



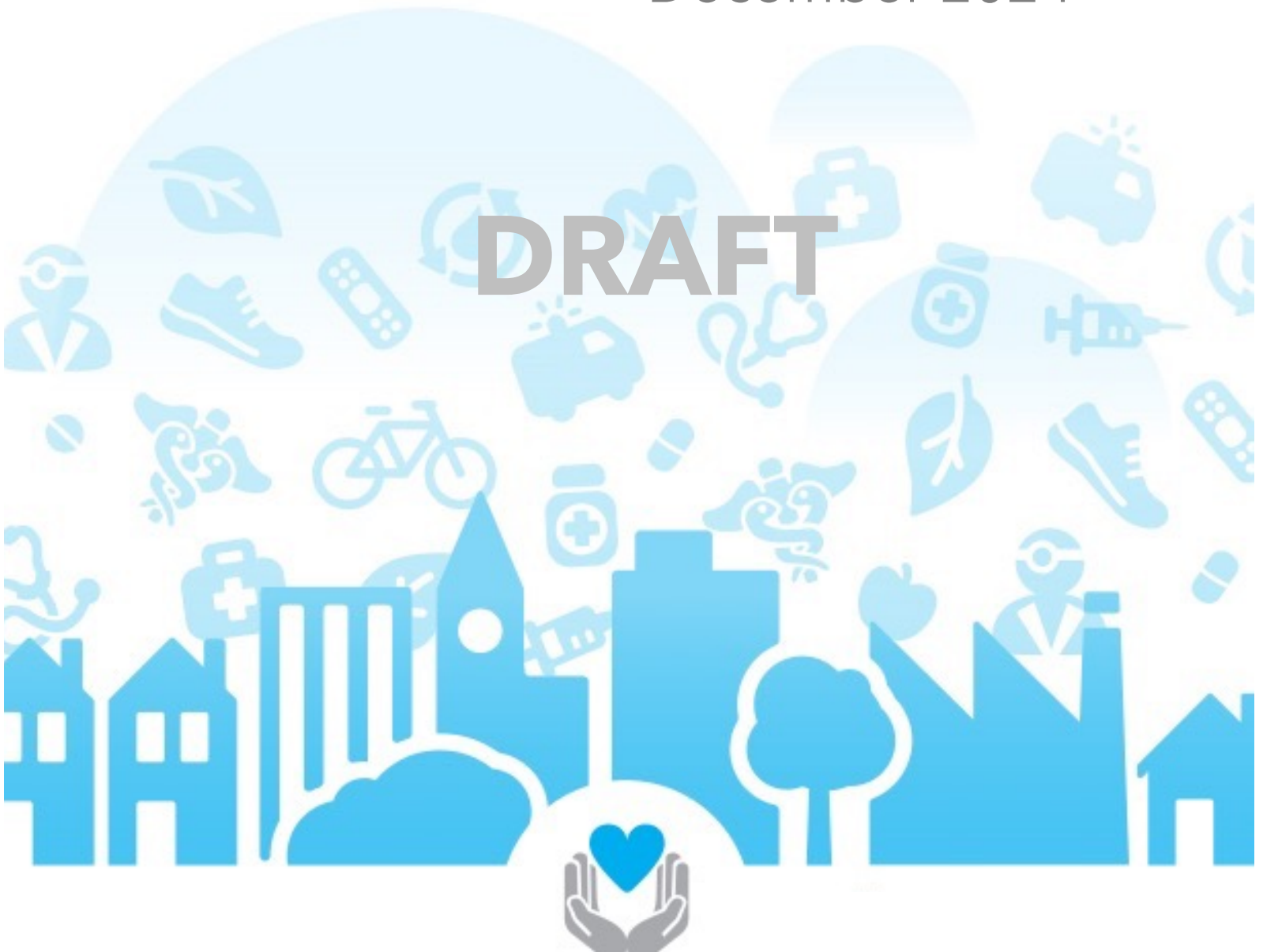
Public Health
Prevent. Promote. Protect.

MONROE COUNTY

Community Health
Assessment

December 2024

DRAFT



ILLUMINOLOGY

INTRODUCTION

The process followed by Monroe County’s 2024 Community Health Assessment reflected an adapted version of Robert Wood Johnson Foundation’s County Health Rankings and Roadmaps: Assess Needs and Resources process.¹ This process is designed to help stakeholders “understand current community strengths, resources, needs, and gaps,” so that they can better focus their efforts and collaboration.

The Monroe County Health Department contracted with Illuminology, an Ohio-based research firm that specializes in community health assessment studies, to assist with this work.

The primary phases of the Assess Needs and Resources process, as adapted for use in Monroe County, included the following steps.

(1) Prepare to assess / generate questions. On March 9, 2023, a group of 14 Monroe County community members representing a diverse array of public health and other stakeholders in community health met in-person to discuss the primary topics to be covered in the community health assessment (CHA) effort through primary and secondary data collection. See Appendix A for a debrief of this session.

(2) Collect secondary data. Secondary data for this community assessment came from national sources (e.g., U.S. Department of Health and Human Services; U.S. Census Bureau), and state sources (e.g., Ohio Department of Health’s Public DataOhio Portal).

All secondary data sources are identified in the References at the end of this report. To ensure community stakeholders are able to use this report to make well-informed decisions, only the most recent and reliable data available at the time of report preparation are presented. To be considered for inclusion in the Monroe County 2024 Community Health Assessment, secondary data must have been collected or published in 2019 or later.

