

# HELP STOP CORONAVIRUS



## HANDS

WASH AND DRY HANDS THOROUGHLY  
AND OFTEN FOR AT LEAST 20 SECONDS

**ELBOW**  
COUGH INTO IT



**FACE**  
DON'T TOUCH IT

**FEET**  
STAY MORE THAN  
6 FT. APART



**SICK**  
TEMPERATURE  
OF 100.4? CALL  
A DOCTOR

Questions? Call the Chemung County COVID-19 Hotline  
**607-873-1813**

# HELP STOP CORONAVIRUS



**PROTECT YOURSELF  
AND OTHERS**



**STAY HOME IF SICK**



**PROTECT THE  
MOST VULNERABLE**



**REDUCE  
OVERCROWDING**

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