with you to develop a strong business plan, identify challenges and opportunities, and to tailor solutions. In addition to direct consulting, Open to Business program staff can link entrepreneurs with additional resources, including training programs, community or governmental services, and industry and business professionals.

Consultants will work with you to determine your capital needs, and can help you identify and apply for financing that meets those needs.

Open to Business will hold regular office hours at Columbia Heights City Hall the 2nd Tuesday of the month from 1:30 to 4 p.m. Please make appointments in advance by calling (763) 438-7315 or emailing kduchene@mccdmn.org

Library, continued from page 1

A public meeting took place in March to present information on the timeline for the project, the location, the building design and the budget. The next public open house is Wednesday, May 20, from 6-8 p.m. in the Public Safety Training Room. This open house will cover interior layout and finishes as well as external materials.

Following voter approval in November, the city sold \$6.9 million of general obligation library bonds in early 2015 and will also utilize approximately \$2.3 million of internal funds to cover site preparation, design, and construction costs for the new building.

The tentative schedule is for construction to begin early this fall with an opening date in late May or early June 2016.

For more information, go to the city's website at www.ci.columbia-heights.mn.us or provide feedback by sending an email to chprojectlibrary@ci.columbia-heights.mn.us.

attended, enjoy this wonderful community event. Make some new summer memories!

For more information including a schedule, see the flip side of this newsletter, go to "Jamboree" in the recreation department's portion of the city's website at www.ci.columbia-heights.mn.us, or call the Jamboree Hotline at (763) 706-3789.



A contestant in last year's Heights Idol competition.



Tenants in the apartment building owned by Michelle Ferreira, above, do a great job with recycling.

Apartment owner promotes recycling

When the city removed the large dumpster at the apartment building she owns, Michelle Ferreira knew it was time to do things differently. So she began a recycling effort that could serve as a model for other multi-dwellings in the city.

Her tenants now sign a lease that requires them to recycle in the seven-unit building on Central Avenue. Michelle makes it easy for them by supplying blue recycling totes that are provided by the city through a grant. She instructs tenants on how to recycle and they do it well. Occasionally, she pulls milk jugs and other recyclable items out of the garbage, but overall her tenants have made a big difference in what the building throws away.

The apartment's huge dumpster has been replaced by two recycling carts and two garbage carts that are equally filled each week.

"Recycling is right thing to do," she said. "By increasing recycling we have been able to decrease the volume of our garbage." This summer, she hopes to involve her building in the city's composting program.

In the shared laundry room, she's put bins out to collect plastic bags, which she recycles at Cub Foods. She also gathers used batteries and light bulbs from tenants and takes them to the Anoka County drop off recycling center.

"People tend to assume that renters are non-participatory, but that's not accurate," stated Michelle. "Recycling gives them the chance for greater participation in the community."

Michelle sees another benefit to owners whose buildings recycle. "When people work together for one specific purpose, it promotes a feeling of community in a building and that's a good thing for everyone."

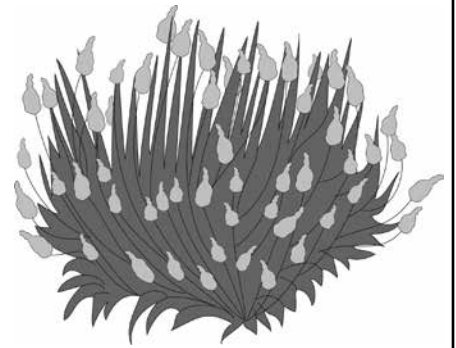
"The cost to dispose of garbage has increased significantly in Anoka County," said Jesse Davies, the city's recycling coordinator. "So recycling saves the cost of sending tons of solid waste to the landfill."

City supports recycling in multi-dwellings

Owners/Managers of multi-dwellings are encouraged to order additional recycling containers (for no additional cost) and inform tenants of the increased recycling opportunity. The carts have labels on top of the lids describing what can be recycled. Call the city's Public Works Department at (763) 706-3700 to request recycling information (in multiple languages) and totes tenants can use to collect and carry materials to the outside recycling cart.

Create rain gardens to improve area water quality

Summer rain is good for your garden, but it also creates stormwater that picks up pollutants and quickly runs into streams and lakes. You can help improve water quality by adding a simple and attractive feature to your yard: a rain garden.



Rain gardens help to slow down and clean stormwater. A rain garden is a shallow depression that is planted just like a regular garden or flowerbed, but the difference is in the roots. Rain gardens are planted with deep-rooted native plants that enhance the soil's ability to infiltrate water into the ground.

Including native plants in your rain garden can have many benefits. Not only are native plants best adapted to your local climate, but they are much heartier than non-natives because their roots are generally long and can find their own water. With these long roots, natives also decrease soil compaction and filter out pollutants.

Native plants are also more valuable than non-natives because of their unique relationship with other local organisms. They provide nectar, pollen, and seeds for bees, butterflies, birds and other wildlife. Native plants also provide critical habitat for beautiful and diverse native butterflies, insects, and birds.

Residents of Columbia Heights who live within the Rice Creek Watershed District (RCWD) are eligible to apply for a grant to cover 50% of the cost to install a rain garden. To learn more about the RCWD's cost share program, visit www.ricecreek.org.

