

RAMSEY COUNTY

RULE 5 POLICY

ALL CHILD-PLACING WORKERS MUST COMPLETE A RULE 5 PACKET AND OBTAIN AUTHORIZATION FROM THE RULE 5 COMMITTEE BEFORE PAYMENT IS MADE FOR A CHILD PLACED IN A RULE 5 RESIDENTIAL FACILITY

A Rule 5 placement packet and committee was developed and implemented for children needing placement in a residential treatment facility with two purposes. One is to determine the clinical appropriateness of the placement and the second purpose is to insure that all required documentation is completed to obtain reimbursement from MA and private insurance companies. All child-placing workers are required to complete a Rule 5 packet and present the case for review to the committee prior to placing a child in a residential treatment facility. Workers may elect to bring the case for review to the committee for consultation purposes. The committee should be utilized as a resource in exploring alternatives to residential treatment. The committee consists of two mental health professionals, an insurance specialist, county attorney, child protection expertise, IV E specialist, resource experts and utilization manager. The committee will review the child's placement a minimum of every ninety days until the child is discharged from the facility. Children's mental health workers do not have to attend the Rule 5 review committee as they have an existing authorization review process. They are however required to submit a completed Rule 5 packet prior to any Rule 5 placement. The intended outcome of the committee is to provide a consistent practice standard and process for children being placed in residential facilities, identify and resolve barriers in obtaining appropriate resources for children who are at risk of residential placement and obtain all possible revenue reimbursement.