

CITY OF MENASHA
COMMITTEE ON AGING
November 8, 2018
Minutes

A. Meeting called to order at 1:10 PM.

B. ROLL CALL: Present: Pat Irwin, Joyce Klundt, Nancy McKenney, Cheryl Richard, Tom Stoffel, Janell Dresang, Brenda Marks
Guests: Meghan Pauly, Neenah Committee on Aging members: Susan Antonneau, Carol Kasimor, Marge Bates, Pat Lowney, Lori Zettler, Bob Sues

C. MINUTES TO BE APPROVED: Brenda Marks moved to approve the September 13, 2017 minutes seconded by Joyce Klundt. Motion passed.

D. CORRESPONDENCE

None.

E. REPORT OF DEPT HEADS/STAFF/CONSULTANTS:

Senior Center: Cheryl Richard welcomed the Neenah Committee on Aging. Metrics: Numbers are up at both the Menasha Senior Center and YMCA. The Christmas Party is scheduled for December 12, 2017. Meghan Pauly and Cheryl Richard attended "Stepping On" facilitator training and are hosting a course at the Senior Center in November. The class is filled and a waiting list is in place. Cheryl Richards led a discussion about the recent exploration of a Senior Center in Appleton. Program ideas were exchanged, including college for seniors.

Public Health and Health Screening 60+ Grant: - Nancy McKenney noted the budget process was near completion. She thanked Cheryl Richards and Brian Rammer for attending the Health Department budget hearing (which includes the Senior Center). The vascular and skin cancer screenings were very successful. Meghan Pauly noted that the Memory Café will be at the Menasha Library, Wednesdays from 1:30-3:30 pm in the Gegan room. Consultant Laboratory is offering testing on November 21, 2017. The cost for all lab tests is \$93.00. An oral health screening by the public health registered dental hygienist will be on December 13, 2017. The vascular screening event will be held on February 18, 2018 and there are appointments available for 24-28 people. Dr. Huran is scheduled for April of 2018 and can accommodate 20 people. People can contact the Menasha Health Department to make appointments. Tai Chi training will be taken by Menasha Health Department and YMCA staff. There will be Tai Chi classes in the summer of 2018. Lunch and Learns are scheduled through December. In October there were 152 unduplicated people who received 224 health services.

Policies and Procedures Discussion –The smoking in designated area signage needs to be posted. Discussion will be deferred until the next meeting.

F. NEW BUSINESS:

Planning Town Hall: Would it be better to do a survey or Town Hall? General questions may include:

- 1) If you had a magic wand, what would you do at the Senior Center?
- 2) Do you want to change the name of the Senior Center? If so, what do you suggest it be named?
- 3) How can the Senior Center be more welcoming?
- 4) What are you looking for in a Center?

H. HELD OVER BUSINESS: Mission Vision and Goals: Janet Kazmeirzak from the Northeast Regional Division of Public Health is willing to facilitate the mission, vision and goals.

No report. Safety Manual: No report. Cost Study: No report.

I. ADJOURNMENT: Janel Dresang moved to adjourn the meeting. Tom Stoffel seconded the motion. Motion passed.

The Committee discussed meeting at a new time (Wednesdays or Fridays at 1:00 PM). The next meeting will be held on Wednesday December 13, 2017 at the Menasha Senior Center **Menasha Senior Center** (116 Main Street Menasha).