



MODERN PSYCHIATRY AND WELLNESS, LLC.

DR. QUINTON E. MOSS, MD

1910 Fairgrove Ave, Hamilton, Ohio 45011

Phone: 513-440-5117, Fax: 513-297-7577

mpwhealth.com

To Begin Services:

All clients start with an individualized comprehensive assessment.

Walk-in hours are Monday -Friday, 8 am to 3 pm.

Most insurances are accepted including Medicaid and Medicare. Payment plans can be arranged, for financial questions or to see if your insurance is accepted at MPW contact Rebecca Wilson at 513-440-5117 or send an email to mpwbilling@modernpsych.com.

Modern Psychiatry & Wellness has been providing services to residents of Butler County since 2009, we employ over 140 employees who are all ready to help you improve your health and wellness across by offering mental health treatment, substance abuse treatment and education programs. Please review the following documents and let us know how we can help you.

**For more Information about Education & Diversion Classes Contact
JOHN ANDREWS (513) 725-6860**

EDUCATION SERVICES Offered at Modern Psychiatry and Wellness

Screening – This service uses three diagnostic tools to rule out alcohol dependency or abuse, drug dependency or abuse and mental health signs and symptoms including ADHD or ADD. After the screening is completed, a licensed professional counselor will meet with you to interpret the results of the screening. If signs or symptoms of mental health issues or problems with substance use are identified, the licensed counselor will discuss options with the client.

- Cost is \$150

Diversion & Countermeasures – This is a program that allows a defendant to be “diverted” from the traditional prosecution process which most likely included lengthy jail time and a legal record. Defendants accepted into a diversion program are given certain conditions to fill and when those conditions are met jail time is lessened or eliminated and the legal case record may be dismissed.

- Class offered one time/month on a Saturday, 9 am to 5 pm
- Cost is \$199.00

2022 Dates for Diversion & Countermeasures Classes:

January 29	July 23
February 26	August 27
March 26	September 24
April 23	October 29
May 28	November 19
June 25	December 17

Theft Intervention Program – This is a program that is usually completed by persons charged with theft who want to be diverted from the typical prosecution process of jail time and the resulting criminal record.

- Class offered one time/month on a Wednesday afternoon, Noon to 4 pm
- Cost is \$120.00

2022 Dates for Theft Intervention Program Classes:

January 26 – closed	July 20
February 23	August 24
March 23	September 21
April 27	October 19
May 18	November 16
June 15	December 14

Anger Management – Although anger is a normal emotional response, some people are unaware that uncontrolled anger is a result of deep emotional issues which have been too long ignored. Anger management classes process those issues and challenge faulty thinking patterns that lead to unwanted

management classes process those issues and challenge faulty thinking patterns that lead to unwanted behavior and loss of control so that participants can gain back self-respect and be in control of their own lives.

- Separate Classes are offered for men and women
- Classes for men are offered on Wednesday, twice a day 8:30 am to 10:30 am OR 5:30 pm to 7:00 pm, Class for women is offered on Tuesday evening from 5:30 to 7:00 pm
- Completion of course requires six (6) sessions
- Cost is \$40.00 per session

COMING SOON:

Parenting Class –

Corrective Thinking –

Domestic Violence – Offenders –

Domestic Violence – Survivors -

Payment for all Education Programs is expected prior to or no later than the start of each class. MPW will send an invoice prior to start date. Checks are not accepted, please pay with credit card.



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Diversion & Countermeasures

Diversion is a program by which a defendant is 'diverted' from the traditional prosecution process. Defendants accepted into a diversion program are given certain conditions to fill. If those conditions are fulfilled, the case is typically dismissed. You have been asked to attend a full day Substance Use Education program as one of those conditions.