To learn more about rain gardens and planting for clean water, visit the Blue Thumb website at www.bluthumb.org/raingardens. This website contains a variety of resources for new gardeners, including plant selection guides, links to local retailers and workshops, how-to manuals and garden blueprints.

City on track to meet 2015 recycling goal

Thanks to Columbia Heights residents, a total of 438 tons of materials were recycled in the first quarter of 2015, which saved the City's refuse fund over \$27,000 in trash disposal fees. This is notable and right on track with the city's recycling goal, set by Anoka County, to increase recycling to 1,826 tons this year. If each household recycles approximately 44 pounds each month, we should easily make the 2015 goal.

COLUMBIA HEIGHTS PUBLIC LIBRARY

820 40th Ave. NE

Reference/Information: (763) 706-3690

Renewal: (763) 717-3261

Fax: (763) 706-3691

TDD: (763) 706-3692 (Hearing impaired only)

www.anoka.lib.mn.us

www.ci.columbia-heights.mn.us

Cable Channel 19

www.facebook.com/ColumbiaHeightsPublicLibrary

Summer Library Hours beginning June 8

Monday – Wednesday: 9 a.m. to 8 p.m.

Thursday: 10 a.m. to 6 p.m.

Friday: 9 a.m. to 5 p.m.

Saturday: 10 a.m. to 2 p.m.

Sunday: CLOSED

Library Closed

Independence Day, July 3-4

Labor Day Weekend, Sept. 5-7

Library Book Club

Drop in for a favorite book discussion or become a regular member. Book Club meets in the library at 10 a.m. on the last Wednesday of each month. Upcoming discussions include:

“The Rosie Project” by Graeme C. Simsion

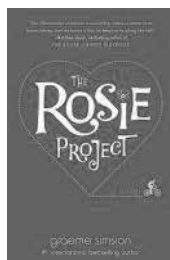
Wednesday, June 24, 10 a.m.

“Of Mice and Men” by John Steinbeck

Wednesday, July 29, 10 a.m.

“Labor Day” by Joyce Maynard

Wednesday, Aug. 26, 10 a.m.



D-Day: June 6, 1944 The American Experience

Tuesday, June 2, 6 to 7:30 p.m.

Don't miss this fascinating presentation, complete with replica models, by local author and historian John D. Cox as he discusses D-Day from an American perspective, including the build-up, planning and attack. Cox discusses the objectives of the U.S. Airborne landings, specifically, the 82nd Airborne's capture of Sainte Mere Eglise and finishes with the assaults on Utah and Omaha beaches. Register online or call (763) 706-3690. Walk-ins welcome.

Senior Surf for Adults 55+

Wednesdays, June 3, July 1, Aug. 5, 9:30 to 11:30 a.m.

Get hands-on computer experience with help from representatives of the Senior LinkAge Line. Learn computer basics, how to navigate and search the Internet and how to access websites of interest to seniors.

Register online or call (763) 706-3690. Presented in collaboration with Minnesota Board on Aging and Metropolitan Area Agency on Aging.



A One Stop Shop for Minnesota Seniors

Nonfiction Book Club: What are you reading now?

Fridays, June 19, July 17, Aug. 21 at 2 p.m.

Meet other interested readers and get ideas for new titles to add to your reading list. Bring along a nonfiction book that you are currently reading or recently finished and share your thoughts and recommendations with the group. No need to register; just come when you can! The Nonfiction Book Club meets in the library at 2 p.m. on the third Friday of each month.

Children's Programs

Mark your calendars for these special events!

Registration begins June 1. Stop in, go online to anokacountylibrary.org, or call (763) 706-3690 to register or for more information.

Summer Reading Kickoff Party

Tuesday, June 9 at 10:30 a.m.

Join us for a story followed by photos with special guest T.C. Bear from the Minnesota Twins. Afterward, sign up for the summer reading program!

Lunch Bunch Book Club

Mondays, June 15, 22, 29 and July 6 at 11:30 a.m. to 12:30 p.m.

Bring your sack lunch and listen to children's librarian Bethany read aloud from the book “Rules” by Cynthia Lord. Afterward, we'll discuss and do a group activity. For grades 3-5. Registration required.

Wacky Wednesdays

June 10-July 22 at 2 p.m.

Come to the library each Wednesday for a free, live performance. Programs are open to all, but geared towards children grades K-6. Come early as shows begin promptly at 2 p.m.

June 10	Brodini Comedy Magic Show
June 17	Treasure Beyond Measure
June 24	Reptile & Amphibian Discovery Zoo
July 8	Schiffelly Puppets
July 15	Raptor Center
July 22	Mad Science: Fire and Ice

Heavy Equipment Encounter

Tuesday, June 16 at 10:30 a.m.

An all-ages storytime about the big machines that build, bulldoze and move our world. Meet in the parking lot afterward to get up close and personal with some of the equipment from our own Columbia Heights Public Works Department.

Children's Programs continued on page 5

Children's Programs, cont.

Moo!

Tuesday, June 16, 2 to 3:30 p.m.

