



THERE'S NO PLACE LIKE
home.



2017 Kent County Senior Services

Listed in this directory are a wide variety of services available to Kent County seniors to help them stay in their home. The services are listed alphabetically with a service description and the organizations providing that service. Funding for most services comes from the Kent County Senior Millage (KCSM). Services or organizations designated with two asterisks (**) are funded through state and federal dollars dedicated to older adult programs. For general information on senior services, contact AAAWM at 616-456-5664 or 800-456-5664.

ADULT DAY SERVICES Care for functionally impaired adults for extended hours during the day by registered and licensed nursing staff, social workers and activity professionals. This service provides cognitive stimulation, socialization, exercise and personal care while enabling caregivers to have respite time.

<i>Hope Network Behavioral Health Services Side By Side:</i>	www.hopenetwork.org	616-235-2910
<i>SarahCare Knapp's Corner</i>	www.sarahcare.com/metrohealthvillage	616-364-6800
<i>SarahCare Metro Village</i>	www.sarahcare.com/metrohealthvillage	616-530-6700

AGING IN PLACE, TRAINING AND SUPPORT Classes are taught by Occupational Therapists and OT Assistants including: Preparing for Surgery, Safety-at-Home, Tools You Can Use, Taking Care of You, and Independent Living skills.

<i>Disability Advocates of Kent County</i>	www.dakc.us	616-949-1100
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BATHING SERVICES Provision of on-site shower or bathing services to ensure safety and dignity.

<i>SarahCare Adult Day Knapp's Corner</i>	www.sarahcare.com/metrohealthvillage	616-364-6800
<i>SarahCare Adult Day Metro</i>	www.sarahcare.com/metrohealthvillage	616-530-6700

CARE MANAGEMENT Comprehensive assessments are provided for medically frail clients. Care management identifies client needs and arranges for supportive services that maintain quality of life and independence, as much as possible.

Area Agency on Aging of Western MI www.aaawm.org 616-456-5664 or 888-456-5664
Reliance Community Care Partners www.reliancecccp.org 616-956-9440 or 800-447-3007

CAREGIVER SUPPORT** Programs intended to provide assistance to caregivers in understanding and coping with a broad range of issues associated with caregiving.

Alzheimer's Association (Classes/Support Groups) www.alz.org/gmc/ 616-459-4558
Caregiver Resource Network www.caregiverresource.net 616-456-5664
Disability Advocates of Kent County www.dakc.us 616-949-1100
Easter Seals of Michigan Inc. www.easterseals.com/michigan/ 616-942-2081
Family Caregiver University www.caregiverresource.net 616-456-5664
Right at Home (Parkinson's Disease Support Group) www.rightathome.net/grand-rapids 616-301-8080

CHOICES FOR INDEPENDENCE** An in-home social work assessment helps individuals and their families identify and connect with both personal and community resources.

Area Agency on Aging of Western Michigan www.aaawm.org 616-456-5664 888-456-5664

COMMUNITY FOOD CLUB The Community Food Club of Greater Grand Rapids promotes food security and dignity for low income households by way of a small membership fee and choice of a variety of healthy items in a grocery store experience.

Community Food Club www.communityfoodclubgr.org 616-288-5550

CONGREGATE MEALS Nutritious meals served in various locations around the county. Lunch is coordinated with a variety of activities such as exercise programs, crafts, games, health screenings and nutrition education.

ACSET – Community Action Agency of Kent County www.communityactionkent.org 616-336-2035
Salvation Army www.safultonheights.org/fultonheights/senior-ministry 616-454-1459
Meals on Wheels Western Michigan www.mealsonwheelswesternmichigan.org 616-459-3111

DENTAL SERVICES General dental services and root canal treatment are provide for uninsured older adults.

Exalta Health www.exaltahealth.org 616-475-8446

DENTURE SERVICES Complete or partial dentures are provided to uninsured or underinsured older adults. Several dental visits may be necessary for denture preparation. Sliding scale payment required.