The Substance Use Education Program consists of the following to be provided by video, lecture, discussion, and in video format:

- A drug and alcohol use screening tool
- Pre-test about your current knowledge of addiction
- Family dysfunction and its role in addiction
- The role of genetics, poor coping skills, thinking errors or underlying anxiety and depression
- Overview of all drug classes including properties, effects on the body, side effects, etc.
- The difference between abuse and dependence
- Drinking responsibly, peer pressure, and the actual size of one drink
- Post-test
- **Dr. Quinton Moss, board certified psychiatrist and CEO of Modern Psychiatry & Wellness, will attend each session to provide information and training about brain development and the effects of substance use on a developing brain.**
- Participation in a simulation exercise to demonstrate how a person's actions are inhibited by substance use — impairment and totally wasted glasses.



Schedule for monthly sessions will be on the back. Session are available for 1 day each month

Diversion & Countermeasures

This full day educational program is geared toward misdemeanor offenses such as open container violations, underage consumption, and possession of drug paraphernalia. The program consists of a screening and a class.

2022 PROGRAM SCHEDULE

Hours are 9:00 am to 5:00 pm on the days listed:

January 29	July 23
February 26	August 27
March 26	September 24
April 23	October 29
May 28	November 19
June 25	December 17

COST: Screening & Education Program - \$199.00, lunch is on your own

LOCATION: Oxford Area Courthouse, 118 W. High St, Oxford, OH 45056

TIME: 9:00 am to 5:00 pm

REGISTRATION & PAYMENT: Online at mpwhealth.com or call 513.440.5117

Questions?

Call: 513.440.5117 or John Andrews: 513.725.6860
or visit mpwhealth.com



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Addictions Treated: Opioids (Heroin/Fentanyl), Methamphetamine, Cocaine, and Alcohol

MAT Provided: Buprenorphine/naloxone, Suboxone®, Vivitrol®, Naltrexone, Campral®/acamprosate, Sublocade®

Program	Length of Program	Location of Service	Frequency of Service	Description of People Who Need This Program	Services Delivered to Persons in this Program
Initial Comprehensive Assessment	1-2 Hours	Fairgrove, Hamilton, or West Chester	1 time per year	This initial evaluation may include some or all the following components: Drug & alcohol screening, medical assessment, co-occurring disorders evaluation, risk assessment & social assessment. The assessment concludes with treatment recommendations.	Comprehensive Assessment
Detox/Withdrawal Management 4-hour Observation	2-10 Days	Genesis Men Hamilton	24 hours / 7 days per week	This program is designed for people who are still actively using substances and are unable to go through the withdrawal process alone due to the discomfort suffered or need (MAT) medication assisted treatment to go through the process safely. People needing this service also believe that they need support services 24 hours a day and are unable to return to their environment without long-term abstinence.	<ul style="list-style-type: none"> • Medication Assisted Treatment (MAT) • Medical Care with physician or nurse practitioner • Meals • Quiet and Comfortable Resting Spaces • Private Recovery Environment • Individual & Group Counseling Sessions • Case Management
Outpatient Detox Withdrawal Management 2-8 hours per day	2-7 Days	Fairgrove, Hamilton	Daily visits for 2-8 hours	This program is designed for people who are still actively using substances and are unable to go through the withdrawal process alone due to the discomfort suffered or need (MAT) medication assisted treatment to go through the process safely. People who are successful in this program can return home each evening with support meds and return the next day without returning to substance use.	<ul style="list-style-type: none"> • Medication Assisted Treatment (MAT) • Medical Care with physician or nurse practitioner • Meals • Quiet and Comfortable Resting Spaces • Private Recovery Environment • Individual & Group Counseling Sessions • Case Management
Partial Hospitalization (PH) with Recovery Housing	90 Days	Genesis Men Hamilton	24 hours/7 days per week	This program provides a long period of time away from destructive influences which allows men to establish a healthy distance from people, places, thought patterns and perceptions that fuel their addiction. While at Genesis clients learn the coping skills needed to overcome substance use and move on to less restrictive levels of treatment.	<ul style="list-style-type: none"> • Medication Assisted Treatment (MAT) • Medical Care with physician or nurse practitioner • Meals • Quiet and Comfortable Resting Spaces • Private Recovery Environment • Individual & Group Counseling Sessions • Case Management

