



Free class being offered to active CERT members in Grays Harbor County

Grays Harbor CERT has certified BLS Instructors who have offered to donate their time to host a Layperson CPR, First Aid, AED class to any active members who would like to attend. This is not “survival or disaster” first aid, this class is for your everyday life. Emergencies that a common during our work and home lives.

Class topics will include:

- The role and responsibilities of the 1st aid provider
- How to assess the scene and scene safety
- Body Substance Isolations and clean up
- Placing patient in Recovery Position
- Performing adult, child, infant one rescuer CPR & managing Blocked Airway
- Recognize the signs/symptoms and treatments of medical emergencies
- Controlling Bleeding
- Recognizing/ stabilizing suspected skeletal injuries
- Voluntary provisions of 1st aid consent and confidentiality
- The role and responsibilities of the 1st aid provider

It is suggested you bring your lunch and snacks, the instructors will not be providing food and drinks. Breaks will be given throughout the day as needed.

The department has been kind enough to offer us a room to instruct the class in; but have asked: Class parking is at the north end of the building. (do not park in front or back of building) We have been asked to remain in the classroom and not wonder out into other rooms or halls.

At the end of class the instructor will give you a card that is good for two years.

Class is open to ALL active CERT members including Teen CERT members.

To register:

Email OSTLCERT@AOL.COM (list your name and what team you are active on for CERT)

Class Location: Ocean Shores Fire Department

Class Time: 10am to 4:30 PM Class Date: February 24, 2018

(Class starts at 10am sharp, Class is very fast paced so no late entry

allowed. Class may end before 4:30 depending on number of students)