(3) Collect and analyze primary data from adult residents. Illuminology and the Monroe County Health Department collaborated to create a Community Survey, which residents were able to complete in paper form and online. The Monroe County Health Department worked with local organizations to promote the survey throughout Monroe County. Paper completes were entered into an online survey platform and analyses were conducted by Illuminology. Several open-ended questions were included to gather qualitative responses.

In total, 125 Monroe County adult residents completed the survey. Because this was an opt-in survey (meaning no random sampling was employed), we cannot provide a margin of error around the results and they should be considered as providing directional guidance, similar

¹ See <https://www.countyhealthrankings.org/take-action-to-improve-health/action-center/assess-needs-resources>

to what one would expect from qualitative research methodologies. In addition, the respondents’ average age was older than the county’s adult population. Appendix A displays the final survey questionnaire and an overview of the survey respondents’ demographics.

4) Share results with the community. This report presents the analysis and synthesis of all primary and secondary data collected during this effort. It will be posted on https://www.monroecountyohio.com/departments/health_department/index.php, distributed to organizations that serve and represent residents in the county, and used in subsequent community prioritization and planning efforts.

OBSERVED HEALTH DISPARITIES

Per the Public Health Accreditation Board’s standard 1.1.1A, this health assessment identified a number of disparities among the population served by the health department, as well as the factors that contribute to health challenges. Quantitatively, health status and behavior disparities were explored by Community Survey respondents’ age and gender as well as by social determinants of health including educational attainment and income; the key findings from those analyses are shown in the summary below.

Transportation Access	<ul style="list-style-type: none"> • Differences by income: those in lower-income households (less than \$25,000) are more likely than those in higher income households to have at least one transportation issue (61% v. 19%, respectively).
Health Care Access	<ul style="list-style-type: none"> • Differences by age: those who are age 18-34 are less likely than those age 35 or older to have had a routine doctor’s visit within the past year (46% v. 89%, respectively). • Differences by income: those in lower-income households (less than \$25,000) are less likely than those in higher income households to say they traveled outside of the county to receive physical or mental health care (57% vs. 86%, respectively). • Those in lower-income households (less than \$25,000) are more likely than those in higher income households to have delayed health care for at least one reason within the past year (68% v. 32%, respectively)
Mental Health Indicators	<ul style="list-style-type: none"> • Differences by age: those who are younger (under age 65) are more likely than those who are older to to have at least one day

	on which their mental health was not good (69% vs. 39%, respectively).
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COMMUNITY PROFILE

This section provides insight into resident and household demographics in Monroe County and Ohio overall.



Resident Demographics¹

		Monroe County	Ohio
Total Population	Total population	13,308	11,780,046
Gender	Male	51.2%	49.3%
	Female	48.8%	50.7%
Age	Under 18	20.5%	22.2%
	18-34	17.3%	22.0%
	35-44	11.3%	12.4%
	45-54	12.6%	12.1%
	55-64	14.9%	13.4%
	65 years +	23.4%	17.9%
One Race	Total	96.8%	94.3%
	White	95.4%	77.8%
	Black / African American	0.5%	12.3%
	American Indian / Alaskan Native	0.0%	0.1%
	Asian	0.5%	2.4%
	Native Hawaiian / Other Pacific Islander	0.0%	0.0%
	Some other race	0.3%	1.6%
Two or More Races	Total	3.2%	5.7%
Hispanic or Latino	Hispanic/Latino (any race)	0.2%	4.6%
	Not Hispanic/Latino	99.8%	95.4%
Marital Status*	Never married	24.8%	33.3%
	Now married (not currently separated)	55.6%	47.1%
	Divorced/separated	12.1%	13.4%
	Widowed	7.5%	6.2%

¹Denominator is population 15 years and over

Resident Households¹

		Monroe County	Ohio
Total Households	Number of households	5,510	4,829,571
Household Relationships*	Married-couple family household	54.4%	44.7%
	<i>With own children under 18</i>	15.6%	16.4%
	Cohabiting couple household	5.5%	7.7%
	<i>With own children under 18</i>	1.5%	2.5%
	Male householder, no spouse present	18.3%	19.2%
	<i>With own children under 18</i>	1.1%	1.3%
	Female householder, no spouse present	21.9%	28.4%
	<i>With own children under 18</i>	3.8%	5.2%
Grandparents As Caregivers	Number of households: grandparents living with grandchildren	150	141,102
	Grandparents responsible for grandchildren**	28.0%	42.7%
Household Size	Average household size	2.4	2.4
	Average family size	3.0	3.0
Ages of People Within Household*	Households with 1 or more people under 18 years	24.3%	28.3%
	Households with 1 or more people 65 years and over	38.7%	31.3%
Household Income*	Less than \$15,000	11.2%	9.3%
	\$15,000 - \$24,999	7.9%	7.4%
	\$25,000 - \$49,999	24.7%	19.6%
	\$50,000 - \$74,999	18.9%	17.1%
	\$75,000 - \$99,999	12.5%	13.2%
	\$100,000 - \$149,999	13.3%	16.9%
	\$150,000 - \$199,999	7.2%	24.9%
	\$200,000 or more	4.3%	8.5%
Transportation*	Households without a vehicle	9.1%	7.4%

Superscripts indicate data source - see the list of sources in References.

