




# JUNE 2024



JOIN US @ COA ON JUNE 3RD @ 11 AM OR JUNE 20TH @ 5 PM TO HEAR MORE ABOUT THE PROPOSED COA MILLAGE

S	M	T	W	TH	F	S
						1
2	3 BETTER BALANCE 10:15-11:15 AM MUSIC MONDAY 11-11:30 AM PAINTING GROUP 12:30-3 PM CROCHET GROUP 1-2:30 PM BETTER BALANCE 3-4 PM WERO 6-7 PM	4 LINE DANCING 9:30-11:30 AM CHAIR MASSAGE WITH GINGER CALL FOR APPOINTMENT GRAB BAG BINGO 1-2 PM HEALTHY AGING GROUP 1-2 PM	5 CARD MAKING 10 AM - 12 PM DELTON ACTIVITY 11 AM - 12 PM CARDS & GAMES 1-2:30 PM DOMINOES 1-2:30 PM	6 POPCORN THURSDAY LINE DANCING 9:30-11:30 AM BLOOD PRESSURE CHECK 11:30 AM THEME THURSDAY @ LUNCH	7 BINGO 9:30-11 AM IRON RAILS 10:30 AM	8
9	10 FOOT CLINIC 10 AM - 2 PM BETTER BALANCE 10:15-11:15 AM MUSIC MONDAY 11-11:30 AM PAINTING GROUP 12:30-3 PM CROCHET GROUP 1-2:30 PM BETTER BALANCE 3-4 PM WERO 6-7 PM	11 VETERAN'S BREAKFAST 9-10 AM LINE DANCING 9:30-11:30 AM GRAB BAG BINGO 1-2 PM HEALTHY AGING GROUP 1-2 PM	12 CARD MAKING 10 AM - 12 PM BINGO IN DELTON 11 AM - 12 PM CARDS & GAMES 1-2:30 PM DOMINOES 1-2:30 PM COA ON THE ROAD: MIDDLEVILLE 1-2:30 PM	13 LINE DANCING 9:30-11:30 AM BLOOD PRESSURE CHECK 11:30 AM THEME THURSDAY @ LUNCH ADS 20TH ANNIVERSARY CELEBRATION 2-3:30 PM	14  BINGO 9:30-11 AM IRON RAILS 10:30 AM FATHER'S DAY CAR SHOW 1-2 PM	15
16  FATHER'S DAY	17 BETTER BALANCE 10:15-11:15 AM MUSIC MONDAY 11-11:30 AM PAINTING GROUP 12:30-3 PM CROCHET GROUP 1-2:30 PM BETTER BALANCE 3-4 PM WERO 6-7 PM	18 LINE DANCING 9:30-11:30 AM GRAB BAG BINGO 1-2 PM HEALTHY AGING GROUP 1-2 PM BOWLING TRIP 1:15-2:15 PM	19 COA CLOSED 	20 POPCORN THURSDAY LINE DANCING 9:30-11:30 AM BLOOD PRESSURE CHECK 11:30 AM THEME THURSDAY @ LUNCH CAREGIVER SUPPORT GROUP 3:30-5 PM RESOURCE CONNECTION DINNER 6-7:30 PM	21 BINGO 9:30-11 AM IRON RAILS 10:30 AM	22
23	24 BETTER BALANCE 10:15-11:15 AM MUSIC MONDAY 11-11:30 AM PAINTING GROUP 12:30-3 PM CROCHET GROUP 1-2:30 PM BETTER BALANCE 3-4 PM WERO 6-7 PM	25 LINE DANCING 9:30-11:30 AM GRAB BAG BINGO 1-2 PM HEALTHY AGING GROUP 1-2 PM	26 CARD MAKING 10 AM - 12 PM BINGO IN DELTON 11 AM - 12 PM CARDS & GAMES 1-2:30 PM DOMINOES 1-2:30 PM COA ON THE ROAD: NASHVILLE 1-2:30 PM	27 POPCORN THURSDAY LINE DANCING 9:30-11:30 AM BLOOD PRESSURE CHECK 11:30 AM THEME THURSDAY @ LUNCH	28 BINGO 9:30-11 AM IRON RAILS 10:30 AM	29
	30					

Commission on Aging  
320 W Woodlawn Hastings, MI  
(269) 948-4856  
Monday thru Friday  
8am-4:30pm

Faith United Methodist Church  
503 S Grove Delton, MI  
(269) 804-7524  
Mon/Wed/Thurs  
10:30am-1pm

Woodland Eagles Club  
125 N Main Woodland, MI  
(269) 804-7198  
Mon/Wed/Fri  
10:30am-1pm