



**Butler County
Mental Health & Addiction
Recovery Services Board**

**Board Meeting
October 21, 2015**

The Butler County Mental and Addiction Recovery Services Board held its first ever Board meeting on Wednesday, October 21, 2015, at 6:00 PM at the Board offices located at 5963 Boymel Drive in Fairfield, Ohio.

1. CALL TO ORDER

Board President Vivian Crooks called the meeting to order.

A. ROLL CALL

Upon call of the roll the following Board members were present: Laura Amriott, Esq., Jennifer Carter, Vivian Crooks, Pat Deis-Gleeson, Barbara Desmond, Christine Hacker, Benjamin Heroux, Dr. Theodore Hunter, Wayne Mays, Dr. Cricket Meehan, Debbie Stanton, David Swigonski, and Lonnie Tucker.

Board members not present were: Patricia Irwin, Rev. John Guliano, Marianne Niese, Rev. Gary Smith and Dr. Kenneth Willman.

Staff members present at the meeting were: Scott Rasmus, PhD, LPCC-S, IMFT; Scott Fourman, MS, LPCC-S, Marion Rhodus, MPA; Cassandra Kiesey, Esq.; Julie Payton, LISW-S, LICDC-CS, OCPSII; and Amber Reckner.

B. RECOGNITION OF GUESTS

Guests present at the meeting were: Deanna Proctor, Chief Executive Officer for Access Counseling Services; Bill Staler, Chief Executive Officer for LifeSpan, Inc.; Carolyn Winslow, Director for Big Brothers Big Sisters; Lynn Harris, Chief Executive Officer for Access Counseling Services; Nikki Boberg, Associate Director for Talbert House; Hall Hollinsworth, Chief Operations Officer for Transitional Living, Inc.; Susan Ballard, Chief Safety Officer for St. Joseph Orphanage; Lauren Marsh, Director of the Butler County Coalition; Susana Lozano, Director of Clinical Services for Community Behavioral Health; Kim Stricklin, Chief Executive Officer for Butler Behavioral Health Services, Inc.; Christa Carnahan, Residence Director for YWCA, Hamilton Ohio; Sherrie Kleinholz, Vice President of Programs and Operations for Sojourner Recovery Services; and Rhonda Benson, Executive Director of Butler County NAMI.

C. AGENDA REVIEW

-No changes.

D. PUBLIC COMMENTS: AGENDA

-None.

2. BOARD COMMUNICATIONS/ANNOUNCEMENTS

Dr. Rasmus provided his Executive Director report to the Board. He reviewed the status of the Board's funding. He stressed the importance of local levies due to the uncertainty of state and federal funding. A local levy that will also fund alcohol and other drug treatment services is desperately needed. The Board received a few Journal News articles that detailed the local costs of the opiate epidemic.

Dr. Rasmus provided a brief update on the Board's strategic planning process. Ross Calvin from Brown Consulting will be here on November 2, 2015 to conduct focus group meetings and work on the Needs Assessment piece of the strategic plan. Dr. Rasmus noted that the state's new Continuity of Care requirements will be incorporated into the strategic plan.

An article on the cost of housing homeless citizens in Butler County was distributed to the Board. Dr. Rasmus noted that Board staff is currently vetting the possibility of taking over the administration of the Shelter + Care grant which is currently operated out of the Butler County Community Development Department. Additional information will be brought before the Board on this issue as it is received.

Finally, Board members received a copy of an article regarding the power of placebos.

3. BOARD MINUTES

A. BC MHARS Board Meeting Minutes September 16, 2015

B. Executive Committee Meeting Minutes September 16, 2015

Ms. Deis-Gleeson motioned and Ms. Amriott seconded to approve the BC MHARS Meeting Minutes of September 16, 2015. The vote carried the motion.

Ms. Deis-Gleeson motioned and Dr. Hunter seconded to approve the Executive Committee Meeting minutes of September 16, 2015. The vote carried the motion.