**Denominator is total households*

***Denominator is number of grandparents living with grandchildren*

Residents - Disability Information¹

		Monroe County	Ohio
Disability Status*	Total with a disability	17.8%	14.2%
	Under 18 years	0.8%	1.2%
	18 to 64 years	7.1%	7.2%
	65 years and over	9.9%	5.8%
Disability By Type*	Hearing difficulty	7.2%	3.7%
	Vision difficulty	4.1%	2.4%
	Cognitive difficulty	6.6%	6.1%
	Ambulatory difficulty	9.1%	7.2%
	Self-care difficulty	3.7%	2.5%
	Independent living difficulty	9.4%	6.2%

**Denominator is civilian noninstitutionalized population*

Languages Spoken^{1*}

	Monroe County	Ohio
Speak only English	98.6%	94.4%
Speak language other than English	1.4%	5.6%
Speak Spanish	0.3%	1.8%
Speak other languages	1.1%	3.8%

**Denominator is population age 5 and over*

INCOME, EMPLOYMENT, AND EDUCATION

Income, Poverty, and Food Access

Economic stability plays an important role in quality of life, with at least one study on this topic showing that those with greater income had greater life expectancy (Chetty et al., 2016).² In Monroe County, **22%** of children are living below 100% federal poverty level (FPL), which is higher than the state of Ohio percentage (18%).

Income and Poverty¹

	Monroe County	Ohio
Median household income	\$58,962	\$69,680
Total persons below 100% FPL	15.1%	13.2%
<i>Under 18</i>	21.9%	18.0%
<i>18-64</i>	14.8%	12.6%
<i>65 years and over</i>	9.9%	9.5%

In Monroe County, **17%** of all residents are food insecure, and **21%** of children are estimated to be food insecure. These percentages are slightly higher than the percentages for Ohio as a whole.

Food Access

		Monroe County	Ohio
Food Insecure³	Total residents	17.1%	14.1%
	Children	20.9%	19.8%

Some researchers use the food environment index when assessing access to nutritious foods. This index of factors that contribute to a healthy food environment ranges from 0 (worst) to 10 (best). Monroe County’s food environment index score between 2019-2021 (7.4) was higher than Ohio’s score (7.0).⁴

Employment

The unemployment rate (2019-2023 estimate) in Monroe County was slightly higher than that of Ohio, using the Ohio Department of Job and Family Services’ unemployment definition as those people, 16 years of age and over, who were “actively seeking work, waiting to be called back to a job from which they were laid off, or waiting to report within 30 days to a new payroll job.” Those who have stopped looking for a new job (and who have therefore removed themselves from the civilian labor force) are not included in this statistic.

Employment Status¹

		Monroe County	Ohio
Unemployment Rate	Annual average unemployment rate*	6.0%	4.8%
	In labor force**	53.1%	63.3%
Employment Rate of Labor Force	<i>Civilian labor force***</i>	100.0%	99.8%
	Employed*	94.0%	95.2%
	Unemployed*	6.0%	4.8%
	<i>Armed forces***</i>	0.0%	0.2%
	Not in labor force**	46.9%	36.7%

*Denominator is civilian labor force **Denominator is total area population 16 years and over
 ***Denominator is total labor force

The industry which employs the most residents in Monroe County is educational services, health care, and social assistance, with 22% of residents in those industries.

Residents Employed in Various Industries¹

	Monroe County	Ohio
Educational services, and health care and social assistance	21.8%	24.2%
Manufacturing	11.9%	14.9%
Retail trade	11.2%	11.1%
Construction	10.0%	5.9%
Agriculture, forestry, fishing and hunting, and mining	9.0%	0.9%
Transportation and warehousing, and utilities	8.4%	5.9%
Professional, scientific, and management, and administrative and waste management services	7.6%	10.1%
Finance and insurance, and real estate and rental and leasing	4.7%	6.5%
Other services, except public administration	4.6%	4.3%
Arts, entertainment, and recreation, and accommodation and food services	3.6%	8.5%
Wholesale trade	2.1%	2.3%
Information	0.8%	1.4%

Education

Fewer residents of Monroe County have a Bachelor’s degree or higher educational attainment compared to Ohio overall.

Educational Attainment^{1*}

	Monroe County	Ohio
Less than 9th grade	3.2%	2.6%
9th to 12th grade, no diploma	6.8%	5.7%
High school graduate (includes equivalency)	50.7%	32.2%
Some college, no degree	15.5%	19.4%
Associate's degree	13.1%	9.0%
Bachelor's degree	7.2%	19.0%
Graduate or professional degree	3.5%	11.9%

**Denominator is total area population age 25 and older*

In 2023, the overall high school graduation rate for Monroe County students was 90.4%, compared to 92.4% for Ohio.⁵

Graduation Rates (2023)⁶

	Monroe County
Monroe Central High School	92.1%
River High School	84.6%

Kindergarten Readiness Assessments that evaluate children’s skills and behaviors regarding Language and Literacy, Social Foundations, Mathematics, and Physical Well-Being & Motor Development, are used to assess their development and readiness for school instruction. Children who are fully prepared are considered “demonstrating” readiness, while those who are “approaching” or “emerging” lack some of the necessary skills and behaviors that educators consider to be vital to their development and success.

The following table provides the Kindergarten Readiness scores for Switzerland of Ohio Local in Monroe County. As shown, a greater proportion of children are “emerging” or “approaching” readiness as compared to “demonstrating.”

