

CITY OF MENASHA  
COMMITTEE ON AGING  
MINUTES  
December 8, 2023

A. CALL TO ORDER

Meeting called to order by Pat Irwin at 1:33 PM

B. ROLL CALL/EXCUSED ABSENCES

Present: Anne Anderson, Sarah Bauer, Chloe Hansen-Dunn, Bea Kohanski, Pat Irwin, Dan Kelpinski

Excused: Kristine Hutter

Also Present: Meghan Pauly

C. PUBLIC COMMENT (five minute time limit for each person)

Austin Hammond introduced himself and his involvement in the City. Shared interest in learning what the Committee on Aging is up to.

D. MINUTES TO APPROVE

1. Committee on Aging Meeting Minutes November 10, 2023

Dan Kelpinski motioned to approve the November 10, 2023 minutes. The motion was seconded by Anne Anderson. The motion carried.

E. REPORT OF DEPT HEADS/STAFF/CONSULTANTS

1. Public Health

- a. Sixty Plus Grant Programs Update: Meghan Pauly reported that in the month of November she provided 52 services to 45 people. Services included wellness room, Memory Café, Lakeside Commons Blood Pressure, and Lunch and Learn. She reminded the Health Department has vaccines and tests if needed.

2. Senior Center

- a. Senior Center Operations/Programming Update: Chloe Hansen-Dunn reported the Senior Center saw 265 visitors for 1,091 visits and 985 services in the month of November. Talking to UW-Extension to inquire about how to keep their programs and offerings in our community after their office closes. Looking at coordinating additional bus trip leaders to provide a bench if Donna Landers, bus trip coordinator, is out sick or unable to go on a tour.

3. Announcements: The January Lunch & Learn session will feature the Menasha Library's Genealogy Club. Stepping On, an evidence-based class for Falls Prevention, is scheduled for March 5<sup>th</sup>- April 16<sup>th</sup> at the Menasha Library from 10:00am-Noon. In January the Memory Café is returning to the Menasha Senior Center on the 4<sup>th</sup> Tuesday of the Month with guests from the Fox Valley Symphony. Upcoming programs at the Senior Center include a bus trip to Scrooge, Bridge returning, and a holiday party on Dec. 20. Ask for volunteers at the Menasha Library to join us for an intergenerational program.

F. NEW BUSINESS

1. Name Tags at Senior Center—The use of name tags at the Senior Center was discussed. Ideas suggested to create buttons and worn everyday as a practice. Testimonials were given around needing to know names. Chloe Hansen-Dunn will reach out to other Centers and learn more about other's practices.

2. Volunteers at Memory Café—Meghan Pauly explained the volunteer responsibilities for Memory Café, greeting participants, helping them get coffee or seated, enjoy the presentation, then thank and help as needed.

About 1:00-3:00pm once a month. Discussion around setting up a calendar, going through a training with Fox Valley Memory Project, and then working on finding volunteers will be the responsibility of COA members.

3. 2024 Goals—Discussion around 2024 goals included continually looking at the COA charter to ensure impact is being met and needs met. How to hear and help with the real needs of Older Adults. COA to volunteer and be more engaged with the Center.

#### G. HELD OVER BUSINESS

1. Sesquicentennial Celebration Activities: Sarah Bauer reported on the status of the 2024 sesquicentennial celebration planning. Menasha's 150<sup>th</sup> birthday celebration will take place on March 5<sup>th</sup>. The committee has planned a trivia contest at the Library in January and a puzzle contest during the month of February. A blood drive will be held on Jun. 14, hosted in partnership with the Senior Center. A message will be sent to City staff about the blood drive. Walking club will have a goal of "150 miles walked."

2. Discussion of the Lunch and Learn name, suggested Friday First Speaker.

#### H. ACTION ITEMS

Anne Anderson will reach out to the Oshkosh Senior Center to set up a tour.

#### I. ADJOURNMENT

Sarah Bauer motioned to adjourn the meeting at 2:45 PM. The motion was seconded by Bea Kohanski. The motion carried.

Next meeting: January 12, 2024 at 1:30 PM  
Menasha City Hall  
100 Main Street, Room 132  
Menasha, WI