An all-ages event to celebrate the 2015 Once Upon a Reader book "Moo!" by David LaRochelle. Listen to the story, then play a life-sized game of Moo!, participate in a cow scavenger hunt, and have fun with other moo-velous activities.

African Drumming

Tuesday, June 23, 2 to 4 p.m.

Work with master drummer Ghana Mbaye from Senegal and learn how to drum on authentic African drums, including the djembe. Practice basic rhythmic patterns that have been passed on for generations. For grades 4-6. Registration required.



Make & Take Tuesdays

Tuesdays, June 23 to Aug. 25, 11 a.m. to 12 Noon

Stop by the library to make an art project! This is an informal, drop-in craft program that will take place immediately after storytime. Registration not required.

The Great Outdoors

Tuesday, June 30, at 2 to 3:30 p.m.

Head outdoors and draw with sidewalk chalk, blow bubbles, jump rope, play spray bottle tag and other games, and take a story walk. For all ages. No registration required.

Bats and Batik



Tuesday, July 7, 2 to 3:30 p.m.

Learn about the fascinating lives of bats. Create a glow-in-the-dark night sky with our special supplies, then add a paper bat or two to complete your nighttime scene. For grades 1-2. Registration required.

Star Wars

Tuesday, July 14, 2 to 3:30 p.m.

May the force be with you as you join fellow fans to make accessories and participate in activities fit for the Star Wars universe and beyond. For grades K-8. Registration required.



Japanese Folk Art Traditions

Tuesday, July 28, 2 to 4 p.m.

Explore customs and traditions of Japanese culture. Learn how to make origami, create your own Japanese lantern, taste different foods, dress in a kimono or obi and perform several Japanese dances. For grades 4-6. Registration required.

American Girl Tea Party

Wednesday, July 29 at 11 a.m.

Wednesday, July 29 at 2:30 p.m.

You're invited to dress up and bring your American Girl doll (or any favorite doll) as we celebrate American Girl Kit-ledge. Join us for tea, treats, and crafts. Registration for one time slot required.

READ Dogs



Real dogs in the library?! Participants may register for a 15 minute one-on-one session to read with a therapy animal. Registration required. Call for more information (763) 706-3690.

Storytime @ the Library

June 15 to July 28

Join us for songs, books, rhymes and fun! No registration required.

Toddler storytime

(Geared toward ages 18 months to 3 years)

Mondays, 10:30 to 10:50 a.m.

Preschool storytime

(Geared toward ages 3 to 5)

Tuesdays, 10:30 to 11 a.m.

Teen Programs

Teen Thursdays

Join us every Thursday at 3 p.m. to have fun, meet people, and learn new things!

Books & Bites

Thursday, June 11, 3 to 4:30 p.m.

Do you like to read? Find out about the best books you haven't read. We will chat about books, eat snacks, and try your skills at the tape ball challenge. Bring a book you'd like to share. For grades 6-12. No registration required.

Dr. Who Party

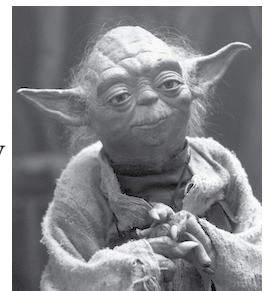
Thursday, June 18, 3 to 5 p.m.

Are you a fan of Dr. Who? Or are you wondering just who is Dr. Who? Travel in for snacks, crafts, and games. For grades 6-12. Registration required.

Stars, Yoda, and Spaceship Origami

Thursday, June 25, 3 to 4:30 p.m.

Learn about the night sky and make celestial and Star Wars themed objects out of colorful paper, your folds, and no glue. The objects will range in complexity from easy to intermediate in difficulty. For grades 7-12. Registration required.



Maker Space

Thursdays, July 2 & 9, 3 to 5 p.m.

Explore science, technology, engineering, art, and math at the library. For grades 6-12. Registration required.

Hunger Games Party

Thursday, July 16, 3 to 5 p.m.

Do you have what it takes to survive in the arena? Enter if you dare for Hunger Games-style snacks, crafts, and challenges. For grades 6-12. Registration required.

Anime and Manga Club

Thursday, July 23, 3 to 5 p.m.

Calling all anime and manga fans! Join us to read manga, watch anime, do crafts, and eat snacks. For grades 6-12. No registration required.

Police department office hours

The Columbia Heights Police Department office is open Monday through Friday, 8 a.m. to 4:45 p.m.

The telephone number is **(763)**

706-8100. The office is located in the Public Safety building, **825 41st**

Avenue NE. The police department is closed on weekends and holidays. A telephone is located inside the entry doors that can be used after hours to request assistance.



For general information, activities, ordinances, and services, visit www.chpolice.com, find us on



Facebook.com/chpolice, and follow us at twitter.com/colhgtspolice.

Spotlight: Erik Johnston

Sergeant Erik Johnston has been with the Columbia Heights Police Department since 2002. He was born and raised in nearby Blaine and recalls frequent trips to Columbia Heights throughout his childhood, as he is the second generation in his family to work for the city. His mother June was the Assistant Finance Director from 1986 through 1998.