Kindergarten Readiness 2023-2024 school year (% of students)⁷

	Monroe County (Switzerland of Ohio Local)	Ohio
Demonstrating	29.6%	37.8%
Approaching	34.3%	33.5%
Emerging	36.1%	28.7%
Demonstrating or Approaching	63.9%	71.3%

Four in five third graders at Switzerland of Ohio Local scored “Proficient” on the reading segment of the English Language Arts Test; nearly all met the third grade reading guarantee.

Proficiency in Third Grade Reading 2022-2023 school year (% of students)⁶

	Third graders scoring proficient in reading	Third graders promoted to fourth grade	Percent of third graders meeting third grade reading guarantee
Switzerland of Ohio Local	80.0%	97.8%	97.8%

NEIGHBORHOOD AND COMMUNITY CHARACTERISTICS

Housing

One way housing affordability is measured by the U.S. Census Bureau is through selected monthly ownership costs as a percent of household income (SMOCAP). Included in monthly ownership costs are payments involved in purchasing a home as well as expenditures for insurance, real estate taxes, utilities, and fuel. Condominium fees and mobile home costs are also included when applicable. A similar measure for renters exists as gross rent as a percentage of household income (GRAP). The U.S. Department of Housing and Urban Development has historically considered families whose housing costs exceed 30% of their income to be cost-burdened.⁸ Nearly half of those in renter-occupied housing units spent 30% or more of their income on rent.

Cost-Burdened Households¹

	Monroe County	Ohio
Owner-occupied housing units with a mortgage	1,637	1,975,269
30% or more of income spent on housing costs (SMOCAPI)	23.8%	20.5%
Owner-occupied housing units without a mortgage	2,874	1,237,420
30% or more of income spent on housing costs (SMOCAPI)	12.3%	12.2%
Renter-occupied housing units	723	1,475,618
30% or more of income spent on rent (GRAPI)	46.9%	45.1%

Counts of housing units excludes units for which SMOCAPI or GRAPI could not be calculated.

Transportation

Nearly one in ten households (9%) in Monroe County have no vehicles available; this is a slightly higher percentage than Ohio as a whole (7%).

Vehicles Available in Households¹

	Monroe County	Ohio
Occupied housing units	5,510	4,829,571
No vehicles available	9.1%	7.4%
One vehicle available	24.0%	33.7%
Two vehicles available	33.2%	37.6%
Three or more vehicles available	33.7%	21.3%

According to the community survey, a majority of Monroe County respondents reported that they don't have any transportation problems (75%). Those who do most commonly reported financial issues (12%). The most common "other" transportation issues reported is not being able to drive for health reasons.

Transportation Issues*

	Monroe County (n=106)
Don't have a vehicle	9.4%
Financial issues	12.3%
Lack of access to public transportation	8.5%
Don't have valid driver's license	3.8%
Sharing vehicle	3.8%
Other	5.7%
Don't have transportation issues	74.5%

**Percentages may sum to higher than 100%; multiple responses were accepted.*

Internet Access

Approximately 14% of households in Monroe County do not have access to a computer, and 18% do not have access to the internet.

Households' Internet Access Availability¹

		Monroe County	Ohio
Access to a Computer	Households with a computer	86.4%	93.6%
	Dial-up only*	0.9%	0.2%
	Broadband (i.e., cable, fiber optic, or DSL)*	87.8%	93.9%
	No internet subscription*	11.3%	5.9%
	Households without a computer	13.6%	6.4%
Access to Internet Subscription	With an internet subscription	78.5%	89.0%
	Dial-up only**	0.9%	0.2%
	Cellular data with no other type of internet**	23.8%	11.8%
	Broadband (i.e., cable, fiber optic, or DSL)**	50.3%	83.9%
	Satellite internet service**	26.5%	6.6%
	Internet access without a subscription	4.0%	2.4%
	No internet access	17.6%	8.6%

*Denominator is total number of households with a computer

**Denominator is total number of households with an internet subscription

OVERALL OPINIONS ABOUT MONROE COUNTY

Problems Facing Monroe County

Respondents to the 2024 Community Survey were asked about the most important health issues facing Monroe County residents.

In response to the open-ended question, Community Survey respondents identified the following as the biggest issues facing Monroe County residents:

Percent of adult respondents who identified issue as the **most important issue***

		(n=100)
Health care access issues		32.0%
Chronic illness		20.0%
Obesity		15.0%
Mental health issues		15.0%
Substance abuse/addiction		14.0%
Cost of health care		6.0%
Pollution/environmental health		5.0%
Other		19.0%

*Among those who provided a substantive response to the question

Problems facing Monroe County
 Verbatim comments from the Community Survey

Health care access issues

- "Having to travel so far to get health care for any condition."
- "The far amount we have to travel to see a specialist."
- "We have no hospital, drugstore is limited and one dental place with no eye doctors."

Chronic illness

- "Cancer and cardiovascular disorders."
- "Diabetes, cancer, heart."

Obesity

- "Obesity."
- "Issues associated with poor health habits - obesity, diabetes, etc."

Mental health issues

- "Mental health needs."
- "Anxiety, depression, [anger], stress."

Substance abuse/addiction

- "Drug abuse."
- "Addiction."

In the Community Survey, respondents were also asked “What types of help or services from local organizations would be most helpful to you?” The most common responses related to healthcare access, transportation, recreational activities, and more general support.

Services that would be helpful in Monroe County
Verbatim comments from the Community Survey

Health care access

“Local doctors instead of just physician assistants or nurses, a hospital would be nice, urgent care center.”

“More dentists and a small hospital. So don’t have to travel far.”

