This is a map of trails with public access in the Town of Bennington. Bicycling is allowed on trails shown in red. Access to these trails is due to the generosity of property owners. Use of motorized vehicles, littering, or camping is not permitted. Use of the trails is at your own risk.

**TRAILS THAT ALLOW BICYCLING**

- Mile-Around Woods & Short Aidrich Trails
- Bennington College Snake Bride
- Robert Frost Trail
- Ninja Interim Path
- Orchard Village Willowbrook Path
- Maneely Park
- East Rd/Kocher Dr Willow Park
- Bennington Rail Trail

**LANDMARKS & ATTRACTIONS**

- White Rocks
- Bennington Museum
- Winooski Path
- Southern Vermont Medical Center (SVMC) Trail
- Mt. Anthony Network Town Bikeway
- Y-Woods
- Greenberg Headwaters Park
- One World Conservation Trails

**PUBLIC PARKING**

- Limited Public Parking

**RIVERS**

- Canoe & Kayak Put-In

For more information:
www.trailfinder.info
benningtonvt.org

**REVERSE SIDE**

More information on trails...
The Bike Hub is a local non-profit organization dedicated to making the tri-state region around Bennington be a dynamic cycling community where bikes are accessible to all, where health and wellness are celebrated, where young people are empowered, and where cycling is a lifelong activity. In addition to our community programs we also run a full-service repair shop and retail store. Learn more at www.ourbikehub.com or call 802-445-4000.

Bennington Trail Map

1. **Mile-Around Woods & Short Aldrich Trails**
   - Mile-Around Woods trails can be accessed at the Park-McCullough House, Park Street, or West Street/McCullough Road. A network of trails features woods, wetlands, and farm fields with views of the Valley of Vermont. The path network offers different combinations of loop walks. Dogs must be kept on a leash. The path is accessible all year. Good for all skill levels. Level: easy

2. **Bennington College Bike Trails**
   - Traverse fields, forest, and hills on a public path that winds around the Bennington College campus. The path connects to North Bennington Village via Prospect Street. Access the path from campus, Prospect Street/College Road, or Scarey Lane. Level: easy

3. **Robert Frost Trail**
   - Located on the north side of Lake Paran, the Robert Frost Trail is an out and back path through rich stands of timber on farmland once owned by Robert Frost. It extends two miles to the Robert Frost House on Route 7A in Shaftsbury. There are views of Paran Creek from a footbridge at the trail's midpoint. The trail is marked with blue blazes. Level: easy

4. **Ninja Interim Path**
   - This string of paths and short on-street sections allow cyclists and pedestrians to avoid Route VT67A. The northern 0.3-mile paved path begins on Silk Rd, opposite the Bennington College entrance on Route VT67A. A dirt path continues for 0.7 miles through woods, under Route 279 and across Furnace Brook ending on Morse Rd. at Bennington Self Storage. Note: the bridge is temporarily closed. Follow Morse Road south for 0.5 miles and connect to a 0.4-mile paved path behind Walmart connecting to Hicks Ave. Total length is 2.3 miles. Level: easy

5. **Orchard Village - Willowbrook Path**
   - This 482-foot path connects Orchard Village Apartments with Willowbrook Drive. It has two boardwalk sections spanning a wetland and stream with nice views of the Bennington Monument in the distance. The path is lit at night. Level: easy

6. **Maneeley Park**
   - The Maneeley Park trails can be accessed from the northern section of Shields Drive. The short one-mile loop is ideal for walking or mountain biking. Level: moderate

7. **East Rd/Kocher Dr - Willow Park**
   - The path connects to the Rail Trail, Mount Anthony Union Middle School, and Willow Park where an easy paved path loops around (park access from the parking lot off East Road). Level: easy

8. **Rail Trail**
   - The Rail Trail starts from River Street next to the firehouse and connects with the Walloomsac Path towards the south. Heading north, it’s a fully paved multi-use pathway that goes up to Orchard Road, and then becomes a packed gravel path to Emma Street. To reach the Ninja Trail, take Orchard Road and Hicks Avenue. The Rail Trail's total length is 1.5 miles. Level: easy

9. **White Rocks**
   - Located in the Glastenbury Wilderness Area of the Green Mountain National Forest, trailhead access is at the sharp turn on North Branch Street. The White Rocks trail climbs to the top of Bald Mountain (2857 ft / 871 m). At the summit it connects with the Appalachian and Long Trail. A rocky overlook area just west of the trail offers excellent views of the valley below. Parking limited. The round trip hike is 7.2 miles. Level: challenging

10. **Bennington Museum**
    - The George Aiken Wildflower Trail in the Bennington Museum’s Hadwen Woods is a series of four trails winding through a six-acre woodlot and along Jennings Brook. It features many of the more than 300 wildflowers and 40 native ferns that Aiken (a two-time Vermont governor and six-time U.S. Senator) raised and sold in his nursery in Putney and wrote about in his book “Pioneering With Wildflowers”. Dogs are welcome but must be on a leash. Open dawn to dusk. Level: easy

11. **Walloomsac Path**
    - This easy, level path follows the Walloomsac River from Park Street near the Bennington Elementary School to the parking lot behind the Bennington Station. Well located benches offer views of the river. Level: easy

12. **SVMC Trail**
    - Starting at the Stark Street Park, the Southern Vermont Medical Center trail twists through the forest around SVMC and ends at Monument Avenue. Here you can hook up with the Hops & Vines Trail, part of the Mt. Anthony Network. Level: moderate

13. **Mt. Anthony Network**
    - The Mount Anthony Network of trails is accessed from the Southern Vermont College (SVC) campus, Monument Avenue, or Fox Hill Road. The trail network has spectacular views of the Green Mountains, a haunted pool and an old cave. A kiosk with maps is located on SVC’s lower campus. Limited parking is available at the field house and at the southern end of the mansion parking lot. No overnight parking is allowed. The SVC parking lots and trail entry points are sometimes closed for college events (Commencement Weekend, student move-in days, and occasionally for other events). Level: moderate to challenging

14. **Y-Woods**
    - The Y-Woods trails can be accessed from Middle Pownal Road and Crescent Boulevard from informal parking lots. The parking lots and trailheads are not marked. The trails wind through a lush woodlot on a hill. Level: easy

15. **Greenberg Headwaters Park**
    - With access from the Beech Street Ball Fields, Belvidere Street, and the former trolley line at Morgan Street, these trails allow exploration of extensive wetlands just outside of the downtown. The trails also lead to easy access points for kayaking and fishing. Level: easy

16. **One World Conservation Trails**
    - Right off Route 7, several paths offer an easy walk on the nature preserve. Hikers can enjoy a diverse landscape of wetland, meadow, and forest, with benches to enjoy the scenery. Level: easy

BIKE REPAIRS - Bike Hub

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