4. MENTAL HEALTH PROGRAM COMMITTEE

A. MH Program Committee Meeting Minutes October 14, 2015

Ms. Hacker motioned and Ms. Stanton seconded to approve the MH Program Committee Meeting minutes of October 14, 2015. The vote carried the motion.

B. Access Counseling Services, LLC School Based Counseling Presentation

The Mental Health Program Committee had an opportunity to hear about the School Based programs being provided by Access Counseling Services, LLC. The presentation has been included on BoardDocs for the Board's review.

C. State Hospital Update

September's bed day usage at the state hospital was 5 civil beds and 16 forensic beds. For FY 2016, the Board is budgeted for 6 civil beds and 12 forensic beds. Year to date average is 5.3 civil beds and 15.7 forensic beds.

D. Access Counseling Services, LLC Central Pharmacy Allocation

It is the recommendation of the Mental Health Program committee to allocate \$5,000 in Central Pharmacy funds to Access Counseling Services, LLC. These funds will come out of the overall Central Pharmacy allocation the Board receives from the state.

Ms. Stanton moved to approve allocating up to \$5,000 in Central Pharmacy funding to Access Counseling Services, LLC. Ms. Amriott seconded the motion. The vote carried the motion.

E. Mental Illness & Violence Position Statement

The Mental Health Program Committee discussed the possibility of drafting a statement on Mental Illness & Violence that could be provided to media outlets when the Board is asked about events involving violence and perpetrators who are mentally ill. There was concern about such a statement being used to stigmatize or profile individuals living with a mental illness. No other Board area has developed such a statement to our knowledge. The Committee is still considering recommendations on this issue.

F. ROSC Assessment

The Mental Health Program Committee members were given a Recovery Oriented System of Care (ROSC) Assessment to fill out. The Assessment, provided by the Ohio Association of County Behavioral Health Authorities, was created to help determine Butler County’s broad-based community strengths and areas of improvement within a ROSC framework. It will eventually be asking a diverse membership of our community stakeholders to complete the self-assessment. The assessment will be issued to indicate to the degree to which people feel the following statements reflect the activities, values, and practices of our community’s behavioral health system.

The self-assessment should take about 15 minutes to complete. Individuals may not be knowledgeable about all of the items in the self-assessment but are encouraged to focus on their personal/professional experience when answering each item. Responses will remain confidential.

G. Next MH Program Committee Meeting

The next meeting of the Mental Health Program Committee is Tuesday, November 10 from 4:30 – 6:00 PM. Other individuals are welcome to attend these public meetings even if they are not on the Committee.

5. ADDICTION RECOVERY SERVICES COMMITTEE

A. ARS Committee Meeting Minutes October 13, 2015

Mr. Tucker moved to approve the ARS Committee Meeting Minutes for October 13, 2015. Mr. Heroux seconded the motion. The vote carried the motion.

B. Use of Marijuana Position Statement Revision

In response to several Board members’ desire to include additional information in the Board’s Position Statement, the Addiction Recovery Services Committee has made a recommendation to update the Board’s Use of Marijuana Position Statement. There will be references made available on the Board’s website along with the Position Statement should anyone wish to review them.

Mr. Swigonski moved and Ms. Desmond seconded the following position statement on the Use of Marijuana:

POSITION ON THE USE OF MARIJUANA

The Butler County Mental Health and Addiction Recovery Services Board believes that the use of marijuana is not benign – which is consistent with major medical organizations – as studies clearly outline the physical and mental harm of marijuana, including risk of breathing illness, implications of increased heart rate, psychotic disease, other cognitive

problems, and that pregnant women, children, and adolescents are especially vulnerable to its many known adverse effects.

The Board encourages people to examine the ramifications on society, including exacerbating a current problem of employers not being able to hire candidates or retain employees because of failed drug tests, decreased adolescent perceptions of marijuana's harmful effects, relationship problems, and a potential increase of individuals developing addictions to marijuana and other drugs.

The Board also believes that marijuana for medicinal purposes should be subject to the same research, consideration, and quality control as any other approved medication under the standards of the U.S. Food and Drug Administration (FDA).

The vote carried the motion.