“Free lab work screening.”

Transportation

“Meal delivery, transportation.”

“Transportation and appointment coordination assistance.”

Recreational activities

“More options for a variety of activities and development of recreational areas and activities.”

“We could exercise more if equipment was available closer to where we live. Closest facility for this is 20 miles from home.”

General support

“List of services offered so I can share with family and friends who may need [it].”

“Help with my utilities.”

“WIC, assistance with home repairs, appliance repairs.”

In the Community Survey, respondents were also asked “What are the biggest issues facing **youth** in Monroe County?” The most common responses related to substance abuse, mental health, lack of employment, and lack of community activities.

Biggest issues facing youth in Monroe County

Verbatim comments from the Community Survey

Substance abuse

“Vaping, drinking, drugs.”

“Vaping/cigarettes/cell phone usage.”

“Easy access to drugs and alcohol.”

Mental health

“Lack of mental health services.”

“Depression, anxiety, bullying.”

Lack of employment

“Job opportunities.”

“No jobs available.”

“Lack of jobs close to home. No reason for them to stay here.”

Lack of community activities

“Not enough activities for youth.”

“Wholesome activities and events to spend time.”

“Too much technology at a young age, not enough physical activity, and a lack of responsibility and activities that build good work ethics.”

HEALTH CARE ACCESS AND UTILIZATION

Health insurance status and type of coverage impacts health care affordability and utilization. About 8% of Monroe County residents don't have health insurance, higher than this percentage for Ohio overall. Monroe County does not meet the Healthy People 2030 goal for people under age 65 with health insurance (89.9% vs 92.4%).⁸

Health Insurance Coverage¹

		Monroe County	Ohio
Health Insurance Coverage	Total with health insurance	92.2%	93.6%
	Age 18 and under	90.2%	95.3%
	Adults age 19-64	89.8%	91.2%
	Adults age 65 and over	99.6%	99.5%
Private Health Insurance (alone or in combination)	Total with private health insurance coverage	64.9%	68.2%
	<u>Employer-based*</u>	54.6%	58.3%
	Age 18 and under**	43.1%	58.4%
	Adults age 19-64**	59.9%	66.3%
	Adults age 65 and over**	52.8%	31.4%
	<u>Direct-purchase*</u>	13.4%	11.9%
	Age 18 and under**	10.1%	5.3%
	Adults age 19-64**	7.8%	8.8%
Adults age 65 and over**	30.1%	31.1%	
Public Health Insurance (alone or in combination)	Total with public health insurance coverage	46.1%	38.0%
	<u>Medicaid/means-tested*</u>	23.2%	20.9%
	Age 18 and under**	41.7%	36.8%
	Adults age 19-64**	21.9%	17.7%
	Adults age 65 and over**	8.9%	10.1%
	<u>Medicare*</u>	26.4%	19.3%
	Age 18 and under**	0.4%	0.5%
	Adults age 19-64**	7.2%	4.0%
Adults age 65 and over**	97.7%	95.9%	

**Of total population **Of total population in that age range. Note that other types of health coverage (TRICARE, VA) are not shown in this table.*

Health Care Resource Availability

A large majority (**84%**) of respondents to the 2024 Community Survey visited a doctor for a routine checkup within the past year.

2024 Community Survey: Routine checkup

About how long has it been since you last visited a **doctor** for a routine checkup (i.e., “well visit”)?

	(n=125)
Within the past year	84.0%
Within the past 2 years	8.8%
Within the past 5 years	3.2%
5 or more years ago	4.0%

About four out of five (**82%**) of respondents to the 2024 Community Survey traveled outside of Monroe County to receive physical or mental health care in the past 12 months. Of the 94 respondents who provided a substantive response describing the type of care received, roughly 27% of those who did so traveled for primary care/their family doctor. Residents also commonly traveled to receive labs/testing (including mammograms) (22%), vision care (19%), dental care (18%), OBGYN services (17%) and other specialty care (68%). Overall they traveled for various types of care, including oncology, cardiology, dermatology, and mental health, among other specialties.

2024 Community Survey: Health care access issues

How many residents delayed getting health care in the past 12 months for the following reasons:

	(n=110)
Could not schedule an appointment soon enough	19.1%
Did not have transportation	10.9%
Were unable to schedule an appointment	7.3%
Could not afford the co-pay	7.3%
To avoid exposure to COVID-19	4.6%
Could not access telehealth care	3.6%
Did not have insurance	1.8%
Other	4.5%

MENTAL AND SOCIAL HEALTH

Respondents to the 2024 Community Survey had a median of 2 poor mental health days in the 30 days prior to the survey, with an average of 5.6 poor mental health days.

2024 Community Survey: Poor mental health days

Thinking about your mental health, which includes stress, anxiety, depression, and problems with emotions, for about how many days during the past 30 days was your mental health not good?

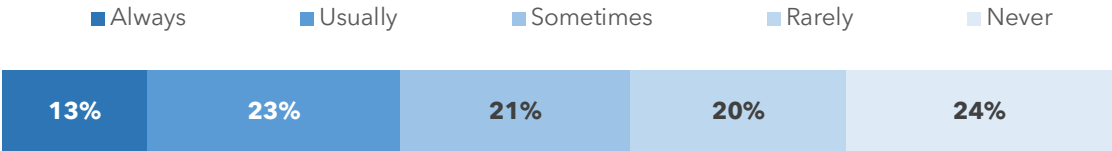
	(n=120)
0 days	43.3%
1-10 days	40.8%
11-20 days	9.2%
Over 20 days	6.7%

Social Health

Respondents to the Community Survey were asked about the extent they feel socially supported and connected in their communities. Only about a third of respondents usually or always get the social or emotional support they need (36%).

