



# Pathways For Life

## Classes and Assessments

---

### How to Schedule

1. Call our scheduling center at 513-591-9832.
2. Indicate whether you are calling to have an assessment completed or to schedule a class.
3. If scheduling an assessment, we will return your call to schedule an appointment with a licensed counselor.
4. If scheduling a class, indicate which class you need to schedule and what date you would like to attend. We will notify you the week of the class.

### Classes

- 1<sup>st</sup> Saturday of every month is our Drug and Alcohol Awareness Class
- 2<sup>nd</sup> Saturday of every month is our Theft Deterrent Class
- 4<sup>th</sup> Saturday of every month is our Anger Management Class

### Address

2935 Hamilton Mason Rd.  
Hamilton, OH 45011

\* Located on the lower level around the back of the building.

### Additional Details

Classes are 7:45 a.m.– 3:00 p.m. including a break for lunch.

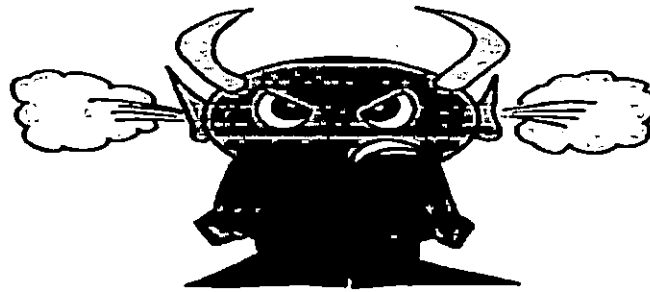
The cost is \$175 (\$180 if using a credit card) payable at morning registration.

We accept credit cards, cash, money order, or cashier's check made payable to Pathways For Life.

*“Empowering and educating individuals to make life changes  
in order to reduce recidivism”*

# ANGER MANAGEMENT SYLLABUS

8- 8:30AM	Registration, Introductions, and Pretest
8:30- 9AM	"Your Anger" Worksheet and Discussion
9- 9:10AM	Break
9:10- 10:20AM	Cause and Effect, Consequences
10:20- 10:30AM	Break
10:30- 11:30AM	Our Baggage and Our Past
11:30- 12:15PM	Lunch Break
12:15- 1PM	Being responsible for Behavior and Effective Communication
1- 1:10PM	Break
1:10- 2PM	Moving Forward and Goal Setting
2- 2:30PM	Post Test and Resources
2:30- 3PM	Questions and Evaluations



# THEFT DETERRENT SYLLABUS

8 – 8:15 AM	Registration, housekeeping, group dynamics
8:15- 8:30AM	Introductions
8:30 – 9AM	Why do People Steal? Pretest
9:10 – 10:20AM	Wants vs Needs Why did I steal? What Triggered my Behavior?
10:20 – 10:30 AM	Break
10:30 – 11:30 AM	How my past affects me Coping/Replacement
11:30 – 12PM	Lunch Break
12 – 12:30 PM	Crime and Punishment Information
12:30 – 12:50 PM	Understanding hurt and Post-Test
12:50 – 1PM	Break
1 – 2PM	Goal Setting + Future Plans
2 – 3PM	Resources, Certificates, and Evaluations

## Drug and Alcohol Class Syllabus

8AM-8:15AM	Registration, Confidentiality agreement, group dynamics
8:15-8:30AM	Introductions
8:30-9AM	Pretest, Do I have a drinking problem worksheet, BAC Levels
9- 9:05AM	Break
9:05-10AM	Video: 20/20 A Deadly Drunk Driving Accident
10-10:05AM	Break
10:05-11AM	Current Laws and Statistics
11-11:30AM	Lunch
11:30- 12:50PM	Video and Discussion on Addiction
12:50- 12:55PM	Break
12:55-1:30PM	Making Changes and Goal Setting
1:30-2PM	Resources
2-2:15PM	Questions, certificates, and Evaluations