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Program	Length of Program	Location of Service	Frequency of Service	Description of People Who Need This Program	Services Delivered to Persons in this Program
Partial Housing (PH) with Recovery Housing	90 Days	Genesis Women Trenton	24 hours/7 days per week	This program provides a long period of time away from destructive influences which allows women to establish a healthy distance from people, places, thought patterns and perceptions that fuel their addiction. While at Genesis clients learn the coping skills needed to overcome substance use and move on to less restrictive levels of treatment.	<ul style="list-style-type: none"> • Medication Assisted Treatment (MAT) • Medical Care with physician or nurse practitioner • Meals • Quiet and Comfortable Resting Spaces • Private Recovery Environment • Individual & Group Counseling Sessions • Case Management
Partial Housing (PH) with Community Living	2 Weeks to 30 Days	Fairgrove, Hamilton	Daily visits for 4-6 hours	This program provides people with the medical assistance needed to remain sober while returning to their natural environment each day to practice the skills learned in the treatment program. PH Community proves people with a safe place to recover each day while continuing to heal.	<ul style="list-style-type: none"> • Medication Assisted Treatment (MAT) • Medical Care with physician or nurse practitioner • Meals • Quiet and Comfortable Resting Spaces • Private Recovery Environment • Individual & Group Counseling Sessions • Case Management
Intensive Outpatient program (IOP)	6 to 8 Weeks	Fairgrove, Hamilton	3 days a week for 3 hours/day	This program can be a transitional step down from a PH program or it can be a standalone treatment program for people who are not yet suffering the most serious consequences of addiction. Persons in IOP can remain abstinent while participating in treatment. They have developed some coping skills, understand the need to participate in a treatment program and usually have a solid sober support system at home or in the community that they can rely on to assist them with continued abstinence.	<ul style="list-style-type: none"> • Medication Assisted Treatment (MAT) • Medical Care with physician or nurse practitioner • Individual & Group Counseling Sessions • Case Management
Ongoing Support and Relapse Prevention (OP)	As Needed	Fairgrove, Hamilton	1-2 days a week for 1.5 hours	This program is for people who have established 30 days or more of continued abstinence. They have established a good sober support network in the community, live with a strong support system at home and are fully committed to a recovery plan that they have previously established.	<ul style="list-style-type: none"> • Medication Assisted Treatment (MAT) • Medical Care with physician or nurse practitioner • Individual & Group Counseling Sessions • Case Management
Routine MAT Medical appointments	Ongoing	Fairgrove, Hamilton, West Chester	Varies by stage of treatment	This program is for people who need to continue medications to manage their addictions to opioids or alcohol. Client work with the providers regarding medication selection and dosing to reduce cravings and substance use.	Client will have ongoing medical appointments for MAT (Buprenorphine/naloxone, Suboxone®, Vivitrol®, Naltrexone, Campral®/acamprosate, Sublocade®) with the physician or nurse practitioner



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Mental Health disorders treated at Modern Psychiatry & Wellness include depression, anxiety, attention deficit, sleep, trauma, psychosis, bipolar and others.

MPW is a Dual Disorder treatment Center which means that we offer a wide range of MH services in addition to our comprehensive SUD services. MH treatment is provided at all our outpatient treatment Centers. The purpose of our service provision is to empower individuals to achieve holistic wellness and growth in the emotional, environmental, financial, intellectual, occupational, physical, social, and spiritual realms by providing compassionate care, improved outreach, and increased advocacy.

Mental Health Services Offered Include:

Screening/Intake: A health screening is conducted for the purposes of helping to determine if a person needs our services. Screening identifies people who are at high risk of having the problems we treat who can benefit from the services we offer. Screening identifies the possible presence of undiagnosed signs and symptoms based upon reported history.

Diagnostic Assessments: Just like physical illness, mental illness is very common medical problem. Mental illness is nothing to be ashamed about. Trained, licensed clinicians are available to meet with and interview people to help determine if a mental illness is present. The clinician will also identify and name the specific type of illness that a person may have. The diagnostic assessment process helps the clinician gather information to help establish or rule out the presence or absence of other disorders that may complicate treatment. This process helps determine how to develop an individualized treatment plan that can be most beneficial to everyone. The assessment process also helps determine the person's readiness to change, the seriousness of symptoms, identifies strengths or problem areas that may affect the progress of treatment and recovery and engages the client in the development of an appropriate treatment relationship that will be most beneficial.