Sergeant Erik Johnston

Johnston obtained a law enforcement degree from North Hennepin Community College, a bachelor's degree in business administration from Metropolitan State University and a master's degree in police leadership from St. Thomas University.

Prior to becoming a police officer, Johnston worked as a computer technician for IBM, and now frequently puts those skills to use in helping with the many technological aspects of police work.

During his career at the police department, Johnston has served in many roles including patrol officer, school resource officer and investigator. In 2011, he was promoted to patrol sergeant, and has been serving in that capacity since then. He is active in many community programs and involved in a research project focusing on the effectiveness of community policing in Columbia Heights.

In his free time, he enjoys reading, hunting, fishing, playing the occasional video game and spending time with friends and family. He and wife Amy have two children.

Johnston expressed much fondness for the Columbia Heights community, having watched it change and grow over much of his life. He enjoys the colleagues he works with and the people he meets as part of his job. "Columbia Heights has a great sense of community and a rich history," he said. "I am honored to be a part of this and to help work to make it a safe and enjoyable place to live and work."

Meet the new officers at the CHPD

The Columbia Heights Police Department (CHPD) is proud of its new officers and the fine work they've been doing here. Take the opportunity to introduce yourself when you see them out and about in the community.

Joshua Huebner joined the ranks of the CHPD in November 2014. Josh is following in the footsteps of his father by pursuing a career in law enforcement. His dad, Jason Huebner, is a Sergeant with the Anoka Police Department. Josh says he was drawn to the CHPD's commitment to community outreach.



Police Chief Scott Nadeau welcomes Joshua Huebner to the department.

Hashim Abdullahi and Mohammed Farah both started with the CHPD in January 2015. Hashim was born in Ethiopia and speaks four languages. He was pleased to join the CHPD because of this community's diversity and because he relates to the department's core values of "Committed, Helpful, Professional, Dedicated." Mohammed was born in Mogadishu, Somalia, and moved to Ethiopia before immigrating to the United States. Mohammed says the CHPD's outreach to the community drew him to apply for a police officer position here.



Nadeau introduces Mohammed Farah at the swearing-in ceremony.



Officer Hashim Abdullahi

CHPD annual report is available

The Columbia Heights Police Department's 2014 Annual Report can be viewed at the Columbia Heights Public Library, and on the department's website at www.chpolice.com. A limited number of copies are available for purchase at the police department office for \$5 each.

The annual report details the important work done by the police department during the past year, including information on how officers use Problem Oriented Policing strategies such as crime analysis, statistical analysis and crime mapping to quickly identify crime problems, and then work with stakeholders to address the issues that are found.

Also outlined are the Community Oriented Policing efforts in which the department partnered with community members, schools, businesses, civic groups and other entities to work cooperatively to solve crime and community problems.

**Gary Peterson****John Murzyn, Jr.****Bruce Nawrocki****Donna Schmitt****Bobby Williams**

The Mayor and City Council members are your elected representatives. City Council meetings take place at 7 p.m. on the second and fourth Mondays of each month in the council chambers at city hall. Meetings are broadcast live on Channel 16 and are rebroadcast on other days.

For more information, including agendas and minutes, go to www.ci.columbia-heights.mn.us.

Gary Peterson, Mayor (763) 788-7517

(c) (612) 978-9858

Gary.Peterson@ci.columbia-heights.mn.us

John Murzyn, Jr., Council Member (763) 781-4983

John.murzynjr@ci.columbia-heights.mn.us

Bruce Nawrocki, Council Member (763) 571-1311

Bruce.Nawrocki@ci.columbia-heights.mn.us

Donna Schmitt, Council Member (763) 634-1356

Donna.Schmitt@ci.columbia-heights.mn.us

Bobby Williams, Council Member (763) 788-1113

(c) (612) 414-3981

Robert.Williams@ci.columbia-heights.mn.us

Study details effectiveness of CHPD changes

In March 2014, the Columbia Heights Police Department (CHPD) initiated a comprehensive and scientific study which was designed to measure the effectiveness of community policing efforts made by the CHPD since the philosophical change in policing practice in 2009.

This study is now complete and staff members are excited to share the positive findings with the community. With the assistance of educators, department staff, city staff, and other important stakeholders (Columbia Heights Public Schools, other criminal justice partners, etc.), the CHPD gathered and analyzed both quantitative and qualitative data sets to reach several findings on the overall effectiveness of its community policing efforts. While the citizen survey which was a part of the overall study metrics released in 2014, the entire study is now available in pdf format at www.chpolice.com.

As the department is interested in performance improvement, community collaboration, and public transparency, the CHPD invites community members to read this study and forward any comments or suggestions to the department through phone calls, email, Facebook or at various community forums.