2024 Community Survey: Social Support and Connection

How often, if ever, do you get the social and emotional support you need?



n=91

Domestic Violence

The following table provides counts of domestic violence victims in Monroe County for the year 2023.

Domestic Violence Victims⁹

	Monroe County Count
Victim With Injury	20
Victim With No Injury	19
Total	39

SUBSTANCE USE

Alcohol and Drug Related Motor Vehicle Accidents

The following counts of alcohol and drug related motor vehicle accidents are from 2023.

OVI Crashes and Arrests¹⁰

	Monroe County Count
Fatal Crashes (OVI related)	1
Serious injury suspected crash	1
Minor injury suspected crash	3

Binge Drinking

Over three quarters of respondents to the 2024 Community Survey did not binge drink in the 30 days leading up to the survey. Among those who binge drank at least once, the average number of days binge drinking was 4.2 days.

2024 Community Survey: Binge Drinking

One drink is equal to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. Considering all types of alcoholic beverages, how many times during the past 30 days did you have (if male, 5 drinks or more | if female, 4 drinks or more) on an occasion?

	(n=117)
0 days	76.9%
1-10 days	20.5%
11-20 days	2.6%
Over 20 days	0.0%

Tobacco and Nicotine Use

In Monroe County, 29.7% of Community Survey respondents reported smoking at least 100 cigarettes in their lives. Among them, 70.6% are former smokers - they currently do not smoke cigarettes at all.

2024 Community Survey: Tobacco Use

- How often do you...
- Smoke cigarettes?
- Use e-cigarettes (vaping; e.g., Juul)?
- Use chewing tobacco, snuff, or snus?
- Use other tobacco/nicotine product(s)?

Monroe County
(average n=110)

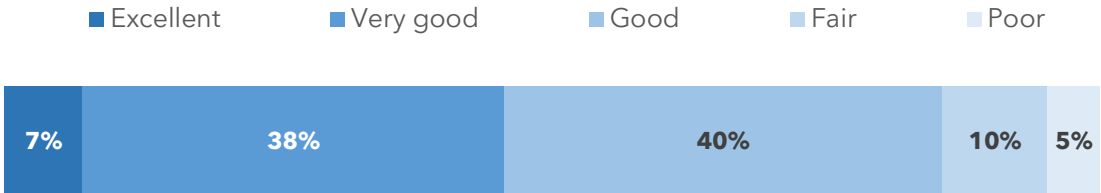
	Cigarettes	E-cigarettes	Chewing tobacco	Other Tobacco/Nicotine
Every day	7.0%	0.0%	0.9%	0.0%
Some days	2.6%	2.7%	2.8%	1.8%
Not at all	90.4%	97.3%	96.3%	98.2%

GENERAL AND PHYSICAL HEALTH

Few respondents to the Community Survey gave their overall health the highest rating of excellent (7%), but a majority responded their health was good or very good.

2024 Community Survey: Overall Ratings of Health

Would you say that in general your health is excellent, very good, good, fair, or poor?



n=125

Respondents to the 2024 Community Survey had a median of 1 poor physical health days in the 30 days prior to the survey, with an average of 5 days.

2024 Community Survey: Poor Physical Health Days

Thinking about your physical health, which includes physical illness and injury, for about how many days during the past 30 days was your physical health not good?

(n=123)	
0 days	45.5%
1-10 days	38.2%
11-20 days	8.9%
Over 20 days	7.3%

Almost 9 out of 10 (**87%**) of respondents to the 2024 Community Survey engaged in exercise or physical activity for at least 30 minutes on at least 1 of the 7 days leading up to the survey.

2024 Community Survey: Physical activity

During the past 7 days, how many days did you engage in some type of exercise or physical activity for at least 30 minutes?

	(n=111)
0 days	12.6%
1-2 days	27.0%
3-4 days	18.9%
5-7 days	41.5%

Almost 3 out of 4 (**74%**) of respondents to the 2024 Community Survey are overweight or obese.

2024 Community Survey: Body mass index

Using height and weight, body mass index was calculated.

	(n=122)
Underweight	0.8%
Normal	25.4%
Overweight	28.7%
Obese	45.1%

DEATH, ILLNESS, AND INFECTIOUS DISEASE

Cancer

The following incidence and mortality data for leading types of cancer uses data from the years 2016-2022. Compared to Ohio overall, Monroe County has a higher incidence rate but a lower mortality rate.

Cancer Incidence and Mortality¹¹

	Monroe County		Ohio	
	Incidence Rate	Mortality Rate	Incidence Rate	Mortality Rate
Overall	493.5	156.9	465.3	166.1

Lung and Bronchus	66.7	35.1	64.7	42.9
Breast (female)	117.9	N/A	129.5	21.0
Colon & Rectum	42.1	12.7	39.1	14.5
Prostate	106.7	N/A	114.1	19.3

N/A indicates rates have been suppressed for counts <10 or where population counts are not available

Infectious Disease

The table below displays infectious disease incidence counts and rates for Monroe County and Ohio. Please note that rates based on counts of less than 10 should be interpreted with caution.

