



MAY 2023 CONGREGATE MENU



PROVIDED BY BARRY COUNTY COMMISSION ON AGING 269 948-4856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Hot Dog Bun Baked Beans Coleslaw Fruit	Sweet & Sour Chicken Pineapple Brown Rice Glazed Baby Carrots Broccoli Fruit	Open Faced Pulled Chicken Sandwich Mashed Potatoes Green Beans Banana	Salisbury Steak Baked Potato Tossed Salad Dinner Roll Ambrosia	Taco Salad Refried Beans Banana Tres Leche Cake
8	9	10	11	12
Loaded Mac & Cheese Chicken Strips Capri Vegetable Blend Fruit	Turkey Meatloaf Mashed Potatoes & Gravy Diced Beets Fruited Jell-O	Grilled Cheese Beef & Barley Soup Tossed Salad Crackers Banana	Oven Roasted Chicken Sweet Potatoes Broccoli Dinner Roll Fruit	Roast Beef Mashed Potatoes Asparagus Dinner Roll Strawberry Shortcake
15	16	17	18	19
Panko Crusted Tilapia Mac & Cheese Coleslaw Mixed Vegetables Fruit	Roast Pork w/Gravy Sweet Potatoes Prince Charles Blend Vegetables Dinner Roll Ambrosia	Beef Pepper Steak Baked Potato Tossed Salad Dinner Roll Banana	Chicken Patty Sandwich Potato Salad Pickled Beets Fruit	Goulash Tossed Salad Garlic Toast Banana
22	23	24	25	26
Meatloaf w/Gravy Baked Potato Stewed Tomatoes Dinner Roll Fruit	Fish Sandwich Potato Wedges Coleslaw Fruit	Popcorn Chicken Bowl (Chicken, Mashed Potatoes, Corn, Gravy) Banana	Salisbury Steak Mashed Potatoes & Gravy Green Beans Dinner Roll Grapes	Spaghetti w/Meat Sauce Tossed Salad Buttered Peas Banana
29	30	31	<p>Your donation helps us feed more seniors! 948-4856</p> 	
<p>COA CLOSED</p>  <p>NO MEAL DELIVERY</p>	Hamburger Bun Potato Salad Prince Charles Blend Vegetables Fruit Holiday Treat	BBQ Chicken Thigh Baked Potato Coleslaw Cornbread Banana		