IMPORTANT PHONE NUMBERS

Police/Fire/Medical Response 911
If you cannot complete your call
using 911..... (763) 427-1212

CITY OFFICES (763) 706-3600
TTY/TDD..... (763) 706-3692
Mayor & City Council ... (763) 706-3607
City Clerk..... (763) 706-3611
City Manager..... (763) 706-3610
Personnel-General (763) 706-3606
Personnel-Job line (763) 706-3616
Assessing..... (763) 706-3700
Garbage/Refuse Pick-up/
Recycling (Advanced
Disposal Services).... (763) 225-8705
Utility Billing..... (763) 706-3640

Public Works Dept. (763) 706-3700
Engineering/Maintenance Operations
Emergency After Hours 911

Fire Dept. Administration & Information/
Emergency
Management (763) 706-8150
Fire Chief..... (763) 706-8152
Assistant Fire Chief (763) 706-8154
Rental Housing/
Property Maintenance
Inspections..... (763) 706-8156

Police Administration & Information
Records & Info., Patrol,
Investigations (763) 706-8100
Crime Prevention..... (763) 706-8100
Police Chief (763) 706-8100

Community
Development (763) 706-3670
Comm. Dev. Director.... (763) 706-3675
City Planner (763) 706-3673
Parkview Villa..... (763) 706-3800

Bldg. Permits/
Licenses (763) 706-3678
Recreation Dept. (763) 706-3730
Recreation Director (763) 706-3732
Senior Programs (763) 706-3735
Athletics Coordinator... (763) 706-3733
CHASE & Youth Enrichment
Coordinator..... (763) 706-3733
24-Hour Info. Line-Murzyn
Hall info., Cancellations,
Directions..... (763) 706-3737
Murzyn Hall Rental (763) 706-3734
Hall After Hours..... (763) 706-3732

Columbia Heights
Public Library..... (763) 706-3690

U.S. Post Office,
940 44th Ave. N.E.800-275-8777

FIRE DEPARTMENT

825 41st Ave. NE,
Columbia Heights, MN 55421

fire@ci.columbia-heights.mn.us

Non-Emergency(763) 706-8150

EmergencyCall 9-1-1

Fax.....(763) 706-8151

Housing Maintenance Inspections: (763) 706-8156

fireinspections@ci.columbia-heights.mn.us

Access to the Fire Department during city business hours is through the main lobby. During evenings and weekends, staff members can be accessed by ringing the night bell outside the Fire Department service door by the overhead garage doors. Fire Department information can be found at www.ci.columbia-heights.mn.us under the fire department heading.

Use care when using gas cans

A fire can spontaneously ignite if you attempt to fill a portable gasoline container (gas can) on a plastic bed liner in a pickup truck, or in a carpeted car trunk.

These fires are caused by the buildup of static electricity. The gasoline flowing into the container generates a static charge that is prevented from grounding by the insulating effect of the truck bed liner or carpet. This static buildup is then discharged to the grounded gasoline dispenser nozzle and may cause a spark and ignite the gasoline. Both ungrounded metal (most hazardous) and plastic gas containers have been involved in these incidents. The problem is resolved by providing a pathway to release the static charge buildup.

Precautions when filling gas cans:

- Do not refill portable gasoline containers while they are inside a pickup truck or car.
- Remove the container a safe distance from the vehicle and place it on the ground to dissipate any static charge.
- Touch the container with the gas dispenser nozzle before removing the container lid. (This provides another path to dissipate any static charge to the ground.)
- Keep the nozzle in contact with the container inlet when filling. (This dissipates static charge buildup from the flow of gasoline.)
- Manually control the nozzle valve throughout the filling process. Fill a portable container slowly to decrease the chance of static electricity buildup and minimize spilling or splattering.



Free blood pressure checks

The Columbia Heights Fire Department offers free blood pressure checks every day from 8 a.m. to 6 p.m. at the station, located at 825 41st Ave. NE. Please remember that any time you have an emergency, dial 9-1-1.

Summer Safety Tips

The Columbia Heights Fire Department wants everyone to have a safe and enjoyable summer. Please take time to review the stories on this page and the next one to learn ways to make your summer safer.

Stay safe around fireworks

The Columbia Heights Fire Department wishes you to be safe in the use of fireworks. It is always important that people be vigilant, responsible and take additional safety precautions when using fireworks as they can be very dangerous.



Fireworks are associated with many injuries and the following safety guidelines are offered by the Minnesota State Fire Marshal's Office to reduce fireworks injuries, fires, and nuisance complaints:

- The best way to enjoy fireworks is to visit public fireworks displays put on by professionals who know how to safely handle fireworks.
- Read, understand, and follow the instructions on each device prior to using.
- Use fireworks with close adult supervision.
- Choose a safe place to use fireworks that is far from anything that could be damaged from the normal or abnormal operation of any device. Fireworks should only be ignited outdoors and away from animals, buildings, storage tanks, brush, dry grass, or combustible materials.
- Anyone acting in an irresponsible manner or who appears to be under the influence of alcohol or other drugs should not handle or discharge fireworks.
- Keep fireworks away from small children and store them in a cool dry location away from sources of ignition (heat and flames). Fireworks should not be allowed to become wet and should not be used when dried after becoming wet.
- Do not carry fireworks in your pocket or on your person.
- Lit cigarettes, cigars, pipes, or open flames should be kept away from fireworks that are for sale or when stored.
- Never ignite fireworks inside another container, such as inside a bottle or can.
- Eye protection is recommended for those using fireworks. Never throw fireworks or aim them at another person, animal, or building.

continued on page 9

Fireworks, continued

- Only light one firework device at a time, then move away from the device quickly. Keep clear of any device that has been ignited, but has yet to go off.
- If a firework device has been ignited but fails to go off, stay clear of the device for an extended period of time to prevent injury due to delayed activation. Soak the device in water before handling it.
- Never place any part of your body, especially your head, over the firework device when lighting. Approach the item from the side and light while keeping your body away from the item. Eye protection is recommended for those using fireworks. Never throw fireworks or aim them at another person, animal, or building.
- Never relight malfunctioning fireworks. Report any defects back to the seller or the Consumer Product Safety Commission. Eye protection is recommended for those using fireworks.
- Never experiment with fireworks, make your own fireworks, or alter fireworks in any manner (a strong federal prohibition exists for such activity).