Cherry Health
Exalta Health

www.cherryhealth.org
www.exaltahealth.org

616-776-2135
616-475-8446

ELDER ABUSE PREVENTION EDUCATION** Elder abuse prevention presentations are available to aging subcontract organizations, professional and community groups.

Kent County Elder Abuse Coalition

www.protectkentseniors.org

616-456-5664

EMERGENCY NEED FUND Limited emergency assistance for one-time events such as utility shut-offs, moving assistance and emergency prescription assistance.

Senior Neighbors

www.seniorneighbors.org

616-459-6019

FAIR HOUSING SERVICES Older adult education, outreach, counseling, reasonable accommodation and modification assessments, testing and enforcement services related to Housing Laws and Ordinances.

Fair Housing Center of West Michigan

www.fhcwm.org

616-451-2980

FLU/PNEUMONIA SHOTS (SEASONAL) Flu, pneumonia and shingles vaccines will be available October-December 2017 for older adults, age 60 to 64 who do not qualify for Medicare or Medicaid funded vaccinations.

Catherine's Health Center

www.catherineshc.org

616-336-8800

FOOD PANTRY A nutritious combination of foods, providing several meals self-selected from a "Pantry Shelf." Nutrition education is also provided.

Meals on Wheels Western Michigan

www.mealsonwheelswesternmichigan.org

616-364-1104

FORECLOSURE INTERVENTION COUNSELING Process includes a full assessment of the mortgage or property tax delinquency and exploration of the options available to the homeowner to prevent the loss of their home.

Home Repair Services

www.homerepairservices.org

616-241-2601

FRIENDLY VISITOR Companionship provided for short intervals to homebound or isolated older adults. Trained volunteers provide visits to participants that focus on conversation and communication and may include activities such as playing games, taking a walk, reading to a client, doing crafts, etc. The goal is to help clients living alone stay connected to their community.

Spectrum Health Visiting Nurse Association www.spectrumhealth.org/vna

616-486-3956

GRANDPARENT SUPPORT GROUP** Support services in kinship care situations where an individual aged 60 or over is the primary caregiver for a child no more than 18 years old. Kinship support services include respite care, education, support and training provided at locations other than the client's residence.

Grand Rapids Community College Older Learner Center
United Methodist Community House

www.grcc.edu/olc

616-234-3483

www.umchousegr.org

616-241-1645

GUARDIANSHIP Professional guardians appointed by Kent County Probate Court manage daily living services for vulnerable persons who don't have family members or friends to assist them.

Kent County Probate Court

616-632-5438

HANDY HELEN CLASSES Home repair and maintenance classes are taught by licensed professionals to senior women and or caregivers.

Home Repair Services

www.homerepairservices.org

616-241-2601

HEALTHY AGING PROGRAMS These classes are designed to be an effective tool in improving the health of older adults. Programs offered include: Strength and Stretch, A Matter of Balance, EnhanceFitness, Arthritis Foundation Exercise and Aquatic Program, Tai Chi, and Diabetes PATH.

*Area Agency on Aging of Western Michigan***

www.aaawm.org/classes

616-456-5664

GRCC Older Learner Center

www.grcc.edu/olc

616-234-3483

Salvation Army

www.safultonheights.org/fultonheights/senior-ministry

616-454-1459

Senior Neighbors

www.seniorneighbors.org

616-459-6019

HEARING SERVICES, ADAPTIVE EQUIPMENT AND HEARING AIDS Specialized Hearing Services are available for those who are hard of hearing, experiencing deafness in later years, and deaf persons. This service includes individual and home assessments to identify appropriate adaptive equipment and hearing aids to improve activities of daily living.

Disability Advocates of Kent County

www.dakc.us

616-949-1100

HOME CHORE Assistance for seniors who do not have the ability or resources to complete minor home repairs and other jobs: includes repairing windows, minor yard work (including mowing and fall clean-up), replacing fuses and door locks, and snow removal.

