



JUNE 2023 CONGREGATE MENU



PROVIDED BY BARRY COUNTY COMMISSION ON AGING 269 948-4856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Your donation helps us feed more seniors! 948-4856</p>		<p>COA CLOSED FOR STAFF TRAINING</p>  <p>NO CONGREGATE MEALS NO MEAL DELIVERY</p>	<p>1 2</p> <p>Chicken Tenders Mac & Cheese Broccoli Tossed Salad Banana</p>
<p>5</p> <p>Tacos Refried Beans Grapes</p>	<p>6</p> <p>Opened Face Pulled Chicken Sandwich Mashed Potatoes/Gravy Green Beans Fruit</p>	<p>7</p> <p>Hot Dog Bun Baked Beans Coleslaw Banana</p>	<p>8</p> <p>Turkey Meatloaf Mashed Potatoes & Gravy Diced Beets Dinner Roll Fruited Jello</p>	<p>9</p> <p>Salisbury Steak Baked Potato Tossed Salad Dinner Roll Banana</p>
<p>12</p> <p>Hamburger Bun Coleslaw Baked Beans Fruit</p>	<p>13</p> <p>Loaded Mac & Cheese Chicken Strips Tossed Salad Watermelon</p>	<p>14</p> <p>Oven Roasted Chicken Sweet Potatoes Broccoli Dinner Roll Banana</p>	<p>15</p> <p>Panko Crusted Tilapia Potato Wedges Tossed Salad Fruit</p>	<p>16</p> <p>BBQ Ribs Cheese Potatoes Asparagus Dinner Roll Banana Pudding</p>
<p>19</p> <p>COA CLOSED</p>  <p>NO MEAL DELIVERY</p>	<p>20</p> <p>Sloppy Joe's Bun Tator Tots Green Beans Fruit</p>	<p>21</p> <p>Goulash Tossed Salad Garlic Toast Banana</p>	<p>22</p> <p>Sweet & Sour Chicken Pineapple Brown Rice Glazed Baby Carrots Broccoli Fruit</p>	<p>23</p> <p>Meatloaf Baked Potato Tossed Salad Dinner Roll Banana</p>
<p>26</p> <p>Swedish Meatballs Egg Noodles Broccoli Capri Vegetable Blend Fruit</p>	<p>27</p> <p>Chicken Salad Sandwich Broccoli Cheddar Soup Cucumber Tomato Salad Crackers Fruit</p>	<p>28</p> <p>Popcorn Chicken Bowl Mashed Potatoes & Gravy Corn Dinner Roll Banana</p>	<p>29</p> <p>Spaghetti w/Meat Sauce Tossed Salad Buttered Peas Garlic Toast Ambrosia</p>	<p>30</p> <p>BBQ Pulled Pork Sandwich Bun Coleslaw Roasted Red Potatoes Banana</p>