Choose fire-safe accommodations when traveling

When staying at a motel or hotel, choose one that has a fire sprinkler system and smoke alarms. Ask the front desk clerk about the fire notification system and what the fire alarm sounds like. A fire escape plan should be posted in the room. Use it to identify an escape route and take the time to walk the route as you go about your normal activities in the hotel. Read the checklist for hotel fire safety before you settle in for the night. Always make sure you are familiar with where the closest exits are located in any building you're in.

Permits are required for recreational fires



Recreational fires are permitted within the City limits of Columbia Heights with a permit. Permits can be obtained in person at the fire department by an adult 18 years and older seven days a week from 8 a.m. to 8 p.m. Up to nine free daily permits can be obtained or an annual permit may be purchased for a small fee. New this year, a daily fire permit may be obtained up to one week in advance. Recreational fire rules are listed on the permit and are strictly enforced.

Sister City group reports on parade, police officer exchange and all things Polish

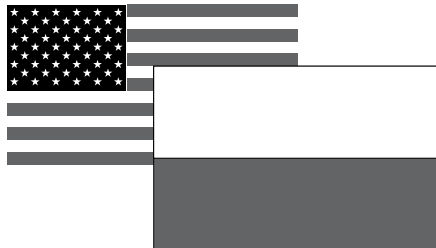
Members of the Columbia Heights Sister Cities, International (SCI) group are involved in a number of upcoming events and projects.

Various members and some Columbia Heights police officers volunteered at the Polish Café during the recent Festival of Nations at RiverPlace in St. Paul. This event takes place in cooperation with the Polish American Cultural Institute of Minnesota (PACIM).

Columbia Heights Police Chief Scott Nadeau and three officers will travel to Lomianki, Poland, in August in the first phase of the officer exchange program. Their itinerary will also include Warsaw and Prague.

James Phillippi, student at St. Cloud State University, presented his senior thesis at a colloquium on April 21. His theme is the Columbia Heights/Lomianki, Poland, Sister Cities, International organization and its Effects on the Community of Columbia Heights during the past 24 years. Assisting him with his research were SCI members Gloria Bergstrom, Dolores Strand and Karen Karkula. James will share his thesis with the community at a later date.

The SCI Global Conference will be hosted by the ten Sister Cities of the City of Minneapolis from July 16-18. Dolores Strand, MN SCI Coordinator, has been assisting with planning the event.



Members of the Sister Cities organization will participate in the Lions' Columbia Heights Jamboree Parade on Friday, June 26, and are in need of a convertible so the group can be represented in the parade. Can you help? If yes, please contact one of the co-chairs listed below.

Congratulations to SCI member, Sgt. Eric R. Strand, who was chosen as the Minnesota National Guard Member of the Year and will now represent the state in the Mid West Regionals. Eric volunteered as an English teacher last summer at an academy in Nowa Ruta, Poland, at his own expense.

Forty works of art, 90 poems and 60 essays were entered into this year's Showcase for Young Artists and Authors, hosted by the Columbia Heights SCI group on April 22. Congratulations to finalists in each category (first places are noted by names in all capital letters):

Art: KARLA SANCHEZ, Angela Rolow, Tyrea Carroll;
Poetry: GABRIELLE MORAZAN, Maria Xiong, Natalie Bluhm;
Essays: LORRYN SCOTT, Mohamed Beddel, Ayan Jama.

Our annual membership renewal rate is almost 100%...thanks to the diligence of Membership Chair Patricia Sowada. We have over 100 members – and would welcome new ones. Contact Co-chairs Gloria Bergstrom (651) 633-0506 or Dolores Strand (763) 571-1709.

County under quarantine for EAB

The Minnesota Department of Agriculture confirmed an emerald ash borer (EAB) infestation in Anoka County. EAB was found in an ash tree in the city of Ham Lake.

Because of this find, Anoka County will be put under an emergency quarantine. The quarantine is designed to limit the movement of any items that may be infested with EAB, including ash trees and ash tree limbs, as well as all hardwood firewood.

Residents are encouraged to check their ash trees for signs of EAB by looking for the following.

- Be sure you've identified an ash tree. This is an important first step since EAB only feeds on ash trees.
- Look for woodpecker damage. Woodpeckers like EAB larvae and woodpecker holes may indicate the presence of EAB.
- Check for bark cracks. EAB larvae tunneling under the bark can cause the bark to split open, revealing the larval (S-shaped) tunnels underneath.
- Contact a professional. If you feel your ash tree may be infested with EAB, contact a tree care professional, your city forester, or the MDA at arrest.the.pest@state.mn.us or 888-545-6684.

