1. **Mile-Around Woods & Short Aldrich Trails**

Mile-Around Woods trails can be accessed at the Park-McCullough House, Park Street, or West Street/McCullough Road. A network of trails features woods, wetlands, and farmland with views of the valley of Vermont. The path network offers different combinations of loop walks. Dogs must be kept on a leash. The path is accessible all year. Good for all skill levels. Level: easy

2. **Bennington College Loop**

Traverse fields, forest, and hills on a public path that winds around the Bennington College campus. The path connects to the North Bennington Village via Prospect Street. Access the path from campus, Prospect Street/College Road, or Scarey Lane. Level: easy

3. **Robert Frost Trail**

Located on the north side of Lake Paran, the Robert Frost Trail is an out and back path through rich stands of timber on farmland once owned by Robert Frost. It extends two miles to the Robert Frost House on Route 7A in Shaftsbury. There are views of Paran Creek from a footbridge at the trail's midpoint. The trail is marked with blue blazes. Level: easy

4. **Ninja Interim Path**

This string of paths and short on-street section allow cyclists and pedestrians to avoid Route VT67A. The northern 0.3-mile paved path begins on 5th Rd. opposite the Bennington College entrance on Route VT67A. A dirt path continues for 0.7 miles through woods, under Route 279 and across Furnace Brook ending on Morse Rd. at Bennington Self Storage. Note: the bridge is temporarily closed. Follow Morse Road south for 0.5 miles and connect to a 0.4-mile paved path behind Walmart connecting to Hicks Ave. Total length is 2.3 miles. Level: easy

5. **Orchard Village - Willowbrook Path**

This 485-foot path connects Orchard Village Apartments with Willowbrook Drive. It has two boardwalk sections spanning a wetlands and stream with nice views of the Bennington Monument in the distance. The path is lit at night. Level: easy

6. **Maneely Park**

The Maneely Park trails can be accessed from the northern section of Shields Drive. The short one-mile loop is ideal for walking or mountain biking. Level: moderate

7. **East Rd/Kocher Dr + Willow Park**

The path connects to the Rail Trail, Mount Anthony Union Middle School, and Willow Park where an easy paved path loops around (park access from the parking lot off East Road). Level: easy

8. **Rail Trail**

The Rail Trail starts from River Street next to the firehouse and connects with the Wallomsac Path towards the south. Heading north, it's a fully paved multi-use pathway that goes onto Orchard Road, and then becomes a packed gravel path to Emma Street. To reach the Ninja Trail, take Orchard Road and Hicks Avenue. The Rail Trail's total length is 1.3 miles. Level: easy

9. **White Rocks**

Located in the Glastenbury Wilderness Area of the Green Mountain National Forest, trailhead access is at the intersection on North Branch Street. The White Rocks Trail climbs to the top of Bald Mountain (2857 ft/871 m). At the summit it connects with the Appalachian and Long Trail. A rocky overlook area just west of the trail offers excellent views of the valley below. Parking limited. The round trip hike is 7.2 miles. Level: challenging

10. **Bennington Museum**

The George Aiken Wildflower Trail in the Bennington Museum's Hadwen Woods is a series of four trails winding through a six-acre woodlot and along Jennings Brook. It features many of the more than 300 wildflowers and 40 native ferns that Aiken (a two-time Vermont governor and six-time U.S. Senator) raised and sold in his nursery in Putney and wrote about in his book "Pioneering With Wildflowers". Dogs are welcomed but must be on a leash. Open dawn to dusk. Level: easy

11. **Wallomsac Path**

This easy, level path follows the Wallomsac River from Park Street near the Bennington Elementary School to the parking lot behind the Bennington Station. Well-located benches offer views of the river. Level: easy

12. **SVMC Trail**

Starting at the Stark Street Park, the Southern Vermont Medical Center trail twists through the forest around SVMC and ends at Monument Avenue. Here you can hook up with the Hops & Vines Trail, part of the Mt. Anthony Network. Level: moderate

13. **Mt. Anthony Network**

The Mount Anthony Network of trails is accessed from the Southern Vermont College (SVC) campus, Monument Avenue, or Fox Hill Road. The trail network has spectacular views of the Green Mountains, a haunted pool and an old cave. A kiosk with maps is located on SVC's lower campus. Limited parking is available at the field house and at the southern end of the mansion parking lot. No overnight parking is allowed. The SVC parking lots and trail entry points are sometimes closed for college events (Commencement Weekend, student move-in days, and occasionally for other events). Level: moderate to challenging

The Bennington Trail Map was funded by a Municipal Planning Grant from the Vermont Department of Housing and Community Development.