

Menasha aldermen occasionally attend meetings of this body. It is possible that a quorum of Common Council, Board of Public Works, Administration Committee, Personnel Committee may be attending this meeting. (No official action of any of those bodies will be taken).

**CITY OF MENASHA  
COMMITTEE ON AGING**

**July 20, 2018**

**1:30 PM**

**Menasha City Center  
100 Main Street  
MENASHA, WI**

**AGENDA**

- A. CALL TO ORDER
  - B. ROLL CALL/EXCUSED ABSENCES
  - C. MINUTES TO APPROVE
    - 1. June 8, 2018
  - D. CORRESPONDENCE
  - E. REPORT OF DEPT HEADS/STAFF/CONSULTANTS
    - 1. Senior Center
      - a. Reports
        - I. Participation in Senior Center Activities - Metrics
    - 2. Public Health
      - a. Sixty Plus Grant – Programs
        - I. Public Health Nurse Update
          - a. Participation in Sixty Plus grant programs
    - 3. Strategic Planning: Mission, Vision, Goals (continued) - Facilitated by:  
**Janet Kazmierczak, BSN, RN**  
**WI DHS/Division of Public Health**  
**Green Bay/Northeast Region**  
**NE Region Office of Policy and Practice Alignment**
- F. NEW BUSINESS
- G. HELD OVER BUSINESS
  - 1. Safety Manual
  - 2. Cost study
- H. ADJOURNMENT Next meeting Friday, August 10, 2018 1:00 PM at the City Center (Health Department) on 100 Main Street Menasha, WI

"Menasha is committed to its diverse population. Our Non-English speaking population and those with disabilities are invited to contact the Menasha Senior Center at 967-3530 24-hours in advance of the meeting for the City to arrange special accommodations."

CITY OF MENASHA  
COMMITTEE ON AGING  
June 8<sup>th</sup>, 2018  
Minutes

A. Meeting called to order at 1:05 PM.

B. ROLL CALL: Present: Joyce Klundt, Pat Irwin, Tom Stoffel, and Nancy McKenney

Excused: Cheryl Richard, and Brenda Marks

Guests: Meghan Pauly and Janet Kazmierczak

C. MINUTES TO BE APPROVED: Tom Stoffel moved to approve the May 18<sup>th</sup>, 2018 minutes, seconded by Pat Irwin. Motion passed.

E CORRESPONDENCE: None

F. REPORT OF DEPT HEADS/STAFF/CONSULTANTS:

Senior Center: No report

Public Health and Health Screening 60+ Grant: Meghan Pauly stated that one hundred and thirty-two people had 267 services in May. The Oral Screening will be held on July 27<sup>th</sup>. Meghan reported that the Vascular Screening date has been scheduled for September 19<sup>th</sup>, 2018.

Policies and Procedures Discussion: No report

G. NEW BUSINESS: Pat Irwin was nominated and voted into Chair for the Committee on Aging.

Janet Kazmierczak from the Northeast Regional Division of Public Health facilitated group on Strategic Plan for the Menasha Senior Center. Please see attached.

H. HELD OVER BUSINESS: Mission Vision and Goals: Janet Kazmeirzak will continue to facilitate the mission, vision and goals on July 13<sup>th</sup>, 2018.

No report. Safety Manual: No report. Cost Study: No report.

I. ADJOURNMENT: Joyce Klundt moved to adjourn the meeting. Pat Irwin seconded the motion. Motion passed.

The next meeting will be held on Friday, July 13<sup>th</sup>, 2018 at 1:30 PM at the Menasha Health Department on 100 Main Street Menasha, WI.

## COMMITTEE ON AGING

### Ground Rules

- Everyone contributes
- No interruptions
- Don't be judgmental
- Keep it fun!
- Be respectful
- Attack the problem not the person
- Stay on task

### Strengths

- Staff good at their jobs
- Emphasis on physical health
- Location
- Variety of programs
- Health programs/screenings
- Support by YMCA/community/city & county
- Renovation
- Accredited
- Opportunity to socialize
- Long standing commitment
- Respect of committee members
- Respect of community for the Senior Center
- Senior Center supports the downtown
- Peoples concern for each other
- Throw parties, entertainment
- Many sources of information, written, people, etc.

### Weaknesses

- Not enough room
  - scheduling
- Not enough diversity
  - Ethnicity
  - Gender
- Ageism-
  - Generation gap
  - Availability of hours open
- Funding
- Finding teachers/facilitators
- Communication to participants in an understandable way
- Need to be more inclusive and welcoming
- Programs to appeal to men
- Parking
- Name of Senior Center

## Opportunities

- Welcome (committee/mentor/buddy)
- Increasing diversity
- Learning talents/skills/likes (getting to know your board)
- Additional health services
- Raised gardens
- Larger coffee area for socializing
- Additional exercise equipment
- More mental health opportunities & support
- Swimming pool
- Bowling/golf teams
- Pickle ball/bocce ball
- Intergenerational activities
- City staff integration with seniors
  - Police Department evidence room
  - Emergency management
  - Garbage collection
  - Touch a truck
- Increase need for Senior Centers
- Senior center show appreciation to others – Be the giver
- Needs in the community – St Joseph's Pantry
- Give ownership of some things to the seniors (organizing)
- Identifying partnerships

## Challenges

- Change/Readiness for change
- Finances/Money
- Communication
- Getting buy-in & ownership
- Staffing to guide & bring resources
- Promote resources
- Duplication of services
- Partnering (Identifying Partnerships)
- Territorial challenges
- Aging