C. Business Plan Update

The Addiction Recovery Services Committee provided Board Staff with input and guidance relating to the development of the Business Plan to acquire additional funding from state and local sources for AOD services.

D. Ripley Communications Contract for Business Plan

It is the recommendation of the Addiction Recovery Services Committee to approve up to \$5,100 for Bruce Ripley's consultation and writing services for the development of the Board's Business Plan to increase funding for AOD services.

Ms. Desmond moved to approve the \$5,100 Ripley Communications Contract. Mr. Mays seconded the motion. The vote carried the motion.

E. Continuity of Care Legislation (Opioid & Co-Occurring addiction)

Legislation details regarding the service requirements Boards must provide to individuals living with opioid and/or co—occurring addictions will be distributed in March, potentially going into effect July 1, 2016. It was noted that the weakest service area for the Butler County Board is Peer Mentoring.

F. ROSC Assessment

The Mental Health Program Committee members were given a Recovery Oriented System of Care (ROSC) Assessment to fill out. The Assessment, provided by the Ohio Association of County Behavioral Health Authorities, was created to help determine Butler County's broad-based community strengths and areas of improvement within a ROSC framework. It will eventually be asking a diverse membership of our community stakeholders to complete the self-assessment. The assessment will be issued to indicate to the degree to which people feel the following statements reflect the activities, values, and practices of our community's behavioral health system.

Committee members were also asked to determine the top five most important questions on the survey.

The self-assessment should take about 15 minutes to complete. Individuals may not be knowledgeable about all of the items in the self-assessment but are encouraged to focus on their personal/professional experience when answering each item. Responses will remain confidential.

G. Next ARS Committee Meeting

The next meeting of the Addiction Recovery Services Committee is Tuesday, November 10 from 3:00 – 4:30 PM. Other individuals are welcome to attend these public meetings even if they are not on the Committee.

5. NEW BUSINESS

A. 1.0 Mill Mental Health Renewal Levy Resolution

This Resolution will go to the Butler County Commissioners to formally request that they allow a 1.0 mill Mental Health Renewal Levy to be placed on the ballot for the March 16, 2015 Primary Election.

Ms. Stanton moved to approve Resolution 2015-10-21-01, the 1.0 Mill Mental Health Renewal Levy Resolution. Ms. Amriott seconded the motion. The vote carried the motion.

B. Budget Forecast

The Board reviewed budget forecasts for both the mental health services side of the Board budget and the alcohol and other drug services side of the Board budget. Each multi-year forecast provided a best and worst case scenario. Dr. Rasmus stressed the critical importance of local levy funding for the county's behavioral health system.

C. August MHARS Monthly Financial Report

Mr. Rhodus presented the August, 2015 Monthly Financial Report. At the end of August, the Board was 2.3% under budget or \$40,777.

Mr. Heroux moved to approve the August MHARS Monthly Financial Report. Ms. Stanton seconded the motion. The vote carried the motion.

D. Integration Topics still needing addressed

There are several merger integration topics still needing addressed, including the establishment of a single Fee for Service Contract and other policies that must be determined so they can be presented to the agencies during the 120 Day Notice meetings which are anticipated to begin in March, 2016.

E. Calendar Year 2016 Butler County Appropriations Budget

The county operates on a calendar year basis instead of a state fiscal year and thus needs a separate budget prepared. The budget was prepared based on the funding approved by the Board for FY 2016.

Ms. Deis-Gleeson motioned to approve the Calendar Year 2015 Butler County Appropriations Budget. Ms. Carter seconded the motion. The vote carried the motion.

F. Update on the Sojourner Property Sale

Ms. Payton provided an update on the sale of the University BLVD location to Sojourner Recovery Services. Sojourner has submitted their Financial Audit and there are no concerns about it. There are no anticipated barriers to complete the sale of the property to the agency.

