


Calhoun County Health and Wellness Center

Operated by **Premise Health.** 

Employees that enroll in the County medical plans will automatically be eligible to participate in all Calhoun County Health & Wellness Center benefits for 2023. The Calhoun County Health & Wellness Center (formerly CareHere) provides medical plan participants with a primary health care option that is high-quality, convenient, inexpensive, and confidential.

- FREE Preventative Care**
- FREE Preventative Medications**
- FREE Health Coaching**
- FREE Health Risk Assessment**
- FREE Lab Work**
- High QUALITY Services**
- Easy Mail Order Options**
- 24/7 NURSE HOTLINE**
- EASY Scheduling, Online or Phone**
- No Long Wait (average 5 minutes)**
- Online Services**

CONVENIENT Appointment Times for Employees, Including EVENING & WEEKEND HOURS

Note: Employees on the Flexible Blue or Simply Blue plans that have an HSA, receive FREE preventative services and medications through the Calhoun County Health & Wellness Center. However, the IRS requires that a nominal contribution or “fair market value” be charged for non-preventative items. For 2023, the fees are \$50 for non-preventative services and medications.

For employees that already have a primary care physician, please remember you can still use the center for lab work, preventative meds, free coaching (registered dietitian, smoking cessation, behavioral health, diabetes, etc....), as well as all of the My Premise Health online tools.

Non-medical plan participants are also eligible to access the My Premise Health online portal and participate in the annual Health Risk Assessment free of charge.