The biggest risk of spreading EAB comes from people unknowingly moving firewood or other ash products harboring larvae. Below are three easy steps to keep EAB from spreading:

- Don't transport firewood.
- Be aware of the quarantine restrictions.
- Watch your ash trees for infestation. If you think your ash tree is infested, go to www.mda.state.mn.us/eab or the City's website at <http://www.ci.columbia-heights.mn.us/index.aspx?nid=247>.

Help prevent sewer backups

Sewer backups can cause health hazards, damage home interiors, and threaten the environment. Grease is a common cause of sewer blockage. Grease gets into the sewer system from household drains as well as from poorly maintained grease traps in restaurants and other businesses.

Grease is a byproduct of cooking that comes from meat fats, lard, oil, shortening, butter, margarine, food scraps, baked goods, sauces and dairy products. When washed down the sink, grease sticks to the inside of sewer pipes (both on your property and in the street). Over time, it can build up and block an entire pipe.

Home garbage disposals do not keep grease out of the plumbing system. Also, hot water and products that claim to dissolve grease only pass it further down the line, where it causes problems elsewhere.

- Never pour grease down the sink drain or garbage disposal or flush it down the toilet.
- Put strainers in sink drains to catch food scraps and other solids and then empty in the trash.
- Pour or scrape grease and food scraps into a can or the trash for disposal.

How to view consumer confidence report

A copy of the Consumer Confidence Report is available on our website at www.ci.columbia-heights.mn.us/DocumentCenter/View/1817, or customers can call (763) 706-3700 to request a paper copy.

Prevent illegal spills to our water

Believe it or not, illegal spills (or "illicit discharges") are not limited to industrial sources. In fact, illicit discharges are fairly common and may be happening in your neighborhood.

What people do at home affects local water resources because storm drains and ditches are connected to nearby lakes, rivers and streams. Even activities such as dumping leaves, grass clippings, motor oil, paint or other household hazard wastes into a storm drain, or improper disposal of sewage from boating or camping could be considered illicit discharge. The result is untreated garbage and filth that contribute high levels of pollutants, viruses, and bacteria to lakes and streams.

Please consider the following tips to prevent illicit discharges in your neighborhood:

- Sweep or rake leaves and grass clippings out of the street in front of your house. When washed into nearby lakes, rivers and streams via storm drains or ditches, the leaves and clippings become a major source of phosphorus, the nutrient that propels algae blooms.
- Remember to scoop your poop! Pet waste contains bacteria that can harm people. Throw (bagged) pet waste into a trash can.
- Dispose of old or unwanted lawn and household chemicals properly by taking to your local household hazardous waste facility.
- Maintain your car it so it does not leak oil or other fluids. Wash your car on the grass or visit a car wash so the dirt and soap does not flow down the driveway and into the nearest storm drain.

If you see anyone discharging any substance other than stormwater into roadside ditches or storm drains, report it to local city staff. For potentially hazardous materials and petroleum spills, call 911 FIRST when there is an immediate threat to life or property. If there is a potential public safety or environmental threat, call the Minnesota Duty Officer Program at 651-649-5451 or 1-800-422-0798.

City has storm water pollution prevention program

The storm water system is generally located along street curbs and drains above ground water runoff. This means anything you put on your lawn, sidewalk, driveway or parking lot will end up with the storm water. The storm water system drains this runoff to ponds, lakes, streams and rivers. Pollutants in this water will affect wildlife and our recreation areas. Special concerns include phosphorus fertilizers, petroleum products, salt, other chemicals, garbage, and sediments from erosion. Federal and State environmental laws have resulted in more stringent regulations concerning pollution from storm water systems. Local governments may incur large fines if they do not have an active program to reduce storm water pollution.

INFORMATION ABOUT STORM WATER WILL BE PROVIDED AT THE CITY OF COLUMBIA HEIGHTS COMMUNITY PICNIC. The Public Works Department conducts a required public informational session on the city's SWPPP (Storm Water Pollution Prevention Program) annually. The City of Columbia Heights has developed a SWPPP plan in response to Federal and State regulations concerning the quality of water entering streams, rivers and lakes from storm water drainage systems. At this event the public will have the opportunity to give input and comments on the SWPPP. Please look for upcoming information regarding this event (i.e. date, location & time).

Permit required for street obstructions

The City of Columbia Heights requires a permit for any non-motorized obstruction that is placed in the street, such as dumpsters, storage containers (PODs), and building/landscape materials. The permit costs \$25.00 and can be obtained at the Public Works administrative office located at 637 38th Ave. NE between the hours of 7 a.m. and 3:30 p.m.

Flashers are required if the obstruction will remain in the street overnight. These are available from the Public Works department with a \$150 deposit. Obstructions must be placed at least 30 feet from an intersection and 10 feet from an alley entrance. Permits are issued for up to 30 days. If a longer time-frame is needed, please consider other arrangements.

REFUSE, RECYCLING AND YARD WASTE

Advanced Disposal Services, Inc.