G. Voucher Approval:

BCMhARS Board MH Funds (9/10/15, 9/14/15, 9/18/15, 9/21/15, 9/23/15, 9/24/15, 9/25/15, 9/30/15, 10/1/15, 10/2/15, 10/6/15)

BCMhARS Board ADAS Funds (7/27/15, 7/28/15, 8/5/15, 8/11/15, 8/18/15, 8/19/15, 8/26/15, 9/1/15, 9/3/15, 9/10/15, 9/11/15, 9/14/15, 9/15/15, 9/22/15, 9/23/15, 9/24/15, 10/2/15, 10/6/15, 10/14/15, 10/19/15, 10/20/15)

Payments made by Butler County by Direct Deduction: September, 2015

Ms. Amiott moved to approve the above listed vouchers and payments made by Butler County by Direct Deduction for September, 2015. Ms. Stanton seconded the motion. The vote carried the motion.

8. GUEST & BOARD MEMBER COMMENTS

A. Guest Comments

Mr. Bill Staler informed everyone that the Elderly Services Renewal Levy is on the November ballot as Issue 13. There is no tax increase should the levy pass, and the levy provides necessary services to keep seniors in their homes which makes for better and more fiscally responsible care options.

Ms. Rhonda Benson thanked everyone for making the NAMI Walks for the Mind of America event another success. There will be walk celebration on November 19, 2015. Individuals will be receiving invitations soon.

Ms. Deanna Proctor, CEO for Access Counseling Services, LLC, thanked the Board for the \$5,000 Central Pharmacy allocation.

B. Board Comments

Dr. Rasmus noted that a piece of correspondence that should have been on this agenda was overlooked. He announced that Pank Goulet has retired. Mr. Goulet served as Chief Executive Officer over St. Aloysius Orphanage for many years. Ms. Joan Tumblison is now acting as Interim Director as their Board searches for a new director.

Ms. Desmond shared that the October 21, 2015 Operation Street Smart Training, sponsored by the Board, NAMI Butler County and Beckett Springs, was extremely educational and encouraged everyone to attend should it come back to the area. Ms. Desmond also spoke about the Beckett Springs Open House, the NAMI Walk, and Mental Illness Awareness Week at the public libraries. Board members were also encouraged to assist with the Elderly Services Levy.

Mr. Tucker shared about the mental health awareness and prevention efforts being made in Middletown. He stated that ownership links back to the community are amazing.

9. EXECUTIVE SESSION (Personnel Issues)

Board Members took a roll call vote to enter into Executive Session. Upon roll call, the vote was: Laura Amiott, Esq - Yes., Jennifer Carter - Yes, Vivian Crooks - Yes, Pat Deis-Gleeson - Yes, Barbara Desmond - Yes, Christine Hacker - Yes, Benjamin Heroux - Yes, Dr. Theodore Hunter - Yes, Wayne Mays - Yes, Dr. Cricket Meehan - Yes, Debbie Stanton - Yes, David Swigonski - Yes, and Lonnie Tucker - Yes

Board Members took a roll call vote to exit out of Executive Session. Upon roll call, the vote was:

Laura Amriott, Esq - Yes., Jennifer Carter - Yes, Vivian Crooks - Yes, Pat Deis-Gleeson - Yes, Barbara Desmond - Yes, Christine Hacker - Yes, Benjamin Heroux - Yes, Dr. Theodore Hunter - Yes, Wayne Mays - Yes, Dr. Cricket Meehan - Yes, Debbie Stanton - Yes, David Swigonski - Yes, and Lonnie Tucker - Yes

Ms. Amriott moved to approve the updated position descriptions Claims Coordinator and Assistant Director of Finance & Administrative Services for Mental Health/IT System Lead. Ms. Stanton seconded the motion. The vote carried the motion.

Ms. Stanton moved to approve the annual salary increase of \$2,500 for both the Claims Coordinator position and Assistant Director of Finance & Administrative Services for Mental Health/IT System Lead position. Mr. Swigonski seconded the motion. The vote carried the motion.

10. ADJOURNMENT

Ms. Deis-Gleeson moved and Ms. Carter seconded to adjourn the meeting. The vote carried the motion.

Respectfully submitted,

**Vivian Crooks,
Board President**