

Menasha aldermen occasionally attend meetings of this body. It is possible that a quorum of Common Council, Board of Public Works, Administration Committee, Personnel Committee may be attending this meeting. (No official action of any of those bodies will be taken).

**CITY OF MENASHA
BOARD OF HEALTH
Menasha Health Department
316 Racine Street, Menasha**

9-8-2010

8:00 AM

AGENDA

- A. CALL TO ORDER
- B. ROLL CALL/EXCUSED ABSENCES
- C. MINUTES TO APPROVE
 - 1. [August 11, 2010](#)
- D. REPORT OF DEPT HEADS/STAFF/CONSULTANTS
 - 1. [August 2010 Communicable Disease Report](#)
 - 2. Convoy of Hope - Update
 - 3. Seasonal Influenza Update
 - 4. Consolidated Grant 2011 - Update
 - 5. [MHD Annual Report – 2009](#)
 - 6. Medicaid – Dental Screening Update
 - 7. Department Budget 2011
 - 8. Walk to Win Update
 - 9. Neenah-Menasha Health Department Merger - Update
- E. ACTION ITEMS
 - 1. None
- F. HELD OVER BUSINESS
 - 1. None
- G. ADJOURNMENT
 - 1. Next Meeting October 13, 2010

"Menasha is committed to its diverse population. Our Non-English speaking population and those with disabilities are invited to contact the Menasha Health Department at 967-3520 at least 24-hours in advance of the meeting for the City to arrange special accommodations."

Board of Health Members: Dorothy Jankowski, Lori Asmus, Susan Nett, Candyce Rusin, Theresa Shoberg

**Menasha Health Department
Communicable Disease Report
August 2010**

Campylobacter	1
Chickenpox	1
Chlamydia Trachomatis	4
E Coli	1
Hepatitis C	1

Menasha Health Department
Annual Report
2009

The mission of the Menasha Health Department is to promote public health, protect consumers, and encourage a high standard of environmental health in response to the needs of the community and school district. This report is a summary of public health/school health services provided in 2009.

Public Health

Public health services in 2009 consisted of communicable disease control, city-wide older adult health program, nursing assessment and guidance for residents of all ages, and information and referral to other agencies. The total number of client visits in 2009 was 3509. Individuals and families receiving services continue to present with more complex needs requiring more time involvement. Changing demographics in city residents (increase in low income families and non-English speaking) also accounts for increased demand for public health nursing services.

As a public health agency, the health department works to improve the health of the community. In 2009, 94 health education and training sessions were provided in the community with 3128 attendees. Some of the topics were emergency preparedness which included CPR, First Aid training; communicable disease prevention; cardiovascular risk reduction; and H1N1 awareness.

The health department actively participates in the Fox Cities Healthcare Partnership. The major project of this group in 2009 was the continuation of the Walk to Win program with the inclusion of children. Schools were again targeted in 2009 to actively promote this program among their students. As background information, in 2002, the Fox Cities HealthCare Partnership, made up of Health Officers from the Cities of Neenah, Menasha, Appleton, and Oshkosh Health Departments, as well as from the Winnebago, Calumet, and Outagamie County Health Departments, and representatives from ThedaCare and Affinity Health Care Systems, met to develop an action plan for community wellness programs. The partnership determined that based on key findings from “Behavioral Risk Factor Surveillance System in the Fox Cities – Final Report 2001”, the greatest area of need for programming in the Fox Cities community is the area of “weight/diet/exercise”. This key finding became the key focus of the work of the Fox Cities Healthcare Partnership in 2003.

In 2003, the Fox Cities HealthCare Partnership developed the Fox Valley-wide initiative entitled “Walk to Win”. The primary goal of “Walk To Win” was to improve community health by establishing the habit of regular exercise among more sedentary community members. “Walk To Win” was a true collaboration from the onset bringing together health organizations, including two competing health care systems as well as public health departments from the Cities of Neenah, Menasha, Appleton, Oshkosh, Counties of Winnebago, Outagamie, and Calumet. The YMCA-Fox Cities was also a vital partner in this endeavor. All focused on making a lasting difference in individuals within our Fox Cities community through a program that would encourage non-participating citizens to develop a life-long habit, one day at a time, through a walking program, over a three-month period. Survey results for 2003 are the following:

Participants registered	5,916
Participants who completed 100 miles	2,125

These statistics far exceeded the original projections for this program for 2003. It's interesting to note that 81% of registrants were female with 18% being male.

