



# What Are Minute To Win It Games?

Simply put, you are given a task. It can be a puzzle, stacking up stuff, knocking over stuff. Anything.

And as the name says you have one minute to perform a given task.

These games are often hilarious. And as an added bonus they are easy and inexpensive. You and your kids will love them.

## HOW TO PLAY Minute To Win It Games

### 1. CHALLENGE YOURSELF – SOLO PLAY

**a. Kid VS CLOCK:** Give the contestant a challenge and turn the timer for one minute. If you complete the challenge in 60 seconds or less, CONGRATS, you've mastered that game.

**b. FROM GAME TO GAME:** Have several games lined up and the contestant goes from game to game until he can't finish one in a minute.

**c. Kid VS Kid:** Have 2 or more people doing the same challenge at the same time. The winner is the one who finishes first.

### 2. TEAM UP – Minute To Win It FOR GROUPS

Split into teams. Each team chooses one player to go against a player from another team. You can do it the "from game to game" style or "kid vs kid".

**Let's explore a few Minute to win it challenges!**