<i>Building Bridges Professional Services</i>	www.buildingbridgesgr.com	616-224-7409
<i>Senior Neighbors</i>	www.seniorneighbors.org	616-459-6019
<i>Steepletown</i>	www.steepletown.org	616-451-4215

HOME DELIVERED MEALS Nutritious meals provided to homebound individuals who cannot prepare their own meals. A variety of meals are available including hearty meals, lighter lunches, and pureed meals for example. An educational newsletter is provided monthly.

<i>ACSET – Community Action Agency of Kent County</i>	www.communityactionkent.org	616-336-2035
<i>Meals on Wheels Western Michigan</i>	www.mealsonwheelswesternmichigan.org	616-459-3111

HOME MODIFICATION ASSESSMENT AND EQUIPMENT FOR ADAPTIVE NEEDS

Assessment provided of the home environment to help identify barriers to independent living. Recommendations will be developed for home modifications, including ramp construction in collaboration with Home Repair Services. Limited funding is also available for adaptive equipment purchase.

<i>Disability Advocates of Kent County</i>	www.dakc.us	616-949-1100
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HOME REPAIR Home repairs that focus on health and safety of seniors are provided. Repairs can include roof repairs, furnace repairs and replacement, plumbing, ramp construction for wheelchair access and bath modifications. The Home Repair Consultation program makes critical repairs available to individuals who are not eligible for either the major or minor repair programs.

<i>Home Repair Services</i>	www.homerepairservices.org	616-241-2601
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HOME SUPPORT Service provides routine household tasks such as laundry, shopping and cleaning for older individuals with functional limitations.

<i>Area Agency on Aging of Western MI</i>	www.aaawm.org	616-456-5664 888-456-5664
<i>Reliance Community Care Partners</i>	www.reliancecccp.org	616-956-9440 800-447-3007

HOUSING COORDINATION Assistance for seniors who are in need of housing interventions that prevents them from becoming homeless. Service includes helping find ways of maintaining current housing or helping to find new more appropriate housing options.

<i>Senior Neighbors</i>	www.seniorneighbors.org	616-459-6019
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INDEPENDENT LIVING Assessment, education and recommendations provided by our therapist to determine and implement ways to increase functional independence. This service is provided for individuals and as well as through group education presentations.

Easter Seals

www.EasterSealsMichigan.com

616-942-2081 800-292-2729

INFORMATION AND ASSISTANCE General information and referral is provided through Heart of West Michigan United Way's 211 Hotline, assisting individuals seeking a variety of community-based resources.

Heart of West Michigan United Way www.hwmuw.org/2-1-1 800-887-1107 (In Kent County dial 211)

LEGAL ASSISTANCE Attorneys provide legal advice, counseling, and representation to low-income older adults.

Legal Aid of Western Michigan

www.legalaidwestmich.org

616-774-0672 800-442-2777

Legal Hotline for Michigan Seniors

www.elderlawofmi.org

800-347-5297

LONG TERM CARE OMBUDSMAN Ombudsmen assist residents and prospective residents of long-term care facilities to understand their rights and resolve complaints to improve care.

Area Agency on Aging of WM

miombudsman@gmail.com

616-245-9451 866-485-9393

MEDICATION MANAGEMENT Managing medications can be difficult, confusing, and extremely important to a person's health. The medication management program is available to ensure medications are appropriate and physician's orders are followed.

Elders' Helpers

www.eldershelpers.com

616-454-8305

MI CHOICE MEDICAID WAIVER** MI Choice Medicaid Waiver is a long-term care program available to individuals who meet age, financial, and medical criteria. The program meets the needs of a person who could be eligible for nursing home care. Services through the Waiver program can include: personal care, homemaking, home delivered meals, medication management, and more. Waiver services are provided to those living in their own home, the home of a loved one, or some licensed assisted living settings.