In 2004, the Fox Cities Health Care Partnership implemented the 2nd annual "Walk to Win", continuing its focus on adults, but initiating involvement of children, ages 5 to 17 years of age. Children were encouraged to set individual walking goals of 25, 50, or 75 miles in 3 months. If they reached their goal in 3 months, they were eligible for incentives, i.e. T-shirts, as well as grand prize drawings.

2004 Statistics:

<u>Adults</u>	
Participants registered	3,838
Participants completing goals	1,331
<u>Children</u>	
Participants registered	1,378
Participants completing goals	985

In 2005, the Fox Cities HealthCare Partnership implemented the 3rd annual "Walk to Win", continuing its focus on adults and children, but enhancing outreach to school-aged children. Children were again encouraged to set individual walking goals of 25, 50, or 75 miles in 3 months.

2005 Statistics:

<u>Adults</u>	
Participants registered	2,423
Participants completing goals	562
<u>Children</u>	
Participants registered	1,742
Participants completing goals	1,742

In 2006, the Fox Cities HealthCare Partnership implemented the 4th annual "Walk to Win", continuing its focus on children and adults, but increasing outreach to the many school districts in the tri-county area.

2006 Statistics:

<u>Adults</u>	
Participants registered	1,432
Participants completing goals	1,096
<u>Children</u>	
Participants registered	1,412
Participants completing goals	1,319

In 2007, the Fox Cities HealthCare Partnership implemented the 5th annual "Walk to Win", continuing its focus on all ages of individuals, but including increased outreach to schools and businesses. With the assistance of the Activate Fox Cities Leadership Group, marketing and outreach efforts were greatly enhanced.

2007 statistics:

Online Registrants	3,627
Group Registrants	2,205
School Registrants	5,243
Business Registrants	1,576
Other Registrants	<u>97</u>
Total Registrants	12,748

In 2008, the “Walk to Win” program began its 6th year. The program continued to focus on motivating people to make exercise a habit. Adults and school-age children were challenged to do, at a minimum 30 minutes of moderate intensity physical activity at least 5 days a week.

2008 Statistics:	Online Registrants	1474
	Business Registrants	1620
	School Registrants	<u>2894</u>
	Total Registrants	5943

In 2009, the “Walk to Win” program continued its mission of motivating individuals to make exercise/activity a daily habit.

2009 Statistics:	Online Registrants	1107
	Business Registrations	262
	School Registrants	<u>2920</u>
	Total Registrants	4289

83% (3571) completed the program

The health department continues to participate in the regional public health preparedness consortia established in 2002. The purpose of the consortia is to have the capability to respond to a public health emergency either from an act of terrorism or a widespread communicable disease outbreak such as pandemic flu. In 2009, the health department conducted a drill of its mass clinic plan in August at UWFV. September through December health department staff planned and participated in H1N1 clinics held in the school setting as well as various community sites. The health department also recruited over 150 volunteers to be members of a volunteer pool for emergency situations. Many participated in the August mass clinic drill and donated time to assist in the H1N1 clinics.

The following communicable diseases were reported in:

		<u>2007</u>	<u>2008</u>	<u>2009</u>
Chlamydia	} Sexually Transmitted Diseases	47	56	66
Gonorrhea		10	4	8
Hepatitis C		5	5	6
Giardiasis		3	3	2
Campylobacter Enteritis		3	3	3
Salmonellosis		2	1	0
Hepatitis B		2	1	1
Lyme Disease		3	1	1
Non tuberculous Mycobacterial Disease		0	3	1
Streptococcus group B		0	0	0
E-Coli		1	2	0
Pertussis		1	1	1
Strep pneumoniae invasive disease		0	1	2
Cryptosporidiosis		2	0	1
Viral Meningitis		2	0	0

Mumps	2	0	0
Hepatitis A	0	1	0
Varicella (chickenpox)	0	0	4

The Menasha Health Department has 2 immunization clinics per month. Following is a summary of immunization information for:

	<u>2007</u>	<u>2008</u>	<u>2009</u>
Number of participants (Regular scheduled clinics)	317	593	2639
Number of immunizations given	745	1222	3540 (Includes 2370 doses of H1N1)
Number of Hepatitis A doses – Adult	8	7	2
Number of Hepatitis B doses - Adult	54	93	13
Number of Employee Flu Shots (includes city, utility and school district employees, and their spouses)	222	218	220
Number of Senior Citizen Flu Shots	140	131	81