- To receive a Diagnostic Assessment simply walk-in to our Hamilton or West Chester location, Monday through Friday from 8 am until 3 pm.

Pharmacological Management (Medication): The goal of Pharmacological services is to increase the functional level and ability of adults with mental health diagnosis while reducing the need for hospitalization or acute care. Psychiatrists and nurse practitioners meet with clients to gather historical data about the development of current symptoms, family history of those symptoms, frequency of symptoms and the duration of the current problem to determine the best treatment options. Medication is prescribed and used to treat identified symptoms. Prescribers seek to identify comprehensive treatment along with motivational and empathetic understanding of each person's individual experience with mental illness. It is hoped that Medication will offer relief from acute symptoms and assist in the recovery process. Clients and family members are encouraged to play an important role in the monitoring of pharmacological treatment. Nursing staff (RN's & LPN's) provide medication management services. Nurses can help clients manage medication, prepare med boxes, and provide education about the diagnosis, benefits, and side-effects of prescribed medication.

Pharmacogenomic Testing: Pharmacogenomic testing is a clinically focused technology that measures and analyzes important genomic variants affecting metabolism and response to behavioral health medications in advance of making a medical decision. The results help in understanding which medications a client will metabolize and respond to best. This exclusive testing is quick, easy, and accurate.

CPST/Case Management: The underlying premise of case management is to help an individual reach their optimum level of wellness and functional capability, everyone will benefit including the client and the support systems. Case management is the coordination of community-based services by a professional or team to customize care according to the individual's persistent challenges to aid them in their recovery. Case management seeks to reduce hospitalizations, homelessness and time spent in the criminal justice system through a holistic approach that considers each person's overall biopsychosocial needs without extensive economic costs to the client. Care coordination may include assistance with primary healthcare, housing, transportation, employment, social relationships, and community participation. Case management is the link between the person and an entire system of care coordination.

Treatment Planning: Clinicians work directly with each client to develop a comprehensive set of staged, integrated treatment programs and interventions that address the identified disorders and strengths of each client. The individualized plans consider individual needs, readiness, preferences, and personal goals.

Individual, Couples, Family and Group Counseling: Counseling services focus on providing clients with assistance and guidance in resolving personal, social, or psychological problems and difficulties. Counselors focus on developing an environment in which clients will be comfortable and able to talk about their emotions, trauma histories, current stressors, and problematic relationships. Counselors strive to teach clients new ways of coping with the signs and symptoms of mental illness and/or addiction to improve quality of life and relationships with family members and other acquaintances.

• **Current Mental Health Group Services Offered Include:**

- **Parenting Group** – parenting is challenging. Learn essential skills to manage stress and build resilience for you and your family. Strategies to promote positive relationships, education about how to support healthy childhood development, and how to respond to trauma induced behavior.
- **Dialectical Behavior Therapy Group** – if you find yourself struggling to get through distressing or upsetting situations, having a hard time keeping your emotions in check, living in the past or future and having trouble in relationships, you will find out that you are not alone by attending this group.
- **Seeking Safety Group** – aimed at helping men and women who have experienced trauma in their life. You will learn to implement self-care strategies, heal from painful anger, set healthy boundaries, and feel safe in relationships.
- **Grief Group** – This is a place to meet others who are feeling a sense of loss. It is a place to share experience and learn new coping strategies.
- **LGBTQ+ Group** – Safety, education, support, and love for people struggling with questions or concerns about their sexuality and how they may be perceived by others.

Treatment Locations:

6942 Tylersville Road
West Chester, OH 45069
Phone: 513.868.005
Fax: 513.297.7577

1910 Fairgrove Ave.
Hamilton, OH 45011
Phone: 513.299.4053
Fax: 513.737.4603

Hours of Operation:

Monday - Friday 8:00 a.m. to 5:00 p.m.
Some Evening Groups



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