

# MENTAL HEALTH SERVICES

## HOW TO BEGIN:

All clients start with a private, personalized assessment.

Walk-in assessment hours: Monday thru Friday 8:30 am – 2:00 pm

Location: 820 S. Martin Luther King Jr. Blvd., Hamilton - (513) 887-8500

## PAYMENT OPTIONS:

Medicare, Medicaid and other State-Financed Health Insurance, Private Health Insurance\*, assistance available for those meeting indigent qualifications, and Private Pay (cash, check, credit card).

We also offer a sliding fee scale for clients who pay out-of-pocket.

*For any financial questions or to see if we accept your insurance, contact:  
Molly Hartel, Phone: (513) 868-5137, Email: [MHartel@Community-First.org](mailto:MHartel@Community-First.org)*

## MENTAL HEALTH SERVICES

Mental Health Services are provided by our integrated multidisciplinary team. This includes a variety of psychiatric and therapeutic services to meet the needs of each individual:

- Assessments
- Counseling
- Rehabilitation
- Case Management
- Med-somatic services
- Identification of other referral sources needed
- Dual Diagnosis Treatment

Mental Health Services are certified by the Ohio Department of Mental Health and is accredited by the Joint Commission.

### MENTAL HEALTH ASSESSMENTS

Just like physical illness, mental illness is very common. Mental illness is nothing to be ashamed about; it is simply another medical problem. Trained clinicians are available to help you determine if you have a mental illness. Our Mental Health Assessor assess for Substance Abuse, Psychosis, Depressive, Conduct and Impulse Control, Mood, Personality, and Stress or Trauma Related Disorder.

### INDIVIDUAL & GROUP COUNSELING

These services focuses on providing a therapeutic environment that enables you to process emotions, develop self-regulatory skills, anger management and impulse control, increase positive communication, and develop higher levels of self-awareness that allow you to make sustainable changes across all settings in your life.

### MEDICATION MANAGEMENT

Medication management for mental health is the prescription, administration, and review of medications and their side effects for the treatment of mental illness. It also involves the monitoring of prescription medications that a patient takes to verify that he/she is fulfilling the prescribed medication regimen.

### CASE MANAGEMENT

The Case Management team provides individualized assistance to meet the specific needs of the customer. Case managers assess the current status of the customer and connect them to community agencies that can meet their needs. Case managers can assist with completing any necessary paperwork, help with transportation and advocate for our customers to obtain the benefits and services they need to improve their quality of life. Customers must have a mental health diagnosis in order to qualify.

Specific, individualized services are provided in the community and help people meet some of their basic needs which may include housing, food, clothing, establishing an income or obtaining medical insurance.

## CONNECTIONS

The Connections program is designed for Butler County residents who have a diagnosed mental illness, but are currently not connected with a mental health provider.

We provide temporary medication and referral support for individuals as they transition to a more permanent mental health provider.

### We Connect Clients Through:

- **JUSTICE SYSTEMS** – We support individuals coming out of County or State detention centers who have been on medication while incarcerated.
- **HOSPITALS** – Lack of follow up care is the greatest cause of readmission. Patients may be referred to Connections before discharge to ensure they receive the temporary assistance needed while they secure long-term mental health solutions.
- **RELOCATION** – We support individuals who have been treated outside of Butler County and now need to be connected after a move.

If needed, Connections staff will make in-patient visits before the client is discharged from the hospital to ensure continuity of care. The Client will be provided with medication and will meet a psychiatrist in the following weeks to review the plan of care. Clients will be connected to a mental health agency for the long-term services within 90 days.

Clients must have a diagnosed mental illness before participating in the connections program.

### Clients must provide the following:

Proof of Butler County Residency | Picture ID | Income Verification

## CONTACT

For more information or to make a referral, contact:

[CBHReferrals@Community-First.org](mailto:CBHReferrals@Community-First.org)



### RESIDENTIAL PLACEMENT

The Residential Placement Program provides low cost supervised housing options to Butler County residents (or becoming Butler County residents) who require assistance with medication compliance and other activities of daily living.

#### We Connect Clients Through:

- **HOSPITALS** – Clients who may need step down services after hospitalization can be referred to the Residential Placement Program. Clients must have active case management and psychiatric services in place to be referred, or started with Connections.
- **AGENCIES** – Clients who have case management and psychiatric care may be referred by agencies or other treatment providers for an assessment.
- **PROBATE COURT** – Clients who require medication monitoring and supervised care for stabilization may be referred by a probate monitor and engaged with case management.

#### Placement Process:

- **QUALIFY:** A referral must be made to the Residential Placement Coordinator and an assessment will be completed within 48-72 hours (unless otherwise discussed). All applicants will be provided with a list of required documentation at time of inquiry or assessment. \*Client must be in agreement of placement.
- **ASSESSMENT:** Upon completion, a determination of acceptance for Residential Placement will be communicated after all required documentation has been received.
- **REVIEW:** After the client has been found appropriate for Residential Placement, the group home/facility still has the option to decline their admission based on criteria established by each individual group home. After a customer is accepted to the group home/facility (this may take up to 4-5 business days) the client's referral source is responsible for arranging medication transfer, transportation, admission, and addressing other client needs.

### CONTACT

For more information or to make a referral, contact:

[CBHReferrals@Community-First.org](mailto:CBHReferrals@Community-First.org)

(LIST OF REQUIRED DOCUMENTATION ON NEXT PAGE)

## RESIDENTIAL PLACEMENT CHECKLIST

Prior to contacting the Residential Placement Coordinator and to expedite the referral process please complete the following checklist of required documentation and criteria. Please submit this completed form with all completed documentation. All documentation must be submitted to be considered for residential placement:

- ☐ Patient must be diagnosed with an SMD diagnosis
- ☐ Patient must have an outpatient psychiatrist and case manager. MUST be receiving case management, not therapy only.
- ☐ Obtain documentation of an updated History and Physical (within the last 30 days). History and Physical must be signed by a doctor (not only electronically). If they have an existing H&P from a facility, an addendum may be added to the existing form (with doctor's signature).
- ☐ Obtain documentation of a completed TB test (within the last 30 days)
- ☐ Obtain documentation of current income or completed application for social security.
- ☐ Obtain documented proof of Butler County residency (if available).
- ☐ Obtain documented proof of insurance (Medicaid, Medicare Part D, etc) or documentation of application for insurance.
- ☐ Obtain documentation of a complete list of current medications. Patient should be stable on any medications for 30 days (unless otherwise discussed). Further coordination of medication transfer with the facility will be required prior to admission.
- ☐ Obtain current outpatient provider Individualized Service Plan
- ☐ Patient must not have a history of legal charges related to sexual offenses or arson.
- ☐ Patient must not have a history of violence or significant physical aggression toward others, either in a residential setting or otherwise.
- ☐ Patient should not have any medical conditions that require personal assistance or 1:1 monitoring (includes incontinence, oxygen, etc)
- ☐ Patient MUST be in agreement with residential placement.

Please explain any criteria not checked: \_\_\_\_\_  
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\_\_\_\_\_  
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(Criteria are subject to change and revision)