



BASKETBALL SKILLS CAMP

Boys & Girls Ages 7-13

- **LEARN THE FUNDAMENTALS OF THE GAME**
- **HOW TO PROPERLY STRETCH AND PREPARE YOUR BODY**
- **THE BASIC SKILLS NEEDED AND ASSOCIATED WITH BASKETBALL**
- **LEARN HOW THE GAME SHOULD BE PLAYED FOR SUCCESS**

FOUR THREE-DAY BASKETBALL SKILLS CAMPS

SIGNUP FOR ONE OF THE FOUR 3-DAY SESSIONS @ \$25.00/YOUTH

WEEK OF JULY 1ST (MONDAY, TUESDAY, WEDNESDAY) 10:00 AM – 12:00PM

WEEK OF JULY 8TH (MONDAY, WEDNESDAY, THURSDAY) 10:00 AM – 12:00PM

WEEK OF JULY 15TH (MONDAY, WEDNESDAY, FRIDAY) 10:00 AM – 12:00PM



H OOPS

Cost: \$25 Bedford Heights Residents
\$25 Bedford School District

For more information, please call 440-786-3290

Visit our website @ www.bedfordheights.gov/activities-classess-and-more