

Local Missouri Community Resources

Poverty:

- **Loving Hearts** <http://lovingheartsoutreach.org/>

Loving Hearts Outreach works with individuals and families who need assistance due to: Abuse Disaster, medical needs and Poverty. They work with other organizations and can help find the assistance needed for each individual and family.

- **Jefferson Franklin Community Action** <http://jfcac.org/>

JFCAC is a not for profit agency offering a wide variety of programs designed to empower families and improve the quality of life for those living in poverty, including Energy Assistance, Head Start, WIC, etc..... Check out the website for additional programs. Serves Franklin County.

- **Missouri Ozarks Community Action** <https://www.mocaonline.org/>

MOCA is a not for profit agency offering a wide variety of programs designed to empower families and improve the quality of life for those living in poverty, including Energy Assistance, Head Start, WIC, etc..... Check out the website for additional programs. Serves Gasconade County.

- **Central Missouri Community Action** <https://cmca.us/>

CMCA is a not for profit agency offering a wide variety of programs designed to empower families and improve the quality of life for those living in poverty, including Energy Assistance, Head Start, WIC, etc..... Check out the website for additional programs. Serves Osage County.

- **Family Support Division** www.dss.mo.gov

FSD Mission is to maintain and strengthen Missouri families by helping people achieve and appropriate level of self-support and self-care through needs based services such as: Food Stamps, Child Care, Medical Assistance, Temporary Assistance and Blind Services.

- **Owensville/Rosebud Ministerial Alliance**

Offers assistance with clothing, food, vouchers for gas and utility assistance. Hotel rooms during extreme cold temps (pending background check by law enforcement). Resources can be accessed through Helping Hands in Owensville. <https://www.facebook.com/OwensvilleHHOC/>

- **Hermann Area Ministerial Alliance**

Provides emergency assistance with gas, utility and rent, overnight accommodations, and financial guidance when everyday needs become too difficult. It assists with visiting the sick and lonely, can help with minor home maintenance and makes referrals to local groups and state agencies. Contact at 573-569-2082

Mental Health:

- **Compass Health Network** <https://compasshealthnetwork.org/>

Compass Health Network provides a wrap-around philosophy of services needed for individuals and families including mental health services, primary care dental care, and community support services. Serves Franklin, Gasconade and Osage Counties.

- **988 Suicide & Crisis Lifeline**

24/7 and statewide access to crisis services via call, text, or chat to 988. Trained crisis specialists are available and can help individuals experiencing suicidal thoughts, substance use, and/or mental health crisis or any other kind of emotional distress. While 988 is available nationally, it is up to each state to ensure crisis services are adequately funded and available to anyone, anywhere, anytime.

Adolescent Drug Treatment:

- **Preferred Family Healthcare** <http://www.pfh.org/>

Preferred Family Healthcare is a comprehensive behavioral health organization providing substance abuse treatment, prevention and mental health services in Franklin County.

- **PreventEd** <https://prevented.org/>

Our work prevents the harms of alcohol and other drug use through education, intervention and advocacy. Offers programs for youth and adults in Franklin County.

- **Freedom Recovery Center, LLC** <https://freedomrecoverycenterllc.com/>

Serves Family Treatment Courts in Gasconade and Franklin Counties. Provides evaluations/screenings, intensive outpatient, supported recovery, anger management, Moral Reconciliation Therapy, trauma program and individual counseling. Offices located in Union and Owensville.

- **Osage County Anti-Drug Community Action Team** <https://www.ocadcat.org/>

To educate the community and schools on the growing drug use problem and address the issues that surround it in our county. Offers support to the Osage County community through fun family events, Strengthening Families Parent Education and other professional training to both adults and children in Osage County.

Domestic Violence:

- **ALIVE** <http://www.alivestl.org/>

ALIVE is a nonprofit organization providing counseling, shelter and other services to families impacted by domestic violence.

- **Turning Point** <https://turningpointdvs.com/>

Turning Point provides avenues to justice for survivors of violence and abuse while providing safety, shelter and stabilizing programs and services. Serves Franklin and Gasconade Counties, BUT if they have beds available, will accept victims into their shelter from outside their service areas. Will also refer and connect to other services if they cannot help.

Bullying Prevention:

- **Buddies Not Bullies** <http://www.buddiesnotbullies.org/>

Buddies Not Bullies offers support to children and families through services to help strengthen the lives of children and families by reducing physical, verbal, electronic, and emotional bullying through community collaboration, education, and prevention efforts.

Community Services Information list:

- **United Way- 2-1-1** can be accessed by phone or online at **211.org**

A toll-free call to 2-1-1 connects you to a community resource specialist in your area who can put you in touch with local organizations that provide critical services that can improve—and save—lives. You'll find information about: supplemental food and nutrition programs, shelter and housing options and utilities assistance, emergency information and disaster relief, employment and education opportunities, services for veterans, health care, vaccination and health epidemic information, addiction prevention and rehabilitation programs, reentry help for ex-offenders, support groups for individuals with mental illnesses or special needs, a safe, confidential path out of physical and/or emotional domestic violence.