Infectious Disease Incidence

	Monroe County		Ohio	
	Count	Rate	Count	Rate
AIDS/HIV in 2023 (persons living with a diagnosis of HIV infection) ¹²	6	45.6	25,590	217.1
<i>Diagnosed with HIV in 2023</i> ¹²	1	*	861	7.3
Hepatitis B (Acute) ¹³	1	7.6	92	0.8
Hepatitis B (Total) ¹³	1	7.6	1,999	17.0
Hepatitis C (Acute) ¹⁴	1	7.6	92	0.8
Hepatitis C (Total) ¹⁴	12	90.7	8,740	74.3
Chlamydia ¹⁵	20	151.1	54,550	464.2
Gonorrhea ¹⁶	2	15.1	19,841	168.8

*Rate unstable/unable to be calculated. Rates based on counts less than 10 should be interpreted with caution.

SUMMARY

The 2024 Monroe County Community Health Assessment provides a comprehensive overview of the community's health status, illuminating areas of strength as well as areas in which there could be improvement.

Consistent with Public Health Accreditation Board requirements and IRS regulations, the Monroe County Health Department will use this report to inform the development and implementation of strategies to address these findings. It is intended that a wide range of stakeholders will also use this report for their own planning efforts.

Readers are encouraged to send feedback and comments that can help improve the usefulness of this information when future editions are developed. Questions and comments about the 2024 Monroe County Community Health Assessment may be directed to:

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References

- ¹ U.S. Census Bureau, American Community Survey 5-Year Estimates, 2019-2023
- ² Chetty, R., Stepner, M., Abraham, S., Lin, S., Scuderi, B., Turner, N., Bergeron, A. & Cutler, D. (2016). The association between income and life expectancy in the United States, 2001-2014. *Jama*, 315(16), 1750-1766
- ³ Feeding America Map the Meal Gap, 2021
- ⁴ University of Wisconsin Population Health Institute. County Health Rankings & Roadmaps 2023
- ⁵ Ohio Department of Education. Report Portal, 4-year longitudinal graduation rate
- ⁶ Ohio Department of Education. School Report Cards, 2023
- ⁷ Ohio Department of Education. District Kindergarten Readiness Assessment (KRA) Data 2022-2023. <https://reportcard.education.ohio.gov/download>
- ⁸ Office of Disease Prevention and Health Promotion. Healthy People 2030 Objectives: Increase the proportion of people with health insurance – AHS-0
- ⁹ Ohio Bureau of Criminal Identification and Investigation. Victims of Domestic Violence by County, 2023.
- ¹⁰ Ohio State Highway Patrol. Monroe County OVI Activity Year 2023. https://dam.assets.ohio.gov/image/upload/statepatrol.ohio.gov/statistics/statdocs/OVI_23/Monroe_OVIstops23.pdf
- ¹¹ Ohio Department of Health, Ohio Annual Cancer Report 2023
- ¹² Ohio Department of Health, HIV Surveillance Data Tables, 2023
- ¹³ Ohio Department of Health, Viral Hepatitis Surveillance Program Data reported through 8/14/2023. Hepatitis B: Five year Status Report, 2022
- ¹⁴ Ohio Department of Health, Viral Hepatitis Surveillance Program Data reported through 8/14/2023. Hepatitis C: Five Year Status Report, 2022
- ¹⁵ Ohio Department of Health, STD Surveillance Program. Chlamydia: Five Year Report, 2022
- ¹⁶ Ohio Department of Health, STD Surveillance Program. Gonorrhea: Five-Year Report, 2022

**Monroe County's
2024 Community Health Assessment**

Kickoff Debrief

On March 29, 2023, a group of 14 Monroe County community members representing a diverse array of public health and other stakeholders in community health participated in a robust discussion about the upcoming community health assessment (CHA) effort.

After receiving a brief orientation to the plan for this CHA effort, the community members split up into three small groups. The groups discussed three questions across three rounds, and some members switched groups between each round such that the groups were different for each round:

Discussion Questions:

Round 1: What does a healthy Monroe County look like to you?

Round 2: Given your vision for a healthy Monroe County, what do you think are the biggest barriers or issues that are keeping the county from getting there?

Round 3: Overall, what do you believe are the **three most important** issues that should be considered in our upcoming community health assessment and planning work?

After finishing the small group conversations, the community members returned to the main larger group and shared their group's perceptions of the most important issues to be considered in the CHA process. Overall, many groups discussed similar issues, resulting in a consensus that the following issues should be incorporated into this effort (at a broad level).

- Transportation
- Access to care
- Internet / cell phone access
- Healthy lifestyles
 - Food deserts
 - Physical activity
- Community involvement and education
- Communication
 - Age gap among residents

SURVEY RESPONDENTS AND SURVEY QUESTIONNAIRE

Survey Sample Demographics

		2024 Community Survey
Gender (n=123)	Male	18.7%
	Female	81.3%
Age (n=121)	18-34	10.7%
	35-44	17.4%
	45-54	9.1%
	55-64	17.4%
	65+	45.5%
	Median age	63
Educational Attainment (n=123)	Less than 12 th grade (no diploma)	4.9%
	High school degree/GED	32.5%
	Some college (no degree)	20.3%
	Associate's degree	8.9%
	Bachelor's degree	17.9%
	Graduate or professional degree	15.5%
Household Income (n=118)	Less than \$25,000	19.5%
	Between \$25,000 and \$49,999	27.1%
	Between \$50,000 and \$74,999	21.2%
	Between \$75,000 and \$99,999	10.2%
	\$100,000 or more	22.0%
People in Household (n=124)	1 person	21.8%
	2 people	50.8%
	3 or more people	27.4%
	Median	2
Presence of Children in Household (n=125)	1 or more persons under 18	19.2%
Zip Code (n=124)	43793	41.1%
	43946	18.6%
	43754	16.1%
	Other	24.2%

Due to rounding, some percentages in tables throughout the report may not sum to 100.

