

Risk Reduction Education Program (RREP)

SUBSTANCE ABUSE EDUCATION PROGRAM

513.868.2390
access@accessdui.com
Main office: Hamilton, OH

Registration information:

Accessdui.com

OBJECTIVES

To help develop a sense of responsibility and respect for self and others

To identify a value and belief system for socially responsible behavior

To gain basic skills for creating positive emotional & behavioral changes



COURSE FORMAT

Offered 1x per month

Course & screening is 8 hours

Small class sizes

Virtual or In-person

Minimize Risk~Maximize Life
curriculum & resources

REGISTRATION

& DATES:

Accessdui.com

COST: \$ 2 1 5

OUTLINE

- Course Objectives & Benefits
- Critical Thinking Skills about Alcohol & the Media
- Long-term effects of alcohol and drug use
- Marijuana Facts and Myths
- Coping with Stress
- Cost & consequences
- Legal issues and the law
- Binge drinking, stealing and other risky behaviors
- How do risky decisions affect people (victim empathy)
- Standard Drink Guidelines
- What are the Low-Risk Drinking guidelines?
- How are these different from no risk and high-risk use
- Low-Risk Gambling & signs of problem gambling
- Personal Action Plan
- Individual Court mandated screening
- Program evaluation

Certified Ohio Department of Mental Health & Addiction Services Prevention Provider