Area Agency on Aging of Western Michigan

www.aaawm.org

616-456-5664 888-456-5664

Reliance Community Care Partners

www.reliancecccp.org

616-956-9440 800-447-3007

MICHIGAN MEDICARE/MEDICAID ASSISTANCE PROGRAM (MMAP) ** Assistance is provided for Medicare/Medicaid beneficiaries (or potential beneficiaries) who have questions or concerns regarding coverage or enrolling in coverage. Help is also provided in choosing prescription drug plans, determining eligibility, enrolling in assistance programs for those with low income, reporting fraud, and understanding long-term care options.

MMAP

www.mmapinc.org

1-800-803-7174

NURSING FACILITY TRANSITION** The Nursing Facility Transition Program (NFT) is a Medicaid funded program that provides those currently living in a nursing facility with an opportunity to return to independent or assisted living.

Area Agency on Aging of Western Michigan
Disability Advocates of Kent County
Reliance Community Care Partners

www.aaawm.org

www.dakc.us

www.reliancecccp.org

616-456-5664 888-456-5664

616-949-1100

616-956-9440 800-447-3007

OUTREACH & ASSISTANCE Helps to identify the services that best meet needs. This service includes assistance with housing, utilities, meals, prescriptions and applying for Medicaid.

ACSET – Community Action Agency of Kent County

www.communityactionkent.org

616-336-2035

Family Outreach Center/Native American Community Services**

<http://bit.ly/1LtNdv9>

616-451-6767

Senior Neighbors

www.seniorneighbors.org

616-459-6019

Servicios Latino-Americanos

www.communityactionkent.org

616-336-4296

United Methodist Community House

www.umchousegr.org

616-241-1645

PERSONAL CARE Provides assistance with activities of daily living; primarily personal grooming care and bathing assistance.

Area Agency on Aging of Western MI
Reliance Community Care Partners

www.aaawm.org

www.reliancecccp.org

616-456-5664 888-456-5664

616-956-9440 800-447-3007

PERSONAL EMERGENCY RESPONSE SYSTEM Provides clients with an electronic system that assures communication and, when necessary, emergency assistance.

Elders' Helpers

www.eldershelpers.com

616-454-8305

PRESCRIPTION ASSISTANCE PROGRAM Information and assistance for prescription coverage. A thorough assessment will be conducted with all clients referred for services in order to determine the prescription program that can best meet their needs, including government-sponsored programs such as Medicare, Medicaid or Veteran's Benefits.

Senior Neighbors

www.seniorsneighbors.org

616-459-6019

RECREATION THERAPY PROGRAM – STEPPING STONES Assessment, therapy and education provided to treat physical, social, cognitive and emotional conditions of homebound persons, in order to assist them in returning to a more active role in the community.

Life Therapeutic Solutions, Inc. www.life-ts.com 616-828-5492 800-925-3152

RESPITE Provides companionship or assistance with activities of daily living for mentally or physically disabled and frail elderly persons in the absence of the primary care giver. Respite services are also provided at Kent County Senior Millage funded Adult Day Services providers.

Area Agency on Aging of Western MI www.aaawm.org 616-456-5664 888-456-5664
Reliance Community Care Partners www.reliancecccp.org 616-956-9440 800-447-3007

RESPITE CERTIFICATES** A limited number of respite certificates are available for caregivers are age 60 and older or who provide unpaid care to someone age 60 or older. Certificates are used as payment at participating agencies for respite (in-home, overnight or adult day services) and are distributed based on need and funding availability. Cost sharing (co-payment) may be required and certificates must be redeemed within 45 days of issue.

Area Agency on Aging of Western MI www.aaawm.org 616-456-5664 888-456-5664
Hope Network Behavioral Health Services Side By Side: www.hopenetwork.org 616-235-2910
SarahCare Knapp's Corner www.sarahcare.com/metrohealthvillage 616-364-6800
SarahCare Metro Village www.sarahcare.com/metrohealthvillage 616-530-6700
Senior Neighbors www.seniorneighbors.org 616-459-6019

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP) Provides seniors an opportunity to volunteer their time and experience, and to serve the community.

