

# Menasha COVID-19 UPDATE



### City of Menasha Health Department

6/19/2020

## What's New?

WI Neg Results: 433, 913

WI Case Count: 23,876

Menasha: 61

Winnebago County: 569

**Outagamie County: 366** 

Calumet County: 90

6/17/2020—Governor Evers announced more than \$80 million in COVID-19 financial assistance will be given to K-12 schools and higher education. Read the full press release here.

# Resources to stay up to date on the latest COVID-19 News



CDC COVID-19 USA Outbreak



Wisconsin Department of Health Services COVID-19 **Page** 



City of Menasha COVID-19 Resource Page



Wisconsin Governor's Office

City of Menasha Closure Updates: PWF, Menasha Utilities, Library and Senior Center remain closed to public. The Library is offering curbside service for picking up ordered materials and for material drop off. City Hall is now open to the public.

### **Staying Safe while Beating the Summer Heat**

COVID-19 has interrupted our usual routines and will continue to do so throughout the summer months. Places we typically go may not be open or available to get out of the heat and humidity. Here are suggestions for staying safe and keeping cool if your local beach, pool, library, or mall is closed.

#### **Stay Cool Inside**

- Stay hydrated.
- Keep curtains, shades, or blinds closed to keep out the sun. Heat rises, so if you have a lower level or basement in your home, spend time where it is cooler.
- Take a cool bath or shower.
- Do not use the oven. Oven heat can spread throughout your home and cause it to heat up more quickly.
- Close doors of unused rooms to keep cool air in the part of your house you are using.
- Place a damp washcloth in the refrigerator or freezer to create a cool pack for your neck or forehead.

#### **Going Outside During COVID-19**

- Stay at least 6 feet away from other people.
- Be sure to stay hydrated. Do not share water bottles.
- Wear lightweight, light-colored, loose-fitting clothing. A hat, sunscreen, and insect repellant are also recommended.
- Pace yourself– reduce physical activity and avoid exercising outdoors during peak hours.
- When it is difficult to remain 6 ft. away from others, wear a lightweight cloth face covering. Go somewhere secluded to take a break from wearing a face mask if you have trouble breathing.
- Limit your time in the sun and take breaks in the shade.



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# **Face Mask Tip**

**Do not lower your mask to talk.** Whether you are talking with a friend or doing a presentation at a meeting, it is never recommended that you lower or remove your mask. Doing so defeats the purpose of the mask and puts others at risk.

Click here for tips on how to wear a non-medical fabric mask safely.

Click here for tips on how to wear a medical mask safely.

The CDC provides specific precautions you can take while engaging in personal and social activities, such as going to a restaurant, nail salon, hotel, fitness center and more. Click here to learn how to prepare and protect yourself in these social settings. And remember, if you are sick, stay home.

### **COVID-19 FAQ**

## What is the difference between isolation and guarantine?

Isolation and quarantine help protect the public by preventing exposure to people who have or may have a contagious disease.

- Isolation separates people that have tested positive for COVID-19 from people who are not sick.
- Quarantine separates and restricts the movement of people who were exposed to COVID-19 to see if they become sick.

### **Resilient Wisconsin**

# **SPOTLIGHT**: First responders

When helping others is your calling, asking for help can be difficult. We're helping Wisconsin's police officers, firefighters, dispatchers, emergency health providers, and others learn how to recognize and deal with the effects of secondary trauma.

Click here for a video dedicated to first responders.