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## Calhoun County Board of Health Meeting Minutes March 19, 2018

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### **Board of Health**

Mary Jo Byrne, Chairperson  
Mark Crawford, Vice-Chair  
Sonja Elder  
Steve Frisbie  
Sheryl Mitchell

### **Health Department**

Eric Pessell, Health Officer  
Diana Buist  
Dr. William Nettleton  
Andrea Noud, Intern  
Amanda Smith  
Kyler Watson

### **County Administration**

Michele Johnson, Finance Director  
Kelli Scott, Administrator

### **Absent**

Rebecca Fleury  
Nancy Mullett

### **Meeting called to order**

Byrne called the meeting to order at 8:04am.

### **Agenda**

Frisbie motioned for agenda approval. Mitchell seconded. All in favor, motion passed.

### **Consent Agenda**

Crawford motioned for approval of the consent agenda. Elder seconded. All in favor, motion passed.

### **Public Comment**

No public comment

### **Presentations**

Buist and Noud presented on National Nutrition Month. The presentation included:

- Go Further with Food
- Press release
- Infographic
- Five R's, reduce, reuse, recycle, refuse, and rot

Salted dark chocolate tangerines and gluten free blueberry oat with zucchini and carrot muffins were presented as a healthy snack.

Each board member received a complimentary spray bottle containing tangerine peels, white vinegar, and water that can be used as a cleaning agent.

Dr. Nettleton presented an update on the opioid epidemic. The presentation included:

- Overview
- Role of the County Medical Director
- What is an opioid?
- CDC categories of opioids
- 2016 national mortality data
- How did we get here?
- Retail opioid prescriptions
- Potency
- 2016 Calhoun County Medical Examiner accidental opioid deaths demographics
- Strategic framework

The Calhoun County Opioid Coalition received a \$70,000 grant from Blue Cross Blue Shield and the Michigan Endowment Fund.

The question was asked do we have enough centers in Calhoun County to help people with addiction or treatment? Calhoun County is at capacity for treatment.

Half of the hepatitis A cases in Southeast Michigan are related to substance abuse. 80% have been hospitalized and 3% have died.

### **Budget Committee Nominees**

Frisbie, Crawford, and Elder have agreed to sit on the budget committee. The committee will meet three times between now and August.

### **Finance Update**

Johnson presented the February 2018 Month-End Update. The report included:

- Revenue
- Expenditures

### **Health Officer's Report**

Pessell presented the Health Officer report. The report included:

- Mark Uyl, MHSAA Assistant Director, will be presenting Verbal Judo at tomorrow's All-Staff meeting from 9:00 – 10:30
- Pessell will be attending the Michigan Environmental Health Association (MEHA) Conference
- Jo Catania, Chief Investigator with the Medical Examiner's Office will have a desk at CCPHD one day each month

Byrne thanked Mitchell for her commitment to the Calhoun County Board of Health, today will be her last meeting as she has accepted a position in Oakland County.

### **Meeting adjourned at 9:10.**

For a copy of the presentation or the Health Officer report, please contact Amanda Smith at 269-969-6477 or via email at [asmith@calhouncountymi.gov](mailto:asmith@calhouncountymi.gov)