Senior Neighbors www.seniorneighbors.org 616-459-6019

SENIOR CENTER ACTIVITIES Senior Centers offer a variety of programs specific to the needs of seniors. Staff connect older adults to available services, and encourage participation in nutrition and wellness programs.

Salvation Army <http://safultonheights.org/fulltonheights/senior-ministry> 616-454-1459
Senior Neighbors www.seniorneighbors.org 616-459-6019
 Walker Firehouse Café 616-735-3240
 Grandville Senior Neighbors 616-531-5250
 Lowell Senior Neighbors 616-897-5949
 Downtown Senior Neighbors 616-459-3040
 Sparta Senior Neighbors 616-887-1273
United Methodist Community House www.umchousegr.org 616-241-1645
City of Wyoming <http://bit.ly/20E961M> 616-530-3190

SENIOR COMPANION PROGRAM Trains and provides a stipend for low-income seniors to care for other older adults who are homebound, frail or who have mental and/or physical disabilities.

Senior Neighbors

www.seniorneighbors.org

616-459-6019

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM** The Senior Community Service Employment Program (SCSEP) is an employment training program for low income, unemployed individuals, age 55+. Program participants are placed at non-profit community service organizations and government agencies for paid training, and will receive job placement assistance. SCSEP is a grant funded program, overseen by the U.S. Department of Labor Employment and Training Administration.

Area Agency on Aging of Western Michigan

www.aaawm.org

616-456-5664 888-456-5664

TRANSPORTATION - ASSISTED Provides rides to meal programs, senior centers, medical appointments and other destinations within Kent County. Transportation is provided by a variety of agencies. Access rides by calling Ridelink at 616-774-1288.

ACSET – Community Action Agency of Kent County www.communityactionkent.org

616-336-4296

American Red Cross - Greater GR

www.redcross.org/mi/grand-rapid

616-454-7433

Hope Network Transportation

www.hopenetwork.org

616-243-0876

The Rapid

www.ridetherapid.org

616-774-1288

RideLink

www.aaawm.org/ridelink

616-774-1288

Servicios Latino-Americanos

www.communityactionkent.org

616-336-4186

Senior Neighbors, Inc.

www.seniorneighbors.org

616-459-6019

United Methodist Community House

www.umchousegr.org

616-241-1645

TRANSPORTATION PUBLIC** One-way ticket(s) for the Rapid's fixed route bus system, GO! Bus or the PASS program.

Senior Neighbors

www.seniorneighbors.org

616-459-6019

City of Wyoming

<http://bit.ly/20E961M>

616-530-3190

VISION SERVICES – CLINIC The clinic's team of professional staff including optometrists, rehabilitation teachers, and low vision specialists provide comprehensive eye exams and develop a personalized treatment plan designed to help clients maximize the use of their remaining sight.

Association for the Blind and Visually Impaired www.abvimichigan.org

616-458-1187 800-466-8084

Cherry Health

www.cherryhealth.org

616-776-2109

VISION COUNSELING Professional counseling services are available for older adults with vision loss experiencing personal, social, or emotional (depression, anxiety, etc.) problems. Services are intended to be short term, focusing on adjustment to life events. Peer support groups also available.

Association for the Blind and Visually Impaired www.abvimichigan.org 616-458-1187 800-466-8084

WEATHERIZATION Provides homeowners with assistance to improve energy efficiency that includes insulation and furnace repair or replacement.

ACSET
Servicios Latino-Americanos

www.communityactionkent.org
www.communityactionkent.org

616-336-2228
616-336-4023



For more information please contact:

Area Agency on Aging of Western Michigan
616.456.5664 or 888.456.5664
616.456.5692
www.aaawm.org
[www.Facebook.com/AreaAgencyOnAging](https://www.facebook.com/AreaAgencyOnAging)

The Area Agency on Aging of Western Michigan provides services to older adults with funding from the Michigan Adult and Aging Services Agency, Kent County Senior Millage, and the Michigan Department of Health and Human Services



The Source for Seniors

*Kent County
Senior Millage*