Different types of screenings are provided throughout the year either through public health nursing services, the prevention program, or 60+ adult health services. The following screenings were provided:

	<u>2007</u>	<u>2008</u>	<u>2009</u>
Blood Pressure (public health)	209	101	289
TB Skin Tests	20	77	81
Urine Screening (High School Wrestlers)	34	35	37

60+ Health Screenings

	<u>2007</u>	<u>2008</u>	<u>2009</u>
Skin Cancer	38	27	24
Blood Pressure	577	355	314
Urine	20	19	7
Colorectal	15	15	7
Hearing	12	9	5
Anemia	18	25	19
Wellness Panel	98	96	85
Hand Massage/Massage	43	27	20

Healthy Aging (New)	6	} combined with walking program
Exercise Class (New)	109	}
Walking Program (New)	34	14

* Coordinated with Theda Care Labs.
 **Not offered in 2006

Environmental Health

The environmental health program consists of an inspection program of eating, drinking, and retail food establishments, and investigations of complaints of human health hazards. The sanitarian is also in charge of the weights and measures program for the city.

		<u>2007</u>	<u>2008</u>	<u>2009</u>
Inspections:	Eating and Drinking Establishments	160	131	142
	Retail Food Establishments	50	51	49
	Vending Machines (Food)	31	23	22
	Temporary Food Stands	39	46	51
	Pools and Pool Sampling	10	7	9
	Mobile Home Park	1	1	1
	Weights/Measures	408	372	378
	Asbestos (Contract with DNR)	29	12	14
	Non-DNR Asbestos	7	3	6
	Tattoo Establishments	3	1	0
Human Hazard Investigations:	Air Quality	13	20	17
	Lead Hazards	17	8	6
	Radon Kits	12	6*	183
	Housing	37	39	31
	Animal Issues/Animal Feces	66	53	42
	Sewage	4	6	9
	Solid Waste (Garbage)	42	42	29
	Other: Rodents, etc.	22	17	24
	Animal Bites (follow-up)		43	38

*No radon grant funding in 2008

School Health

The Menasha School District contracts with the Menasha Health Department for school nursing services. In addition to vision, hearing, scoliosis, and dental screenings, the nurses provide individual health assessments including health counseling, monitor the health and coordination of health services for students with special health care needs, and provide classroom instruction on dental health, human growth and development including prevention of sexually transmitted diseases, and various other health related topics. There are four school health aides – 3 are assigned to elementary buildings and 1 is assigned to the middle school. They provide service over the lunch period primarily dispensing medications, providing first aid, and caring for ill children. Health department staff also provide CPR/FIRST AID certification that is now required for school employees. All school buildings are equipped with AEDs (automatic external defibrillators). Each school has an identified emergency response team trained by health department staff. Emergency training drills are done three times during the school year in each school.

	<u>2007</u>	<u>2008</u>	<u>2009</u>
Number of individual contacts for assessment, health procedures, health teaching, etc.	8957	2557*	8928
Number of individual health conferences (IEP meetings, core team meetings, etc.)	**	34	74
Vision screenings	1725	1609	1778
Number referred	120	91	134
Hearing screenings	1208	1181	1216
Number referred	49	62	39
Scoliosis screenings	191	177	212
Number referred	0	7	14
Dental screenings	1637	1579	1681
Number referred	288	293	287
Educational presentations	134	123	109
Number attending	2954	2428	3620

**Not available

*Number does not reflect total contacts (change in computer data base program).

The normal staffing pattern in the health department consists of a fulltime PH director, a fulltime sanitarian/sealer of wts. and measures, 2 fulltime public health nurses. 1 full-time public health aide, 2 part-time PHN, 1 part-time dental hygienist, 4 part-time school health aides, 2 limited part-time vision/hearing screeners, and 1 limited part-time Hispanic interpreter. The staffing pattern in the health department for 2009 was consistent with previous years.

The funding sources for the health department consist of grants, fees for service, license fees, school health contractual arrangements, donations, and city tax levy monies. Total expenditures for 2009 were \$629,888. The local tax levy provided \$233,777 with the remaining \$396,111 coming from all other sources of funding combined.