

COMMUNITY BEHAVIORAL HEALTH



COMMUNITY FIRST SOLUTIONS

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COMMUNITY BEHAVIORAL HEALTH



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CBH serves clients age 7 and older.

* Jail Services: Services also offered in the Butler County Jail.

COMMUNITY BEHAVIORAL HEALTH



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SUBSTANCE USE SERVICES

HOW TO BEGIN:

All clients start with a private, personalized assessment.

Walk-in assessment hours: Monday thru Friday 8:30 am – 2:00 pm

Location: 820 S. Martin Luther King Jr. Blvd., Hamilton - (513) 887-8500

PAYMENT OPTIONS:

Medicare, Medicaid and other State-Financed Health Insurance, Private Health Insurance*, assistance available for those meeting indigent qualifications, and Private Pay (cash, check, credit card).

We also offer a sliding fee scale for clients who pay out-of-pocket.

*For any financial questions or to see if we accept your insurance, contact:
Molly Hartel, Phone: (513) 868-5137, Email: MHartel@Community-First.org*

SUBSTANCE USE SERVICES

AMBULATORY DETOX

This service is targeted for individuals who want to safely taper off opioids such as heroin, suboxone, methadone, and most pain pills. Our detox program lasts approximately one week. No overnight stays are required. The hours of operation are Monday through Friday 8:00 a.m. – 4:30 p.m. with lunch provided. During this time, patients will be monitored by licensed medical professionals and medications will be tailored to patient specific needs. Comfort medicines will help lessen withdrawal symptoms. Referrals for mental health services are made if desired. Once safely detoxed from opioids, participation in the PHP program is encouraged. We accept referrals from several organizations such as courts, doctor offices, attorneys, and employers. Self-referrals are welcomed as well.

PARTIAL HOSPITALIZATION

PHP is the most intensive level of outpatient treatment. Addiction, life skills, new ways of coping with problems, and many other issues are addressed. This program is offered with or without participation in ambulatory detox. We gladly accept court referrals. Urine drug screens at random throughout treatment.

INTENSIVE OUTPATIENT

The Intensive Outpatient Program (IOP) provides psycho-educational groups designed to educate the customer about substance abuse. This group is appropriate for customers with a diagnosis of moderate to severe substance use disorder. In some instances, a moderate use disorder is acceptable, especially if the customer has met the criteria for a severe substance use disorder in the past. Customer must complete treatment program, attend weekly individual sessions with SUD counselor, and complete all other requirements of the IOP program in order to graduate. IOP is typically 9 hours per week. Urine drug screens at random throughout treatment.

5 Day a Week IOP:

Five day a week IOP is designed for customers who need more structure than what is offered in regular IOP, but have enough recovery resources that they are not appropriate for residential treatment. This group is often used for customers who have struggled to maintain sobriety in IOP and have a diagnosis of severe substance use disorder. Customers will be moved to a different level of care when appropriate. Urine drug screens at random throughout treatment.

SUBSTANCE USE SERVICES

OUTPATIENT

The Outpatient Program (OP) is designed for individuals needing non-intensive outpatient treatment. It is appropriate for customers with a diagnosis of mild to moderate substance use disorder. Customer must complete two-hour sessions twice weekly, attend monthly individual sessions with SUD counselor, and complete all other requirements of the program in order to graduate. Urine drug screens at random throughout treatment.

RELAPSE PREVENTION

This group is for customers who have just completed OP or meet requirements. Customer must attend two-hour sessions once weekly, attend monthly individual sessions with therapist, and complete all other requirements of the program in order to graduate. Urine drug screens at random throughout treatment.

JAIL SERVICES PROGRAM

The Jail Services Program is a collaborative, correctional-based program located in the Butler County Jail. Community Behavioral Health's multi-disciplinary team offers Intensive Outpatient, Individual Counseling, Case Management and linkage services. The goal of the program is to provide early treatment interventions and increase linkage to treatment and other resources after release. The belief is that this will increase the number of clients who are able to maintain abstinence, while decreasing the number of clients who experience new arrests, after release.

Link inmates to appropriate services in the jail and upon release

Every person booked into the Butler County Jail is screened for substance use and mental health disorders. If identified, jail staff meet with client to evaluate individual needs.

Clients are offered education groups run by certified peer supporters to prepare for release. Clients will connect with peer support specialist and their first meeting post release will be scheduled. Follow up treatment is set up with the agency of the client's choice. Usually client is transported upon release to first treatment appointment.

Link inmates with Medication Assisted Treatment upon release

The court orders client to be released upon agreement to participate in the Medication Assisted Treatment program (Vivitrol and Sublocaide). Client is assessed and diagnosed. The client receives blood work and oral challenge, from Community Behavioral Health nurse. Client is seen by Community Behavioral Health prescriber. Jail staff then schedule client's follow up care with their provider. The client receives the Vivitrol injection and is released from jail. Upon release, client begins Medication Assisted Treatment Services outside the jail.

MEDICATION ASSISTED TREATMENT (MAT)

This program is targeted for individuals who are opioid/alcohol dependent. Once the client is abstinent from opioids/alcohol for approximately 7-14 days, they may be a candidate for Vivitrol and our MAT program.

What is Vivitrol?

Vivitrol is an injectable form of Naltrexone for extended-release suspension that has a long-acting formula, which means it only has to be administered once a month. When used with counseling, it has been shown to be effective for:

- Prevention of relapse to opioid dependence following opioid detox
- Treatment of alcohol dependence

Vivitrol binds to the opioid receptors throughout the body and produces an opioid blockade. As an opioid antagonist, there is no detox from Vivitrol. While counseling addresses the psychological aspect of addiction, Vivitrol works on the physical aspect by blocking the pleasurable feelings produced with opioid or alcohol use. This combination of medication and behavioral therapy treatment is proven to be more effective when combined together than as individual treatments.

What is Buprenorphine?

Clients will also be provided an opportunity for MAT treatment with Buprenorphine. Buprenorphine acts as a partial agonist (only partially stimulating the brain's opioid receptor), which must be tapered gradually when treatment is completed. Buprenorphine is regulated by state and federal legislation for prescription which clients must adhere to in addition to CBH policies for treatment.

- Suboxone: Pill form of buprenorphine.
- Sublocade (NEW): Once-a-month injection of buprenorphine.

Clients are required to attend our MAT Outpatient Program.