(formerly Veolia ES)

Customer Service Phone: (763) 225-8705

E-mail: columbiaheights-ads@advanceddisposal.com

Website: www.advanceddisposal.com/mn/saint-paul/saint-paul-collection/guideline/columbia-heights-mn

Anoka County Integrated Waste Management

Phone: (763) 323-5730

Website: www.anokacounty.us/355/Integrated-Waste-Management

City Refuse/Recycling website

www.ci.columbiaheights.mn.us/index.aspx?nid=223

Public Works Department Phone: (763) 706-3700

Holiday Schedule

Memorial Day, May 25: Monday – Friday service delayed by one day

Independence Day, July 4: No delay in service

Labor Day, Sept. 7: Monday – Friday service delayed by one day

Recycling

- Plastic bottles, jugs and tubs #1-7 now accepted.
- Single-sort recycling collection is every other week. Please check the Advanced Disposal Services website or call (763) 225-8705 for your collection day.
- Please do not place recycling materials in plastic bags; dump the items loosely in the cart or use paper bags. Plastic bags cause problems with the sorting system at the processing plant.
- Rinse out cans, bottles and jars.

Yard Waste

- Bag (ASTMD6400 compostable only) or bundle branches.
- Place on the street curb.
- Anoka County yard/tree waste site (763) 767-7964.
- Yard waste carts are available to residents. Order by calling (763) 706-3700.

Computers/Electronics Disposal

Electronics must be properly disposed of due to the hazardous nature of the material. Please call Advanced Disposal Services at (763) 225-8705 to schedule a pickup. A flat \$5.00 collection fee will be charged. Items must come from the property. You may also drop items off at various disposal sites, which may charge a fee.

- www.anokacounty.us/1653/Search-the-Recycling-and-Disposal-Direct.

Bulk Collection

To ensure timely pickup of bulky items such as furniture and mattresses, please call (763) 225-8705 to arrange for collection before placing outside. Items must have come from the property.

See story on page 3 about apartment building recycling.

Appliance Disposal

Call Advanced Disposal Services at (763) 225-8705 to arrange for a pickup at your home. Remove doors from freezers and refrigerators. Each property is offered one free appliance pickup per calendar year.

Anoka County Household Hazardous Waste Facility (763) 323-5730

It is illegal to dispose of hazardous waste in the garbage. This includes such items as aerosol cans that have contents remaining, antifreeze, driveway sealer, gasoline and other fuels, mercury, liquid paint, paint stripper, paint thinner, pesticides, varnish, wood preservatives and other household products that are corrosive, flammable, combustible or poisonous. Take these items to the Anoka County HHW facility located at 3230 101st Ave. NE in Blaine. There is no charge for disposal of these items at the facility. For more information, visit: www.anokacounty.us/369/Household-Hazardous-Waste-Facility

Columbia Heights Recycling/Drop Off Center for area residents and businesses

Location and hours:

- Madison St. and 38th Place NE
- Saturday, 9 a.m. to 1 p.m., closed holiday weekends

Items accepted:

- | | |
|---------------------------------------|----------------------------|
| • Metal | • Aluminum cans |
| • Glass and plastic (#1-7) containers | • Any scrap metal items |
| • Paper and cardboard | • Used oil and oil filters |
| • Household batteries | • Fluorescent bulbs |
| • Antifreeze | • String lights |

Tires: Leave old tires at the store when purchasing new ones. Only residents may bring four car or light truck tires per year. MUST be off the rims.

Organics drop-off: Call (763) 706-3700 to order a free starter kit and required bags for disposal.

ONLY BRING ITEMS LISTED ABOVE. CALL (763) 706-3700 FOR QUESTIONS.

RECYCLING TIP:

Recycling cart overflowing? Order a large 96-gallon recycling container with no increase in service charges. Recycle as much as you can at the same flat rate. Call (763) 706-3700 for more information.

Please tell us about your recycling success

Why do you think it is important to recycle? Does your household recycle on a regular basis? Have you developed a good system for recycling? We'd like to share recycling stories in future newsletters, so please call Sue at (763) 706-3700. A household recycling basket will be offered to those whose stories are published.

TOP VALU LIQUOR

TOP VALU STORE I: (763) 706-3819 • TOP VALU STORE II: (763) 706-3813 • HEIGHTS LIQUOR (763) 706-3790

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



Schell's Craft
12 Bottles

\$10.97



Coupon expires 6/27/15. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



Grain Belt Premium
24 Bottles

\$16.97



Coupon expires 6/27/15. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



Old Style
24 Cans

\$13.97



Coupon expires 6/27/15. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



Malibu Coconut
& Red Rum
Liters

\$12.97



Coupon expires 6/27/15. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



Patron Silver
750 ml

\$29.97



Coupon expires 6/27/15 While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



Starling Riesling
1.5 Liter

\$12.97



Coupon expires 6/27/15. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



Monkey Bay
Sauvignon Blanc
1.5 liter

\$12.97



Coupon expires 6/27/15. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR

Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE



St Michelle Riesling
750 ml

\$6.97



Coupon expires 6/27/15. While supply lasts. No further discount. Store not responsible for typographical errors.