MONROE COUNTY HEALTH SURVEY

1. Are you a resident of Monroe County, or are you not a resident of Monroe County?

I am a resident	I am not a resident [NOT ELIGIBLE]
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ABOUT YOUR COMMUNITY

2. In your opinion, what is the most important **health issue** affecting the people who live in Monroe County? [Please write your answer below]

ABOUT YOUR OVERALL HEALTH

These questions ask about your physical and mental health.

3. Would you say that in general your health is... [Circle one answer]

Excellent	Very good	Good	Fair	Poor
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4. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your **physical health not good**? [Write a number] ___ ___

5. Thinking about your mental health, which includes stress, depression, and problems with emotions, for about how many days during the past 30 days was your **mental health not good**? [Write a number] ___ ___

6. If your mental health is not good, how often do you get the social and emotional support you need? [Circle one answer]

Always	Usually	Sometimes	Rarely	Never
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HEALTH CARE ACCESS

These questions ask about your access to health care and services.

7. During the past 12 months, have you delayed getting needed physical health care for any of the following reasons? [Fill in the circles that apply]

<ul style="list-style-type: none"> <input type="radio"/> Did not delay getting needed care <input type="radio"/> Did not have insurance <input type="radio"/> Could not afford the co-pay <input type="radio"/> Did not have transportation <input type="radio"/> Were unable to schedule an appointment 	<ul style="list-style-type: none"> <input type="radio"/> Could not schedule an appointment soon enough <input type="radio"/> Could not access telehealth care <input type="radio"/> To avoid exposure to COVID-19 <input type="radio"/> To avoid spreading COVID-19 <input type="radio"/> Other <small>[Please specify]:</small>
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8. About how long has it been since you last visited a **doctor** for a routine checkup (i.e., "well visit")? [Circle one answer]

Within the past year <small>(anytime less than 12 months ago)</small>	Within the past 2 years <small>(at least 1 year but less than 2 years ago)</small>	Within the past 5 years <small>(at least 2 years but less than 5 years ago)</small>	5 or more years ago
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9. In the past 12 months, did you travel outside of Monroe County in order to receive needed medical care? [Circle one answer]

Yes	No [Go to Q11]
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10. What kind of medical care did you receive outside of Monroe County? [Please write your answer below]

HEALTH BEHAVIORS AND LIFESTYLE

The next questions ask about physical activity and other health behaviors and issues.

11. During the past 7 days, how many days did you engage in some type of exercise or physical activity for at least 30 minutes? [Write a number] ___

12. Have you smoked at least 100 cigarettes in your life? [Circle one answer]

Yes	No
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13. How often do you...

a. Smoke cigarettes?	Every day	Some days	Not at all
b. Use e-cigarettes (vaping; e.g., Juul)?	Every day	Some days	Not at all
c. Use chewing tobacco, snuff, or snus?	Every day	Some days	Not at all
d. Use other tobacco/nicotine product(s)?	Every day	Some days	Not at all

14. One drink is equal to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. Considering all types of alcoholic beverages, how many times during the past 30 days did you have (if male, 5 drinks or more | if female, 4 drinks or more) on an occasion? [Write a number] ___

OTHER HEALTH TOPICS

15. What issues do you or those in your family face with transportation or getting where you need to go? [Fill in the circles that apply]

- | | |
|--|--|
| <input type="radio"/> Don't have transportation issues | <input type="radio"/> Sharing a vehicle |
| <input type="radio"/> Financial issues (can't afford gas, vehicle repairs, etc.) | <input type="radio"/> Lack of access to public transportation (schedule, distance, etc.) |
| <input type="radio"/> Don't have a valid driver's license | <input type="radio"/> Other [please specify]: |
| <input type="radio"/> Don't have a vehicle | |

16. What types of help or services from local organizations would be most helpful to you? [Please write your answer]

17. What are the biggest issues facing **youth** in Monroe County? [Please write your answer]

OTHER QUESTIONS

These questions are for statistical purposes only. All responses will remain confidential.

18. What is your age? [Write a number] ___ ___

19. How much do you weigh without shoes? [Write a number] ___ ___ ___ pounds

20. How tall are you without shoes? [Write two numbers] ___ feet / ___ ___ inches

21. Which of the following best describes your gender? [Circle one answer]

Male	Female	Transgender	Non-binary	I prefer not to classify myself
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22. Including yourself, how many people live in your household? [Write a number] ___ ___

23. And how many of these people are under age 18? [Write a number] ___ ___

24. What is your zip code? [Write a number] ___ ___ ___ ___ ___

25. What is the highest level of education you have completed? [Circle one answer]

Less than 12 th grade (no diploma)	High school degree/GED	Some college (no degree)	Associate's degree	Bachelor's degree	Graduate or professional degree
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26. Which of the following categories includes the total income of everyone living in your home in 2023, before taxes? [Circle one answer]

Less than \$25,000	Between \$25,000 and \$49,999	Between \$50,000 and \$74,999	Between \$75,000 and \$99,999	\$100,000 or more
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YOU ARE FINISHED! THANK YOU!